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MUMBAI BRANCH



Forthcoming Events:

31st May 2026 : "World No Tobacco Day"

7th June 2026 : "Multispecialty CME"

Dr. Mangala Gomare
President

Dr. Usha Shah
Hon. Secretary

Dr. Rajendra H. Trivedi
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20TH MARCH 2026 - BLOOD DONATION AT CST RAILWAY STATION



22ND MARCH 2026 - INTERNATIONAL WOMEN'S DAY, DR. J. J. MERCHANT ORATION AND MULTI SPECIALITY CME



28TH MARCH 2026 - AAO GAON CHALEN AT BRICK KILN SITE NEAR TARA VILLAGE



8TH MARCH BLOOD DONATION AT IIT POWAI



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Editorial



World No Tobacco Day is observed every year on 31st May, as initiated by the World Health Organisation (WHO) in 1987 to highlight the enormous health and economic burden of tobacco use. The day serves as a global call to action to reduce tobacco consumption - the single most preventable cause of death worldwide.

From a clinician's standpoint, tobacco use is not merely a habit but a chronic relapsing addiction with multisystem consequences - ranging from malignancies to cardiovascular, respiratory and metabolic diseases. It contributes significantly to premature mortality & disability - adjusted life years.

Theme

The WHO theme for 2026 is "Unmasking the Appeal – Countering Nicotine & Tobacco Addiction". This theme emphasizes - The deceptive strategies of the tobacco industry, targeting of youth through flavoured & innovative products, and the need to counter rising nicotine addiction, especially among adults.

Why and how it is observed

World No Tobacco Day aims to:

- Raise awareness about harmful effects of tobacco.
- Advocate for stronger tobacco control policies.
- Encourage cessation & healthy lifestyles.

Modes of Observance

- Public health campaigns and awareness drives.
- Tobacco cessation clinics and counseling programs.
- School, colleges and community based interventions.
- Policy advocacy (taxation, packaging laws, advertising bans)
- Social media campaigns and pledge initiatives.

Globally governments, healthcare institutions and NGOs collaborate to promote tobacco-free environments and policies.

Burden of Tobacco Use and Cancer -

Global Scenario

- Tobacco causes over 8 million deaths annually worldwide.
- Around 1.2 million deaths are due to second-hand smoke exposure.
- Approximately 40 million adolescents (13–15 years) use tobacco globally.

Indian Scenario

- Over 260 million tobacco users in India.
- More than 1.3 million deaths annually attributable to tobacco.
- Around 30 to 40% of cancers in India are tobacco related including oral cancer, lung cancer, oesophageal cancer & bladder cancer.

Tobacco accounts for 85% of lung cancer deaths. It is a major contributor to oral cancers, especially in India due to smokeless tobacco.

Pathophysiology and Addiction -

Nicotine acts on the mesolimbic dopamine system creating dependence similar to other addictive substances. Repeated exposure leads to neuroadaptation, withdrawal symptoms and reinforcement of compulsive use.

Emerging products (e-cigarettes, nicotine pouches) are engineered to enhance addiction potential especially in youth.

Preventive Measures -

Primary Prevention

- Public awareness and education.
- Tobacco taxation (proven to reduce consumption)
- Plain packaging and pictorial warnings
- Ban on advertising and flavoured products.
- Smoke free public places

Secondary Prevention -

- Screening high risk individuals.
- Early detection of premalignant lesions.
- Regular oral cavity examinations.

Tertiary Prevention -

- Tobacco cessation programmes
- Pharmacotherapy
- Nicotine replacement therapy
- Bupropion
- Varenicline
- Behavioral counseling

Early Diagnosis of Tobacco Related Cancer -

We must emphasize early warning signs, particularly in high risk patients:

Red Flag Symptoms -

- Non healing oral ulcers (>2 weeks)
- Persistent cough or haemoptysis
- Hoarseness of voice
- Dysphagia
- Unexplained weight loss

Screening Tools -

- Oral visual examination (cost effective in India)
- Low dose CT scan for high risk smokers.
- Cytology & biopsy for suspicious lesions.

Early detection significantly improves survival, especially in oral & cervical cancers.

Government Efforts (India)

- COTPA Act (2003) - regulates tobacco advertising and use in public places.
- National Tobacco Control Programme (NTCP).
- mCessation Programme (mobile based quitting support)
- Pictorial warnings covering 85% of tobacco packaging.
- Increased taxation under GST.

Recent focus Areas -

- Regulation of e-cigarettes (ban in India)
- Awareness campaigns targeting youth.
- Integration of tobacco cessation into primary healthcare.

Challenges

- High prevalence of smokeless tobacco
- Social acceptance & cultural practices
- Easy availability and affordability
- Industry interference and marketing tactics
- Rising use of novel nicotine products among youth.

Role of Clinicians- A call to Action-

Clinicians play a pivotal role in tobacco control.

- Ask, Advise, Assist approach at every patient encounter
- Brief interventions (3-5 minutes) can significantly improve quit rates.
- Integrate tobacco cessation into routine clinical practice
- Advocate for stronger policies.

Conclusion-

World No Tobacco Day is not merely symbolic- it is a reminder of a preventable epidemic. Tobacco continues to claim millions of lives annually, yet cessation remains one of the most cost effective public health interventions.

From a clinician's perspective, every patient interaction is an opportunity to combat tobacco addiction. A co-ordinated effort involving healthcare professionals, policymakers and communities is essential to achieve a tobacco-free future.

DR. RAJENDRA H. TRIVEDI
Editor- BIMA
IMA Mumbai Branch

Incoming President Speech - Dr. Mangala Gomare



Good evening Friends,

Chief Guest for today's installation function Dr. Anil Kumar Nayak, National President IMA HQ whose grand installation function we witnessed in Ahmedabad where Union Home Minister himself graced the occasion.

Guest of Honor Dr. Sarbari Dutta 1st lady Hony. Secretary General in history of IMA. I always wished Madam you to be there for my installation since you became HSG. Today my wish is fulfilled.

All dignitaries on the dias Imm. Past President Dr. Girish Rajadhyaksha, Senior Vice President Dr. Pragji Vaja, Vice President Dr. Kajal Ahuja, Hon. Secretary Dr. Usha Shah, President Elect Dr. S. M. Shingnapurkar, Hon. Jt. Secretaries Dr. Hemant Haldavnekar and Dr. Vijay Karanjkar, Past President Dr. Girish Lad, Hon. Treasurer Dr. Sunil Jain, Dr. Arvind Patel, Dr. Anil Avhad, & all Managing Committee members. All Past Presidents, Presidents of all local Medical Associations A ward, C ward, D ward, E ward, Midtown, Dadar Medicos, Mahim Dharavi, GPA.

Dignitaries off the dias Dr. Shailesh Mohite sir Director ME & MH, Dr. Sachin Jadhav, was OSD to then Health Minister Rajesh Tope sir now OSD to Urban development Minister Shivendra Bhosle, doctors from BMC, MOs & my retired doctor friends, my family members, ladies and gentlemen.

