

# **BULLETIN OF INDIAN MEDICAL ASSOCIATION**

Vol. XL XXVII No. 3 / March-April 2025

**MUMBAI BRANCH** 



23rd March 2025 :- "World TB Day and International Womens' Day" CME

13th April 2025 :- Installation Ceremony of Incoming President and his team

at IMA Mumbai Branch Haji Ali from 6:30 pm onwards.

20th April 2025 :- WHO CME

Dr. Girish Lad President Dr. Pragji Vaja Hon. Secretary Dr. Rajendra H. Trivedi Editor - BIMA Dr. Vijay Karanjkar Secretary-BIMA

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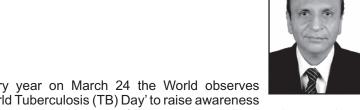
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### F.ditorial



Every year on March 24 the World observes 'World Tuberculosis (TB) Day' to raise awareness

about the global impact of Tuberculosis, a disease that remains a major public health challenge. The date commemorates Dr. Robert Koch's discovery of the TB causing bacterium in 1882 which paved the way for diagnosis and treatment.

As we mark World TB Day 2025, global efforts to eliminate TB are at a critical point. While significant progress has been made, challenges such as drug- resistant TB, limited health care access and funding gaps continue to hinder eradication efforts. This year's theme focuses on accelerating action to end TB, urging governments, health organizations and communities to intensify their commitment.

Tuberculosis is an infectious disease caused by Mycobacterium Tuberculosis, primarily affecting the lungs but capable of spreading to other organs. TB infection is airborne, spreading through coughs and sneezes. While it is preventable and treatable, it remains a leading cause of death world wide, particularly in low-middle income countries.

- Over 10 million people are diagnosed with TB each year.
- In 2023, TB remained one of the top infectious disease killers, second only to COVID - 19.
- Drug resistant TB or MDR TB is an increasing concern with more than 5 lakh cases annually.
- TB is curable, yet millions lack access to timely diagnosis and treatment.

#### **Challenges in TB Eradication:-**

- 1) Drug Resistance- Multi drug- resistant TB (MDR- TB) is difficult to treat, requiring longer and more expensive treatment.
- 2) Limited access to Health care Many TB patients, particularly in remote or conflict affected regions, struggle to receive timely diagnosis and care.
- 3) Funding Gaps The fight against TB is underfunded. The World Health Organisation (WHO) estimates a dollar 2 billion annual gap in TB research and response efforts. Indian Government spends around 1.9% of its GDP on the health sector in the year 2024 to 25.
- 4) **Co-infections with HIV-** People living with HIV/AIDS are at a much higher risk of developing TB, complicating treatment outcomes.

#### Theme - "Yes, We can End TB - Commit, invest, Deliver".

The World Tuberculosis Day - 2025 theme is a powerful call to action for governments, health organizations and individuals to accelerate efforts toward eradicating Tuberculosis. The theme emphasizes three key pillars.

#### 1) Commit - Strengthening Global and National efforts.

Commitment is the foundation of TB elimination. Without strong political will and leadership, the fight against TB will continue to face setbacks. The WHO End TB strategy sets ambitious targets, but achieving them requires -

- Governments to prioritize TB elimination in national health agendas
- Stronger policies that ensure universal healthcare access for TB patients.
- Collaboration between countries researchers and health organizations to share best practices and strategies.
- Public awareness campaigns to fight stigma and encourage early diagnosis.

#### 2) Invest - Boosting Financial and Technological Resources

TB eradication requires sustained financial investment to develop new diagnostics, vaccines and treatments.

Key investment areas include - Developing new TB vaccines.

- Expanding rapid TB diagnostics Advances in Al driven diagnostic tools can help detect TB earlier and more accurately.
- Improving access to treatment Investing in shorter, more effective TB drug regimens can improve patient outcomes and combat drug resistant TB (MDR-TB). Example In 2023 new TB treatment regimens such as BPaL (Bedaquiline, Pretomanid and Linezolid) significantly reduced treatment duration for drug-resistant TB from 18 to 24 months to just 6 months. Increased investment will make these treatments more wildly available.
- 3) Deliver Taking Action and Achieving Results Commitment and Investment must lead to real, measurable progress in TB elimination. This means ensuring that policies and funding translate into tangible health improvements.
- Scaling up TB treatment coverage, so no patient is left behind.
- Ensuring equitable healthcare access for vulnerable populations, including those in remote areas, conflict zones and low-income communities.
- Holding governments and organizations accountable for meeting TB elimination targets.
- Encouraging global partnerships to ensure TB response is shared responsibility. The Stop TB
  Partnership has been working with governments to implement the Global Plan to End TB 20232030, which aims to reduce TB deaths by 90% by 2035. More countries must step up and deliver
  on their commitments to meet these targets.

The theme - "Yes we can End TB - Commit, Invest, Deliver" is more than just a slogan - it is a global mission. Every country, community and individual has the role to play in the fight against TB. By strengthening political commitment, increasing financial investment and ensuring effective healthcare delivery, we can make TB history. This World TB Day, let's move beyond awareness and take real action to end tuberculosis once and for all.

Together, we can end TB.

DR. RAJENDRA H. TRIVEDI

IMA Mumbai Branch

# From The President's Desk

My dear brothers and sisters, kindly accept my humble Greetings.

In the month of March we shall observe various significant days. On 13<sup>th</sup> March 2025, we shall observe World Kidney Day the theme for the same is 'Are your kidneys ok?' Detect Early, Protect Kidney Health. Restricted use of sugar, salt and abundant use of water intake will keep our kidneys healthy. Also avoiding pain killers (NSAID) will improve longevity of kidneys.

pain

On 24<sup>th</sup> of March, we observe World Tuberculosis Day, a day of significance marking Dr. Robert Koch's ground breaking announcement in 1882, of the

discovery of the 'Mycobacterium Tuberculosis' a deadly microorganism. The four pillars of tuberculosis are Detect, Treat, Prevent and Build (DTPB); these are part of the National Strategic Plan (NSP) for TB Elimination in India. The theme for World TB Day 2025 is 'Yes! We can End TB: Commit, Invest, Deliver. It is a call for mission to end Tuberculosis by 2030.

8<sup>th</sup> March is celebrated all over the World as International Women's Day. A woman named Clara Zetkin (Leader of the women's office for the Social Democratic Party in Germany) tabled the idea of an International Women's Day. She proposed that every year in every country there should be a celebration on the same day, to press their 'Demands'. The theme for 2025 International Women's Day is for all WOMEN and GIRLS: RIGHTS, EQUALITY, EMPOWERMENT.

What is the role of woman in Life of a Family? WOMAN is a wonderful Gift given to mankind.

She can play many roles in single identity.

She can be a Mother, to take care of a child.

She can be a Wife, to lovingly look after husband.

She can be a Child, to a mother to give her happiness.

She can be a best Cook, to prepare best food for family.

She can be the 1<sup>st</sup> Teacher for the learning offspring.

She can be the Accountant, to look after household needs.

She can be the best HR manager, to maintain discipline in the house.

She can be the best Doctor, in the house to look after health of family members.

She can be best Nurse, to offer tender care for the ailing members of family.

She can be the best Priest, to preach and practice holy rituals in the family.

She can be the best Judge, to settle fight in the family; by giving gentle judgement of compromise.

She can be a Financer, by giving help in need an amount which she has saved as petty cash savings from household expenses.

In all she is one man show in women form.

We must salute her ability and sincerity not only on this international women's day but day in and day out. This may reciprocate only partly the debt, we owe to her compassionate behaviour.

Dear colleagues this is my last presidential address, in BIMA, as my tenure as a President is nearing completion.

I am grateful to you all for unstinted support throughout the year.

Regards

Jai Hind!

Jai IMA!

DR. GIRISH LAD President IMA Mumbai Branch

# WHY BECOME A MEMBER OF INDIAN MEDICAL ASSOCIATION (IMA)?

Dear colleagues,

Indian Medical Association (IMA) is the largest and the fastest growing non-government organization (NGO) of over two and half lakhs health care providers. It spans across the country and has over 1800 branches. It attracts a variety of physicians from MBBS doctors, specialists and super specialists from urban, sub-urban and rural India and a wide age span. The primary mission of IMA is to unite the medical fraternity under one banner and ultimately advance the medical science for the betterment of the masses. Simultaneously, it seeks to safeguard the interest of the medical fraternity in this ever changing milieu of medical profession.

In the light of this ever changing field, Medical Council of India (MCI) has recently recognized the importance of continuous medical education (CME). It has now become mandatory that the medical fraternity comply with the CME credit hours regulation to renew their medical registration. **IMA is accredited by the MCI to grant credit hour points to doctors** and has taken the onus of advancing this complex field by hosting regular conferences, CME's which are very well received.

#### **ACHIEVEMENTS OF IMA**

- 1. There is an increasing threat to the safety of doctors especially the young ones. Because of constant representation of these concerns by IMA to the state government of Maharashtra, there is now a **law in place to protect the doctors and its establishments.**
- 2. Similar efforts are being undertaken by the IMA at the central government also.
- 3. IMA is successful in motivating the Standing Committee in Delhi to summarily **reject the NCHRH Bill (National Council for Human Resource in Health).**
- 4. The draconian CEA (Clinical Establishment Act) was strongly opposed by IMA. IMA was successful in drafting a Maharashtra specific CEA which is both doctor and patient friendly.
- 5. There are stringent rules set forth for renewing licenses for nursing homes, firefighting provision rule, FDA regulations and PCPNDT Act etc. IMA is engaged with the concerned agencies in streamlining the process and create a hassle free environment for medical profession.

#### BENEFITS AVAILABLE TO IMA MEMBERS

- 1) IMA is accredited by the MCI to grant credit hour points to doctors.
- 2) Medico-legal cell help round the clock for the members.
- 3) Profession Protection Scheme (PPS) (Indemnity 10 Lakhs) at nominal fees.
- 4) Airing your views and grievances through BIMA (Bulletin of IMA)

**Social Security Schemes** popular as "**Make your Nominee** a *Millionaire*", gives benefits to the next of kin of the deceased life member.

**Guest room facilities** available in IMA branches all over India at highly concessional rates (List Available at IMA office).

50% discount on rent of IMA Hall (renovated) and Lawns.

**Discounts on purchases** of new car and on car insurance renewals.

Membership is transferable all over India.

The MCI recommends that every graduate be a part of a recognized medical association and IMA fulfils this mission perfectly. IMA is a perfect platform for all the practitioners, particularly for young practitioners who are still learning the nuances of medicine and work of this profession. The best part is that the IMA membership is transferable to any part of India. We welcome you all to share your interest with us.

#### Heavy Discount on Membership fees from 15th February 2025 to 31st March 2025

For Single Life Membership Fees - Rs. 17,541/- (Saving Rs. 2,861/-) For Couple Life Membership Fees - Rs. 26,301/- (Saving Rs.4,289/-) For to be Clubbed Membership Fees - Rs. 9,658/- (Saving Rs.1,504/-)

Cheque to be drawn in favour of "Indian Medical Association Mumbai Branch"

DR. Girish Lad President (M) 98201 16391 DR. Pragji Vaja Hon. Secretary (M) 98204 82375

# Secretary Communicates

Dear Friends,

IMA Mumbai branch had the following activities during the month of February & March 2025

1<sup>st</sup> and 2<sup>nd</sup> February 2025: 1<sup>st</sup> & 2<sup>nd</sup> February 2025: Office Bearers Meeting and IMA MS 1<sup>st</sup> State Executive Committee Meeting was held on 1<sup>st</sup> and 2<sup>nd</sup> February 2025 at IMA Mumbai Branch. This time we had a record registration of 200 delegates. President IMA MS Dr. Santosh Kadam and Hon. Secretary Dr. Anil Avhad conducted a Marathon Meeting with Power Point Presentation. All the delegates appreciated the hospitality by IMA Mumbai Branch.



**9th February 2025: "Out Station Picnic Report"** IMA Mumbai Branch had organised Out Station Picnic on 10th February 2025 at Monteria Resort, Karjat to spend time in the lap of nature, away from busy schedule.

Reaching to the venue we had the breakfast followed by scientific session. Dr. Manish Hinduja spoke on Minimal Invasive Cardiac Surgery & Dr. Rahul Ghadge spoke on Interesting Cases in Psychiatry which were well appreciated and applauded by all. It was followed by swimming session and lunch.

At 8 pm all members gathered in the conference room to enjoy entertainment programme like singing, mimicry, jokes & dancing on DJ Sound.

Eye-catching part was the involvement of the member's kids who presented dance on songs and sung poems. It added so much joy and laughter to the day in the cheerful atmosphere. It was just FUN! It went on till 11 pm. Members gathered on next day morning in the Cafeteria (Monday, 11th February) at 8 am for Tea- Breakfast.

