



# BIMA

**BULLETIN OF INDIAN MEDICAL ASSOCIATION**

Vol. XL XXVII No. 3-4 / March-April 2026

**MUMBAI BRANCH**



**Forthcoming Events:**

- 22nd March 2026 : World TB Day & International Women's Day CME  
12th April 2026 : Installation Ceremony of Incoming President and her team at IMA Mumbai Branch.  
19th April 2026 : WHO Day CME

**Dr. Girish Rajadhyaksha**  
President

**Dr. Pragji Vaja**  
Hon. Secretary

**Dr. Rajendra H. Trivedi**  
Editor - BIMA

**Dr. Vijay Karanjkar**  
Secretary-BIMA

I.M.A. House, I.M.A. Chowk, 16, K. Khadye Marg, Haji Ali, Mumbai - 400 034. • Mob.: 75067 35383 / 89283 48578  
Website : [www.ima-mumbai.com](http://www.ima-mumbai.com) • E-mail : [ima\\_mumbai@yahoo.com](mailto:ima_mumbai@yahoo.com) / [ima\\_mumbai1@rediffmail.com](mailto:ima_mumbai1@rediffmail.com) / [imamumbaibranch@gmail.com](mailto:imamumbaibranch@gmail.com)



## INDIAN MEDICAL ASSOCIATION, MUMBAI BRANCH

### NOTICE

The Annual General Body Meeting of Indian Medical Association, Mumbai Branch for the year 2026-2027 will be held on **Sunday, 22nd March 2026** at 9.00 a.m. in I.M.A. Hall at the Registered Office to consider the following agenda

### AGENDA

- 1) To confirm the minutes of:
  - a. The Annual General Body meeting held on Sunday, 23rd March 2025.
  - b. General Body meeting held on Sunday, 24th August 2025 at 10.00 am. (IMA-MS Election).
  - c. Urgent General Body meeting held on Sunday, 24th August 2025 at 3.00 pm (Amendments to the Constitution/Bye-Laws/Rules)
  - d. An Ordinary General Body meeting held on Tuesday, 25th November 2025. (Annual Accounts).
- 2) To adopt the 87th Annual Report of the Managing Committee for the period from 1st April 2025 to 31st March 2026.
- 3) To adopt the Audited Report Statement of Accounts & the Balance Sheet for the year 2026-2027.
- 4) To appoint Scrutinizer for election.
- 5) To elect Office Bearers and other members of the Managing Committee for the year 2026-2027.
- 6) To elect Representatives to the State Executive Committee I.M.A. Maharashtra State 2025-2026.
- 7) To elect Representative to the Central Council of IMA HQ for the year 2026- 2028 Regular and Alternate members of Central Council of IMA HQ.
- 8) To appoint Auditors for the ensuing year to audit accounts of 2025-2026.
- 9) To consider the Amendments of the constitution if any.
- 10) To consider Resolutions other than Amendments of the Rules and Bye-Laws referred by the Managing Committee and sent by the members.
- 11) To consider any other business with the permission of the chair.
- 12) Vote of thanks.

**DR. PRAGJI VAJA**

Hon. Secretary  
I.M.A. Mumbai Branch

---

**N. B.:** If there is no quorum at the appointed time, the meeting shall stand adjourned for half an hour and same shall be held immediately after that time when the notified business shall be transacted and the decision there of shall be binding on all the members of the association.

## EDITORIAL BOARD

### EDITOR:

**DR. RAJENDRA H. TRIVEDI**  
© 35980813  
(M) 9833783382  
drhtrivedi@gmail.com

### HON. SECRETARY – BIMA

**DR. VIJAY KARANJKAR**  
(M) 8779659382  
karanjkarv@gmail.com

### ADVISOR:

**DR. HOZIE KAPADIA**  
(M) 9833793005  
hozie.kapadia@gmail.com

### DR. VIJAY C. PANJABI

(M) 9821061205  
vijaypanjabi@yahoo.com

### DR. AJAY KUMAR SAHA

(M) 9820151272(M)  
drajoysaha@rediffmail.com

### MEMBER :-

**DR. ARVIND PATEL**  
(M) 9869209449  
drarvindpatel108@gmail.com

### BUSINESS MANAGERS:-

**DR. ANIL PACHNEKAR**  
(M) 9869001873  
dranilpachnekar@rediffmail.com

### DR. SHIVKUMAR UTTURE

(M) 9820089321  
utture@yahoo.com

### CIRCULATION MANAGER:-

**DR. S. G. SHANBHAG**  
(M) 9619020962  
drsgshanbhag@yahoo.co.in

### PRESIDENT

**DR. GIRISH RAJADHYAKSHA**  
(M) 9821695349

### HON. SECRETARY

**DR. PRAGJI VAJA**  
(M) 9820482375  
vajapragjis@yahoo.in

### HON. TREASURER

**DR. AHUJA KAJAL**  
(M) 9833110302  
drkajalahuja@gmail.com

## Editorial



Every year on 24<sup>th</sup> March, the world observes “World Tuberculosis Day” to raise awareness about tuberculosis and to reaffirm the global commitment to eliminate this ancient yet persistent disease. The day commemorates the landmark discovery made by Robert Koch in 1882, when he identified the bacterium *Mycobacterium tuberculosis*, the causative agent of TB. This discovery revolutionised the understanding and diagnosis of the disease and laid the foundation for modern TB control.

More than a century later, tuberculosis continues to pose a serious public health challenge, particularly in developing countries. From a clinician’s standpoint, World Tuberculosis Day is not merely a symbolic observance but a reminder of our responsibility to ensure early diagnosis, effective treatment and prevention of drug resistance.

Tuberculosis remains one of the leading infectious killer disease worldwide. Despite being both preventable and curable, millions continue to suffer from the disease every year. Globally, an estimated over 10 million people develop TB annually, with more than one million deaths attributed to the disease. India carries the largest share of the global TB burden, accounting for nearly one-fourth of the total cases worldwide.

For clinicians working in India, TB is encountered frequently in daily practice. The observance of World TB Day aims to increase awareness about TB symptoms and transmission, encourage early screening and diagnosis, reduce stigma associated with the disease, strengthen public health efforts to eliminate TB and promote adherence to treatment.

Healthcare institutions mark the day through screening camps, educational lectures, community awareness programmes and outreach activities. To commemorate the 100th anniversary of the discovery of *Mycobacterium tuberculosis*, the World Health Organization and the International Union Against Tuberculosis and Lung Disease officially established World TB Day in 1982. Since then, the day has been observed annually worldwide.

Tuberculosis is caused by *Mycobacterium tuberculosis*, an acid-fast bacillus that primarily affects the lungs, though it may involve other organs such as lymph nodes, bones, meninges, kidneys and the gastrointestinal tract. The disease spreads through airborne droplets when an infected person coughs, sneezes or speaks. Close contact, overcrowding, malnutrition and weakened immunity increase the risk of infection.

## **SIGNS AND SYMPTOMS**

- Persistent cough lasting more than 2 weeks
- Fever, often with evening rise
- Night sweats - Fatigue and weakness
- Weight loss and loss of appetite
- Chest pain or breathlessness
- Haemoptysis in advanced cases

Extra pulmonary tuberculosis may present with lymph node enlargement, bone pain, neurological symptoms or abdominal complaints depending upon the organ involved.

## **DIAGNOSIS**

Early and accurate diagnosis is essential for controlling the spread of TB.

- Sputum smear microscopy for detection of acid-fast bacilli.
- Molecular tests such as CBNAAT or Gene Xpert, which also detect rifampicin resistance.
- X-ray chest.
- Culture tests considered the gold standard.
- Mantoux (tuberculin) test.
- Line Probe Assay (LPA) for detection of drug resistance.

The introduction of rapid molecular diagnostics has significantly improved early detection and management of TB.

## **TREATMENT**

Tuberculosis is curable with appropriate treatment using a combination of drugs. The standard first line anti-tubercular drugs include Isoniazide, Rifampicin, Pyrazinamide and Ethambutol. The conventional regimen consists of intensive phase – 2 months (HRZE) & combination phase – 4 months (HR). Strict adherence to the full course of treatment is crucial to achieve cure and prevent relapse or drug resistance.

## **DOTS STRATEGY & ITS EFFECTIVENESS**

One of the most successful global strategies for TB control is the Directly Observed Treatment Short-course (DOTS). Under DOTS, patients take their medication under the supervision of a healthcare worker or trained volunteer to ensure compliance.

### **THE DOTS STRATEGY IS BASED ON FIVE KEY COMPONENTS:**

- Government commitment to TB control
- Early case detection through quality diagnostics
- Standardised treatment with supervision
- Continuous drug supply
- Systematic monitoring and evaluation

The implementation of DOTS worldwide has saved millions of lives and significantly improved treatment success rates.