Today it's really a big day and going to be a memorable day for me as I stand before you with profound humility and deep sense of responsibility to accept charge as President IMA Mumbai Branch one of the oldest & biggest branch not only in Maharashtra but in India having 4200 plus members & has played a significant role in producing national leaders in IMA Dr. Lalita Rao was 1st lady President at IMA HQ, Dr. Saroj Taskar, Dr. Vijay Punjabi, Dr. A. J. Shelat, Dr. Salaskar, Dr. C. V. Wagh, Dr. S. Y. Medhekar, Dr. Baba Kalgutkar, Dr. Zaveri, Dr. Jaswant Mody, Dr. F. S. Desai, Dr. Kiran Desai, Dr. Shivkumar Utture, Dr. Anil Pachnekar, Dr. Hozie Kapadia & many more. Me and my team accept this baton from Dr. Girish Rajadhyaksha and his able team, friends first let me congratulate to him for his successful tenure.

For me, it is a journey of almost 30 years in IMA. From silently coming and attending CMEs as a member, to handling the CGP portfolio for 3-4 years. Those were the days when the CGP team used to organize CMEs almost on every Sunday throughout the year.

Then I progressed from Secretary to Vice President. I really enjoyed working in various capacities in IMA over all those years. We had a great team with many lady doctors during those days: Dr. Nanda Shimpi, Dr. Jyoti Taskar, Dr. Kanchan Gupta, Dr. Usha Rai, Dr. Sunita Kshirsagar, Dr. Usha Shah then Dr. Sujatunnisa Attar also joined the team. For some years, I was little away from active participation in association activities because of my professional commitments. Friends I always believe that "whatever work is worth doing is worth doing well" so after retirement from Public Health Department I am back again with same passion more enthusiasm and of course more time for IMA.

During this remarkable journey in IMA, I remember many seniors & stalwarts. Dr. A. J. Shelat who literally pushed and always encouraged me in IMA organizational activities when I was a fresher in IMA family. Dr. Saroj Taskar, Dr. Vijay Panjabi, Dr. Shreedhar Shanbag, Dr. Kiran Desai, Dr. Akshay Sevak, Dr. Ajoy Saha, Dr. Jyoti Taskar, Dr. Prakash Kawli and many more I always got to learn some or the other things from these seniors. My friend Dr. Sunita Kshirsagar she is abroad today played imp role when I was in two minds whether to take Secretary post or

not but she convinced me in such a way & then I accepted the post. She as President and me as Secretary we had a wonderful time and a fruitful year in IMA in 2005–06. How can I forget late Dr. Nanda Shimpi who always encouraged me and appreciated my work during those days.

I feel privileged that I got opportunity to lead a strong branch like IMA Mumbai where strength is coming not only from number of members alone but also from the purpose we share and legacy we uphold.

I am excited & thrilled to share with you (Already Dr. Vaja in his secretary report has mentioned) that many meaningful and purposeful activities are being organized at our branch.

MALE VASECTOMY CENTRE

A unique distinguished activity of IMA Mumbai Branch when Male involvement in Family Planning activities is decreasing day by day. Our branch has started a unique project for involving male partners in Family Planning. Whatever BMC Health Department performance of Male Family Planning is reported to state, in that maximum contribution is of IMA Mumbai Branch Vasectomy Centre.

We have lot of scope to increase the work load here though 30 vasectomies are done every month. This can become a very good training centre & doctors can get a good hand on experience for surgeries. Dr. Aspi Raimalwala, Dr. Jyotika Kaku, Dr. Asha Advani, M.O Dr. Siddiqui Shaikh and all staff at centre are doing good job & we strive to continue such activity in future also.

AAO GAON CHALEN

Very ambitious project of IMA HQ, it's village adoption Initiative to improve health care delivery in vulnerable areas. Basically, we focus on improving Sanitation, creating awareness about Health & providing medical services in the adopted tribal villages, Bricklin areas & Ashram Shala. We have dedicated team of doctors working selflessly and relentlessly for years together. I would like to see more doctors to join the team. Dr. Kiran Desai, Dr. Sunita Shanbhag, Dr. Neela Haldavnekar, Dr. Jyotika Kaku, Dr. Sharad Devrukhkar and Dr. Dinesh Prabhu. Big Shout out and more power to them. This is best example of public pvt. partnership with local functionaries, NGOs & other like-minded organizations.

BLOOD DONATION CAMPS

As this learned audience is aware that blood and blood products are critically imp in healthcare system as life saving measure. Medical science is growing in leaps & bounds, technology is reaching to newer heights day by day, Artificial intelligence is a buzz word but you still know Human blood cannot be manufactured artificially, it needs to be donated by one Human being to other. Dr. Pankaj Bandarkar, Dr. Pragji Vaja and team are arranging camps almost every month & collecting Blood for needy a great humanitarian service. Dr. Pragji Vaja has set example not only by preaching but with practice by donating blood regularly. A century man indeed ! These are just some of the examples & not all activities what we plan through out year.

Human body anatomy is same but over period of time we are seeing paradigm shift in sufferings and disease pattern. From communicable disease to non-communicable diseases.

India is becoming hub of patients with DM, HT, Cancer, Mental Health issues, Geriatric care, Palliative Care.

Adding to our woes is sedentary life style, antimicrobial resistance, poor sanitation in slums, non affording & inaccessible health care, deep health inequalities, overwhelming strained public Health system, Pollution, Contamination & climate change.

So, what is solution for this ?

In the 1st place for today's doctors' clinical knowledge, effective communication Empathy & compassion, integrity & ethical practice is essential for giving quality care to pts but this is just not enough in this technology era.

Hard skills like digital literacy, data analysis, basic financial management. Artificial intelligence has also become a need of the hour. Looking at the situation, we in IMA are committed to update knowledge of our members & help them to develop all skill sets. With the help & support from colleagues & CGP team, I would like to plan best of clinical academic activities & conference in coming days.

LESSONS LEARNT FROM COVID-19.

As a public Health administrator, I must say importance of primary care & wellness clinics is getting highlighted more & its high time we must recognize connection of Human Health with animal Health and the environment; we are sharing with each other. IMA is not only about holding capacity building prog but also committed to wellbeing of their members.

CHALLENGES WE ARE FACING ARE MANY MORE

- burnout issues & aging
- workforce shortages

on this background there are hopes in future as many medical colleges are coming up in & state govt has decided to enforce 48 hours work/week for resident doctors. We welcome this landmark move, may be my colleague Dr. Girish Rajadhyaksha might have some different opinion.

SMALL NURSING HOMES ISSUES

Non availability of skilled & trained staff & lots of administrative and regulatory burden, Violence against doctors, Assault on doctors. Young doctors are at forefront while handling emergencies may be in casualties or in wards & they become soft targets of public rage & outcry with no fault of theirs. We advocate for strict central legislation against violence.

Hot topic which I would like to touch upon is Registration of Homeopaths in MMC after doing 6 months bridge course. There is an attempt by govt to register them in MMC. This is unjustified, unfair, unacceptable & dangerous to modern medicine practitioners. MMC is scientific body only meant for allopathic doctors & supposed to be guardian of scientific practice & should always remain free from politics & politicians to maintain autonomy. We in IMA strongly condemn the attempt of government to register Homeopathy doctors in MMC.

Another hot topic is MMC elections. I would like to take this opportunity to appeal all of you to please cast your valuable vote. We really need to see good doctors there in MMC who will safeguard modern medicine doctor's interest & uphold ethical practice. Elections are on 26th April 2026. Our own member Dr. Anil Pachnekar is contesting. Please check voters list, ensure your name and come out in large numbers to cast your votes.

Once again, I thank all my colleagues & as president I would like to seek guidance from seniors and active involvement of every member. Also seek cooperation & support from my team members

Thank you.

Long Live IMA !