At 10 am we left for Mumbai and reached at IMA Hall at 12 noon in the afternoon. Following members had attended the picnic Dr. Usha Shah, Dr. Yogesh Shah, Dr. Girish Lad, Mrs. Sharmila Lad, Dr. Hozie Kapadia, Mrs. Kapadia, Dr. Pankaj Bandarkar, Dr. Reeta Bandarkar, Dr. Sharvari Bandarkar Rane, Mr. Viraj Rane, Dr. Anil Avhad, Dr. Pushpa Sanap, Dr. Sujatunnisa Attar, Dr. Pragji Vaja, Dr. Anil Pachnekar, Mrs. Rohini Pachnekar, Dr. Luv Pachnekar, Mrs. Pachnekar, Dr. Surendra Shingnapurkar, Dr. Jitesh Mehta, Dr. Asha Mehta, Dr. Vibhakar Adhvaryu, Mrs. Adhvaryu, Dr. Dinesh Prabhu, Mrs. Prabhu, Dr. Rajendra H. Trivedi, Mrs. Pratima Trivedi, Dr. Kajal Ahuja, Dr. Arjun Ahuja, Dr. Mukund Umra, Dr. Mrudula Umra, Dr. Mangala Gomare, Dr. Jagdish Keny, Dr. Manish Hinduja, Mrs. Hinduja, Dr. Rahul Gadge.

**16th February 2025 : - Multispeciality CME** was organized by IMA Mumbai Branch. The speakers and their topics: Dr. Bharat Shivdasani - Worsening Heart Failure Management, Mr. Sunil Damania - From Medicine to Markets: Growing Wealth with Equity Investments, Dr. Priti Mehta - Indication for BMT in pediatric, Dr. Charulata Savant Sankhla - Treatment of Parkinson disease, Dr. Aparna Govil Bhaskar - Recent Advances in Management of Obesity, Dr. Ashok Kirpalani - Time to act in CKD with T2D :Finerenone as a pillar of Treatment improving cardio renal outcomes, Dr. Pradeep Talwalkar - Are AGIs just 'good to have' or 'must to have' for Indian patients? and Dr. Manish Baldia - Advance Neuromodulation therapies for neurological disorders.

**16th February 2025: "Report of Blood Donation Camp"** IMA Mumbai Branch had organised Blood Donation Camp in association with Graduation Celebration Organising Committee (students of 2019 batch) and KEM Hospital Blood Bank on 16th February 2025 at Ladies Common Room, Ground floor, Seth G. S. Medical college building, Parel from 9 am to 2 am pm. It was inagurated by the hands of Dr. Pankaj Bandarkar-Chairperson Blood Donation Committee. Total 81 students donated blood.

Gifts (Sling Bag & Scissors) were given to each donor. It was a successfull program.

**23rd February 2025:- "Super Sixes Cricket Tournament"** was held on Cricket Turf at IMA Ground, Haji Ali on 23rd February 2025. More than 66 members including their family members and JDN Members had participated.

There were total A, B, C and D teams. The captains were Dr. Milind Toraskar for A team, Dr. Shingnapurkar for B team, Dr. Girish Rajadhyksha for C team and Dr. Girish Lad for D team. Morning breakfast and afternoon lunch were served.

Winning Team : Dr. Girish Lad

Team Members : Dr. Sunil Jain, Dr. Ankita, Dr. Akshay, Dr. Kaustub, Dr. Nivan and Dr. Adnan

Runners Up Team: Dr. Surendra Shingnapurkar

Team Members : Dr. Archana, Dr. Avishikar, Dr. Rahul, Dr. Shankar, Dr. Shreeyansh,

Dr. Gandecha and Dr. Santosh.

**Best Batsman**: Dr. Ojas D Pophale (MSN)

Best Bowler : Dr. Sunil Jain

Best Fielder : Dr. Shreeyansh Vinarkar

Best Lady Player : Dr. Sanjana
Best All Rounder : Dr. Ansari Adnan

The running commentary was given by Dr. Girish Rajadhyksha. Overall it was a sporting and memorable event and everybody enjoyed the hospitality and planning of the event.

23rd February 2025: "Aao Gaon Chalen" the team of Aao Gaon Chalen started for village sonale on the 23rd of February 2025 at 6 am sharp reaching at 10.30 am. They examined 98 patients adults and children both male and female. The morbidity amongst patients was as follows: leucorrhoea 2, menorrhagia 3, dysmenorrhea. 3, URTI 20, Hypertension 4, diabetes 3, rest had body ache, fever, cough and cold. Health education was given to women regarding menstrual hygiene and 67 Reusable sanitary Pads were distributed. The team comprised of Dr. Kiran Desai, Dr. Dinesh Prabhu, Dr. Hemant Haldavnekar. Dr. Mrs. Neela Haldavnekar and Dr Sharad Devrukhkar.

28th February 2025: "Report of Blood Donation Camp" IMA Mumbai Branch had organised Blood Donation Camp in association with International Mahavir Club and Nair Hospital Blood Bank on 28 th February 2025 at CST Railway Station from 9 to 5 pm. It was inagurated by the hands of Dr. Pankaj Bandarkar, Chairperson Blood Donation Committe- IMA Mumbai Branch. NSS female students from SNDT college had done campaigning to motivate blood donors. Total 120 units blood was collected. President Dr. Girish Lad, Hon. Secretary Dr. Pragji Vaja, Chairman Blood Donation Committee Dr. Pankaj Bandarkar, Indian Medical Association were present.

**9th March 2025: "Multi Speciality CME"** was organized by IMA Mumbai Branch. The speakers and their topics: Dr. Sandeep Varma - SAVR Vs TAVR, Dr. Aasim Maldar - Shingles prevention: Time is now, Dr. Meghraj Ingale - Endoscopic Management of GERD, Dr. Vikas Pandey - Innovation in Endoscopy, Dr. Shankar Zanwar - Endoscopic Management in Surgical Cases, Dr. Harshad Joshi - IBD what's new and Dr. Rashmi Saraf - Brain Hemorrhage: Call to Neurointerventional Surgeon.

**16th March 2025:** As per instructions of IMA HQ in collaboration with the Sports Authority of India, IMA Mumbai Branch, organised the IMA Cycle Marathon **"SUNDAYS ON CYCLE"** as a part of Fit India Mission to combat Obesity at IMA Mumbai Branch, IMA House, Mumbai. It was a grand success.

**16th March 2025: "World Kidney Day CME"** was organized by IMA Mumbai Branch. The speakers and their topics: Dr. Vishal Pingle - Interesting cardiac surgical cases, Dr. Ganesh Bakshi - Management of small renal mass, Dr. Mahesh Prasad - Dialysis vs Transplant, Dr. Ayan Dey -

Management of Diabetes mellitus in 2025 - A Nephrologist's perspective and Dr. Ashwin Patil - Newer antibiotic in complicated UTI.

#### Forthcoming Events:

23rd March 2025 :- "World TB Day and International Womens' Day" CME

13th April 2025 :- Installation Ceremony of Incoming President and his team at IMA

Mumbai Branch Haji Ali from 6:30 pm onwards.

20<sup>th</sup> April 2025 :- WHO CME

LONG LIVE IMA!

DR. PRAGJI VAJA Hon. Secretary IMA Mumbai Branch

#### **CULTURAL SUB COMMITTEE REPORT**

#### **Independence Day**

IMA Mumbai Branch observed 78<sup>th</sup> Independence Day of our country with great enthusiasm. President Dr. Girish Lad hoisted our National flag and delivered his presidential speech. This was followed by felicitation of Past President Dr. Ramesh C. Shah for his untiring dedication to IMA in specific and community at large. There was a musical programme on Karaoke tracks by our own members. The programme was a grand success!

#### Republic Day

The National Flag was unfurled on Republic Day at IMA House, Haji Ali by the hands of President, Dr. Girish Lad followed by National Anthem & Vande Mataram sung by all members.

DR. GIRISH LAD
President

DR. YOGESH SHAH
Chairperson

DR. PRAGJI VAJA Hon. Secretary

Cultural Sub Committee IMA Mumbai Branch



#### INSTALLATION OF NEW PRESIDENT AND HIS TEAM

and

#### BANQUET

13th April 2025, 6.30 p.m. onwards

At IMA House, Haji Ali, Mumbai – 400 034

All IMA members are requested to confirm their participation in Banquet before 31st March 2025

Registration is free but compulsory.

Please register at IMA Office: 7506735383 / 8928348578



#### **IMA MUMBAI BRANCH AWARDS**

Nominations are invited for the following IMA (Mumbai Branch) awards for the 2024-2025

#### 1) DR. MANGHANMAL S. KRIPALANI AWARD

IMA Mumbai Branch announces the above mentioned award that was instituted by Dr. Nari Kripalani in the memory of his late father Dr. Manghanmal S. Kripalani. Eligibility criteria for the award 2024-2025:

A family physician who has been a Life Member of MA Mumbai Branch for a minimum period of five years and has excelled in one or more of the following categories.

- a) Special area of interest in his practice.
- b) Works along with one or more family physician on a regular basis.
- c) Great achievement in sports or cultural activities.
- d) Politician elected members.
- e) Remarkable social services for a minimal period of 10 years.
- f) Has worked for the upliftment of the medical profession.

#### 2) DR. A. D. DAFTARY AWARD

IMA Mumbai Branch invites applications for the Dr. A.D. Daftary Award which was instituted by Dr. J. C. Patel. Eligibility criteria for the award are:

- a) Life member of IMA Mumbai Branch for a minimal period of five years with.
- b) Achievement in the area of Occupational Medicine.
- c) And / or proficiency in organization and management of IMA.

The awardee is given the award once in life time only.

#### 3) DR. H. M. TRIVEDI AWARD

DR. H.M. Trivedi Award is given to a member of our branch who is above 75 years of age and professionally active.

Applications for the above award should reach IMA Office in person during working hours on or before **28th February 2025**.

The applications should include personal details and relevant testimonials along with 1 passport size photograph.

The award will be given during the **Installation Ceremony**.

# REPORT OF FAMILY WELFARE AND VASECTOMY CENTRE SUB COMMITTEE FOR THE MONTH OF FEBRUARY & MARCH 2025

It gives me great pleasure to submit the report of our above Centre for the period 01/02/2025 to 31/03/2025.

With the help of all dedicated IMA staff, the Centre is running smoothly and to our satisfaction.

We have performed 48 (Forty Eight only) vasectomies in the month of February & March 2025.

Total no. of cases done by us till end of March 2025 are 1194.

Regular updates are given to our philanthropic sponsor, President, Secretary and Managing committee of our IMA, Mumbai branch.

I, as a Chairman and my sub-committee members thank all for their co-operation.

Dr. Girish Lad
President
Chairman
Family Welfare and Vasectomy Centre

Dr. Pragji Vaja
Hon. Secretary

#### INDIAN MEDICAL ASSOCIATION, MUMBAI BRANCH **ANNUAL REPORT 2024-2025**

Dear Friends.

I am happy to present to you the Annual Report 2024-25 of IMA Mumbai Branch.

Annual General Body Meeting was held on 17th March 2024. President Dr. Girish Lad, other office bearers and managing committee members were unanimously elected. Dr. Girish Lad and his team of office bearers and managing committee members took over the charge on 7th April 2024. Dr. R. V. Asokan President IMA HQ Delhi was Chief Guest, Dr. Shivkumar Utture National Vice President, IMA HQ was Guest of Honour and Dr. Santosh Kadam President Elect IMA Maharashtra State was Special Invitee at the Installation Ceremony at IMA House, Haji Ali. After lighting of the lamp by the dignitaries, Hon. Secretary Dr. Pragji Vaja (2024-25) presented Annual Report of activities of IMA Mumbai Branch.

#### IMA MUMBAI BRANCH ACTIVITIES

#### IMA Mumbai Branch Membership Strength

Increase Membership from 1st April 2024 to 17th March 2025

Single Life Members - 2983 - 669 (1338) Couple Members Total Members - 4321

During the year under the leadership of Dr. Girish Lad many activities and projects were undertaken for the benefit of medical profession at large which were acknowledged and appreciated by IMA Maharashtra State and IMA Headquarters.

#### IMA Headquarters AWARDS (2023-2024) RECEIVED BY IMA MUMBAI BRANCH

1) Best IMA Local Branch Rotating Trophy of Gujarat State Branch

#### IMA MAHARASHTRA STATE AWARDS (2023-2024) RECEIVED BY IMA MUMBAI BRANCH

- 1) Dr. R. K. Menda Trophy to IMA Mumbai Branch, For Community Service Project.
- 2) Presidents Appreciation Award Chairperson Geriatric Committee to Dr. Sujatunnisa Attar.
- 3) President's Appreciation Award to IMA Mumbai Branch for organizing successfully GERICON for the year 2023-2024.
- 4) Presidents Appreciation Award to JDN Chairman Dr. Ajoy Saha.

#### IMA MUMBAI BRANCH AWARDS (2023-2024)

Dr. Manghanmal S. Kriplani Award was presented to Dr. Anil Pachnekar.

Dr. A. D. Daftary Award was presented to Dr. Dinesh Prabhu,

Dr. H. M. Trivedi Award was presented to, Dr. Ashvin Shah, Dr. Kiran Desai and Dr. Shamrao Shinde.