## **MULTIDRUG-RESISTANT TUBERCULOSIS (MDR-TB)**

One of the major challenges in TB control today is Multidrug-Resistance tuberculosis. MDR TB occurs when the TB bacteria become resistant to the two most powerful first-line drugs – isoniazid and rifampicin. The causes include irregular or incomplete treatment, improper

prescription of drugs, poor patient adherence and interrupted drug supply. Treatment of MDR-TB is longer, more complex and requires second-line drugs such as bedaquiline, linezolid, levofloxacin and clofazimine.

### **GOVERNMENT EFFORTS IN INDIA**

India has taken significant steps to combat tuberculosis through the National TB Elimination Programme. The programme aims to eliminate TB in India by 2025, five years ahead of the global target.

#### **Major initiatives include –**

- Nikshay portal for digital tracking of TB patients.
- Nikshay Poshan Yojana, providing nutritional support to TB patients.
- Nikshay Mitra initiative for community participation.
- Free TB diagnostics and medications.
- Expansion of molecular diagnostic facilities.
- Active case finding and contact tracing.

These measures reflect India's commitment toward achieving a TB-free nation.

#### **National Guidelines -**

- Universal drug susceptibility testing
- Early molecular diagnosis
- Daily drug regimens instead of intermittent therapy
- Patient-centric care
- Integration with HIV, diabetes and nutrition programmes

These guidelines aim to ensure standardised, evidence-based care for all TB patients.

### **CHALLENGES IN TB CONTROL**

Despite strong programmes and advances in treatment, several challenges remain.

- Rising drug-resistant TB
- Delayed diagnosis
- Poor treatment adherence
- Malnutrition & poverty
- Social stigma and discrimination.
- Comorbidities such as HIV and diabetes.

Addressing these factors requires a multisectoral approach involving public and private healthcare systems, communities and policymakers.

World Tuberculosis Day serves as a powerful reminder that tuberculosis remains a major global health concern, yet it is a disease that can be prevented, treated and cured. We play a crucial role in achieving this goal through early detection, proper treatment, patient counselling and adherence to national guidelines.

With sustained political commitment, strengthened healthcare systems and active community participation, the vision of ending tuberculosis can become a reality. The message of World TB Day resonates clearly- Yes, we can end TB, if we commit, invest and work together.

**DR. RAJENDRA H. TRIVEDI**

Editor- BIMA

IMA Mumbai Branch

## IMPORTANT

1. Any member desiring to have clarification regarding items in the Annual Report, in the Audited Statement of Accounts or move any Resolution at the Annual General Body meeting should give them in writing to the Hon. Secretary, so as to reach him before 2.00 p.m. on Saturday 7th March 2026.
2. **Nomination** is invited from the members of the association for the State Executive Committee of the Maharashtra State, Central Council of IMA Head Quarters and Office Bearers & members of Managing Committee for the IMA Mumbai Branch. Nomination papers will be available at the office from **Monday, 9th February 2026**. A separate nomination is needed for each post.
3. Nomination papers completed in all respects should reach this office not later than **5.00 p.m. on Saturday, 7th March 2026**. **Withdrawal** if any should be intimated in writing before **5.00 p.m. on Saturday, 14th March 2026**.
4. The elections for all the posts mentioned above are governed under Bye-Laws (a) in part of Rules and Bye – Laws of I.M.A. Mumbai Branch and the decision of the presiding officer on the days of Annual General Body Meeting is final and is binding in all matter bound for all purpose.
5. Candidates are hereby informed that it is obligatory for members of the Managing Committee of the Branch to attend all meetings and official functions of the Branch.
6. It is mandatory for all State Executive Committee Members to attend the State Executive Meetings.
7. The Ballot will be open from 10.00 a.m. to 2.30 p.m. on 22<sup>nd</sup> March 2026.

**87<sup>th</sup> Annual Report and other Agenda papers are printed elsewhere in March-April 2026 BIMA issue. Please bring March-April 2026 BIMA for the AGM Meeting on 22nd March 2026.**

### **Report of Family Welfare and Vasectomy Centre Sub committee from April 2025 to March 2026.**

It gives me great pleasure to submit the report of our above Centre for the period 01/04/2025 to 31/03/2026.

With the help of all dedicated IMA staff, the Centre is running smoothly and to our satisfaction.

Total no. of **cases 334** done from April 2025 to March 2026.

Regular updates are given to our philanthropic sponsor, President, Secretary and Managing committee of our IMA, Mumbai branch.

**Dr. Girish Rajadhyaksha**  
President

**Dr. Aspi Raimalwala**  
Chairman

**Dr. Pragji Vaja**  
Hon. Secretary

Family Welfare and Vasectomy Centre

## *From the President's Desk*



Good Morning friends,

This is my last write up in capacity of the President of this glorious IMA Mumbai. Last year went so swiftly. When I took up this post last year, I had a list of things to do. I could do few things and couldn't do a few.

IMA is a unique organisation of the practitioners of modern medicine, which is always at the forefront to fight for its members. I have not seen any other organisation of medical professionals which is doing this work so consistently and effectively. Today we are facing various burning issues directly affecting all of us. Therefore, it is of utmost importance to remain strongly united behind the Indian Medical Association.

Elections of the Maharashtra Medical Council are coming up next month. Please see to it that you vote for all the 9 candidates of the IMA. Previous two elections, all 9 IMA candidates could win because of strong unity and support of all of us. We need to show the same unity and strength on 26th April.

The issue of homoeopath getting enrolled in the MMC is also very important. Only IMA is fighting against this gross injustice. The matter has reached Supreme Court. IMA is fighting on behalf of all of us with the best possible legal team.

Coming to our activities of this month, we had a CME on the occasion of world kidney day, which was held on Sunday, 15th March. We had stalwarts in the field of nephrology and Medicine, who delivered their speeches and stressed the importance of protecting the kidneys from various comorbidities, like hypertension, diabetes, obesity, etc.

Visceral fat and obesity are very important risk factors for cardiovascular and renal complications with very high degree of morbidity and mortality.

We had various medicines to take care of obesity. However, either they were less efficacious or had many side-effects. Now we have medicines, which are effective and reasonably safe. Semaglutide and Tirzepatide are two main drugs in management of obesity. Though the cost is steadily coming down, still, it is beyond the reach of vast majority of Indian patients. We must not forget whether it is obesity or hypertension or diabetes, these are lifestyle disorders and must be tackled mainly by lifestyle modifications.

Good balanced diet, good sleep, regular exercise, meditation, yoga will surely help in controlling these disorders.

**Prof. DR. GIRISH C. RAJADHYAKSHA**  
President  
IMA Mumbai Branch

## Secretary Communicates



Dear Friends,

IMA Mumbai branch had the following activities during the month of February & March 2026

**7th February 2026:** Indian Medical Association Mumbai Branch in Collaboration with Metropolis Healthcare had organised the Scientific Symposium on “Onco-Genomics” at The Lalit, Andheri East, Mumbai. The speakers and their topics: Dr. Suresh Advani - Context & Perspective: Why Genomics Matters in Today’s Oncology Practice, Dr. Charulata Sankhla - Inherited Movement Disorders: Red Flags and Diagnostic, Dr. Neelu Desai - SMA Gene Therapy talk, Dr. Sunita Tandulwadkar - Integrating Reproductive Genomics into Routine Obstetric Practice, Dr. Chander Lulla - Utility of Exome-Based Prenatal Diagnosis and Dr. Shailesh Pande - Genetic Counseling for RPL (Recurrent Pregnancy Loss).

**8th February 2026:** “BIMA Elocution Competition” and “Multi Speciality” CME was organised at IMA House for IMA members, JDN members and MSN students in the Honour of the prestigious Dr. V. H. Salaskar Trophy.

A panel of experienced and eminent judges Dr. Vijay Punjabi, Dr. Mangala Gomare & Dr. Akshay Sevak carefully evaluated the participants and the results declared were widely accepted as fair and unbiased.

1<sup>st</sup> Prize and Dr. V. H. Salaskar Rotating trophy was bagged by Dr. Ansari Farzana Asif.

2<sup>nd</sup> prize winner - Dr. Sachin Patharkar

3<sup>rd</sup> prize winner - Dr. Rambhia Neeta Sameer.

A separate Extempore Elocution Competition was held for IMA JDN/ MSN members.

1<sup>st</sup> prize winner - Dr. Nishtha,

2<sup>nd</sup> prize winner - Dr. Natanshi Kumar

3<sup>rd</sup> prize winner - Dr. Riya Bhise.

**Multi Speciality CME** was organized by IMA Mumbai Branch. The speakers and their topics: Dr. Chandan Chaudhary - Gaps in Current Management for Cardiorenal Patients Focus on Hyperkalaemia, Dr. Shailaja Sabnis - Shingles in AIRD Approach to prevent pain and enhance care and Dr. Rahul Chhabria - From Base to Peak: Tackling the obesity mountain with Tirzepatide.

**9th February 2026:** IMA Mumbai Branch had organised **Blood Donation Camp** in collaboration with Mahavir International and in association with KEM Hospital Blood Bank on Dadar Railway Station Overhead Bridge, Opp. Swaminarayan Temple, Dadar on Monday, 9th February 2026 from 9.00 am to 5.00 pm. Total 82 units of blood was collected. Dr. Pankaj Bandarkar - Chairperson IMA Blood Donation Committee had inaugurated the blood camp.