DR. MANGALA GOMARE
President
IMA Mumbai Branch

Outgoing President Speech of Dr. Girish Rajadhyaksha



Respected Chief Guest, Dr. Anil Kumar Nayak, National President, IMA Headquarters; Guest of Honour, Dr. Sarbari Datta, Honorary Secretary General, IMA Headquarters; Incoming President, Dr. Mangala Gomare; All senior leaders and office bearers of various branches of the Indian Medical Association and other medical organizations; dignitaries on the dais and off the dais; And my dear friends,

Good evening.

My greetings and warm welcome to all of you on the occasion of the installation ceremony of our new President, Dr. Mangala Gomare and her team.

I remember the day, exactly one year back, when I took over the reins of this prestigious and dynamic IMA Mumbai branch. This was possible because all the stalwarts and members of this vibrant branch showed faith in my ability to do this tough job smoothly.

Our dynamic Secretary, Dr. Pragji Vaja, has already narrated all major academic, social and cultural activities conducted by our branch during last year.

However, I must praise the commendable work done by our “Aao Gaon Chalen” team. Most of their core members are senior and even super senior citizens, but they keep doing this great work... year after year... for 12 years now. As per the appeal of the IMA HQ, our team visits Adivasi villages every month and sees more than 100 patients having anaemia, high BP, diabetes, and lifestyle diseases. I salute these team members led by Dr Kiran Desai and Madam Dr. Shanbhag.

Another important social activity of our branch is blood donation drives. Under the able leadership of Dr Pankaj Bandarkar and Dr Pragji Vaja, our branch has conducted several blood donation camps across the city of Mumbai and donated blood to government and municipal medical colleges. Even this team has received multiple accolades from the IMA Headquarters and IMA Maharashtra State. I also thank Mr. Toprani, whose financial support, due to the good offices of Dr Jitesh Mehta has been of great help for this noble cause.

Our flagship project, maybe one of its kind in India – The Vasectomy Centre – has completed more than 1500 cases till date, thanks to the continuous unstinted support of Viloo Poonawala Trust & CEO Mr. Jaswinder Narang and the dedicated efforts of our stalwarts Dr Hozie Kapadia and Dr. Aspi Raimalwala, under whose guidance the centre is running very efficiently.

I am very happy and proud to mention that I could start the long standing repair work of the IMA building, thanks to the support and guidance of the managing committee members. Friends, I request you all to pay attention to what I am about to say now and that is the most important topic of MMC Election.

In the last 10 years the MMC office has transformed from a simple office to a state of the art facility with latest amenities and has become totally digital. You can do all your MMC related work from the comfort of your home. Such progress was possible only due to the hardwork and perseverance of the IMA team which was in office for the last two tenures. We have to bring this IMA team back to power to continue this good work.

I proudly present to you the IMA MMC Panel, supported by 14 Past Presidents. We have our very own Dr. Anil Pachnekar from Mumbai, Dr. Sanjay Deshpande from Nagpur, Dr. Mangesh Gulawade from Chandrapur, Dr. Sunil Ingale from Pune, Dr. Sanjay Kadam from Nanded, Dr. Santosh Kadam from Thane, Dr. Nilesh Nikam from Nashik, Dr. Anil Kumar Patil from Jalgaon & Dr. Sanjay Patil from Pune.

Collectively they represent an average of 2 decades of selfless service to IMA and medical fraternity.

On behalf of IMA Mumbai Branch, I request every member to personally motivate minimum 10 of your friends to go for voting for our panel and ensure a thumping victory.

Before I conclude, I take this opportunity to thank all my senior stalwarts of IMA Mumbai branch- Dr. Vijay Panjabi, Dr. Hozie Kapadia, Dr. Aspi Raimalwala, Dr. Rajendra Trivedi.....

DR. GIRISH RAJADHYAKSHA
Imm. Past President

Report of Family Welfare and Vasectomy Centre Sub - Committee

SR.NO.	YEAR	TOTAL
1	Feb. 2022 – March 2023	429
2	April 2023 – March 2024	415
3	April 2024 – March 2025	362
4	April 2025 – March 2026	347
5	April 2026	27

DR. MANGALA GOMARE
President

DR. USHA SHAH
Hon. Secretary

DR. ASPI RAIMALWALA
Chairman
Family Welfare and
Vasectomy Centre

Report of Aao Gaon Chalen Sub – Committee

25th April 2026: Aao Gaon Chalen Team visited village Aao gaon chalen team comprising of Dr. Kiran Desai, Dr. Sunita Shanbhag, Dr. Hemant Haldavnekar, Dr. Neela Haldavnekar, and Dr. Sharad Devrukhkar visited village Dabholwadi near Apta on 25th of April 2026 and examined 134 tribal villagers. There were 24 patients with body ache and backache. 14 patients had Upper Respiratory Tract infection, 7 patients had Tenia skin infections, 8 patients were found to have anemia and 2 had urinary tract infection. One 15-days old baby delivered at brick kiln by a relative was brought for Health checkup. Baby was healthy and the mother was explained about breastfeeding and care to be taken of the newborn. Mother was asked to register in nearby PHC and was given iron and calcium tablets. Towels were distributed one per family after giving talk on personal hygiene. Our next camp is planned in a remote tribal area nearby on the 24th of May 2026.

DR. MANGALA GOMARE
President

DR. USHA SHAH
Hon. Secretary

DR. KIRAN DESAI
Chairperson
Aao Gaon Chalen Sub-Committee

Secretary Communicates



Dear Friends,

I am thankful to all the members of this association for electing me unopposed as Hon. Secretary of this prestigious IMA Mumbai Branch for the year 2026-27. I will try my best to justify the post.

IMA Mumbai Branch had following activities in the month of March-April 2026:

20th March 2026: We have organised **Blood Donation Camp** on Friday 20 March 2026 in association with LTMG Sion Hospital Blood Bank and NSS Students of KJ Somaiya Engineering College Mumbai, from 9.00 am to 5.30 pm at CST Railway Station. Total **63 units** of Blood was collected.

22nd March 2026: World TB Day and International Women's Day and Dr. J. J. Merchant Oration was organized by IMA Mumbai Branch. The speakers and their topics: Dr. Jyoti Bajpai - Oncology Advances from Early Detection to Age specific and Precision directed therapy, Dr. Girish Lad - Dr. J. J. Merchant Oration - Art of Living or Leaving, Dr. Kushal M. Chidgupkar - Interventional Pulmonology: Expanding the Frontiers of Respiratory Medicine, Mr. Nikhil Mudbhatkal - India Imperative Growth Story - Succession Planning & Will Writing and Dr. Armida Fernandez - My journey from a clinician to a social entrepreneur.

28th March 2026: We had organised **Blood Donation Camp** on Saturday, 28th March 2026 in collaboration with Sthaniya Lokadhikar Samiti, IIT - Powai, Mumbai for IIT Students in association with KEM Hospital Blood Bank from 9.00 am to 5.00 pm at IIT Convocation Hall, Powai, Mumbai Total **126 units** of Blood was collected. We thank all the IIT students for donating blood.

28th March 2026: Aao Gaon Chalen team comprising of Dr Kiran Desai, Dr. Sunita Shanbhag, Dr. S. G. Shanbhag, Dr. Jyotika Kaku, Dr. Hemant Haldavnekar, Dr. Neela Haldavnekar and Dr. Sharad Devrukhkar visited Brick Kiln site near Tara village on 28/03/2026 and examined their workers who stay at the site of brick kiln. They examined 81 patients, gave health education on personal hygiene and distributed towels and protein powder to their families.