The President's Appreciation Awards were presented to Dr. Sujatunnisa Attar, Dr. Anil Avhad,

Dr. Sarita Devi, Dr. Kajal Ahuja and Dr. Neela Haldavnekar.

#### REPRESENTATION AT IMA MAHARASHTRA STATE (2024-2025)

The following members were elected from IMA Mumbai Branch for the year 2024-2025.

- 1. Hon. Secretary IMA MS Dr. Anil Avhad
- Vice President IMA MS Dr. Pankaj Bandarkar
   Hon. Jt. Secretary IMA MS Dr. Arvind Patel
- 4. Election Commission IMA MS Dr. Anil Pachnekar

#### REPRESENTATION AT IMA HQ

- 1. National Vice President IMA HQ Delhi Dr. Hozie Kapadia
- 2. Director of A.K.N Sinha Institute IMA HQ Delhi Dr. Anil Pachnekar

#### Regular CWC members -

1. Dr. Shivkumar Utture 2. Dr. Anil Pachnekar 3. Dr. Hozie Kapadia

5. Dr. Vijay Panjabi 4. Dr. Pankaj Bandarkar 6. Dr. Sujatunnisa Attar

8. Dr. Anil Avhad 7. Dr. Pragji Vaja

#### **Alternate CWC Member**

1. Dr. Girish Lad

## CME's

Sr. No.	Date	CME/Webinar
1	26th April 2024	MPCB Awareness programme
2	28th April 2024	WHO Day CME
3	23 <sup>rd</sup> June 2024	Monsoon Related Diseases CME
4	27 <sup>th</sup> June 2024	Diabetes Webinar
5	7th July 2024	Doctors Day CME
6	28th July 2024	Multi Specialty CME
7	18th August 2024	Multi Specialty CME
8	1 <sup>st</sup> September 2024	Multi Specialty CME
9	29 <sup>th</sup> September 2024	World Heart Day CME
10	13th October 2024	Multi Specialty CME
11	8th December 2024	World Diabetes Day CME
12	26 <sup>th</sup> December 2024	Diabetes Webinar
13	12th January 2025	HIV and Multi Speciality
14	26 <sup>th</sup> January 2025	Multi Specialty CME
15	9 <sup>th</sup> February 2025	Multi Specialty CME
16	16 <sup>th</sup> February 2025	Multi Specialty CME
17	9 <sup>th</sup> March 2025	Multi Specialty CME
18	16 <sup>th</sup> March 2025	World Kidney Day CME
19	23 <sup>rd</sup> March 2025	World TB Day and International Womens' Day CME

#### SPORTS SUB COMMITTEE REPORT

**Super Sixes Cricket Tournament** on Sunday, **23**<sup>rd</sup> **February 2025** at IMA Grounds, Haji Ali. More than 66 members including their family members and JDN Members participated.

Winning Team : Dr. Girish Lad

Runners up Team : Dr. Surendra Shingnapurkar

Best Batsman : Dr. Ojas D. Pophale

Best Bowler : Dr. Sunil Jain

Best Fielder : Dr. Shreeyansh Vinarkar

Best Lady Player : Dr. Sanjana

Best All Rounder : Dr. Ansari Adnan

The running commentary was given by Dr. Girish Rajadhyksha.

DR. GIRISH LAD
President

DR. PRAKASH BORONA
Chairperson

DR. PRAGJI VAJA
Hon. Secretary

DR. KIRAN DESAI DR. GIRISH RAJADHYKSHA DR. AJOY SAHA DR. S. M. SHINGNAPURKAR

Co- Chairpersons Convenors

Sports Sub- Committee

#### **CELEBRATION OF NATIONAL & INTERNATIONAL DAYS**

28th April 2024: We observed "WHO Day" by organizing "WHO CME".

The speakers and their topics:

**Dr. Kaustubh Mahajan**: Recent Advancement in Management of Insomnia & Role of Lemborexant **Dr. Natasha Tipnis Shah**: Behaviour and Psychological symptoms of Dementia and It's Management

Dr. Neeraj Kamat: Surgical Management of Heart Failure,

Dr. Avya Bansal: Shingles Prevention: Time is Now. We had overwhelming response.

- **31**st May **2024**: On the occasion of **World No Tobacco Day** IMA Mumbai Branch had organized unique public awareness programme. Dr. Kishor Khushale Chairman World No Tobacco Day along with many celebrity artists performed musical street play at the most prominent and crowded spots of Mumbai.
- 1. At Diamond Mansion Building Footpath, Worli Naka, Near Shivsena Shakha, Opposite Best Bill Collection Centre, Mumbai 400018 at 3.30 pm.
- 2. F South BMC Ward Office footpath, Near Hotel Kirti Mahal, Parel at 4.30 p. m. Many spectators vowed to stop consuming Tobacco. President Dr. Girish Lad, Hon. Secretary Dr. Pragji Vaja and Chairperson World No Tobacco Day Dr. Kishor Khushale delivered speech to enlighten the crowd about ill effects of tobacco in any form. The programme was graced by Vice President Dr. Arvind Patel, Hon. Jt. Secretary Dr. Kajal Ahuja, Past Presidents Dr. Anil Avhad, Dr. Sujatunnisa Attar and Dr. Ajoy Saha. Dr. Mangala Gomare and Dr. Sarita Devi also attended the programme. They appreciated the efforts of IMA Mumbai Branch in arranging this unique street play.
- **5**<sup>th</sup> **June 2024: "World Environment Day"** was celebrated by planting sapling of Banyan Tree in our IMA House campus to propagate "GO GREEN" initiative, by the hands of President Dr. Girish Lad, Hon. Secretary Dr. Pragji Vaja, other office bearers and members.
- **30**<sup>th</sup> **June 2024: "International Yoga Day"** was celebrated by IMA Mumbai Branch. Hon. Secretary Dr. Pragji Vaja welcomed all, Vice President Dr. Arvind Patel delivered Presidential speech. Chief Guest President Hindu Gymkhana, Mr. Leroy D'sa and Special Invitee HOD Dept. of Yoga and Psychology Bombay University Prof. Dr. Priya M. Vaidya gave inspirational talk on the importance of the yoga in respect of positive health and were felicitated by Vice President Dr. Arvind Patel. Chairman IMA Mumbai Branch Yoga Sub Committee Dr. Kishore Gandecha gave the talk on yoga. He demonstrated the correct way of performing different Asanas and got it done from participants . It was a very live and encouraging yoga session. A good number of members attended the session. Dr. Sarita Devi, Dr. Kajal Ahuja and Dr. Kashyap Dakshini actively participated in organising this program.
- **1st July 2024:- "Blood Donation Camps"** on The Occasion of 'Doctors Day' following places at a) Dadar Railway station in association with Rotary Club and Red Cross Blood Bank, we collected 80 bottles, b) Abbott Health Care Pvt. Ltd. office premises Bandra Kurla Complex office in association with KEM Hospital blood bank, we collected 234 bottles and in association with Raheja Hospital Blood Bank, we collected 95 bottles, c) Andheri office in association with Wadia Hospital Blood Bank, we collected 107 bottles and d) Chembur office in association with Sion Hospital Blood Bank, we collected 43 bottles. Total **559 bottles** were collected.
- **7th July 2024:-** On the occasion of "**Doctors Day**" CME was organized by IMA Mumbai Branch. Dr. Sudhiranjan Dash spoke on "Kidney Function and Dialysis options" and Dr. Girish Rajadhyaksha spoke on "Oral Rehydration" were the Speakers.

**Doctors Day Celebration:** This year we felicitated three eminent doctors with 'Distinguished Doctors' Award: Dr. Keki Turel renowned Consultant Neurosurgeon, Dr. Suhas Prabhu renowned Consultant Pediatrician, Dr. Arjun Ahuja renowned Consultant Ophthalmologist. The prestigious "Dr. H. M. Shah Life Time Achievement Award" was conferred on Dr. Kiran Desai renowned Family Physician and Past President of IMA Mumbai Branch.

- **15**<sup>th</sup> **August 2024:** IMA Mumbai Branch observed **78**<sup>th</sup> **Independence Day** of our country by observed with great enthusiasm. President Dr. Girish Lad hoisted our National flag and delivered his presidential speech. This was followed by felicitation of Past President Dr. Ramesh C. Shah for his untiring dedication to IMA in specific and community at large. There was a musical programme on Karaoke tracks by our own members. The programme was a grand success!
- 29<sup>th</sup> September 2024:- "World Heart Day CME" was organized by IMA Mumbai Branch, The eminent speakers were Dr. Ajit Desai spoke on "Risk Stratification and Management of ACS", Dr. Sunil Wani spoke on "Heart Failure protection from Re-admission & mortality": Emerging role of SGLT2i, Dr. Sanjeevkumar R. Kalkekar spoke on "Innovation in cardiology": Leadless Pacamaker and non-surgical mitral valve repair, Dr. Tanay Padgaonkar spoke on "Optimizing challenges to drug therapy in HFrEF", Dr. Amit Karad spoke on Are we delaying in management of Structural heart disease and Advance Heart Failure?,

Dr. Anvay Muley spoke on "Surgical management of heart failure", Dr. Ajit Menon spoke on "Management of advanced heart failure" and Dr. Shivaprakash Krishnanaik.

8th December 2024: World Diabetes Day CME was organized by IMA Mumbai Branch. The speakers and their topics: Dr. Sanjay Vaidya- How to prevent Diabetic Foot Wounds by regular clinical foot assessment, Dr. Siddharth Lakhani- Case based discussion in Nephrology, Dr. Dhrumin Sangoi- Charcot Foot - Causes, Symptoms & Treatment, Dr. Anil Bhoraskar- Art & Science in management of Diabetes, Dr. Gaurav Gupta- Recent Advances in Liver Transplant, Dr. Subhaprakash Sanyal- Low platelet - Different Shades, Dr. Jayesh Sardhara- Change in the trends in current era: Glimpse of advance Neuro & Spine Surgery.

**26th January 2025:** The National Flag was unfurled on **Republic Day** at IMA House, Haji Ali by the hands of President, Dr. Girish Lad followed by National Anthem & Vande Mataram sung by all members.

- **16**<sup>th</sup> **March 2025:- World Kidney Day CME** was organized by IMA Mumbai Branch. The speakers and their topics: Dr. Vishal Pingle Interesting cardiac surgical cases, Dr. Ganesh Bakshi Management of small renal mass, Dr. Mahesh Prasad Dialysis vs Transplant, Dr. Ayan Dey Management of Diabetes mellitus in 2025 A Nephrologist's perspective and Dr. Ashwin Patil Newer antibiotic in complicated UTI.
- 23<sup>rd</sup> March 2025:- World TB Day and International Womens' Day CME was organized by IMA Mumbai Branch. The speakers and their topics: Dr. Nitin Gundre Cardiac Surgery -A present date scenario, Dr. Swapnil Sharma Liver transplant: simplifying it, Dr. Dharav Kheradia- Interesting cases in Interventional radiology, Dr. P.G.Talwalkar Clinical Decision: Can Dapagliflozin be used early in T2D +MRF Multiple Risk Factor Patients and Dr. Ravi Gupta Deadly Duo of ACS and HF.