**22nd February 2026:** “Aao Gaon Chalen” the team Aao Gaon Chalen visited tribal village Akhada Wadi near Tara on 22nd of February 2026. The team comprised of Dr. Kiran Desai, Dr. Sunita Shanbhag, Dr. Hemant Haldavnekar, Dr. Neela Haldavnekar, Dr. Jyotika Kaku, and Dr. Sharad Devrukhkar. 64 School going children had come for the camp. Health education regarding importance of good personal hygiene was given. Towels donated by Dr. Mangala Gomare were distributed one to each child to maintain good personal hygiene. They examined 86 tribal patients with various ailments and distributed medicines. The morbidity pattern was as follows : Body aches and joint pain 20, URTI 15, Skin infection 10, Anaemia 7, Menstrual problems 4, Alcoholism 5, Loose motion 4, Hemoglobin was estimated in 5 patients out of which 2 were severely anaemic. Blood sugar was estimated in 6 and 2 out of them were hyperglycaemic,

BP was examined in 7 patients out of which 2 were hypertensive. Protein powder was distributed to 12 patients.

Out next camp is planned on 28th of March which is a Saturday and we are planning to examine workers of 3 brick kiln which are approximately 100 in number.

**1st March 2026:** The **1st State Executive Committee Meeting** was successfully held on March 1st, 2026, at Dr. K. G. Gosavi Memorial Hall, IMA building, Miraj. The meeting was meticulously organized by IMA Miraj, showcasing their excellent planning, warm hospitality, and proper coordination, which ensured the smooth proceedings of the meeting with in-depth discussions on important issues.

The meeting was handled systematically, thanks to the efforts and dedication of Dr. Riyaz Mujawar, President, IMA Miraj Branch, and Dr. Keval Patil, Secretary, IMA Miraj Branch. Various issues were discussed, including those pertaining to members and hospitals, licensing, CCMP course court case, cross-pathy, and the upcoming MMC elections. Fruitful discussions were also held on reports from various sub-committees.

Our branch seniors, including Dr. Shivkumar Utture and Dr. Anil Pachnekar, actively participated, alongside Dr. Anil Avhad, Dr. Pankaj Bandarkar, Dr. Sujatunnisa Attar, Dr. Mangala Gomare and Dr. Surendra Shingnapurkar. Dr. Mangala Gomare, Co-Chairperson of the Public Health Awareness Committee, IMA MS, submitted her report.

A get-together of delegates from across the state was organized at the farmhouse of local IMA functionary and consultant, Dr. Someshkhar Patil, in a pleasant and musical atmosphere.

**8th March 2026:** “**Out Station Picnic** “ IMA Mumbai Branch conducted its annual Outstation CME at luxurious Paramount Riverfront Resort at Karjat on 8th March 2026. Well known cardiologist Dr. Ravi Gupta spoke on Beyond Coronary Stenting and Dr. Sunil Jain gave valuable practical tips on CRP.

In the evening there was a get together with fellowship and projection of live India versus New Zealand T20 final match telecast on the big screen. All the delegates enjoyed the academic session and celebrated T20 world cup win of India. This Out station CME was a huge success. Congratulations to the organisers Dr. Pankaj Bandarkar, Dr Anil Avhad & Managing Committee Members for arranging a memorable and unique outing of IMA Mumbai Branch Members.

**15th March 2026:** “ **World Kidney Day CME** “ was organized by IMA Mumbai Branch. The speakers and their topics: Dr. Girish Rajadhyaksha – “From base to Peak: Approaching the Obesity Mountain with Tirzepatide”, Dr. Bharat Shah – “Kidney health for all”, Dr. Sidharth Lakhani – “Unmasking Hyperkalaemia Across the CKD Continuum”, Mr. Koustubh P Shaha – “PMS - Path to Healthy Financial Life”, Mr. Dinesh Ajwani – “Building Parallel Income: 7 Key Financial Vitals Every Doctor Should Know”, Dr. Srinivas Kudva – “Potassium, RAASI, and the Heart: Keeping Life - Saving Therapies on Track” and Dr. Jeyhan Dhabhar – “Navigating Breast Cancer: From Diagnosis and Treatment to Recent Advances with Enhertu”

#### **Forthcoming Events:**

- 22nd March 2026** : **World TB Day & International Women’s Day CME**
- 12th April 2026** : **Installation Ceremony of Incoming President and her team at IMA Mumbai Branch.**
- 19th April 2026** : **WHO Day CME**

**LONG LIVE IMA !**

**DR. PRAGJI VAJA**  
Hon. Secretary  
IMA Mumbai Branch



# INDIAN MEDICAL ASSOCIATION

(Fights for the Doctors of Modern Medicine)



MARCH 2026

FUND RAISING MONTH

FOR IMA HQs. BUILDING



To

All Presidents & Hony. Secretaries

IMA State and Local Branches

Dear Sir/Madam,

As already communicated, that the construction of the new IMA Headquarters Building is progressing in full swing and is being executed by NBCC. The approximate cost of the project is Rs. 80 crores. This is not just a construction project — it is the foundation of our collective future, a symbol of unity, strength, and pride for every IMA member and we are observing March 2026 as “Fund Raising Month for IMA HQs Building”

We sincerely request all Presidents and Secretaries of IMA State and Local Branches to personally reach out to every individual member, motivate them and appeal them to contribute at least Rs. 1,000/- or as much as possible for the noble cause. Even small contributions, when combined, create a powerful impact.

Further, you are requested to kindly nominate and share the name and contact details of one Coordinator from your respective State Branch who will coordinate among IMA HQs, the State Branch, and the Local Branches.

We understand that mobilizing contributions requires effort and coordination. However, with your leadership and dedication, we are confident that this mission will succeed.

We request you to kindly take up this matter on a war footing basis.

Practical steps may include:

- Organizing brief meetings (physical or virtual) to explain the project status.
- Circulating the attached appeal video and poster widely through WhatsApp groups, emails, and social media platforms.
- Setting internal branch targets to encourage collective participation.
- Personally connecting with senior members and well-wishers for their blessings and support.

This building will stand for generations as a testament to our unity and commitment. Let us work together to make March 2026 a grand success.

A video and poster related to the donation appeal are attached with this email. Kindly download and circulate them among all members at the earliest.

We look forward to your wholehearted support and cooperation in building a new and proud home for IMA members.

With kind regards,

Dr. Anilkumar J. Nayak  
National President, IMA

Dr. Sarbari Dutta  
Hony. Secretary General, IMA



322823482316706@can

**SCAN TO DONATE**

or visit IMA HQs Website  
[www.ima-india.org](http://www.ima-india.org)

## Every Contribution Counts!

Income Tax Rebate u/s 80G

Name on Bank : IMA NEW BUILDING  
Bank : Canara Bank  
Account No. : 110162316706  
IFCS Code : CNRB0019067  
Branch : C R Building, Delhi



## ANNOUNCEMENT



### INDIAN MEDICAL ASSOCIATION MUMBAI BRANCH

ANNOUNCES

“WHO DAY CME”

Sunday 19<sup>th</sup> April 2026 at 8.30 am onwards

Venue:

IMA House IMA Chowk, 16, K. Khadye Marg, Haji Ali, Mumbai - 34.

**DR. GIRISH RAJADHYAKSHA**  
President

**DR. MANGALA GOMARE**  
President Elect

**DR. PRAGJI VAJA**  
Hon. Secretary



## IMA MUMBAI BRANCH AWARDS

Nominations are invited for the following IMA (Mumbai Branch) awards for the 2025-2026

### 1) DR. MANGHANMAL S. KRIPALANI AWARD

IMA Mumbai Branch announces the above mentioned award that was instituted by Dr. Nari Kripalani in the memory of his late father Dr. Manghanmal S. Kripalani. Eligibility criteria for the award 2025-2026:

A family physician who has been a Life Member of MA Mumbai Branch for a minimum period of five years and has excelled in one or more of the following categories.

- Special area of interest in his practice.
- Works along with one or more family physician on a regular basis.
- Great achievement in sports or cultural activities.
- Politician - elected members.
- Remarkable social services for a minimal period of 10 years.
- Has worked for the upliftment of the medical profession.

### 2) DR. A. D. DAFTARY AWARD

IMA Mumbai Branch invites applications for the Dr. A. D. Daftary Award which was instituted by Dr. J. C. Patel. **Eligibility criteria for the award are:**

- Life member of IMA Mumbai Branch for a minimal period of five years with.
- Achievement in the area of Occupational Medicine.
- And / or proficiency in organization and management of IMA.

The awardee is given the award once in life time only.

### 3) DR. H. M. TRIVEDI AWARD

DR. H.M. Trivedi Award is given to a member of our branch who is above 75 years of age and professionally active.

Applications for the above award should reach IMA Office in person during working hours on or before 20<sup>th</sup> March 2026.

The applications should include personal details and relevant testimonials along with 1passport size photograph.