12th April 2026: The Indian Medical Association hosted a grand installation ceremony for the incoming President, Dr. Mangala Gomare, on Sunday, 12th April 2026, at the beautifully decorated IMA Lawn. The ceremony was graced by esteemed dignitaries, including the Chief Guest Dr. Anilkumar Nayak, National President IMA HQ and Guest of Honor Dr. Sarbari Dutta, Hony. Secretary General, IMA HQ., whose presence elevated the occasion. They addressed the gathering with thoughtful words, appreciating the role of the IMA Mumbai Branch in the medical fraternity and expressing confidence in the capable leadership of Dr. Mangala Gomare. They also highlighted the importance of unity to tackle the various burning issues in healthcare.

The event witnessed the enthusiastic participation of more than 175 members to offer their best wishes to the new president. In her address, Dr. Mangala Gomare shared her vision for the year ahead, focusing on professional development, public health initiatives, and strengthening member engagement. Outgoing President Dr. Girish Rajadhyaksha enumerated the work done by him in his tenure and equally congratulated the new President and also assured his full cooperation in the coming days. A heartfelt note of appreciation was also extended to the outgoing President, Dr. Girish Rajadhyaksha (2025-26) by the President Dr. Mangala Gomare, for his dedicated service and outstanding contributions to the Association.

The dignitaries conveyed their best wishes to both the outgoing and incoming Presidents.

President Appreciation Awards were given to:

Dr. Sunita Shanbhag, Dr. Sujatunnisa Attar, Dr. Pragji Vaja, Dr. Rajendra H. Trivedi and Dr. Sunil Jain.

Dr. Manghanmal S. Kirpalani Award was awarded to Dr. Pankaj Bandarkar.

Dr. A. D. Daftary Award was awarded to Dr. Anil Avhad.

Dr. H. M. Trivedi Award was awarded to Dr. Ajoy Saha, Dr. H.S. Shingan and Dr. Ramesh Rathod.

All awardees were acknowledged and applauded by the audience. Dr. Arvind Patel & Dr. Kajal Ahuja jointly very meticulously and timely conducted the event in the capacity of Master of Ceremony. The ceremony concluded with a banquet and dinner, where members mingled in an atmosphere of warmth and celebration, marking a memorable evening and a promising start to the new IMA year.

14th April 2026: NOESIS 2026 – the IMA MSN National Mental Health Conclave, organised by the Indian Medical Association Medical Students' Network (IMA MSN), was successfully conducted on 14th April 2026 at IMA Hall, Mahalaxmi, Mumbai, as a premier one-day national academic gathering dedicated to advancing conversations on mental health in India. Hosted by IMA MSN National Council with support from the IMA MSN National Mental Health Subcommittee, the conclave brought together medical students, healthcare professionals and thought **ful** leaders from across the country to bridge gaps between clinical knowledge, societal understanding, and policy action while fostering empathy and advocacy.

The event featured a rich academic lineup including workshops on neurodivergence, campus mental health, suicide prevention and communication in mental health settings; along with scientific and interactive sessions such as a case and poster presentations, discussions on mental health policy, keynote lectures, panel discussions, and open "Talk It Out" forums.

The conclave was graced by distinguished dignitaries including Dr. Shivkumar Utture, National Chairman, IMA MSN Standing Committee as Chief Guest, along with senior leadership from IMA Mumbai Branch. Dr. Mangala Gomare, President; Dr. Girish Rajadhyaksha, Imm. Past President; Dr. Usha Shah, Hon. Secretary and IMA MSN Standing Committee National Co Convenors Dr. Minhajzafar Nasirabadi & Dr. Akshay Yadav. The organising team included Dr. Suryam Singh, Organising Chairperson, NOESIS 2026; Atash Raut, Organising Secretary, NOESIS 2026; Swapnil Bhalodia, Co Convenor, IMA MSN National Council; Rohan Arora; Organising Additional Secretary, NOESIS 2026; Vipanshi Sinha, Organising Joint Secretary, NOESIS 2026; Natanshi Kumar; Organising Joint Secretary, NOESIS 2026 & Ojas Gundecha, Organising Co Convenor, NOESIS 2026 and the NOESIS 2026 team; including Devshish, Mithil, Diya, Siddhi, Ritesh, Nitish, Adesh, Manya, Shyam, Vartika and others.

Expert-led sessions by eminent psychiatrists including Dr. Alka Subramanyam, Dr. Nilesh Shah and Dr. Minhajzafar Nasirabadi provided deep insights into contemporary mental health challenges, while engaging activities like clinical discussions, research showcases, peer interaction sessions and cultural interludes ensured a holistic and collaborative experience.

Dr. Vishal Gabale, an MBBS, DNB Medicine doctor and social media influencer, spoke about shifting Indian medical education from an exam-oriented system to a more clinically driven approach. He emphasized daily case-based learning, consistent history taking, and active doubt-solving to build real-world competence, while also highlighting the importance of mental health and overall student well-being.

Dr. Samvedna Suvalka, an MBBS doctor turned passionate actor, shared her inspiring journey from medicine to the screen, speaking about her work in web series and Bollywood while highlighting the importance of mental health through her personal experiences and how it can be understood and managed.

We extend our sincere gratitude to our esteemed patrons from the IMA National Headquarters, Dr. Ketan Desai, Chief Patron and Past President of IMA, WMA & MCI; Dr. Anilkumar J. Nayak, National President, IMA HQs; Dr. Dilip Bhanushali, Immediate Past President, IMA HQs; Dr. Sarbari Dutta, Honorary Secretary General, IMA HQs; and Dr. Piyush Jain, Honorary Finance Secretary, IMA HQs, for their constant support, invaluable guidance and encouragement.

With its focus on dialogue, innovation and actionable solutions, NOESIS 2026 stood as a significant step towards building a more informed, inclusive and mentally resilient healthcare community.

19th April 2026: IMA Mumbai Branch celebrated WHO Day Multi Speciality CME on Sunday 19th April 2026. Theme: Together for health, stand with science. This was the 1st branch programme of newly installed team of IMA Mumbai branch under president ship of Dr. Mangala Gomare, Hon. Secretary Dr. Usha Shah and team. There were 5 speakers: Dr. Nitin Ambadekar Director, Health Services Maharashtra State, addressed on one health which includes human health, animal health, environment, agriculture etc. Dr. Sunil Jain spoke on CPR. It was presented lucidly with interaction of all delegates. Dr. Zaheer Virani spoke on hyperkalemia in CKD patients. Dr. Mihir Vora spoke on shingles vaccine and prevention in liver disease and liver transplant. Lastly, Dr. P. G. Talwalkar spoke on type 2 diabetes plus 3 risk factors in managing T2D. Dr. Hemant Haldavnekar proposed vote of thanks. More than 100 delegates attended WHO Day CME.

25th April 2026: Aao Gaon Chalen team visited village Dabholwadi near Apta on 25th of April 2026 and examined 134 tribal villagers.

26th April 2026: Long-awaited MMC Members elections were held on 26th April 2026. This time, 9 candidates for the MMC Members posts were selected by senior Maharashtra State leaders and Past Presidents. The official IMA MMC Panel was declared by the IMA Maharashtra State President without appointing a proper selection committee or taking senior leaders and Past Presidents into confidence.