#### **COMMUNITY PROJECTS**

- **26**<sup>th</sup> **May 2024: Aao Gaon Chalen** team visited village Sonale. The team comprising of Dr. Kiran Desai, Dr. Hemant Haldavnekar, Dr. Jyotika Kaku, Dr. Neela Haldavnekar and Dr. Sharad Deorukhkar. A total of **85 patients** were examined. All patients were given health educational talk and appropriate medicines.
- **31**<sup>st</sup> **May 2024**: On the occasion of **World No Tobacco Day** IMA Mumbai Branch had organized unique public awareness programme. Dr. Kishor Khushale Chairman World No Tobacco Day along with many celebrity artists performed musical street play at the most prominent and crowded spots of Mumbai.
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- **1st July 2024**:- "Blood Donation Camps" on Monday on The Occasion of 'Doctors Day' from 9.00 am to 5.00 pm following places at a) Dadar Railway station in association with Rotary Club and Red Cross Blood Bank, we collected 80 bottles, b) Abbott Health Care Pvt. Ltd. office premises Bandra Kurla Complex office in association with KEM Hospital blood bank, we collected 234 bottles and in association with Raheja Hospital Blood Bank, we collected 95 bottles, c) Andheri office in association with Wadia Hospital Blood Bank, we collected 107 bottles and d) Chembur office in association with Sion Hospital Blood Bank, we collected 43 bottles. Total **559 bottles** were collected.
- **3rd July 2024:- "Safe Motherhood Week":** Indian Medical Association Mumbai Branch in Collaboration with MCGM conducted a "Safe Motherhood Week" programme at Suryakant Wagal Municipal Maternity Home, Thakurdwar Junction, Mumbai. IMA Mumbai Branch Imm. Past President Dr. Pankaj Bandarkar, Hon. Jt. Secretary Kajal Ahuja, Vice President Dr. Arvind Patel and Dr. Jyotika Kaku addressed the expectant mothers and gave them tips for Safe Pregnancy and Motherhood. Chikki packets were distributed to all expectant mothers present in OPD in order to bring awareness about importance of nutrition in pregnancy.
- **12**<sup>th</sup> **July 2024**: **Blood Donation Camp** was organized by IMA, Mumbai Branch at Dadar Railway Station collaboration with E ward Medical Association & KEM Blood Bank. NSS Students from Lala Lajpatrai College motivated the donors. Total **167 units** of blood was collected. Hon. Secretary Dr. Pragji Vaja, Chairman of Blood Donation Committee Dr. Pankaj Bandarkar and Past Presidents Dr. Anil Avhad and Dr. Hozie Kapadia attended the camp.
- **15**<sup>th</sup> **August 2024: Blood Donation Camp** was arranged by IMA Mumbai Branch at Tardeo in collaboration with Arya Nagar, Ganeshotsav Mandal and W. Railway Hospital Blood Bank on 15th August 2024. Total **45 units** of blood were collected. President Dr. Girish Lad, Chairperson Blood Donation Committee Dr. Pankaj Bandarkar. Hon. Secretary Dr. Pragji Vaja, Past Presidents Dr. Anil Avad and Dr. Jitesh Mehta and Jt. Secretary Dr. Usha Shah attended the camp.
- **25th August 2024:- Aao gaon chalen Camp** was organised at Village krunze vikrangadh taluka. A team comprising of Dr. Kiran Desai, Dr. Sunita Shanbhag, Dr. Jotika Kaku, Dr. Hemant Haldavnekar, Dr. Neela Haldavnekar, and Dr. Sharad Devrukhkar. Dr. Sandip Nimbalkar who is a dedicated member and has joined Aao Gaon Chalen project from this camp onward. 72 patients were examined.
- **15<sup>th</sup> September 2024:-** Indian Medical Association organized an "**Eye Checkup Camp"** from **10.00 am to 2.00 pm at Navjivan Society Ganesh Mandal, Mumbai Central.** President Dr. Girish Lad inaugurated the camp. Hon. Secretary Dr. Pragji Vaja, Imm. Past President Dr. Pankaj Bandarkar, Vice President Dr. Arvind Patel, Past Presidents Dr. Sujatunnisa Attar, Dr. Jitesh Mehta, Anil Avhad, Jt. Secretary Dr. Kajal

Ahuja, Dr. Sachin Patharkar and Dr. Sharad Deorukhkar attended the camp. Total 131 Individuals were benefited who were given free eye drops, multivitamin tablets and free glasses. 9 patients had cataract and who were advised cataract surgery from Sadhukamal Eye Hospital at concession at rate, 3 patients had glaucoma, 1 patient lazy eye and 6 patients had diabetic retinopathy. 8 patients were willing for voluntary eye donation. Congratulations to Dr. Arjun Ahuja, consulting ophthalmologist, Dr. Ashish Ahuja Vitrea-Retinal Surgeon and Dr. Kajal Ahuja for arranging the camp and making it a grand success.

22nd September 2024: "Aao Gaon Chalen Camp" was held in village Sonale. Ateam comprising of

Dr. Kiran Desai, Dr. Sunita Shanbhag, Dr. Jotika Kaku, Dr. Hemant Haldavnekar, Dr. Neela Haldavnekar and Dr. Sharad Devrukhkar. This camp was a special camp for women in reproductive group to identify anemia and other ailments. We examined 110 women 20 other patients Morbidity pattern was as follows Vaginitis 3, lump in right breast 1, fibroid with severe anemia 1, fungal infection 1, primary infertility 1, menopausal syndrome. 3, dysmenorrhea 2, Pap smears taken 4, Hemoglobin estimation done in 30 patient's anemia found in 11 patients, Blood sugar detected 5 diabetics, Tenia 9 patients, scabies 3 patients, URTI 22 Patients, Tooth ache 3. Health education followed by question answer session was given to about 70 women about diet and anemia and tobacco Cessation

19th October 2024 - "Blood Donation Camp" was organized by IMA Mumbai Branch in Association with IIT Mumbai Sthaniya Lokadhikar Samiti with KEM HOSP on Saturday, 19th October 2024 at IIT Convocation Hall, Powai Mumbai, for the students of IIT, Powai President, Dr. Girish Lad, Hon. Secretary Dr. Pragji Vaja and Past President Dr. Jitesh Mehta had shown their gracious presence at the camp. Hon. Secretary Dr. Pragji Vaja had donated blood in the camp for 105th time to his record. Total 240 units of blood were collected.

**21st October 2024 - "Aao Gaon Chalen"** was organized by IMA Mumbai Branch camp at a tribal village Kambhare which is situated near village Sonale on 20th of October 2024. The team comprised of Dr. Kiran Desai, Dr. Hemant Haldavnekar, Dr. (Mrs) Neela Haldavnekar, Dr. Jotika Kaku, Dr. Sharad Devrukhkar and new member Dr. Pratiksha Baliga. A total of 100 patients were examined out of which 2 cases of IHD, Tenea 12 Patients, Scabies 3, Menorrhagia 2, Dysmenorrhea 3, ear infections 2, Anaemia 5 and URTI 4 Rest of them had back ache and body ache.

**19th January 2025:** Our Indian Medical Association took part in the TATA Mumbai Marathon held on Sunday, 19th January 2025. We acknowledge the senior members Dr. Rajendra H. Trivedi, Dr. Hozie Kapadia, Dr. Prakash Borana, Dr. Pragji Vaja, Dr. Nirmal Jain and Dr. I. P. Jain of the Indian Medical Association who participated with unparalleled enthusiasm in the Senior Citizen Group Run in Tata Mumbai Marathon.

Their spirited involvement was a testament to their commitment to leading by example, promoting health, and proving that age is no barrier to staying active and inspiring others. Kudos to Dr. Sachin Patharkar who completed Full Marathon (42 kms) for the consecutive 6th year despite all odds which is a grand success and an unforgettable celebration of his fitness. Organisers of Tata Mumbai Marathon deserve immense appreciation for their impeccable arrangements and smooth execution. This event has set a benchmark for excellence and showcased the spirit of togetherness and resilience that defines Mumbai. My special THANKS to Dr. Rajendra H. Trivedi for leading the show. Overall, it was memorable event.

**19th January 2025: Aao Gaon Chalen** Camp was held on 19th January 2025 at village Kurje in Vikramgadh Taluka, Palgarh district. Dr. Kiran Desai, Dr. Dinesh Prabhu, Dr. Jotika Kaku, Dr. Sharad Devrukhkar and Dr. Pratiksha Baliga attended the medical camp. A total of 187 patients and Ashram Shala students were examined during the camp. The morbidity pattern was as follows: Anaemia 9 cases, Cervical erosion 1 case, Leucorrhoea 2 cases, Dysmenorrhoea 2 cases, Cataract 28cases, Tenia 16 cases, Scabies 5 cases and Hypertension 8 cases. Blood sugar was tested in 10 patients, none were found to be diabetic. Health education was given to 150 women and girls about menstruation and menstrual hygiene. Audio visual film was shown to the group. 149 reusable sanitary napkins were distributed to the women and girls. A donation of Rs.10,000/- was collected by two students Ms. Ariana Rohan Desai and Ms. Anoushka Rohan Desai studying in Trinity Preparatory school from USA for these sanitary pads. The cheque was handed over to Yuva Parivartan team as cost of the sanitary pads.

#### AS PER DIRECTIVE OF IMA STATE AND HQ'S WE ORGANIZED

**13th April 2024:- Training- cum- Hands - on Workshop** for experts on MISCONDUCT/APPEAL CASES was conducted at Hotel Orchid, Vile Parle, Mumbai, Organized by Ethics & medical registration board EMRB & NMC in collaboration with MMC, Mumbai. Dr. Vinky Rughwani Administrator MMC, Dr. Yogendra Malik Member EMRB & NMC, Dr. Arun Gupta President Delhi Medical Council addressed the August Gathering. Dr. Suresh Balmath, Dr. Ritu Huda & Dr. Veena Vasvani, all trainers from EMRB & NMC conducted presentation of Module extremely well.

We the members of IMA Mumbai Branch, Dr. Girish Lad President, Dr. Arvind Patel Vice President, Dr. Kiran Desai Past President & Dr. Aspi Raimalwalla Chairman Vasectomy Centre, Dr. Sachin Patharkar Participated in this Workshop.

13<sup>th</sup> & 14<sup>th</sup> April 2024: 231<sup>st</sup> meeting of the Central Working Committee of IMA was held on the 13th and 14th of April 2024 at MGM Beach Resort, MGM Dizze World, Chennai. It was hosted by **Tambran Branch of IMA Tamilnadu**.

It was well organised with par excellence hospitality at an excellent venue with comfortable and immaculate arrangements such as accommodation and sumptuous food with a Gala musical event.

IMA National President Dr. R. V. Asokan sir conducted meeting with lots of deliberation on all burning issues of medical fraternity.

National President Dr. R. V. Asokan appealed members to donate generously for IMA headquarters new building project. IMA HQ health manifesto which was released last month and was discussed in detail with topics. Following topics such as Universal Healthcare, Anti - Microbial Resistance, Quality of Drugs and related issue, Revival of Indian Medical Services, Facilitating job opportunities in India & abroad for our medical graduates, Implementation of central law for violence against healthcare workers, Exemption of professional medical negligence from criminal prosecution, reduction of GST charges on healthcare expenses, to stop harassment in the name of PCPNDT and POSCO Act. to exempt medical profession from CPA and issue of mixopathy were discussed.

National President appealed to all members to handover a copy of Health Manifesto and IMA charter of demand to all the candidates contesting parliament Election.

It was informed that IMA has started IMA YouTube channel.

Every member was given an opportunity to express their view and cognizance of their views on the matter they discussed was well taken by the dias.

Abook on Complete Management of Acute Diarrhoea in Adult Patients was released.

In the end, it was followed by an interactive, informative & inspiring meeting with JDN & MSN members by Dr. R. V. Asokan, President IMA HQ.

Dr. Shivkumar Utture sir, Dr. Vijay Panjabi, Dr. Anil Pachnekar, Dr. Pankaj Bandarkar, Dr. Pragji Vaja and Dr. Sujatunnisa Attar had represented IMA Mumbai Branch.

**24th April 2024**:- Public Health Dept -BMC & Center of Excellence in Research and training in Infectious Diseases, Maharashtra University of Health Sciences, regional center, Mumbai had organised Symposium on **'MALARIA ELIMINATION -ARE WE DOING ENOUGH'** at Nair Dental College Hospital Auditorium. Speakers were Dr. Daksha Shah, Executive Health officer, (EHO) BMC, Dr. Jayanti Shashtri - Chair Professor COE R & T in ID MUHS, Dr. Kavita Joshi , Dr. B. M. Srinivasan and Dr. Chetan Choubal.

President Dr. Girish Lad, Hon. Sec. Dr. Pragji Vaja, Imm. Past President Dr. Pankaj Bandarkar and Past President Dr. Anil Avhad had attended the program on behalf of IMA Mumbai Branch.

It was a very well organised programme with good take-home messages.

**26th April 2024:- MPCB Awareness programme-** Mr. Sanjay Bhosale, regional officer MPCB, MUMBAI delivered talk on AMNESTY SCHEME & GUIDELINES OF MPCB REGISTRATION for the medical Practitioners. He was felicitated by Dr. Girish Lad - President IMA Mumbai Branch at IMA House. It was an informative and interactive session. IMA National Vice President, Dr. Shivkumar Utture sir, conducted a Q & A session in a very methodical way. Good numbers of delegates had attended the programme. Members are hereby requested to write to us about any difficulties about with MPCB registration and grievances about SMS ENVOCLEAN Service irregularities. We will try to sort them out.

**16**<sup>th</sup> **June 2024: "MAHA GERICON" Conference 2024.** IMA Maharashtra State Geriatric Conference GERICON 2024 was held at IMA Mumbai Branch.

Eminent Speakers, interesting topics gourmet delight and full house attendance made this conference a great success. More than 250 delegates attended this conference. Sr. Vice President Dr. Surendra Shignapurkar, Organising Chairman Dr. Sujatunnisa Attar welcome the delegates and Hon Secretary Dr. Pragji Vaja conducted the Inauguration Ceremony. IMA National Vice President Dr. Shivkumar Utture, Chief Guest and President Elect IMAMS Dr. Santosh Kadam, Guest of Honour, addressed the delegates and informed them about the importance of Geriatric Medicine taking in consideration rapidly rising Geriatric population in India. The occasion was graced by Treasurer IMA MS Dr. Vikram Desai, many Past IMA MS Presidents and dignitaries from all over the Maharashtra.