The award will be given during the **Installation Ceremony**.

#### Report of Family Welfare and Vasectomy Centre Sub Committee for the month of February & March 2026.

- It gives me great pleasure to submit the report of our above Centre for the period 01/02/2026 to 31/03/2026.
  - With the help of all dedicated IMA staff, the Centre is running smoothly and to our satisfaction.
  - We have performed 43 (Forty Three only) vasectomies in the month of February & March 2026.
  - Total no. of cases done by us till end of March 2026 are 1540.
  - Regular updates are given to our philanthropic sponsor, President, Secretary and Managing committee of our IMA, Mumbai branch.
- I, as a Chairman and my sub-committee members thank all for their co-operation.

**Dr. Girish Rajadhyaksha**  
President

**Dr. Aspi Raimalwala**  
Chairman

**Dr. Pragji Vaja**  
Hon. Secretary

Family Welfare and Vasectomy Centre

## **MINUTES OF ANNUAL GENERAL BODY MEETING HELD ON 23rd MARCH 2025**

Annual General Body Meeting for the year 2024-2025 was held on Sunday **23rd March 2025** at **9.00 am** sharp President Dr. Girish Lad initiated the meeting and proceedings of the meeting were handed over to Hon. Secretary Dr. Pragji Vaja

### **AGENDA 1: TO CONFIRM THE MINUTES OF:**

- a. **THE ANNUAL GENERAL BODY MEETING HELD ON SUNDAY, 17<sup>TH</sup> MARCH 2024.**  
The Annual General body Meeting was held on Sunday, 17th March 2024. There were no queries. The Minutes were proposed by Dr. Usha Shah and seconded by Dr. Arvind Patel and passed unanimously by the house.
- b. **SPECIAL GENERAL BODY MEETING HELD ON SUNDAY, 1st SEPTEMBER 2024. (IMA-MS ELECTION)**  
The Special Annual General body Meeting was held on Sunday, 1st September 2024. There were no queries. The Minutes were proposed by Dr. Sujatunnisa Attar and seconded by Dr. Sarita Devi and passed unanimously by the house.
- c. **AN ORDINARY GENERAL BODY MEETING HELD ON WEDNESDAY, 17th OCTOBER 2024. (ANNUAL ACCOUNTS).**  
An Ordinary General Body Meeting was held on 17th October 2024. There were no queries. The Minutes were proposed by Treasurer Dr. Kashyap Dakshini and seconded by Dr. Sunil Jain and passed unanimously by the house.

### **AGENDA 2: TO ADOPT THE 86<sup>TH</sup> ANNUAL REPORT OF THE MANAGING COMMITTEE FOR THE PERIOD FROM 1<sup>ST</sup> APRIL 2024 TO 31st MARCH 2025.**

Hon. Secretary, Dr. Pragji Vaja gave the 86<sup>th</sup> Annual Report. The house appreciated and congratulated the managing committee for their wonderful performance during the year. 86<sup>th</sup> Annual Report was proposed by Dr. Kajal Ahuja and Seconded by Dr. Jitesh Mehta and passed unanimously.

### **AGENDA 3: TO ADOPT THE AUDITED REPORT STATEMENT OF ACCOUNTS & THE BALANCE SHEET FOR THE YEAR 2024-2025.**

The Audited Report Statement of Accounts & the Balance Sheet for the year 2024–2025 are not ready and will be presented when finalized.

### **AGENDA 4: TO APPOINT SCRUTINIZER FOR ELECTION.**

President - Dr. Girish Lad proposed the name of Dr. Rajendra H. Trivedi and Dr. Akshay Sevak as scrutinizer for election for the post of President Elect for the year 2024 - 2025.

### **AGENDA 5: TO ELECT OFFICE BEARERS AND OTHER MEMBERS OF THE MANAGING COMMITTEE FOR THE YEAR 2025-2026.**

<b>PRESIDENT</b>	:	DR. GIRISH RAJADHYAKSHA
<b>PRESIDENT ELECT</b>	:	DR. MANGALA GOMARE (Declared elected by the President)
<b>IPP</b>	:	DR. GIRISH LAD
<b>VICE PRESIDENTS</b>	:	DR. SURENDRA SHINGNAPURKAR DR. ARVIND PATEL
<b>HON. SECRETARY</b>	:	DR. PRAGJI VAJA
<b>HON. JT. SECRETARIES</b>	:	DR. USHA SHAH DR. KASHYAP DAKSHINI
<b>HON. TREASURER</b>	:	DR. KAJAL AHUJA
<b>EX - OFFICIO</b>	:	PANKAJ BANDARKAR DR. ANIL AVHAD

<b>SR. NO.</b>	<b>NAME</b>	<b>SR. NO.</b>	<b>NAME</b>
1.	DR. AJOY SAHA	22.	DR. MILIND TORASKAR
2.	DR. AKSHAY SEVAK	23.	DR. PRAKASH BORANA
3.	DR. ANIL PACHNEKAR	24.	DR. RAJENDRA H. TRIVEDI
4.	DR. ARCHANA WANKHADE	25.	DR. S. G. SHANBHAG
5.	DR. ARJUN AHUJA	26.	DR. SACHIN PATHARKAR
6.	DR. ASPI RAIMALWALA	27.	DR. SALIM SACHANI
7.	DR. DINESH PRABHU	28.	DR. SARITA DEVI
8.	DR. DIPAK DESAI	29.	DR. SHARAD DEORUKHKAR
9.	DR. H. S. SHINGAN	30.	DR. SHIVKUMAR UTTURE
10.	DR. HEMANT HALDAVNEKAR	31.	DR. SUDHIR PATIL
11.	DR. HOZIE KAPADIA	32.	DR. SUJATA PATEL
12.	DR. JAGDISH KENY	33.	DR. SUJATUNNISA ATTAR
13.	DR. JITESH MEHTA	34.	DR. SUNIL JAIN
14.	DR. JYOTIKA KAKU	35.	DR. SUNITA SHANBHAG
15.	DR. KAIZER BAROT	36.	DR. SURENDRA DHELIA
16.	DR. KAVAN LAKDAWALA	37.	DR. V.T. SHAH
17.	DR. KIRAN DESAI	38.	DR. VIBHAKAR ADHVARYU
18.	DR. KISHOR CHANDORKAR	39.	DR. VIJAY KARANJKAR
19.	DR. KISHOR GANDECHA	40.	DR. VIJAY PANJABI
20.	DR. KISHOR KHUSHALE	41.	DR. YOGESH SHAH
21.	DR. MADHURI PATEL		

**AGENDA 6: TO ELECT REPRESENTATIVES TO THE STATE EXECUTIVE COMMITTEE  
I.M.A. MAHARASHTRA STATE 2025-2026.**

1	DR. AHUJA ARJUN	23	DR. PATEL ARVIND
2	DR. AHUJA KAJAL	24	DR. PATEL MADHURI
3	DR. ATTAR SUJATUNNISA	25	DR. PATEL SUJATA
4	DR. AVHAD ANIL	26	DR. PATHARKAR SACHIN
5	DR. BANDARKAR PANKAJ	27	DR. PATIL SUDHIR
6	DR. BAROT KAIZER	28	DR. PRABHU DINESH
7	DR. BORANA PRAKASH	29	DR. RAJADHYAKSHA GIRISH
8	DR. DAKSHINI KASHYAP	30	DR. SACHANI SALIM
9	DR. DESAI KIRAN	31	DR. SAHA AJAY
10	DR. DHELIA SURENDRA	32	DR. SEVAK AKSHAY
11	DR. GANDECHA KISHOR	33	DR. SHAH RAMESH C.
12	DR. GOMARE MANGALA	34	DR. SHAH USHA
13	DR. JAIN SUNIL	35	DR. SHAH YOGESH
14	DR. KAKU JYOTIKA	36	DR. SHANBHAG S. G.
15	DR. KANSARIA HEMANT	37	DR. SHANBHAG SUNITA
16	DR. KAPADIA HOZIE	38	DR. SHINGAN H. S.
17	DR. KARANJKAR VIJAY	39	DR. SHINGNAPURKAR S. M.
18	DR. KENY JAGDISH	40	DR. TORASKAR MILIND
19	DR. LAD GIRISH	41	DR. TRIVEDI RAJENDRA H
20	DR. MEHTA JITESH	42	DR. UTTURE SHIVKUMAR
21	DR. PACHNEKAR ANIL	43	DR. VAJA PRAGJI
22	DR. PANJABI VIJAY		

**AGENDA 7 : TO APPOINT AUDITORS FOR THE ENSUING YEAR TO AUDIT ACCOUNTS OF 2024-2025.**

President Dr. Girish Lad recommended Mr. A.H. Patil to continue as Auditors for the year 2024-2025 with reasonable fee escalation. The house passed unanimously.