Despite these challenges, our IMA MMC Panel carried out an extensive and vigorous campaign across Maharashtra by physically visiting almost all IMA Local Branches.

The election results were declared on 29th April 2026 and 8 out of the 9 candidates from our panel were elected. This marks a historic victory for IMA Maharashtra State.

Forthcoming Event

31st May 2026 : “World No Tobacco Day”

7th June 2026 : “Multispecialty CME”

DR. USHA SHAH
Hon. Secretary
IMA Mumbai Branch

**14TH APRIL 2026 -
NOESIS 2026 - IMA MSN NATIONAL MENTAL HEALTH CONCLAVE AT IMA MUMBAI BRANCH**



19TH APRIL 2026- WHO DAY CME



DR. ZAHEER VIRANI



FELICITATION OF SPEAKER DR. MIHIR VORA



FELICITATION OF SPEAKER DR. NITIN AMBADEKAR



FELICITATION OF SPEAKER DR. P. G. TALWALKAR



FELICITATION OF SPEAKER DR. SUNIL JAIN



LIGHTING OF LAMP

12TH APRIL 2026 - INSTALLATION CEREMONY



Lighting of Lamp



Change of Medalian



Felicitation of Chief Guest Dr. Anilkumar Nayak



Speech by Chief Guest Dr. Anilkumar Nayak



Felicitation of Guest of Honour Dr. Sarbari Dutta



Speech by Guest of Honour Dr. Sarbari Dutta



Felicitation to Aao Gaon Chalen Team



Felicitation of Outgoing President Dr. Girish Rajadhyaksha



Felicitation of Dr. Anil Avhad - Dr. Manghanmal S. Kripalani Award



Felicitation of Dr. Pankaj Bandarkar - A. D. Daftary Award



Felicitation of Dr. Ajoy Saha - Dr. H. M. Trivedi Award

12TH APRIL 2026 - INSTALLATION CEREMONY



Felicitation of Dr. H.S. Shingan - Dr. H. M. Trivedi Award



Felicitation of Dr. Ramesh Rathod - Dr. H. M. Trivedi Award



Felicitation of Dr. Pragji Vaja - President Appreciation Award



Felicitation of Dr. Rajendra H. Trivedi - President Appreciation Award



Felicitation of Dr. Sunita Shanbhag - President Appreciation Award



Felicitation of Dr. Sujatunnisa Attar - President Appreciation Award



Felicitation of Dr. Sunil Jain - President Appreciation Award



Gave donation for IMA HQ for new Building



Master of Ceremony Dr. Arvind Patel and Dr. Kajal Ahuja



Speech by President Dr. Mangala Gomare



Speech by Outgoing President Dr. Girish Rajadhyaksha

25TH APRIL 2026 - AAO GAON CHALEN AT DABHOLWADI VILLAGE NEAR APTA



26TH APRIL 2026 - MMC ELECTION



IMA MMC Panel Winning Squad



Dr. Anil Pachnekar received the Winning Certificate from Returning Officer of Maharashtra State

Team of IMA Mumbai Branch 2026- 2027

President	:	Dr. Mangala Gomare
Imm. Past president	:	Dr. Girish Rajadhyaksha
President Elect	:	Dr. Surendra M. Shingnapurkar
Sr. Vice President	:	Dr. Pragji Vaja
Vice President	:	Dr. Kajal Ahuja
Hon. Secretary	:	Dr. Usha Shah
Hon. Treasurer	:	Dr. Sunil Jain
Hon. Jt. Secretary	:	Dr. Hemant Haldavnekar
Hon. Jt. Secretary	:	Dr. Vijay Karanjkar
Ex- Officio	:	Dr. Girish Lad
Ex- Officio	:	Dr. Pankaj Bandarkar

MANAGING COMMITTEE MEMBERS

SR. No.	NAME	SR. No.	NAME
1	DR. ADHVARYU VIBHAKAR	22	DR. PANJABI VIJAY
2	DR. AHUJA ARJUN	23	DR. PATEL ARVIND
3	DR. AVHAD ANIL	24	DR. PATEL MADHURI
4	DR. ATTAR SUJATUNNISA	25	DR. PATEL SUJATA
5	DR. BAROT KAIZER	26	DR. PATHARKAR SACHIN
6	DR. BORANA PRAKASHCHANDRA	27	DR. PATIL SUDHIR
7	DR. CHANDORKAR KISHOR	28	DR. PRABHU DINESH
8	DR. DAKSHINI KASHYAP	29	DR. RAIMALWALA ASPI
9	DR. DEORUKHKAR SHARAD	30	DR. SACHANI SALIM
10	DR. DESAI DIPAK	31	DR. SAHA AJOYKUMAR
11	DR. DESAI KIRAN	32	DR. SATOSKAR MANOHAR
12	DR. DHELIA SURENDRA	33	DR. SEVAK AKSHAY
13	DR. GANDECHA KISHOR	34	DR. SHAH V.T.
14	DR. GHOSH SUMITA	35	DR. SHAH YOGESH
15	DR. HALDAVNEKAR NEELA H.	36	DR. SHANBHAG S. G.
16	DR. KAKU JYOTIKA	37	DR. SHANBHAG SUNITA
17	DR. KAPADIA HOZIE	38	DR. SHINGAN H. S.
18	DR. KENY JAGDISH	39	DR. TORASKAR MILIND
19	DR. KHUSHALE KISHOR	40	DR. TRIVEDI RAJENDRA H.
20	DR. LAKDAWALA KAVAN	41	DR. UTTURE SHIVKUMAR
21	DR. MEHTA JITESH	42	DR. VELASKAR SANGEETA

STATE EXECUTIVE MEMBERS 2026-2027

S.No.	NAME	S.No	NAME
1	DR. AHUJA ARJUN	22	DR. MEHTA JITESH
2	DR. AHUJA KAJAL	23	DR. PACHNEKAR ANIL
3	DR. ATTAR SUJATUNNISA	24	DR. PANJABI VIJAY
4	DR. AVHAD ANIL	25	DR. PATEL ARVIND
5	DR. BANDARKAR PANKAJ	26	DR. PATEL SUJATA
6	DR. BORANA PRAKASHCHANDRA	27	DR. PATHARKAR SACHIN
7	DR. CHANDORKAR KISHOR	28	DR. RAJADHYAKSHA GIRISH
8	DR. DESAI DIPAK	29	DR. SACHANI SALIM
9	DR. DESAI KIRAN	30	DR. SAHA AJOYKUMAR
10	DR. DHELIA SURENDRA	31	DR. SATOSKAR MANOHAR
11	DR. GANDECHA KISHOR	32	DR. SEVAK AKSHAY
12	DR. GOMARE MANGALA	33	DR. SHAH USHA
13	DR. GHOSH SUMITA	34	DR. SHAH YOGESH
14	DR. HALDAVNEKAR HEMANT	35	DR. SHANBHAG S. G.
15	DR. HALDAVNEKAR NEELA H.	36	DR. SHANBHAG SUNITA
16	DR. JAIN SUNIL	37	DR. SHINGAN H. S.
17	DR. KAKU JYOTIKA	38	DR. SHINGNAPURKAR SURENDRA
18	DR. KAPADIA HOZIE	39	DR. TORASKAR MILIND
19	DR. KARANJKAR VIJAY	40	DR. TRIVEDI RAJENDRA H.
20	DR. KENY JAGDISH	41	DR. UTTURE SHIVKUMAR
21	DR. LAD GIRISH	42	DR. VAJA PRAGJI