**3rd July 2024:- "Safe Motherhood Week":** Indian Medical Association Mumbai Branch in Collaboration with MCGM conducted a "Safe Motherhood Week" programme at Suryakant Wagal Municipal Maternity Home, Thakurdwar Junction, Mumbai. IMA Mumbai Branch Imm. Past President Dr. Pankaj Bandarkar, Hon. Jt. Secretary Kajal Ahuja, Vice President Dr. Arvind Patel and Dr. Jyotika Kaku addressed the expectant mothers and gave them tips for Safe Pregnancy and Motherhood. Chikki packets were distributed to all expectant mothers present in OPD in order to bring awareness about importance of nutrition in pregnancy.

**11th August 2024:** The **2**<sup>nd</sup> **State Executive Meeting** of IMA Maharashtra State was held at IMA West Branch. 16 members from IMA Mumbai Branch attended the same. Past President Dr. Anil Avhad informed the house that meeting was successful and very well attended by IMA Mumbai Branch. Various issues regarding FDA search drive, submission of amended constitution of IMA MS to Charity Commissioner Pune for approval, Report of online Election Committee were important points of discussion. The food and hospitality was very good.

**17th August 2024:- Protest**: - As per directive from IMA HQ closer of all medical services was observed in view of violence against medical health workers and recent incidence of brutal murder of post graduate student at Kolkata. All the modern medicine doctors boycotted all the medical services accept emergency services for 24 hours starting on Saturday, 17th August 2024 morning to Sunday, 18th August 2024 morning. All our branch members participated on this protest.

**15th October 2024 -** Protest gathering at J. J., KEM, Nair & Sion Hospital. Many practicing senior doctors from IMA, Junior Doctors (JDN), Medical Students (MSN), gathered at J. J. Hospital, Nair Hospital, K.E.M. Hospital & LTMC Hospital Mumbai to show unity and solidarity in protest against the gruesome incident of rape and murder of a lady PG student on duty at R. G. Kar Medical College & Hospital in Kolkata in the early hours on 9th August 2024! The gathering was organized under the

# IMA MS Office Bearer Meeting Hosted by IMA Mumbai Branch - 1st Feb 2025

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## World Kidney Day CME 16th march 2025



Felicitation of Dr. Ashwin Patil



Felicitation of Dr. Ayan Dey



Felicitation of Dr. Ganesh Bakshi



Felicitation of Dr. Mahesh Prasad



Felicitation of Dr. Vishal Pingle

# **State Executive Meeting at IMA Mumbai Branch - 2nd Feb 2025**















# Outstation CME at Karjat - 9th Feb 2025



Speaker Dr. Rahul Ghadge



Felicitation of Dr. Manish Hinduja



**Participants** 



Speaker Dr. Manish Hinduja

# Aao Gaon Chalen Camp at Village Sonale - 23rd Feb 2025



Mrs. Dr. Neela Haldavnekar



Dr. Desai Dr. Haldavnekar and Dr. Deorukhkar



Dr. Kiran Desai and Mrs. Dr. Neela Haldavnekar

# Multi Speciality CME - 9th March 2025



Felicitation of Dr. Aasim Maldar



Felicitation of Dr. Harshad Joshi



Felicitation of Dr. Rashmi Saraf



Felicitation of Dr. Sandeep Varma



Felicitation of Dr. Shankar Zanwar



Felicitation of Dr. Vikas Pandey



Speaker Dr. Meghraj Ingale

# Multi Speciality CME - 16th Feb 2025



Felicitation of Dr. Aparna Govil



Felicitation of Dr. Ashok Kirpalani



Felicitation of Dr. Bharat Shivdasani



Felicitation of Dr. Charulata Savant



Felicitation of Dr. Manish Baldia



Felicitation of Dr. Pradeep Talwalkar



Felicitation of Dr. Priti Mehta



Felicitation of Mr. Sunil Damania



President Dr. Girish Lad

# Blood Donation at KEM Hospital, Parel - 16th Feb 2025

# Blood Donation at CST Railway Station - 28th Feb 2025













# IMA Mumbai Branch in collaboration with IMA HQ organised IMA Cycle Marathon - 16th March 2025













# **Super Sixes Cricket Tournament at IMA Mumbai Branch - 23rd Feb 2025**

















banner of IMA, JDN & MSN facilitated by Dr. Anil Pachnekar and Dr. Shivkumar Utture.

The gathering was vociferous in their cry for Justice for the victim. Present doctors expressed their anger, anguish, and views. Dr. Shivkumar Utture, Vice President IMA HQ, Dr. Anil Pachnekar, Past Vice President IMA HQ & Dr. Ajoy Saha, Chairman IMA JDN Maharashtra State addressed the gathering and elaborated on the stand and the line of action IMA, strongly stressing the need for Hospital & Medical Institutions to be declared as safe zone with all its protection and early implementation of Central Protection Act for Hospitals, Medicos & Para Medics. Senior members from IMA Mumbai Branch Dr. Shivkumar Utture Vice President IMA HQ, Dr. Anil Pachnekar - Past Vice President IMA HQ, Dr. Anil Avhad - Vice President IMA Maharshtra State, Dr. Girish Lad - President IMA Mumbai Branch, Dr. Pragji Vaja- Secretary IMA Mumbai Branch, Dr. Bandarkar Pankaj – Imm. Past President IMA Mumbai Branch, Dr. Ajoy Saha - Chair IMA Maharshtra JDN, Dr. Arvind Patel - Vice President IMA Mumbai Branch, visited KEM Hospital, Nair Hospital and Sion Hospital to support the IMA JDN and IMA MSN and MARD members who were agitating in support of our colleagues in R G KAR Medical College Bengal who are on hunger strike. We had a fruitful interaction with all our junior colleagues.

27<sup>th</sup> & 28<sup>th</sup> December 2024 - IMA -NATCON 2024 was held on 27<sup>th</sup> & 28<sup>th</sup> December, 2024, hosted by IMA Hyderabad City Branch at Hyderabad. Dr. Dilip Bhanushali was installed as National President, IMA HQ, 2024-25. Honorable Governor of Telangana State Shri. Jishnu Dev Varma had presided as the Chief Guest and Dr. Nageshwar Reddy had graced the ceremony as the Guest of Honor. Dr. Hozie Kapadia Sir from our IMA Mumbai Branch was installed as the National Vice President IMA HQ. Dr. Dilip Bhanushali, National President IMA HQ, thanked all for showing faith in him for this respectable post. He also assured to do the best for the IMA and medical community at large during his tenure.

Outgoing President IMA HQ Dr. R.V. Ashokan and Chief IMA Patron Dr. Ketan Desai congratulated and welcomed the new team. They also spoke on the burning issues of medical fraternity and also assured to continue their cooperation to the new team..

Dr. Shivkumar Utture National Vice President gave very informative talk on National Medical Commission. From IMA Mumbai Branch following members had attended NATCON 24. Dr. Shivkumar Utture, Dr. Anil Pachnekar, Dr. Vijay Panjabi, Dr. Hozie Kapadia, Dr. Sujatunnisa Attar, Dr. Pankaj Bandarkar, Dr. Girish Lad, Dr. Pragji Vaja, Dr. Mangala Gomare and Dr. Sunil Jain.

IMA Mumbai Branch was awarded Best IMA Local Branch Rotating Trophy of Gujrat State Branch at IMA NATCON, 99th All India Medical Conference.

Overall arrangements, lectures, Installation Ceremony, food and hospitality were good. It was a memorable event.

**16th March 2025:** As per instructions of IMA HQ in collaboration with the Sports Authority of India, IMA Mumbai Branch, organised the IMA Cycle Marathon **"SUNDAYS ON CYCLE"** as a part of Fit India Mission to combat Obesity at IMA Mumbai Branch, IMA House, Mumbai. It was a grand success.

#### CONFERENCES

**7th April 2024: Installation of Incoming President and his team**: Our newly elected President Dr. Girish Lad and his team of Office Bearers and Managing Committee members took the charge on 7th April 2024. Dr. R. V. Asokan National President, IMA Headquarters was Chief Guest and Dr. Shivkumar Utture, IMA National Vice President was Guest of Honour and Dr. Santosh Kadam, President Elect IMA Maharashtra State was the Invitee at the Installation Ceremony. Hon. Secretary Dr. Arvind Patel 2023-24 gave Annual Report of activities of IMA Mumbai Branch. The following awards were presented.

Dr. Manghanmal S. Kriplani Award was presented to Dr. Anil Pachnekar, Dr. A. D. Daftary Award was presented to Dr. Dinesh Prabhu, Dr. H. M. Trivedi Award was presented to, Dr. Ashvin Shah, Dr. Kiran Desai and Dr. Shamrao Shinde. The President's Appreciation Awards were presented to Dr. Sujatunnisa Attar, Dr. Sarita Devi, Dr. Kajal Ahuja, Dr. Neela Haldavnekar and Dr. Anil Avhad.

Shri. Hemant Toprani was felicitated by IMA Mumbai for his philanthropic contribution towards IMA blood donation activities. After the farewell speech President Dr. Pankaj Bandarkar handed over the medallion to the newly elected President Dr. Girish Lad. President Dr. Girish Lad in his Presidential speech welcomed the delegates and gave the agenda for the whole year. Dr. Shivkumar Utture, IMA National Vice President in his speech touched upon various medical issues as Guest of Honour and our Invitee Dr. Santosh Kadam President Elect IMA Maharashtra State extended best wishes to the newly elected team. He also assured his full cooperation to our branch during his presidential tenure. Dr. R. V. Asokan National President, IMA Headquarters gave his thought provoking speech. He admired the community work done by our branch. Vote of thanks was proposed by Dr. Kavan Lakdawala. Dr. Arvind Patel conducted the entire programme meticulously along with Dr. Kajal Ahuja.

**16**<sup>th</sup> **June 2024: "MAHA GERICON" Conference 2024.** IMA Maharashtra State Geriatric Conference GERICON 2024 was held at IMA Mumbai Branch on 16th June 2024.

Eminent Speakers, interesting topics gourmet delight and full house attendance made this conference a great success. More than 250 delegates attended this conference. Sr. Vice President Dr. Surendra Shignapurkar, Organising Chairman Dr. Sujatunnisa Attar welcome the delegates and Hon Secretary Dr. Pragji Vaja conducted the Inauguration Ceremony. IMA National Vice President Dr. Shivkumar Utture, Chief Guest and President Elect IMA MS Dr. Santosh Kadam, Guest of Honour, addressed the delegates and informed them about the importance of Geriatric Medicine taking in consideration rapidly rising Geriatric population in India. The occasion was graced by Treasurer IMA MS Dr. Vikram Desai, many Past IMA MS Presidents and dignitaries from all over the Maharashtra.

**24<sup>th</sup> November 2024:- 54<sup>th</sup> Annual Conference 2024** of IMA Mumbai Branch was held at ITC Grand Central, Parel, Mumbai. More than 300 delegates from Mumbai participated in this conference. Renowned and distinguished speakers expressed their expert opinion in their respective field of specialty. The speakers were:- Dr. Ajay Phadke, Dr. Dr. Anil D'cruz, Dr. Tushar Rege, Dr. Bhavesh Popat, Dr. Sachin Trivedi, Dr. Tapankumar Saikia, Dr. Rashmi Saraf, Dr. Alok Sharma, Dr. Aabha Nagral, Dr. Aditi Dani, Dr. Shrinivas Desai, Dr. Sumeet Pawar, Dr. Shyam Rathi, Dr. Jeenam Shah and Dr. Nikesh Jain.

The Inauguration ceremony started at 9.00 am. The Master of Ceremony was Dr. Jitesh Mehta and Dr. Sujatunnisa Attar. National Vice President Dr. Shivkumar Utture as a Chief Guest, IMA Maharashtra State President Dr. Santosh Kadam and IMA Maharashtra State Hon. Secretary Dr. Anil Avhad as a Guest of Honour graced the occasion. After IMA Prayer and IMA Flag salutation dignitaries on the dais and off the dais were welcomed with floral bouquet. Hon. Secretary Dr. Pragji Vaja read the Secretary's report & President Dr. Girish Lad delivered his presidential address. Guest of Honor Dr. Anil Avhad in his speech thanked IMA Mumbai branch for his successful journey till date and he also assured to do the best for the welfare of the medical community during his tenure. Dr. Santosh Kadam appreciated the efforts put in by team IMA in organizing this conference in his speech. Chief guest Dr. Shivkumar Utture, Vice President IMA HQ spoke on all burning issues of the faculty and requested all to remain united under IMA umbrella for the safe future. The delegates appreciated the scientific deliberations and enjoyed gourmet delights. The collective efforts of all the members made this conference a grand success.

#### REPORT OF BIMA SUB- COMMITTEE

BIMA reaches the members regularly in the first week of every month and eBIMA is placed on our official website. We are very thankful and grateful to Dr. Shivkumar Utture, Dr. Jitesh Mehta, Dr. Anil Avhad, Dr. Arvind Patel and Dr. Vijay Karanjkar for their help, encouragement and support in making e-BIMA popular.

IMA Mumbai Branch, BIMA Extempore Elocution Competition for

"Dr. V. H. Salaskar Rotating Trophy", "Dr. J. J. Merchant Oration" and "Multi Specialty" CME was held at IMA Mumbai Branch on 26th January 2025.