**AGENDA 8 : TO CONSIDER THE AMENDMENTS OF THE CONSTITUTION IF ANY.  
Nil**

**AGENDA 9 : TO CONSIDER RESOLUTIONS OTHER THAN AMENDMENTS OF THE RULES AND BYE- LAWS REFERRED BY THE MANAGING COMMITTEE AND SENT BY THE MEMBERS.  
Nil**

**AGENDA 10: TO CONSIDER ANY OTHER BUSINESS WITH THE PERMISSION OF THE CHAIR.  
Nil**

**AGENDA 11 : VOTE OF THANKS.**

Hon. Secretary Dr. Pragji Vaja proposed the Vote of Thanks to the Chair.

**DR. PRAGJI VAJA**  
Hon. Secretary  
IMA Mumbai Branch

## **MINUTES OF GENERAL BODY MEETING HELD ON 24th AUGUST 2025**

The General Body Meeting of IMA Mumbai branch for the year 2025-26 was held on Sunday, the 24th August 2025 at 10.00 a.m. in I.M.A. House at the registered office to consider the following agenda. The President, Dr. Girish Rajadhyaksha called the meeting to order and requested Dr. Pragji Vaja to read the agenda.

**AGENDA 1:** Election of President Elect and Vice Presidents IMA Maharashtra State 2025-26  
Hon. Secretary, Dr. Pragji Vaja informed the house that, Dr. Manjusha Giri from Warud Branch and Dr. Prashant Nikhade from Nagpur Branch were contesting for the post of IMA MS President Elect and Dr. Sanjay Ghate from Chandrapur Branch and Dr. Alka Kuthe from Amravati Branch were contesting for the post of IMA MS Vice President for the year 2025-26. Dr. Pragji Vaja requested the members to maintain decorum during the election.

The meeting ended with thanks to the chair.

**DR. PRAGJI VAJA**  
Hon. Secretary  
IMA Mumbai Branch

---

## **MINUTES OF URGENT GENERAL BODY MEETING HELD ON 24th AUGUST 2025**

An Urgent General Body Meeting of Indian Medical Association Mumbai for the year 2025-26 was held on Sunday, the 24th August 2025 at 3.00 pm on Hybrid Meeting (IMA House/ Zoom Platform) to consider the following agenda.

President Dr. Girish Rajadhyaksha Welcomed the Members present in the Meeting and requested Hon. Secretary Dr. Pragji Vaja to proceed with the agenda.

Hon. Secretary Dr. Pragji Vaja welcomed the house and read Notice and Agenda of the meeting.

**AGENDA 1 : To pass the Amendments to the Constitution / By-Law / Rules of IMA Mumbai Branch.**

The copy of the Proposed and passed Amendments to the constitution/Bye- Laws/ Rules of IMA Mumbai Branch which was sent to all the members prior, was thoroughly discussed by the General Body.

Hon. Secretary Dr. Pragji Vaja proposed to ratify the Amendments. It was proposed by Dr. Akshay Sevak and seconded by Dr. Yogesh Shah and ratified unanimously.

“Resolved that Amended Constitution of IMA Mumbai Branch was ratified unanimously by the house during the Hybrid General Body Meeting held on Tuesday, 24<sup>th</sup> August 2025.”

The meeting ended with thanks to the chair.

**DR. GIRISH RAJADHYAKSHA**  
President

**DR. PRAGJI VAJA**  
Hon. Secretary

**IMA Mumbai Branch**

## **AGENDA OF ORDINARY GENERAL BODY COMMITTEE MEETING ON TUESDAY 25th NOVEMBER 2025**

The Ordinary General Body Meeting of IMA Mumbai Branch for the year 2025-26 was held on **Tuesday, 25th November 2025 at 4.30 pm** at I.M.A. House at the registered office to consider the following agenda. The President, Dr. Girish Rajadhyaksha called the meeting to order and requested Hon. Secretary Dr. Pragji Vaja to read the agenda.

### **AGENDA 1: TO PASS THE ANNUAL ACCOUNTS FOR THE YEAR 2024-2025. (ACCOUNTS PRINTED IN BIMA NOVEMBER 2025 ISSUE.)**

Hon. Treasurer Dr. Kajal Ahuja said that the Annual Accounts 2024-2025 is printed in BIMA November 2025 issue.

The accounts were open for the discussion there was no query. The accounts passed unanimously by the house.

### **AGENDA 2: ANY OTHER BUSINESS WITH THE PERMISSION OF THE CHAIR.**

NIL

**DR. PRAGJI VAJA**  
Hon. Secretary  
IMA Mumbai Branch

---

### **Padmashree Dr. Armida Fernandes**

We are celebrating World Women's Day on 22<sup>nd</sup> March 2026. On this occasion, IMA Mumbai Branch will honour a grand personality in the field of Neonatology Dr. Armida Fernandes who was honoured with Padmashree by the Government of India this year.

Her father was an Indian civil servant, writer, academician and poet who wrote in English. She was born in Dharwad in Karnataka. She completed her MBBS in Hubli and her post-graduation at KEM Hospital, Bombay.

Dr. Fernandez joined the Lokmanya Tilak Municipal General Hospital (Sion Hospital). In 1977, she became the head of the Department of Neonatology. During her tenure, she observed high mortality rates among infants whose mothers could not breastfeed due to illness or other complications. At the time, infants were often fed commercial formula or cow's milk, which frequently led to infections.

In 1989, she founded Asia's first human milk bank at Lokmanya Tilak Sion Hospital. The facility was designed to collect, pasteurize, and store donated breast milk to provide essential nutrition to premature and vulnerable infants. Despite initial skepticism from the medical community regarding the safety and cultural acceptance of donated milk, the initiative proved successful in reducing infant infection rates at the hospital.

She became the Dean of Lokmanya Tilak Medical College and Sion Hospital in 1998 and did exemplary work. In 1999 Fernandez founded SNEHA (Society for Nutrition, Education and Health Action), a non-profit organization focused on improving health outcomes for women and children in urban slums. In 2000 she was elected as the president of the Indian Academy of Pediatrics in Mumbai.

After her retirement in 2001, she continued to work selflessly for the welfare of downtrodden women & children. Later she also started Romila Palliative Care for improving quality of life of patients with life timing illnesses

IMA Mumbai Branch salutes this great personality.

**Prof. DR. GIRISH C. RAJADHYAKSHA**  
President  
IMA Mumbai Branch



## **INDIAN MEDICAL ASSOCIATION, MUMBAI BRANCH**

### **ANNUAL REPORT 2025-2026**

Dear Friends,

I am happy to present to you the Annual Report 2025-26 of IMA Mumbai Branch. Annual General Body Meeting was held on 23rd March 2025. President Dr. Girish Rajadhyaksha, other office bearers and managing committee members were unanimously elected. Dr. Girish Rajadhyaksha and his team of office bearers and managing committee members took over the charge on 13<sup>th</sup> April 2025. Dr. Dilip Bhanushali President IMA HQ Delhi was Chief Guest, Dr. Hozie Kapadia National Vice President, IMA HQ was Guest of Honour and Dr. Anil Avhad Hon. Secretary IMA Maharashtra State was Special Invitee at the Installation Ceremony at IMA House, Haji Ali. After lighting of the lamp by the dignitaries, Hon. Secretary Dr. Pragji Vaja (2025-26) presented Annual Report of activities of IMA Mumbai Branch.

#### **IMA MUMBAI BRANCH ACTIVITIES**

##### **IMA Mumbai Branch Membership Strength**

Membership from 1<sup>st</sup> April 2025 to 18<sup>th</sup> March 2026

Single Life Members	-	2995
Couple Members	-	671(1342)
Total Members	-	4337

During the year under the leadership of Dr. Girish Rajadhyaksha many activities and projects were undertaken for the benefit of medical profession at large which were acknowledged and appreciated by IMA Maharashtra State and IMA Headquarters.

#### **IMA HEADQUARTERS AWARDS (2024-2025) RECEIVED BY IMA MUMBAI BRANCH**

1. IMA Mumbai Branch received - IMA Publication Award for IMA News Bulletin (Branch). Editor BIMA, Dr. Rajendra H. Trivedi
2. Dr. Shivkumar Utture, in recognition of his Exceptional Services was honoured to present National President's Citation.
3. Dr. Girish Lad received - IMA National President's Appreciation Award for Best adjudged Hony. Secretary of a Local Branch.
4. Dr. Anil Avhad received - IMA National President's Appreciation Award for Best adjudged Hony. State Secretary.

#### **IMA MAHARASHTRA STATE AWARDS (2024-2025) RECEIVED BY IMA MUMBAI BRANCH**

- 1) Presidents Appreciation Award for Best Large Branch.
- 2) Dr. J. S. Sikchi Award for Local Sub Faculty of IMA CGP.
- 3) IMA MS President Appreciation Award to IMA MS AMSCON 2025.
- 4) IMA MS President Appreciation Award to Dr. Girish Lad.
- 5) IMA MS President Appreciation Special Award to Dr. Shivkumar Utture.
- 6) IMA MS President Appreciation Special Award to Dr. Anil Pachnekar
- 7) IMA MS President Appreciation Award to Dr. Sujatunnisa Attar.
- 8) IMA MS President Appreciation Award to Dr. Pragji Vaja.