CENTRAL COUNCIL MEMBERS 2026-2028

S.No.	NAME	S.No	NAME
1	DR. ATTAR SUJATUNNISA	23	DR. PATEL ARVIND
2	DR. AHUJA ARJUN	24	DR. PATEL MADHURI
3	DR. AHUJA KAJAL	25	DR. PATEL SUJATA
4	DR. AVHAD ANIL	26	DR. PATHARKAR SACHIN
5	DR. BANDARKAR PANKAJ	27	DR. PATIL SUDHIR
6	DR. BAROT KAIZER	28	DR. RAJADHYAKSHA GIRISH
7	DR. BORANA PRAKASH	29	DR. SACHANI SALIM
8	DR. CHANDORKAR KISHOR	30	DR. SAHA AJOYKUMAR
9	DR. DESAI DIPAK	31	DR. SATOSKAR MANOHAR
10	DR. DESAI KIRAN	32	DR. SEVAK AKSHAY
11	DR. DHELIA SURENDRA	33	DR. SHAH USHA
12	DR. GANDECHA KISHOR	34	DR. SHAH V.T.
13	DR. GHOSH SUMITA	35	DR. SHAH YOGESH
14	DR. GOMARE MANGALA	36	DR. SHANBHAG S. G.
15	DR. JAIN SUNIL	37	DR. SHANBHAG SUNITA
16	DR. KAPADIA HOZIE	38	DR. SHINGAN H. S.
17	DR. KARANJKAR VIJAY	39	DR. SHINGNAPURKAR S. M.
18	DR. KENY JAGDISH	40	DR. TORASKAR MILIND
19	DR. LAD GIRISH	41	DR. TRIVEDI RAJENDRA H.
20	DR. MEHTA JITESH	42	DR. UTTURE SHIVKUMAR
21	DR. PACHNEKAR ANIL	43	DR. VAJA PRAGJI
22	DR. PANJABI VIJAY		

LIST OF SUB-COMMITTEES YEAR 2026-2027
PRESIDENT DR. MANGALA GOMARE & HON. SECRETARY DR. USHA SHAH ARE
EX OFFICIO-MEMBERS OF ALL THE SUB COMMITTEES

SR.NO.	LIST OF SUB-COMMITTEES	
1.	IMA CGP MUMBAI SUB-FACULTY	
	Asst. Director	Dr. Sachin Patharkar
	Asst. Secretary	Dr. Archana Wankhade
	Convenor	Dr. Surbhi Vaidya
	Advisors	Dr. Sujatunnisa Attar, Dr. Jitesh Mehta, Dr. Pankaj Bandarkar
	Members	Dr. Pradip Kapsikar, Dr. Shyam Handa
2.	IMA AMS MUMBAI CHAPTER	
	Chairperson	Dr. Arjun Ahuja
	Secretary	Dr. Kavan Lakdawala
	Convener	Dr. Girish Lad
	Advisor	Dr. V. T. Shah
	Members	Dr. Saiprasad Lad, Dr. Tejas Vaja, Dr. Tanmay Avhad Dr. Chirag Borana, Dr. Chintan R. Trivedi
3.	MEMBERSHIP PROMOTION & SOCIAL SECURITY SCHEME SUB-COMMITTEE	
	Chairperson	Dr. S. G. Shanbhag
	Co-Chairperson	Dr. Rajendra H. Trivedi
	Convenor	Dr. Sunita Kadam
	Advisors	Dr. Hozie Kapadia, Dr. Kiran Desai
	Members	Dr. Laxmi Vora, Dr. Farzana Ansari
4.	AAO GAON CHALEN & RURAL & COMMUNITY HEALTH SUB-COMMITTEE	
	Chairperson	Dr. Kiran Desai
	Co-Chairpersons	Dr. Sunita Shanbhag, Dr. Dinesh Prabhu
	Convenor	Dr. Sarita Devi
	Advisor	Dr. S. G. Shanbhag
	Members	Dr. Neela Haldavnekar, Dr. Sharad Deorukhkar Dr. Sunita Kadam, Dr. Laxmi Vora, Dr. Doshi
5.	CULTURAL SUB-COMMITTEE	
	Chairperson	Dr. Kajal Ahuja
	Co-chairperson	Dr. Yogesh Shah
	Convener	Dr. Kishor Khushale
	Advisor	Dr. Jitesh Mehta
	Members	Dr. Surendra Shingnapurkar, Dr. Sweety Shinde Dr. Sharad Pichad, Dr. Anil Avhad
6.	MEDICO LEGAL CELL SUB- COMMITTEE	
	Chairperson	Dr. Pankaj Bandarkar
	Co-chairperson	Dr. P. M. Bhujang
	Convenor	Dr. Anil Avhad
	Advisors	Dr. Shivkumar Utture, Dr. Vijay Panjabi, Dr. Akshay Sevak

SR.NO.	LIST OF SUB-COMMITTEES	
7.	WOMEN DOCTORS' WING & MPH SUB-COMMITTEE	
	Chairperson	Dr. Sunita Shanbhag
	Co-Chairperson	Dr. Sujatunnisa Attar
	Convenor	Dr. Neela Haldavnekar
	Advisor	Dr. Sujata Patel
	Members	Dr. Kajal Ahuja, Dr. Sangita Velaskar, Dr. Sangya Priti, Dr. Swati Badgire
8.	CATERING SUB-COMMITTEE	
	Chairperson	Dr. Yogesh Shah
	Co-Chairperson	Dr. Girish Lad
	Convenor	Dr. Dakshini kashyap
	Advisor	Dr. Salim Sachani
	Member	Dr. Manohar Satoskar
9.	SPORTS SUB-COMMITTEE	
	Chairperson	Dr. Sunil Jain
	Co-Chairpersons	Dr. Yogesh Shah Dr. Ajoy Saha
	Convenor	Dr. Pragji Vaja
	Advisors	Dr. Surendra Shingnapurkar, Dr. Kishor Gandecha
	Members	Dr. Thara Somshekhar, Dr. Maya Wankhede
10.	YOGA SUB-COMMITTEE	
	Chairperson	Dr. Kishor Gandecha
	Co-Chairpersons	Dr. Sujatunnisa Attar
	Convenor	
	Advisor	Dr. Vijay Panjabi
	Members	Dr. Kashyap Dakshini Dr. Usha Shelar
11.	PUBLIC HEALTH AWARENESS SUB-COMMITTEE	
	Chairperson	Dr. Vijay Panjabi
	Co-Chairperson	Dr. Chetna Nitil
	Convenor	Dr. Laxmi Vora
	Advisors	Dr. Sunita Shanbhag Dr. Deepak Raut
	Members	Dr. Manisha Nagre, Dr. Avinash Jadhav, Dr. Vivek Giri Dr. Santosh Gaikwad, Dr. Vijay Karanjkar
12.	SOCIAL RESPONSIBILITY SUB-COMMITTEE	
	Chairperson	Dr. Surendra Shingnapurkar
	Co-Chairperson	Dr. Akshay Sevak
	Convenor	Dr. Sunil Jain
	Advisor	Dr. Hemant Haldavnekar, Dr. Hozie Kapadia, Dr. Shivkumar Utture
	Member	Dr. H. S. Shingan, Dr. Milind Toraskar
13.	SPIRITUAL & WELLNESS SUB-COMMITTEE	
	Chairperson	Dr. Girish Lad
	Co-Chairperson	Dr. Jitesh Mehta
	Convenor	Dr. Yogesh Shah
	Advisor	Dr. Kishor Gandecha
	Member	Dr. Surendra Dhelia