1st Prize and Dr. V. H. Salaskar Rotating trophy was bagged by Dr. Sunil Jain,

2nd prize winner - Dr. Sachin Patharkar,

3rd prize winner - Dr. Surendra Shingnapurkar.

A separate Extempore Elocution Competition was held for IMA JDN / MSN members.

1st prize winner - Dr. Subhasri Subhadarsini

2nd prize winner - Dr. Aditya Prashant Thakare

3rd prize winner - Dr. Neha Savla.

All the participants were knowledgeable, efficiently elaborated their points of view. Congratulations to all the winners. The programme was a very well conducted by Editor BIMA Dr. Rajendra H. Trivedi and BIMA Secretary Dr. Vijay Karanjkar. The Judges were Dr. Vijay Panjabi, Dr. Aspi Raimalwala, and Dr. Ajoy Saha. The entire programme was a grand success.

I am sure with the cooperation of all the members we will be able to achieve our goal of making eBIMA the best news bulletin in India.

DR. GIRISH LAD
President

DR. RAJENDRA H. TRIVEDI Editor DR. PRAGJI VAJA Hon. Secretary

**DR. VIJAY KARANJKAR** Hon. Secretary – BIMA

BIMA Sub- Committee IMA Mumbai Branch

#### REPORT OF FAMILY WELFARE AND VASECTOMY CENTRE SUB COMMITTEE FROM APRIL 2024 TO MARCH 2025

It gives me great pleasure to submit the report of our above Centre for the period 01/04/2024 to 31/03/2025.

With the help of all dedicated IMA staff, the Centre is running smoothly and to our satisfaction.

Total no. of cases 350 done from April 2024 to March 2025.

Regular updates are given to our philanthropic sponsor, President, Secretary and Managing committee of our IMA, Mumbai branch.

Dr. Girish Lad
President

Dr. Aspi Raimalwala
Chairman
Family Welfare and Vasectomy Centre

**Dr. Pragji Vaja** Hon. Secretary

#### **BLOOD DONATION SUB COMMITTEE REPORT**

- 1<sup>st</sup> July 2024: "Blood Donation Camps" on Monday on The Occasion of 'Doctors Day' from 9.00 am to 5.00 pm following places at a) Dadar Railway station in association with Rotary Club and Red Cross Blood Bank, we collected 80 bottles, b) Abbott Health Care Pvt. Ltd. office premises Bandra Kurla Complex office in association with KEM Hospital blood bank, we collected 234 bottles and in association with Raheja Hospital Blood Bank, we collected 95 bottles, c) Andheri office in association with Wadia Hospital Blood Bank, we collected 107 bottles and d) Chembur office in association with Sion Hospital Blood Bank, we collected 43 bottles. Total 559 bottles were collected.
- **12**<sup>th</sup> **July 2024: "Blood Donation Camp"** was organized by IMA, Mumbai Branch at Dadar Railway Station collaboration with E ward Medical Association & KEM Blood Bank. NSS Students from Lala Lajpatrai College motivated the donors. Total 167 units of blood was collected. Hon. Secretary Dr. Pragji Vaja, Chairman of Blood Donation Committee Dr. Pankaj Bandarkar and Past Presidents Dr. Anil Avhad and Dr. Hozie Kapadia attended the camp.
- **15**<sup>th</sup> **August 2024: "Blood Donation Camp"** was arranged by IMA Mumbai Branch at Tardeo in collaboration with Arya Nagar, Ganeshotsav Mandal and W. Railway Hospital Blood Bank on 15th August 2024. Total 45 units of blood was collected. President Dr. Girish Lad, Chairperson Blood Donation Committee Dr. Pankaj Bandarkar. Hon. Secretary Dr. Pragji Vaja, Past Presidents Dr. Anil Avad and Dr. Jitesh Mehta and Jt. Secretary Dr. Usha Shah attended the camp.
- 19<sup>th</sup> October 2024: "Blood Donation Camp" was organized by IMA Mumbai Branch in Association with IIT Powai Mumbai Sthaniya Lokadhikar Samiti with KEM Hospital on Saturday, 19th October 2024 at IIT Convocation Hall, Powai Mumbai, for the students of IIT Powai, President Dr. Girish Lad, Hon. Secretary Dr. Pragji Vaja and Past President Dr. Jitesh Mehta had shown their gracious presence at the camp. Hon. Secretary Dr. Pragji Vaja had donated blood in the camp for 105th time to his record. Total 240 units of blood were collected.
- **16**<sup>th</sup> **February 2025: "Blood Donation Camp"** IMA Mumbai Branch had organised Blood Donation Camp in association with Graduation Celebration Organising Committee (students of 2019 batch) and KEM Hospital Blood Bank on 16th February 2025 at Ladies Common Room, Ground floor, Seth G. S. Medical college building, Parel from 9 to 2 pm. It was inagurated by the hands of Dr. Pankaj Bandarkar-Chairperson Blood Donation Committee. Total 81 students donated blood. Gifts (Sling Bag & Scissors) were given to each donor. It was a successfull program.
- 28<sup>th</sup> February 2025: "Blood Donation Camp" IMA Mumbai Branch had organised Blood Donation Camp in association with International Mahavir Club and Nair Hospital Blood Bank on 28th February 2025 at CST Railway Station from 9 to 5 pm. It was inagurated by the hands of Dr. Pankaj Bandarkar, Chairperson Blood Donation Committe- IMA Mumbai Branch. NSS female students from SNDT college had done campaigning to motivate blood donors. Total 120 units blood was collected.

DR. GIRISH LAD
President

DR. PANKAJ BANDARKAR
Chairperson
Blood Donation Sub Committee
IMA Mumbai Branch

DR. PRAGJI VAJA Hon. Secretary

#### IMA CGP MUMBAI SUB- FACULTY REPORT

Date : Sunday, 28th April 2024 Sub:- WHO Day CME

Recent Advancement in Management of Insomnia &	Dr. Kaustubh Mahajan
Role of Lemborexan	
Behaviour and Psychological symptoms of Dementia and	Dr. Natasha Tipnis Shah
It's Management	
Surgical Management of Heart Failure	Dr. Neeraj Kamat
Shingles Prevention : Time is Now. We had	Dr. Avya Bansal
overwhelming response	

Date : Sunday, 23<sup>rd</sup> June 2024 Sub:- Monsoon Related Diseases CME

Acute diarrhoea and the Choice of ORS	Dr. Girish Rajadhyaksha
Advance Treatment in Stroke Intervention	Dr. Dharav Kheradia
Standard Diagnostics	Dr. Jayanthi Shastri
Public Health Action for Control of Malaria, Dengue	Dr. Daksha Shah
and Leptospirosis	

Date: Thursday, 27<sup>th</sup> June 2024 Sub:- Diabetes Webinar CME

Prevalence of depression in diabetics & bidirectional	Dr. Virendra Patil
relationship between diabetes and depression	
Impact of diabetes-depression comorbidity in clinical practice	Dr. Natasha Tipnis Shah
and mechanisms underlying the relationship between depression	
and diabetes	
Screening tools to assess & manage depression in	Dr. Alkesh Patil
diabetic patients	

Date : Sunday, 7th July 2024 Sub:- Doctors Day CME

Kidney Function and Dialysis options	Dr. Sudhiranjan Dash
Oral Rehydration	Dr. Girish Rajadhyaksha

Date: Sunday, 28th July 2024 Sub:- Multi Specialty CME

A Revolution in BPH Treatment	Dr. Sanjay Pandey
Management of Sore throat	Dr. Pushkar Shikarkhane
Growth Story of India and investment Opportunities in it	Mr. Vinit Hariya
Iron deficiency treatment	Dr. Balkrishna Padate
Economics of cancer treatment	Dr. Salil Patkar
Breast cancer treatment beyond chemotherapy	Dr. Viraj Nevrekar
T2D & Its Complications Lets take a CaReMe approach to tackle	Dr. P. G. Talwalkar
Short term and long term strategies to Navigate HTR	Dr. Srinivas Kudva

Date : Sunday, 18th August 2024 Sub:- Multi Speciality CME

Kidney Transplantation: An Optimal Approach to ESRD	Dr. Zaheer Virani
Advances in Spine Endoscopy	Dr. Sumeet Pawar
Minimal Invasive Cardiac Surgery	Dr. Sachin Sanagar
Upper GI bleeding	Dr. Saiprasad
Building an Electric Future with Tata Motors Electric Vehicles	Mr. Manish Mulye
Prevention and treatment of Nicotine dependence	Dr. Alkesh Patil
and use of Tobacco	
Recent advances in hip and knee replacement surgeries	Dr. Supreet Bajwa

Date : Sunday, 1<sup>st</sup> September 2024 Sub:- Multi Speciality CME

Role of PSA and Management of cancer prostate	Dr. Mangesh Patil
Post Infections Convalescence	Sr. Honey Savla
Pharmacogenics can enhance patient care	Dr. Aparna Bhanushali
Pharmacogenics can enhance patient care	Dr. Anirav Chatterjee
Introduction to endoscopic skull base surgery	Dr. Nishit J. Shah
Optimising outcomes of solid cancer with proton therapy	Dr. Shrinivas Chilukuri

Date : Sunday, 29<sup>th</sup> September 2024 Sub:- World Heart Day CME

Risk Stratification and Management of ACS	Dr. Ajit Desai
Heart Failure protection from Re-admission & mortality"	Dr. Sunil Wani
: Emerging role of SGLT2i	
Innovation in cardiology": Leadless Pacamaker	Dr. Sanjeevkumar R.
and non-surgical mitral valve repair	Kalkekar
Optimizing challenges to drug therapy in HFrEF	Dr. Tanay Padgaonkar
Are we delaying in management of Structural heart disease and	Dr. Amit Karad
Advance Heart Failure?	
Surgical management of heart failure	Dr. Anvay Muley
Management of advanced heart failure	Dr. Ajit Menon

Date : Sunday, 13<sup>th</sup> October 2024 Sub:- Multi Speciality CME

Primary Physician – A Pillar of Support for the	Dr. Jeyhan Dhabhar
Medical Oncologist	
Top 10 Nephrology and Transplant Basic for Primary	Dr. Tukaram Jamale
care physician	
Evaluation of Shoulder Pain & It's Management	Dr. Mohit Kukreja
Oncology Quiz	Dr. Rohit Pai
Evolution of systemic therapy in the management	Dr. Mubarkunnisa Tonse
of lung cancer over the years	
Changing Face of Lung Cancer Treatment	Dr. Ramakant Deshpande
Innovations in cardiac surgery - Heart Valves	Dr. Manish Garg

Date : Sunday, 8<sup>th</sup> December 2024 Sub:- World Diabetes Day CME

How to prevent Diabetic Foot Wounds by regular clinical	Dr. Sanjay Vaidya
foot assessment	
Case based discussion in Nephrology	Dr. Siddharth Lakhani
Charcot Foot - Causes, Symptoms & Treatment	Dr. Dhrumin Sangoi
Art & Science in management of Diabetes	Dr. Anil Bhoraskar
Recent Advances in Liver Transplant	Dr. Gaurav Gupta
Low platelet - Different Shades	Dr. Subhaprakash Sanyal
Change in the trends in current era :	Dr. Jayesh Sardhara
Glimpse of advance Neuro & Spine Surgery	

Date : Thursday, 26<sup>th</sup> December 2024 Sub:- Diabetes Webinar

Blood glucose monitoring in Pediatric diabetes -	Dr. Tushar Godbole
Benefits, Challenges and best practices	
Transitioning from Pediatric to adult diabetes care - challenges and	Dr. Nikhil Lohiya
strategies for success	
Role of Medical Nutrition Therapy and Lifestyle Modifications in	Dr. Saba Samad Memon
Comprehensive Diabetes Management	
Blood glucose monitoring in Pediatric diabetes - Benefits,	Dr. Tushar Godbole
Challenges and best practices	
Transitioning from Pediatric to adult diabetes care -	Dr. Nikhil Lohiya
challenges and strategies for success	
Role of Medical Nutrition Therapy and Lifestyle Modifications in	Dr. Saba Samad Memon
Comprehensive Diabetes Management	

Date : Sunday, 12<sup>th</sup> January 2025 Sub:- HIV and Multi Speciality CME

Acute Gastroenteritis	Dr. Pushkar Shikarkhane	
Interesting cases in HIV AIDS	Dr. Sabnis Kirti	
	Chandrashekhar	
Minimal Invasive Cardiac Surgery: What the Patient and Clinician	Dr. (Col) Mrityunjaya V	
should know	Kalmath	
Early Detection -The Key to Breast Cancer survival	Dr. Darshit Shah	
Navigating Semaglutide for Obese patients with Type 2 Diabetes	Dr. Avais Pathan	
Managing Non-Maglinant Hematological Disorders and	Dr. Chintan Vyas	
Role of HSCT		
HIV in Gastroenterology	Dr. Saiprasad Lad	

Date : Sunday, 26<sup>th</sup> January 2025 Sub:- Multi Specialty CME

Precision Oncology: Personalized Care in Cancer	Dr. Bharatsinha Bhosle
Challenges in Neurosurgery	Dr. Tejas Vaja
Will family practice survive? - Dr. J. J. Merchant Oration	Dr. Pankaj Bandarkar