### **IMA MUMBAI BRANCH AWARDS (2024-2025)**

- ◆ **Dr. Manghanmal S. Kirpalani Award** to Dr. Prakash Borana
- ◆ **Dr. A.D. Daftary Award** to Dr. Sujatunnisa Attar
- ◆ **Dr. H. M. Trivedi Awards** to Dr. S.G. Shanbhag, Dr. Yogesh Shah, Dr. Usha Shah and Dr. Kaushalya T. Mistry.
- ◆ The **President's Appreciation Awards** were presented to Dr. Rajendra H. Trivedi, Dr. Sujatunnisa Attar, Dr. Jitesh Mehta, Dr. Sunil Jain and Dr. Yogesh Shah.

### **REPRESENTATION AT IMA MAHARASHTRA STATE (2025-2026)**

1. Vice President IMA MS - Dr. Girish Lad
2. Hon. Jt. Secretary IMA MS – Dr. Surendra Shingnapurkar
3. IPS IMA MS – Dr. Anil Avhad

### **REPRESENTATION AT IMA HQ**

1. Director of A.K.N Sinha Institute IMA HQ Delhi – Dr. Anil Pachnekar
2. Chairman IMA MSN HQ Standing Committee – Dr. Shivkumar Utture

### **REGULAR CWC MEMBERS**

1. Dr. Hozie Kapadia
2. Dr. Mangala Gomare
3. Dr. Vijay Panjabi
4. Dr. Sujatunnisa Attar

## **REPORT OF WEBSITE SUB - COMMITTEE**

IMA Mumbai Branch Website has been very active this year.

1. All the Monthly Bulletin - BIMA have been regularly uploaded on the website.
2. Names of New Managing Committee members including Sub – Committee members along with their photographs have been uploaded.
3. Information and availability about guest room are uploaded regularly.

We have also uploaded:

1. IMA Membership forms.
2. Salient features of all the schemes of IMA including their applications forms.
3. Monthly activities of our branch.

**DR. GIRISH RAJADHYAKSHA**  
President

**DR. ANIL AVHAD**  
Chairperson

**DR. PRAGJI VAJA**  
Hon. Secretary

**WEBSITE SUB - COMMITTEE**  
**IMA Mumbai Branch**

## CELEBRATION OF NATIONAL & INTERNATIONAL DAYS

- ◆ **20th April 2025** : We observed “**WHO Day**” CME was organized by IMA Mumbai Branch. The speakers and their topics: Dr. Rithin Rathnakar – “Current status of CABG”, Dr. Jyoti Bajpai – “Precision (Individualised) Care in Oncology - As One Size does not fit all” and Dr. Amish Dalal – “Advancing Tailored Treatment in HR+ HER2- Breast Cancer”.
- ◆ **31st May 2025: ‘World No Tobacco Day’** we had organised Street Play as an Awareness Programme at
  - 1) Worli Naka, Near Shivsena Sakha, Worli - 3.00 pm onwards.
  - 2) F/South BMC Office, Parel Naka Mumbai from 4.00 pm onwards under the banner of World No Tobacco Day Committee. Chairman of World No Tobacco Day Committee Dr. Kishor Kushale had put great efforts to make it successful.

Artists team of Rachna Kala Kendra and Akhil Bhartiya Natya Parishad had performed fabulous message spreading skit. It was well appreciated and acknowledged by the audience. Team of DD Sahyadri had done the coverage to telecast on their channel. At both the venues President Dr. Girish Rajadhyaksha and Dr. Kishor Kushale had given informative public awareness speech to the crowd. Past presidents, Dr. Girish Lad, Dr. Pankaj Bandarkar, Dr. Ajoy Saha, Dr. Rajendra H. Trivedi and Dr. Sachin Patharpekar had graced the event with their presence.

Hon. Secretary Dr. Pragji Vaja thanked all the participants and the audience with special thanks to Dr. Kishore Khushale.

- ◆ **5th June 2025: “World Environment Day”** was celebrated by planting sapling of **Mango Tree** in our IMA House campus to propagate “**GO GREEN**” initiative, by the hands of President Dr. Girish Rajadhyaksha, Hon. Secretary Dr. Pragji Vaja, other office bearers and members.
- ◆ **22nd June 2025:** The Indian Medical Association (IMA) Mumbai Branch celebrated “**International Yoga Day**” at the IMA House with great enthusiasm and participation. The event was inaugurated by Lighting the Lamp by the hands Chief Guest Shri. Madanlal Tahliyani, Retired Justice of the Bombay High Court and Lokayukta, Maharashtra, Guest of Honour Mr. Leroy Francis D’Sa, President, Hindu Gymkhana, Mumbai, Special Invitee renowned Holistic Health Guru Dr. Mickey Mehta, Dr. Surendra Shingnapurkar, Sr. Vice President of IMA Mumbai Branch along with Dr. Kishore Gandecha, Chairman, IMA International Yoga Day Committee.

The dignitaries addressed the gathering and shared valuable insights on the importance of yoga for physical, mental, and emotional well-being. They emphasized yoga’s role in preventive health and holistic living.

Sr. Vice President Dr. Surendra Shingnapurkar welcomed all the members and expressed the importance of Yoga in his Presidential Speech.

Shri. Mickey Mehta, in his inimitable style, inspired the audience with his message on integrating yoga into daily life for complete wellness.

Chairman IMA World Yoga Committee Dr. Kishore Gandecha demonstrated and got performed few Yoga exercises and meditation skills from the members. Overall, it was successful event. The event was well attended by members and yoga enthusiasts, marking a meaningful celebration of yoga’s day.

- ◆ **6th July 2025:-** On the occasion of “**Doctors Day**” CME was organized by IMA Mumbai Branch. Dr. Nidhi Khandelwal spoke on “Advances in Hernia surgery” Dr. Riddhijyoti Talukdar spoke on “The Radiation Oncology Enigma- what we do and how we do it?” and Dr. Rahul Gupta spoke on “Structural heart interventions - The most exciting frontier in cardiology” were the speakers.
- ◆ **Doctors’ Day Celebration:** On the occasion of World Doctors’ Day Sunday, 6th July 2025, we organized a heartfelt Felicitation of Distinguished Doctors to honor and celebrate the invaluable contributions of them for their outstanding academic, social and philanthropic contributions in the field of medicine and the broader society. The event was held at the IMA Hall, Haji Ali, and witnessed the gracious presence of senior doctors, medical professionals, IMA office-bearers, and members of the healthcare community. The program commenced with a warm welcome by Hon. Secretary Dr. Pragji Vaja who emphasized the importance of Doctors’ Day Celebration. The traditional lighting of the ceremonial lamp was performed in the presence of the dignitaries, symbolizing knowledge, healing and hope. It was followed by the Presidential speech by the President Dr. Girish Rajadhyaksha & Dr. Hozie Kapadia, Chairperson Doctor’ Day Celebration Committee welcomed and congratulated the Awardee Doctors. They also narrated the activities of IMA and importance of World Doctor’s Day Celebration. He also felicitated the Awardee Doctors Dr. Hemant Pathak - Urologist and Renal Transplant Surgeon, Dr. Taral Nagda- Paediatric Orthopedic Surgeon, Dr. Dinesh Prabhu - Family Physician and Dr. Prabha Shinde - Recipient of Dr. H. M. Shah Life Time Achievement Award.  
Each awardee was honored with a shawl, citation, and memento in recognition of their achievements and contributions to the medical fraternity and philanthropic work for the society.  
Awardees honored doctors shared their inspiring journeys and reinforced their commitment to service, mentoring, and ethical practice. The event concluded with a vote of thanks delivered by Dr. Kavan Lakdawala who appreciated all participants, organizers, volunteers, and the support staff for making the celebration a grand success.
- ◆ **15th August 2025: Independence Day** Celebration was celebrated at IMA Ground, IMA Mumbai Branch. Flag Hoisting Ceremony was done by the hands of President Dr. Girish Rajadhyaksha which was followed by National Anthem & Vande Mataram song. President Dr. Girish Rajadhyaksha & State Hon. Secretary Dr. Anil Avhad in their speech they emphasized the value of freedom & democracy & remembered the sacrifice given by our freedom fighters for getting Independence. They also touched upon the burning issues of our fraternity like MMC election, Mixopathy and others. They appealed all members to support in fight against the Mixopathy.  
As a part of IMA tradition felicitation of our three past Presidents Dr. Rajendra H. Trivedi, Dr. Yogesh Shah & Dr. Salim Sachani was done as a part of gratitude towards their contributions to the IMA during their tenure and thereafter. They thanked the IMA for their honour and assured to continue their cooperation.  
Dr. Shivkumar Utture gave details about the progress of our fight against Mixopathy. He praised the work done by Dr. Anil Avhad Hon. State Secretary. Hon. Secretary Dr. Pragji Vaja thanked Dr. Akshay Sevak Chairperson IMA Independence Day Committee for his efforts in making the flag hoisting ceremony success and also thanked all present members.
- ◆ **28th September 2025:- “World Heart Day CME”** was organized by IMA Mumbai Branch, the eminent speakers were Dr. Shantesh Kaushik spoke on “ Optimizing Patient Care in

Worsening Heart Failure: Exploring evidence with Vericiguat “, Dr. Upendra Bhalerao spoke on “ Advancements in Aortic and Valvular surgeries “, Dr. Vidyadhar Lad spoke on” CABG & valve Replacement – A super speciality within subspeciality “, Dr. Sameer Pagad spoke on “ Device therapy in Heart Failure.”, Dr. Ajit Menon spoke on “ Management of Instent Restenosis.”, Dr. Anvay Mulay spoke on “ Arterial Revascularisation-Is it for all?.”, Dr. V. T. Shah spoke on “ Connecting the dots with Inclisiran: LDLc variability and adherence in ASCVD.”, Dr. Sameer Pagad spoke on “ The Indian HF Challenge Managing comorbidities with ARNI.” and Dr. Rahul Gupta spoke on “ ACS + T2D Care Whats In Whats Out ? .”