SR.NO.	LIST OF SUB-COMMITTEES	
14.	BIMA EDITORIAL BOARD	
	Editor	Dr. Rajendra H. Trivedi
	Secretary	Dr. Dinesh Prabhu
	Advisors	Dr. Girish LadDr. Vijay PanjabiDr. Ajoy Saha
	Member	Dr. Farzana Ansari
15.	ACTION PRESS AND PUBLICITY SUB-COMMITTEE	
	Chairperson	Dr. Anil Pachnekar
	Co-Chairperson	Dr. Pankaj Bandarkar
	Advisors	Dr. Shivkumar Utture, Dr. Vijay Panjabi, Dr. Rajendra H. Trivedi
16.	FINANCE & BUILDING MAINTENANCE SUB-COMMITTEE	
	Chairperson	Dr. Shivkumar Utture
	Co-Chairperson	Dr. Anil Pachnekar
	Convenor	Dr. Girish Lad
	Advisor	
	Members	Dr. Pankaj Bandarkar, Dr. Girish Rajadhyaksha Dr. Kiran Desai, Dr. S. G. Shanbhag
17.	OCCUPATIONAL HEALTH & SERVICE DOCTORS WINGS SUB-COMMITTEE	
	Chairperson	Dr. Dinesh Prabhu
	Co-Chairperson	Dr. Jagdish Keny
	Convenor	Dr. Surbhi Vaidya
	Advisor	Dr. Sunita Shanbhag
	Members	Dr. Hemant Haldavnekar, Dr. Sumita Ghosh Dr. Sunita KadamDr. Shivnanda
18.	GERIATRIC & PALLIATIVE SUB-COMMITTEE	
	Chairperson	Dr. Sujatunnisa Attar
	Co-Chairperson	Dr. Prakash Borana
	Convenor	Dr. Girish Lad
	Advisor	Dr. Rajendra H. Trivedi
	Member	Dr. Yatrik Buch
19.	WEB SITE SUB – COMMITTEE	
	Chairperson	Dr. Anil Avhad
	Co-Chairperson	Dr. Sunil Jain
	Convenor	
	Advisor	Dr. Arvind Patel
	Member	Dr. Poonam Mohite
20.	DASS COMMITTEE/PCPNDT COMMITTEE	
	Chairperson	Dr. Hozie Kapadia
	Co-Chairperson	Dr. Aspi Raimalwala
	Convenor	Dr. Prarthana Utture
	Advisors	Dr. Madhuri Patel, Dr. Akshay Sevak
	Member	

SR.NO.	LIST OF SUB-COMMITTEES	
21.	MEDICAL STUDENT NETWORK & YOUNG DOCTOR'S FORUM	
	Chairperson	Dr. Girish Rajadhyaksha
	Co-Chairperson	Dr. Jitesh Mehta
	Convenor	Dr. Ajoy Saha
	Advisor	Dr. Shivkumar Utture
	Member	Dr. Sachin Patharkar
22.	BLOOD DONATION & ORGAN DONATION COMMITTEE	
	Chairperson	Dr. Pragji Vaja
	Co-Chairperson	Dr. Pankaj Bandarkar
	Convenor	Dr. Anil Avhad
	Advisor	Dr. Jitesh Mehta
	Member	Dr. Prakash Naik
23.	DISASTER MANAGEMENT SUB-COMMITTEE	
	Chairperson	Dr. Jitesh Mehta
	Co-Chairperson	Dr. Salim Sachani
	Convenor	Dr. Kiran Desai
	Advisor	Dr. Sunil Jain
	Member	Dr. Hemant Haldavnekar
24.	CONSTITUTION SUB-COMMITTEE	
	Chairperson	Dr. Akshay Sevak
	Co-Chairperson	Dr. Girish Lad
	Convenor	Dr. Rajendra H. Trivedi
	Advisors	Dr. Hozie Kapadia, Dr. Vijay Panjabi
	Members	Dr. Kiran Desai, Dr. S. G. Shanbhag
25.	FAMILY PLANNING, VASECTOMY AND IMMUNIZATION SUB COMMITTEE:	
	Chairperson	Dr. Aspi Raimalwala
	Co-Chairpersons	Dr. Sumita Ghosh, Dr. Prarthana Utture
	Convenor	
	Advisors	Dr. Shivkumar Utture, Dr. Hozie Kapadia Dr. Madhuri Patel
	Member	Dr. Neela Haldavnekar
Hospital Board of India Sub - Committee will be announce in the next BIMA		



WHY BECOME A MEMBER OF INDIAN MEDICAL ASSOCIATION (IMA)?

Dear colleagues,

Indian Medical Association (IMA) is the largest and the fastest growing non-government organization (NGO) of **over two and half lakhs health care providers**. It spans across the country and has over **1800** branches. It attracts a variety of physicians from MBBS doctors, specialists and super specialists from urban, sub-urban and rural India and a wide age span. The primary mission of IMA is to unite the medical fraternity under one banner and ultimately advance the medical science for the betterment of the masses. Simultaneously, it seeks to safeguard the interest of the medical fraternity in this ever changing milieu of medical profession. In the light of this ever-changing field, Medical Council of India (MCI) has recently recognized the importance of continuous medical education (CME). It has now become mandatory that the medical fraternity comply with the CME credit hours regulation to renew their medical registration. **IMA is accredited by the MCI to grant credit hour points to doctors** and has taken the onus of advancing this complex field by hosting regular conferences, CME's which are very well received.

ACHIEVEMENTS OF IMA

1. There is an increasing threat to the safety of doctors especially the young ones. Because of constant representation of these concerns by IMA to the state government of Maharashtra, there is now a **law in place to protect the doctors and its establishments**.
2. Similar efforts are being undertaken by the IMA at the central government also.
3. IMA is successful in motivating the Standing Committee in Delhi to summarily **reject the NCHRH Bill (National Council for Human Resource in Health)**.
4. The draconian CEA (**Clinical Establishment Act**) was strongly opposed by IMA. IMA was successful in drafting a **Maharashtra specific CEA** which is both doctor and patient friendly.
5. There are stringent rules set forth for renewing licenses for nursing homes, firefighting provision rule, FDA regulations and PCPNDT Act etc. IMA is engaged with the concerned agencies in streamlining the process and create a hassle free environment for medical profession.

BENEFITS AVAILABLE TO IMA MEMBERS

- 1) IMA is accredited by the MCI to **grant credit hour points** to doctors.
- 2) **Medico-legal cell** help round the clock for the members.
- 3) **Profession Protection Scheme (PPS)** (Indemnity – 10 Lakhs) at nominal fees.
- 4) **Airing your views and grievances** through BIMA (Bulletin of IMA)

Social Security Schemes popular as “**Make your Nominee a Millionaire**”, gives benefits to the next of kin of the deceased life member.

Guest room facilities available in IMA branches all over India at highly concessional rates (List Available at IMA office).

50% discount on rent of IMA Hall (renovated) and Lawns.

Discounts on purchases of new car and on car insurance renewals.

Membership is transferable all over India.

The MCI recommends that every graduate be a part of a recognized medical association and IMA fulfils this mission perfectly. IMA is a perfect platform for all the practitioners, particularly for young practitioners who are still learning the nuances of medicine and work of this profession. The best part is that the IMA membership is transferable to any part of India. We welcome you all to share your interest with us.