Date : Sunday, 9<sup>th</sup> February 2025 Sub:- Outstation Multi Speciality CME

Emerging Techniques in Cardiac Surgery.	Dr. Manish Hinduja
Interesting cases in Psychiatry	Dr. Rahul Ghadge

Date : Sunday, 16<sup>th</sup> February 2025 Sub:- Multi Speciality CME

Worsening Heart Failure Management	Dr. Bharat Shivdasani
From Medicine to Markets: Growing Wealth with Equity Investments	Mr. Sunil Damania
Indication for BMT in pediatric	Dr. Priti Mehta
Treatment of Parkinson disease	Dr. Charulata Savant
	Sankhla
Recent Advances in Management of Obesity	Dr. Aparna Govil Bhaskar
	Dr. Ashok Kirpalani
improving cardio renal outcomes	
Are AGIs just 'good to have' or 'must to have' for Indian patients?	Dr. Pradeep Talwalkar
Advance Neuromodulation therapies for neurological disorders	Dr. Manish Baldia

Date: Sunday, 9th March 2025 Sub:- Multi Speciality CME

SAVR Vs TAVR	Dr. Sandeep Varma	
Shingles prevention: Time is now	Dr. Aasim Maldar	
Endoscopic Management of GERD	Dr. Meghraj Ingale	
Innovation in Endoscopy	Dr. Vikas Pandey	
Endoscopic Management in Surgical Cases	Dr. Shankar Zanwar	
IBD what's new	Dr. Harshad Joshi	
Brain Hemorrhage: Call to Neurointerventional Surgeon	Dr. Rashmi Saraf	

Date: Sunday, 16<sup>th</sup> March 2025 Sub:- World Kidney Day CME

Interesting cardiac surgical cases	Dr. Vishal Pingle
Management of small renal mass	Dr. Ganesh Bakshi
Dialysis vs Transplant	Dr. Mahesh Prasad
Management of Diabetes mellitus in 2025 -	Dr. Ayan Dey
A Nephrologist's perspective	
Newer antibiotic in complicated UTI	Dr. Ashwin Patil

Date: Sunday, 23rd March 2025

Sub:- World TB Day and International Women's Day CME

Cardiac Surgery - A present date scenario	Dr. Nitin Gundre
Liver transplant: simplifying it	Dr. Swapnil Sharma
Interesting cases in Interventional radiology	Dr. Dharav Kheradia
Clinical Decision: Can Dapagliflozin be used early in T2D+MRF	Dr. P.G.Talwalkar
Multiple Risk Factor Patients	
Deadly Duo of ACS and HF	Dr. Ravi Gupta

DR. GIRISH LAD President

**IMA Mumbai Branch** 

**DR. PRAGJI VAJA**Hon. Secretary

DR. SARITA DEVI Asst. Director DR. SUNIL JAIN Asst. Secretary

**IMA CGP Mumbai Sub-Faculty** 

'AAO GAON CHALEN'

March/April 2025

# Prof. Dr. Shivkumar S Utture Vice President IMA HQ 2023-24 President Maharashtra Medical Council 2017-22 Member National Medical Commission 2020-22 Member Medical Advisory Council Retd, Prof of Surgery GMC Mumbai Hon Surgeon Fortis Raheja Hospital Hon Surgeon Shushrusha Hospital



#### MEDICAL NEGLIGENCE- A LEGAL CONUNDRUM FOR PRACTISING PHYSICIANS

Negligence is simply the failure to exercise due care. The three ingredients of negligence are as follows:

- 1. The defendant owes a duty of care to the plaintiff.
- 2. The defendant has breached this duty of care.
- 3. The plaintiff has suffered an injury due to this breach.

The term "medical negligence" is an omnibus one, which has come in vogue to refer to wrongful actions or omissions of professionals in the field of medicine, in pursuit of their profession, while dealing with patients. Medical Negligence basically is the misconduct by a medical practitioner or doctor by not providing enough care resulting in breach of their duties and harming the patients which are their consumers. It is the omission to do something which a reasonable man, guided by those considerations which ordinarily regulate the conduct of human affairs, would do or doing something which a prudent and reasonable man would not do.

The existence of doctor–patient relationship is a prerequisite to fasten liability pertaining to medical negligence on the doctor. The relationship is fiduciary in nature. A basic knowledge of how judicial forums deal with the cases relating to medical negligence is of absolute necessity for doctors. The need for such knowledge is more now than before in light of higher premium being placed by the Indian forums on the value of human life and suffering. The judicial forums tend to give sufficient leeway to doctors and expressly recognize the complexity of the human body, inexactness of medical science, the inherent subjectivity of the process, genuine scope for error of judgment, and the importance of the autonomy of the doctors. The law does not prescribe the limits of high standards that can be adopted but only the minimum standard below which the patients cannot be dealt with.

Basic Features of Medical Negligence and Standard of Care

To comprehend the scope of negligence, it is important to understand the scope of the duty imposed on a doctor or medical practitioner. A doctor or other medical practitioner, among others, has a duty of care in deciding whether to undertake the case or not, duty in deciding what treatment to give, duty of care in administration of that treatment, duty not to undertake any procedure beyond his or her control, and it is expected that the practitioner will bring a reasonable degree of skill and knowledge and will exercise a reasonable degree of care. Negligence, simply put, is a breach of duty of care resulting in injury or damage. It is well accepted that in the cases of gross medical negligence the principle of *res ipso loquitur* is to be applied. *Res Ipso loquitur* means things speaks for itself; while deciding the liability of the doctor it has to be well established that the negligence pointed out should be a breach in due care which an ordinary practitioner would have been able to keep.

The consequences of legally cognizable medical negligence can broadly be put into three categories:

- (I) Criminal liability,
- (ii) Civil liability-monetary liability, and
- (iii) Disciplinary action by Medical Councils.

**Criminal liability** under Section 304A of IPC3 (which deals with the death of a person by any rash or negligent act and leads to imprisonment up to 2 years) is used to deal with medical negligence leading to the death of a patient. Similarly, other general provisions of IPC, such as Section 3374 (causing hurt) and 3385 (causing grievous hurt), are also often deployed in relation to medical negligence cases. Here the Medical Practitioner can be jailed or fined or both as per the discretion of the judge.

**Civil liability**, i.e., monetary compensation can be fastened under the general law by pursuing a remedy before appropriate civil court or consumer forums.

**Professional misconduct** by medical practitioners is governed by the Indian Medical Council (IMC) (Professional Conduct, Etiquette, and Ethics) Regulations, 2002, made under IMC Act, 1956. NMC and the appropriate State Medical Councils are empowered to take disciplinary action whereby the name of the practitioner could be removed forever or be suspended or a warning can be issued.

The line between civil liability and criminal liability is thin, and no sufficiently good criteria have yet been devised by the Supreme Court providing any clear and lucid guidance. The Supreme Court put the standard for fastening criminal liability on a high pedestal and required the medical negligence to be "gross" or "reckless." Mere lack of necessary care, attention, or skill was observed to be insufficient to hold one criminally liable for negligence. In Jacob Mathew v. State of Puniab case the judiciary endorsed the approach of high degree of negligence being the prerequisite for fastening criminal liability. In order to hold the existence of criminal rashness or criminal negligence, it shall have to be found out that the rashness was of such a degree as to amount to taking a hazard knowing that the hazard was of such a degree that injury was most likely imminent. It has been held by the courts that in the cases of medical negligence, **Bolam test** is to be applied, i.e., "standard of the ordinary skilled man exercising and professing to have that special skill," and not of "the highest expert skill." This is applicable to both "diagnosis" and "treatment." Errors of judgment do not necessarily imply negligence. Gross mistakes would, however, invite the finding of negligence such as use of wrong drug or wrong gas during the course of anesthetic process, delegation of the responsibility to a junior with the knowledge that the junior is incapable of performing the duties properly, removal of the wrong limb, performing an operation on the wrong patient or injecting a drug which the patient is allergic to without looking at the outpatient card containing the warning, and leaving swabs or other items inside the patients.

In the cases involving medical negligence, at the beginning, the person alleging the negligence has the initial onus to make out a case of negligence, and thereafter the onus shifts on to the doctor or the hospital to satisfy that there was no lack of care or diligence. While dealing with medical negligence cases, the opinions of the medical experts are often called for from both sides. The real function of the expert is to put before the court all the material together with reasons which induce him to come to a certain conclusion so that the court, even though not an expert, may form its own judgment using its own observation of those materials

Keeping in the view the rise in criminal prosecution of doctors, which is both embarrassing and harassing for them, and to protect them from frivolous and unjust prosecutions Supreme Court laid certain binding guidelines till statutory rules or instructions by the government in consultation with MCI are issued, which are as follows

- (1) Private complaint may not be entertained unless the complainant has produced prima facie evidence in the court in the form of a credible opinion given by another competent doctor
- (2) Investigation officer should obtain an independent and competent medical opinion preferably from a doctor in government service qualified in that branch of medical practice who can normally be expected to give an impartial and unbiased opinion applying Bolam test to the facts collected in the investigation
- (3) The necessity for obtaining independent medical opinion was insisted upon considering that the knowledge of medical science to determine whether the acts of medical professional amounts to negligent act within the domain of criminal law could not be presumed. This requirement was subsequently sought to be made a necessity by the Supreme Court even for initiating the action seeking imposition of civil penalties but was done away with thereafter for civil actions.
- (4) Doctor may not be arrested in a routine manner unless the arrest is necessary for furthering the investigation or for collecting the evidence or if the investigation officer is satisfied that doctor may flee.

#### MEDICAL NEGLIGENCE AND STATE MEDICAL COUNCILS

Medical councils have the disciplinary control over the medical practitioners. They have the power to remove the names of medical practitioners permanently or for a specific period from the medical registers when after due inquiry they are found to have been guilty of serious professional misconduct. There are two grounds on which the council may initiate disciplinary against any medical practitioner namely (a) conviction of any offence by a court of law and (b) guilty of professional misconduct. Any conduct of the practitioner which brings in disgraceful to the professional status what is known as "serious professional misconduct," for e.g. adultery or improper conduct or association with a patient, conviction by a court of law for offences involving moral turpitude, issuing

false certificates, reports and other documents; issuing certificate of efficiency in modern medicine to unqualified person or non-medical person; performing an abortion or illegal operation for which there is no medical, surgical or psychological indication; contravening the provisions of the Drugs Act and regulation made there under; using touts or agents for procuring patients; publication of identity of a patient without his permission; performing an operation which results in sterility, without obtaining the written consent of patient/relative and refusing on religious grounds alone to extend medical assistance etc. Generally, the council by itself does not start proceedings. The proceedings are started: (i) when a medical practitioner has been convicted by a court of law, and (ii) on a complaint lodged by any person or body against the practitioner. On receipt of the complaint, the same will be placed before the Ethical sub-committee or the Executive Committee which considers the complaint, causes, further investigation and takes legal advice. If no prima facie case is made out the complainant is communicated accordingly. On contrary, a prima facie case is established, a notice is issued to the practitioner specifying the nature and particulars of the charge and directing him to answer the charge in writing or to appear before the committee on the appointed day. It is extremely important to respond to the notice sent by the Council and send a detail answer to all the allegations made by the complainant within the timeframe given by the Council. The complainant and the Medical Practitioner are allowed to personally give evidence or be represented by a Legal Professional during the preliminary hearing. (If the Doctor is very sure that he has not been negligent then he could personally defend himself, but if there is any doubts then it is always advisable to hire a lawyer who is well conversant with Medico-Legal cases. This is where Medical Indemnity especially thru a recognized association would go a long way to tide over this critical phase.) After the proved, then a Charge sheet is filed against the Medical Practitioner and a full-fledged hearing is conducted wherein both parties are allowed to bring in expert witnesses. At the end of the hearing the Executive Committee / Council must vote again and decide whether the name of the practitioner should be removed from the register permanently or temporarily or he should be warned, not to repeat the offence or acquitted.

Any person working in a profession like medicine, law, accounting, etc. where specialized training, experience, and judgment are involved will get sued. The focus shouldn't be on avoiding lawsuits since they are inevitable. The focus should be on being prepared for the inevitable suit. This can mean many things, such as having the proper paper trail, having good insurance, knowing a good lawyer, etc.

The Cardinal rules to be followed to avoid potential litigations and protect oneself are

to protect the doctor against invalid or inaccurate reports from their patients.

- (1) Documentation: this is a big one. Full record of the diagnosis, treatment, etc., should be maintained." In many potential conflicts there is a he-said-she-said scenario and the courts must decide who is telling the truth. The doctor's documentation of every patient interaction is not simply to facilitate continuity of care, but
- (2) Doctor's demeanor: as a counterpoint to the last item, it is well accepted that doctors are much less likely to be sued if they are liked by their patients. Being friendly and conveying care and compassion in patient interactions is important.
- (3) No prescription should ordinarily be given without actual examination. The tendency to give prescription over the telephone, except in an acute emergency, should be avoided
- (4) A doctor should not merely go by the version of the patient regarding his symptoms but should also make his own analysis including tests and investigations where necessary
- (5) A doctor should not experiment unless necessary and even then he should ordinarily get a written consent from the patient
- (6) An expert should be consulted in case of any doubt.