- ◆ **9th November 2025:** - ‘**Diabetes Day CME**’ was organized by IMA Mumbai Branch, the eminent speakers were Dr. Nihar Mehta who spoke on ‘ Triple Therapy, Common Goal-Good Glycemic & Cardiovascular Outcomes in T2DM Management ‘, Dr. Unmesh Mukherjee who spoke on ‘Recent Advances in Radiation Oncology’, Dr. Kiran Shah who spoke on ‘Clinical Pearls in Diabetic Retinopathy ‘, Dr. Girish Rajadhyaksha who spoke on ‘ Diabetes Emergencies’ and Dr. Jeenam Shah who spoke on’ Flu & Shingles in India: Rethinking Adult Immunization’.
- ◆ **26th January 2026:** The National Flag was unfurled on **Republic Day** at IMA House, Haji Ali by the hands of President, Dr. Girish Rajadhyaksha followed by National Anthem & Vande Mataram sung by all members.
- ◆ **15th March 2026:- World Kidney Day CME** was organized by IMA Mumbai Branch. The speakers and their topics:



### **Membership Promotion Sub-Committee Report 2025-2026**

The Mumbai branch of IMA is very active in increasing membership of the Association. In the post scenario we have poor response for new membership. We invite young doctors to join IMA to strengthen the Association which is the need of the hour. IMA Mumbai Branch has total **4337** members on 10/03/2026. This year we have added **16 new members.**

Single Life Members - 12

Couple Life Members - 2 (4)

We thank the President and managing committee members for their help to make new IMA members

**DR. GIRISH RAJADHYAKSHA**  
President

**DR. PRAGJI VAJA**  
Hon. Secretary

**DR. S. G. SHANBHAG**  
Chairperson

**DR. RAJENDRA H. TRIVEDI / DR. MANGALA GOMARE**  
Co-Chairpersons

**Membership Promotion Sub Committee**  
**IMA Mumbai Branch**

## COMMUNITY PROJECTS

- ◆ **20th April 2025: Aao Gaon Chalen** Team visited village Bhoirwadi village Karjat, on 20th April 2025, as this time it was the first visit to a new site Dr. Girish Lad immediate past president, Dr. Mangala Gomare President elect, Dr. Pragji Vaja General Secretary, Dr. Kiran Desai, Dr. Sunita Shanbhag, Dr. Dinesh Prabhu, Dr. Jotika Kaku, Dr. Neela Haldavnekar, Dr. Devrukhkar.

We examined 98 patients in all. Blood sugar estimation of 20 patients was done of which 7 were found Diabetic. Hemoglobin was estimated in 15 patients of which 8 were found to be anaemic. Hypertension was identified in 4 patients, 3 had skin infections, 4 had dental pain, URTI in 5, Joint pains were seen in 17 patients, Leprosy in 1 patient, Asthma 1 patient, Migraine 1 patient and Cataract 1. All the patients were given health education and medicines were dispensed.

- ◆ **18th May 2025:** Team '**Aao Gaon Chalen**' comprising of Dr. Sunita Shanbhag, Dr. Hemant Haldavnekar, Dr. Jyotika Kaku, Dr. Neela Haldavnekar and Dr. Devrukhkar. The team left Mumbai at 6 am and reached village Sonale at 10.15 am Work on Pantapradhan Gramin Awas Yojana was going on in the village so, the patients were less and came late. We examined 37 patients out of them 2 were pregnant, 4 had fungal skin infection, 3 had cough, 4 had backache and joint pain, Hemoglobin was estimated in 6 patients out of them 4 were anaemic. Medicines were disturbed to each patient. Health education was given regarding menstrual hygiene and reusable sanitary pads were distributed.

- ◆ **31st May 2025: 'World No Tobacco Day'**- We had organised Street Play as an Awareness Programme at

- 1) Worli Naka, Near Shivsena Sakha, Worli - 3.00 pm onwards.
- 2) F/South BMC Office, Parel Naka Mumbai from 4.00 pm onwards under the banner of World No Tobacco Day Committee. Chairman of World No Tobacco Day Committee Dr. Kishor Khushale had put great efforts to make it successful.

Artists team of Rachna Kala Kendra and Akhil Bhartiya Natya Parishad had performed fabulous message spreading kit. It was well appreciated and acknowledged by the audience. Team of DD Sahyadri had done the coverage to telecast on their channel. At both the venue President Dr. Girish Rajadhyksha and Dr. Kishor Khushale had given informative public awareness speech to the crowd. Past presidents, Dr. Girish Lad, Dr. Pankaj Bandarkar, Dr. Ajoy Saha, Dr. Rajendra H. Trivedi and Dr. Sachin Patharpekar had graced the event with their presence.

Hon. Secretary Dr. Pragji Vaja thanked all the participants and the audience with special Thanks to Dr. Kishore Kushale.

- ◆ **22nd June 2025: Aao Gaon Chalen** team visited village Sonale. The team comprised of Dr. Sunita Shanbhag, Dr. Hemant Haldavnekar, Dr. Jyotika Kaku, Dr. Neela Haldavnekar and Dr. Sharad Devrukhkar left Mumbai at 6 am. We examined 60 patients morbidity pattern was as follows:

Fungal skin infection 2, vulvitis 1, menstrual irregularities 1, weakness, bodyache 3, cough cold 5, hypertension 3, Anaemia 3, Hemoglobin estimation was done in 5 patients and blood sugar estimation was done in 4 patients. Reusable sanitary pads were distributed and method of use was explained.

- ◆ **1st July 2025:- “Blood Donation Camps”** On occasion of Doctors Day IMA Mumbai Branch organised Blood Donation Camp in association with Rotary club District no 3141, NSS unit Lala Lajpat Rai College and Nair Hospital Blood Bank on 1st July 2025 at Dadar Railway Station from 9 am to 5 pm. Total **81 units** of the blood was collected. Hon Secretary Dr. Pragji Vaja, Chairperson Blood Donation Committee Dr. Pankaj Bandarkar attended the Camp.
- ◆ **2nd July 2025:- “Safe Motherhood Week”**: We celebrated ‘Safe Motherhood Week’ at Suryakant Wagal Maternity Hospital, Near Ram Mandir, Zoabawadi. Charni Road (East). Thakurdwar junction Mumbai on today Tuesday, 2nd July 2025 President Dr. Girish Rajadhyksha, Chairman Safe Motherhood Week Committee Dr. Jyotika Kaku, Asst. Sec. IMA CPP Dr. Sachin Patherkar & Hon. Secretary Dr. Pragji Vaja attended and delivered talk on importance of nutritive diet, regular ANC checkup, rest and light exercise during pregnancy to many pregnant ladies. Hon. Secretary Dr. Pragji Vaja thanked Hospital Incharge Gynecologist Dr. Abhijeet Varpe & Dr. Jyotika Kaku for all arrangements, hospitality and cooperation.  
  