25% Discount of Membership fees UPTO 15TH MAY 2026

For Single Life Membership Fees – Rs. 15,969/-

For Couple Life Membership Fees – Rs. 23,944/-

For to be Clubbed Membership Fees – Rs. 8,575/-

“Two Cheques to be drawn as shown in the next page.”

DR. MANGALA GOMARE

President

(M) 9833898688

DR. USHA SHAH

Hon. Secretary

(M) 9322004145

!! GOOD NEWS !!

IMA LIFE MEMBERSHIP CHARGES REDUCED BY 25% UPTO 15TH MAY 2026

OLD MEMBERSHIP FEE	NEW MEMBERSHIP FEE
SINGLE LIFE MEMBER	
1. Rs.12159/- + 2188/- (18% GST)= Rs.14344/- Cheque should be drawn in favour of " IMA Maharashtra State "	1. Rs. 9366/- + 1688/- (18% GST)= Rs. 11054/- Cheque should be drawn in favour of " IMA Maharashtra State "
2. Rs. 4165/- + 750/- (18% GST) = Rs. 4915/- Cheque should be drawn in favour of " Indian Medical Association Mumbai Branch "	2. Rs. 4165/- + 750/- (18% GST) = Rs. 4915/- Cheque should be drawn in favour of " Indian Medical Association Mumbai Branch "
COUPLE LIFE MEMBER	
1. Rs. 18222/- + 3280/- (18% GST)= Rs.21502/- Cheque should be drawn in favour of " IMA Maharashtra State "	1. Rs. 14041/- + 2530/- (18% GST)= Rs.16571/- Cheque should be drawn in favour of " IMA Maharashtra State "
2. Rs. 6248/- + 1125/- (18% GST) = Rs. 7373/- Cheque should be drawn in favour of " Indian Medical Association Mumbai Branch "	2. Rs. 6248/- + 1125/- (18% GST) = Rs. 7373/- Cheque should be drawn in favour of " Indian Medical Association Mumbai Branch "
TO BE CLUBBED LIFE MEMBER	
1. Rs. 6858/- + Rs.1235/- (18% GST)= Rs.8093/- Cheque should be drawn in favour of " IMA Maharashtra State "	1. Rs. 5177/- + Rs. 932/- (18% GST)= Rs.6109/- Cheque should be drawn in favour of " IMA Maharashtra State "
2. Rs. 2090/- + Rs. 376/- (18% GST)= Rs.2466/- Cheque should be drawn in favour of " Indian Medical Association Mumbai Branch "	2. Rs. 2090/- + Rs. 376/- (18% GST)= Rs.2466/- Cheque should be drawn in favour of " Indian Medical Association Mumbai Branch "

GRAB THE OPPORTUNITY AND INVITE FELLOW DOCTORS IN LARGE NUMBER TO BECOME IMA MEMBERS.

Please attach : Passport size photos-2, Xerox copies of MMC Registration Certificate-2, Xerox copies of degree certificate-2, Xerox copy of Pan Card and Aadhar Card. For Couple & Clubbed members: Xerox copies of marriage certificate-2 in addition to above.

DR. MANGALA GOMARE
President
(M) 9833898688

DR. USHA SHAH
Hon. Secretary
(M) 9322004145

DR. S. G. SHANBHAG
Chairman
(M) 9619020962

DR. RAJENDRA H. TRIVEDI
Membership Promotion
Committee Co- Chairperson
(M) 9833783382

**BIMA TARIFF
FOR ADVERTISEMENT IN BIMA
THE BULLETIN OF INDIAN MEDICAL ASSOCIATION, MUMBAI BRANCH**

BIMA, the mouth piece of IMA Mumbai branch reaches 5000 members per month, which includes leading Family Physicians, Consultants, Super Specialists and Hospitals of Mumbai and pan India.

Articles by specialists on current issues and trends in medicine make an interesting reading. BIMA has won the “Best Bulletin Award” for its educative, informative and presentable value from both IMA national and state offices.

The rates of advertisement in BIMA are very attractive. Pharmaceutical Companies, Hospitals, Nursing Homes, Diagnostic Centers, Poly Clinics, Pathology labs, Banks, Manufacturer of Hospital equipment, etc. can use this media for their wide spread publicity amongst the elite.

New reduce advertising rates effective from 1st December 2022

SPACE AND POSITION	SINGLE INSERTION Rs.	6 CONSECUTIVE INSERTIONS Rs.	12 INSERTIONS Rs.
Ordinary Half Page (B/W)	1,260	6,300	12,600
Ordinary Full Page (B/W)	2,205	11,025	22,050
Special Full Pg. (4 colours)	4,095	20,475	40,950
Inside Cover (4 colours)	4,725	23,625	47,250
Back Cover (4 colours)	5,670	28,350	56,700
Centre Double page (4 colours)	9,450	47,250	94,500
Special Insertion	1,890	9,450	18,900

For Announcement: Birthdays, Marriage Anniversaries / Change of Address etc.

Rs. 630/- up to 35 words and there after Rs. 36/- for every additional word

Subscription: Rs. 630/- Yearly, For Non Members of IMA (Mumbai Branch).

Cheques drawn in favour of **BIMA** should accompany the advertisement matter/ request.

Advertisement material other than typed material, tracings and positives will be charged extra Rs. 630/- as processing charges.

PRINTING DETAILS OFFSET PRINTING: PRINT AREA 150 MM (W) X 200 MM (H).



MUMBAI DISTRICT AIDS CONTROL SOCIETY



Marching towards an AIDS-free city....

1 HIV PREVENTION

- Advocacy And Awareness Among Youth And General Population
- Targeted Intervention High Risk Groups & Migrants

HIV DIAGNOSTIC SERVICES

Through 234 Counseling and Testing Centers for

- Pregnant Women
- High Risk Groups
- General Population

2

6

U=U

• Undetectable = Untransmittable

3

HIV TREATMENT SERVICES

Free lifelong treatment to registered patients through 20 ART centres in mumbai

- Treat all
- Free drugs and viral load testing
- Counseling and follow - up

4

INNOVATION

- MITWAA platform for A / CLHIV
- Virtual Intervention For Hiv Screening
- Evening Clinic
- Tele SACEP
- E - Counsultation

5

DIGITAL TECHNOLOGY

Jindagi App
Treatment Literacy Films
Samvaad App-
Enhanced Adherence Counseling

by
2030
95:95:95

95%

of people living with HIV know their HIV status

95%

of people diagnosed with HIV receive Antiretroviral Therapy

95%

of people receiving Antiretroviral Therapy achieve Viral Suppression

Scan QR CODE For HIV Case Notification



For any other information/ collaboration, reach us at - cstmdacs@gmail.com

www.mdacs.org.in



: 022 2410 0246/47 , 022 2410 0088 / 89





POST GRADUATE DIPLOMA PROGRAMMES

In collaboration with
The Mumbai School of Economics & Public Policy (MSEPP),
University of Mumbai

Admissions Open | Limited Seats

★ PG Diploma in Health Insurance (PGDHI)

Equip yourself with the latest knowledge in Health Insurance to meet the growing demand for skilled professionals across insurance industry, and allied sectors.

★ PG Diploma in Insurance Marketing (PGDIM)

Build strong fundamentals in Insurance Marketing, distribution channels & agency management systems to excel in sales and strategic roles.

WHO SHOULD APPLY

- Graduates from any discipline
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