Doctors can best handle a medical malpractice lawsuit by remaining calm. The process generally takes a long time, and much of it is beyond the physician's control. Following the standards of care, keeping good documentation and having malpractice coverage are important steps to preventing a case. In the event of a lawsuit, make sure to lean on a support group, trust legal counsel and continue doing the best job possible.

There is nothing more frightful than ignorance

ETHICS IS KNOWING THE DIFFERENCE BETWEEN WHAT YOU HAVE A RIGHT TO DO AND WHAT IS RIGHT TO DO

### Membership Promotion Sub - Committee Report 2024-2025

The Mumbai branch of IMA is very active in increasing membership of the Association. In the post scenario we have poor response for new membership. We invite young doctors to join IMA to strengthen the Association which is the need of the hour. IMA Mumbai Branch has total 4321 members on 18/03/2025. This year we have added 43 new members.

Single Life Member - 29 Couple Life Member - 7 (14)

We thank the President and managing committee members for their help to make new IMA members

DR. GIRISH LAD
President

DR. PRAGJI VAJA Hon. Secretary

DR. S. G. SHANBHAG Chairperson DR. RAJENDRA H. TRIVEDI / DR. MANGALAGOMARE
Co-Chairman

Membership Promotion Sub Committee
IMA Mumbai Branch

#### ESIS Sub - committee - 2024-25

IMP's following demands are pending -

- 1. Court Decision is awaited for removal of IMP's above 70 years of age.
- 2. Capitation fees rise is delayed, so not received
- 3. Live List (LL) preparation is not done for every quarter and work is pending for more than 2 years.
- 4. Demand for chemist shops in Mumbai city is pending for more than 5 years.

We hope new government to fulfill our genuine demands

DR. GIRISH LAD President DR. PRAGJI VAJA Hon. Secretary

DR. S. G. SHANBHAG Chairperson DR. RAJENDRA H. TRIVEDI Co-Chairman

ESIS&LIC Sub Committee IMA Mumbai Branch

#### REPORT OF WEBSITE SUB - COMMITTEE

IMA Mumbai Branch Website has been very active this year.

- 1. All the Monthly Bulletin BIMA have been regularly uploaded on the website.
- 2. Names of New Managing Committee members including Sub Committee members along with their photographs have been uploaded.
- 3. Information and availability about guest room are uploaded regularly.

#### We have also uploaded:

- 1. IMA Membership forms.
- 2. Salient features of all the schemes of IMA including their applications forms.
- 3. Monthly activities of our branch.

DR. GIRISH LAD
President

DR. SUDHIR PATIL
Chairperson

DR. PRAGJI VAJA Hon. Secretary

WEBSITE SUB - COMMITTEE
IMA Mumbai Branch

#### **AAO GOAN CHALEN REPORT**

#### Greetings from Aao Gaon Chalen team,

The team visited different villages this year besides sonale, like village Kurunje, Kambhare and Kurje which are located nearby our Aao Gaon Chalen village Sonale.

A total of 657 male and female patients from villages and ashram Shala were examined.

Morbidity pattern was as follows gynec patients 23 ,Skin infections were 27, URTI 42 , anaemia 43, Diabetes 28, hypertension 19, Free medicines were distributed to all the patients so examined. Free medicines were distributed for one month each time for anaemia, hypertension and diabetes patients and follow up was maintained.

Special camps were held for identification of women's health problem, anaemia detection, hypertension and diabetes detection and checkup of ashram shala students.

Donation of Rs.10,000/- was collected by two students from Florida USA Miss Ariana and Miss Anoushka Rohan Desai for distribution of Reusable sanitary pads which were distributed to 216 young girls and mothers in order to have good reproductive health.

Health education was given to 480 women and young girls regarding nutrition, correct cooking practices, cessation of tobacco and anaemia control measures, and reproductive health.

Overall the rural Aao gaonchalen camps were a big success.

DR. GIRISH LAD
President

DR. PRAGJI VAJA Hon. Secretary

DR. KIRAN DESAI Chairperson DR. SUNITA SHANBHAG/DR. DINESH PRABHU
Co- Chairman

Aao Gaon Chalen & Rural & Community Health Sub-Committee



#### INDIAN MEDICAL ASSOCIATION, MUMBAI BRANCH

#### NOTICE

The Annual General Body Meeting of Indian Medical Association, Mumbai Branch for the year 2024-2025 will be held on **Sunday**, **23**<sup>rd</sup> **March 2025** at 9.00 a.m. in I.M.A. Hall at the Registered Office to consider the following agenda

#### **AGENDA**

- 1) To confirm the minutes of:
  - a. The Annual General Body meeting held on Sunday, 17<sup>th</sup> March 2024.
  - b. Special General Body meeting held on Sunday, 01<sup>st</sup>September 2024. (IMA-MS Election).
  - c. An Ordinary General Body meeting held on Wednesday, 17<sup>th</sup>October 2024. (Annual Accounts).
- 2) To adopt the 86<sup>th</sup> Annual Report of the Managing Committee for the period from 1<sup>st</sup> April 2024 to 31<sup>st</sup> March 2025.
- 3) To adopt the Audited Report Statement of Accounts & the Balance Sheet for the year 2024-2025.
- 4) To appoint Scrutinizer for election.
- 5) To elect Office Bearers and other members of the Managing Committee for the year 2025-2026.
- 6) To elect Representatives to the State Executive Committee I.M.A. Maharashtra State 2025-2026.
- 7) To appoint Auditors for the ensuing year to audit accounts of 2024-2025.
- 8) To consider the Amendments of the constitution if any.
- 9) To consider Resolutions other than Amendments of the Rules and Bye-Laws referred by the Managing Committee and sent by the members.
- 10) To consider any other business with the permission of the chair.
- 11) Vote of thanks.

DR. PRAGJI VAJA Hon. Secretary I.M.A. Mumbai Branch

N. B.: If there is no quorum at the appointed time, the meeting shall stand adjourned for half an hour and same shall be held immediately after that time when the notified business shall be transacted and the decision there of shall be binding on all the members of the association.

#### **IMPORTANT**

- 1 Any member desiring to have clarification regarding items in the Annual Report, in the Audited Statement of Accounts or move any Resolution at the Annual General Body meeting should give them in writing to the Hon. Secretary, so as to reach him before 2.00 p.m. on Friday 14<sup>th</sup> March 2025.
- 2 Nomination is invited from the members of the association for the Central Council of IMA Head Quarters, State Executive Committee of the Maharashtra State and Office Bearers & members of Managing Committee for the IMA Mumbai Branch. Nomination papers will be available at the office from Thursday,10<sup>th</sup> February 2025. A separate nomination is needed for each post.
- Nomination papers completed in all respects should reach this office not later than 5.00 p.m. on Saturday 8<sup>th</sup> March 2025. Withdrawal if any should be intimated in writing before 5.00 p.m.on Saturday 15<sup>th</sup> March 2025.
- 4 The elections for all the posts mentioned above are governed under Bye-Laws (a) in part of Rules and Bye Laws of I.M.A. Mumbai Branch and the decision of the presiding officer on the days of Annual General Body Meeting is final and is binding in all matter bound for all purpose.
- 5 Candidates are hereby informed that it is obligatory for members of the Managing Committee of the Branch to attend all meetings and official functions of the Branch.
- 6 It is mandatory for all State Executive Committee Members to attend the State Executive Meetings.
- 7 It is mandatory for the members of Central Council to attend the Central Council Meetings.
- 8 The Ballot will be open from 10.00 a.m. to 2.30 p.m. on 23<sup>rd</sup> March 2025.

86<sup>th</sup> Annual Report and other Agenda papers are printed elsewhere in March-April 2025 BIMA issue. Please bring March-April 2025 BIMA for the AGM Meeting on 23<sup>rd</sup> March 2025.

# BIMA TARIFF FOR ADVERTISEMENT IN BIMA THE BULLETIN OF INDIAN MEDICAL ASSOCIATION, MUMBAI BRANCH

BIMA, the mouth piece of IMA Mumbai branch reaches 5000 members per month, which includes leading Family Physicians, Consultants, Super Specialists and Hospitals of Mumbai and pan India.

Articles by specialists on current issues and trends in medicine make an interesting reading. BIMA has won the "Best Bulletin Award" for its educative, informative and presentable value from both IMA national and state offices.

The rates of advertisement in BIMA are very attractive. Pharmaceutical Companies, Hospitals, Nursing Homes, Diagnostic Centers, Poly Clinics, Pathology labs, Banks, Manufacturer of Hospital equipment, etc. can use this media for their wide spread publicity amongst the elite.

#### New reduced advertising rates effective from 1st December 2022

SPACE AND POSITION ONSECUTIVE	SINGLE INSERTION Rs.	6 CONSECUTIVE INSERTIONS Rs.	Rs.12 INSERTIONS Rs.
Ordinary Half Page (B/W)	1,260/-	6,300/-	12,600/-
Ordinary Full Page (B/W)	2,205/-	11,025/-	22,050/-
Special Full Pg. (4 colours)	4,095/-	20,475/-	40,950/-
Inside Cover (4 colours)	4,725/-	23,625/-	47,250/-
Back Cover (4 colours)	5,670/-	28,350/-	56,700/-
Centre Double page (4 colours)	9,450/-	47,250/-	94,500/-
Special Insertion	1,890/-	9,450/-	18,900/-

For Announcement: Birthdays, Marriage Anniversaries / Change of Address etc. Rs. 630/- up to 35 words and there after Rs. 36/- for every additional word Subscription: Rs. 630/- Yearly, For Non Members of IMA (Mumbai Branch). Cheques drawn in favour of BIMA should accompany the advertisement matter/ request.

Advertisement material other than typed material, tracings and positives will be charged extra

Rs. 630/- as processing charges.

PRINTING DETAILS OFFSET PRINTING: PRINT AREA 150 MM (W) X 200 MM (H).



# MUMBAI DISTRICT AIDS CONTROL SOCIETY

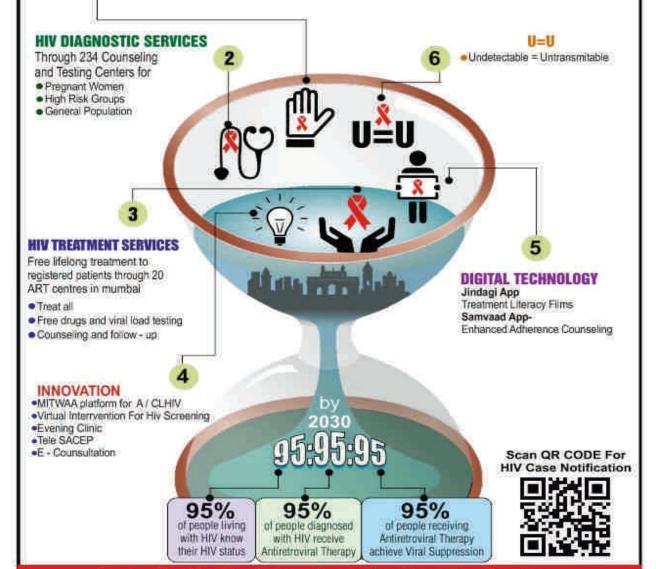


# Marching towards an AIDSfree city....

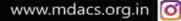


#### **HIV PREVENTION**

- Advocacy And Awareness Among Youth And General Population
- Targeted Intervention High Risk Groups & Migrants



For any other information/ collaboration, reach us at - cstmdacs@gmail.com











: 022 2410 0246/47 . 022 2410 0088 / 89









# DR. ANIL PACHNEKAR

# MMC ELECTION CANDIDATE FROM MUMBAI REGION

- Director AKN Sinha IMA HO Delhi 2025 -2026
- Past National Vice-President IMA HQ
- Past Presidnet IMA Maharashtra State
- Past President IMA Mumbai Branch
- ▶ Recipient of "CORONA WARRIOR AWARD" for world famous "DHARAVI CORONA MODEL" from Governor of Maharashtra, Maharashtra State CM, National PM, WHO Secretary, IMA HQ
- Past 'DEAN' IMA CGP, HO's Delhi



DR. SANJAY DESHPANDE DR. MANGESH GULWADE NAGPUR



CHANDRAPUR



DR. SANJAY KADAM NANDED



DR. SANTOSH KADAM THANE



DR. KETAN MEHTA **MUMBAI WEST** 



DR. ANILKUMAR PATIL JALGAON



DR. SANJAY PATIL PUNE



DR. ASHOK TAMBE BARAMATI

# **IMA MAHARASHTRA STATE**

MAHARASHTRA MEDICAL COUNCIL ELECTION 2025 THURSDAY, 3RD APRIL 2025 8 AM TO 5 PM PHYSICAL VOTING