At the end free distribution of Chikkis to all pregnant women to raise the importance of nutritive diet during pregnancy on behalf of IMA Mumbai Branch which was well appreciated by all.
- ◆ **31st August 2025:-** Indian Medical Association organized an **“Eye Checkup Camp”** from **10.00 am to 2.00 pm at Navjivan Society Ganesh Mandal, Mumbai Central**. Chairperson IMA AMS Mumbai Chapter Dr. Arjun Ahuja, Treasurer Dr. Kajal Ahuja & Retina Specialist Dr. Ashish Ahuja & their team had put their best efforts to make it a grand success. President Dr. Girish Rajadhyksha, Hon. Secretary Dr. Pragji Vaja, Past President D. Pankaj Bandarkar, Dr. Sujatunissa Attar & IMA MAH State Joint Secretary Dr. Arvind Patel had participated in the camp. President Dr. Girish Rajadhyksha, Chairperson IMA AMS Chapter Dr. Arjun Ahuja, Treasurer Dr. Kajal Ahuja, President Elect Dr. Mangala Gomare, Dr. Sachin Patharkar, Dr. Sujatunissa Attar & many others had signed up Eye Donation Pledge forms. Many people had taken the benefits of the camp. Free specks & eye medicines were distributed to the needy.
- ◆ **14th September 2025:”Aao Gaon Chalen Camp”** The team Aao Gaon Chalen visited new village Kalhe Taluka Panvel, District Raigad, this village has been adopted in collaboration with NGO PEHL. We examined 112 patients who with following Morbidity pattern Diabetes 13 patients out of which 5 were newly detected, Hypertension 18 out of which 5 were newly detected, URTI 17, Dysmenorrhea 3, Hypo Thyroid 1, Menopausal Syndrome 12, Secondary infertility 2, Severe anaemia 2, Leucorrhoea 2, Eye problem 2, Arthritis 4, Fungal skin infection 5. Total male patients were 49 and female patients were 63. Medicines were dispensed for one-month patients with chronic diseases. Next camp dates are 26<sup>th</sup> of October 2025. The camp was a huge success Patients were very satisfied. The team of villagers leaders were very helpful in providing volunteers, mobilising patients and taking care of hospitality.
- ◆ **17th September 2025: “Blood Donation Camp”** IMA Mumbai Branch had organised in collaboration with Abott Pharma (as per directives from IMA HQ), in association with KEM, Raheja, Sion, Jagjivan Ram Hospital Blood Bank at following Abott Pharma’s Offices:
  - 1) BKC Office
  - 2) Andheri Office &
  - 3) Chembur Office Premises from 9.00am to 5.00 pm.

IMA Team visited blood donation camp site under the leadership of Dr. Shivkumar Utture sir, organised at Abbott Healthcare, BKC office facility. Dr. Girish Lad, Dr. Hitesh Mehta & Dr. Surendra Shingnapurkar & Dr. Pragji Vaja along with top management of Abbott were present to greet and thank the donors along with KEM Hospital and Raheja-Fortis Hospital Blood Bank staff.

At BKC center 476, at Andheri center 76 bottles & at Chembur center 29 units were collected. Total collection **581 units of blood**. Thanks to the donors.

- ◆ **26th October 2025: “Aao Gaon Chalen”** team visited village Ransay near village Kalhe. The team comprised of Dr. Kiran Desai, Dr. Sunita Shanbhag, Dr. Mangala Gomare, Dr. Jotika Kaku and Dr. Sharad Deorukhkar. They reached the village at 10 am and examined patients till 1.30 pm and medicines were dispensed to them for one month. In all they examined 65 patients almost all were tribals from nearby villages. The morbidity pattern was as follows: Bodyache and backache 26, Fever 2, Old case of hemiplegia 2, URTI 10, Menopausal syndrome 2, Tenia 4, Anaemia 3, Weakness 2, Alcoholism 5, BP was checked in 25 patients out of which 5 were found to be Hypertensive, Hemoglobin estimation was done in 12 patients and 3 were found to be anaemic, Blood sugar estimation 9 patients out of which 4 were having hyperglycaemia.
  - ◆ **30th November 2025: “Aao Gaon Chalen”** team visited village Tara and did ashram Shala Students check up. We visited boys and girls of ashram shala and examined 96 girls and 88 boys. A total of 184 children from 5th till 12 std were examined. They gave health education on personal hygiene to all students. Girls were briefed about care during menstruation and importance of hygiene during menstrual periods Ms. Anoushka Rohan Desai a student of Trinity School Florida USA studying in 10th standard collected funds and through these funds towels were distributed to 200 students of the ashram shala. Morbidity pattern were as follows URTI 47, Tenia 21, Scabies 15, Menstrual problems 17, Leukoplakia 1, Umbilical discharge 1, Earache 3, Stunted growth 2. As the children were in growing age iron and calcium tablets were distributed for a month course to all the students.
  - ◆ **14th December 2025: “Aao Gaon Chalen”** team visited village Sarsai situated near Tara village. The team comprised of Dr. Kiran Desai, Dr. Sunita Shanbhag, Dr. Dinesh Prabhu and Dr. Jyotika Kaku. This was a total tribal block comprising of 11 Padas, we examined 78 patients. Blood Sugar was examined in 10 patients out of which 2 of them had high blood sugar.
  - ◆ **18th January 2026: “Aao Gaon Chalen Camp”** Team visited tribal Village of Banubaiche wadi near Tara khale. They examined 110 patients. The morbidity pattern was as follows: URTI 25, hypertension and diabetes 2, scabies 5, Tenia 3, cancer oral cavity undiagnosed and untreated 1, otitis media 2 Threatened abortion 1, infertility 1, menstrual irregularities 3, PID 1, ANC. Checkup 1, generalised disabilities 1.
- They dispensed 53 boxes of high Protein powder to children, old aged people and failure to thrive children. Blood sugar was estimated in 10 patients and hemoglobin was estimated in 5 patients.

- ◆ **18th January 2026: “TATA Mumbai Marathon”** IMA Mumbai Branch actively participated in the prestigious TATA Mumbai Marathon under the Senior Citizen category with a group of 14 senior members representing the association. The participation was undertaken with the dual social awareness theme of “Save the Girl Child” and “Organ Donation”, aiming to

promote gender equality, protect the rights of the girl child, and create public awareness regarding the life-saving importance of organ donation. All participating members demonstrated commendable enthusiasm and commitment reflecting our concern and emphasizing the importance of healthy aging, physical fitness, and social responsibility. The event was exceptionally well executed by the TATA Mumbai Marathon organizing committee. We congratulate following members for their active participation, Dr. Pragji Vaja, Dr. Hozie Kapadia, Dr. Rajendra H. Trivedi, Dr. Vijay Panjabi, Dr. Prakashchandra Borana, Mrs. Meena Prakashchandra Borana, Dr. Indrachand P. Jain, Mrs. Uma Indrachand Jain, Dr. Nirmal C. Jain, Mrs. Bhairavi N. Jain, Dr. Pandhurang M. Bhujang, Dr. Amritlal Nanji Visaria and Mrs. Nalini Amritlal Visaria.

- ◆ **16th February 2025: “Blood Donation Camp”** IMA Mumbai Branch had organised in collaboration with Mahavir International and in association with KEM Hospital Blood Bank on Dadar Railway Station Overhead Bridge, Opp. Swaminarayan Temple, Dadar from 9.00 am to 5.00 pm. Total 82 units of blood was collected. Dr. Pankaj Bandarkar - Chairperson IMA Blood Donation Committee had inaugurated the blood camp.

### CME's

Sr.No.	Date	CME
1	20th April 2025	WHO Day CME
2	11th May 2025	Multi Specialty CME
3	29th June 2025	ICTC CME
4	6th July 2025	Doctors Day CME
5	20th July 2025	Monsoon Related Diseases CME
6	10th August 2025	Multi Specialty CME
7	24th August 2025	Oncology CME
8	14th September 2025	Multi Specialty CME
9	28th September 2025	World Heart Day CME
10	9th November 2025	Diabetes Day CME
11	14th December 2025	Multi Specialty CME
12	21st December 2025	Multi Speciality CME
13	18th January 2026	Multi Speciality CME
14	7th February 2026	Scientific Symposium - Onco-Genomics
15	8th February 2026	Multi Specialty CME
16	8th March 2026	Outstation CME
17	15th March 2026	World Kidney Day CME

## 8th February 2026 - BIMA Extempore Elocution Competition & Multi Speciality CME



Felicitation of Speaker Dr. Chandan Chaudary



Felicitation of Speaker Dr. Rahul Chhabria



Felicitation of Speaker Dr. Shailaja Sabnis



First Prize - Dr. Ansari Farzana - IMA Member



Winners - IMA Members



Winners - MSN & JDN Members



Judges



Editor BIMA & Hon. Secretary

## 9th February 2026 - Blood Donation Camp at Dadar Railway Station



## 22nd February 2026 - Aao Gaon Chalen Camp at village Akhada Wadi near Tara



**8th March 2026 - Outstation CME at Karjat**



**Speaker Dr. Ravi Gupta**

**Members enjoying T-20 World Cup Final.**



**Speaker Dr. Sunil Jain**

## 15th March 2026 - World Kidney Day CME



Felicitation of Speaker Dr. Girish Rajadhyaksha



Speaker Dr. Bharat Shah



Felicitation of Speaker Dr. Jeyhan Dhabhar



Felicitation of Speaker Dr. Siddharth Lakhani



Felicitation of Speaker Dr. Srinivas Kudva



Felicitation of Speaker Mr. Dinesh Ajwani



Felicitation of Speaker Mr. Koustubh P. Shaha

## AS PER DIRECTIVE OF IMA STATE AND HQ'S WE ORGANIZED

**5th & 6th April 2025** : 233rd meeting of the Central Working Committee was held on 5th & 6th April 2025 at Dehradun. From our branch, the following members participated in the CWC meeting : Dr. Shivkumar Utture, Dr. Anil Pachnekar, Dr. Pankaj Bandarkar, Dr. Hozie Kapadia, Dr. Vijay C. Panjabi, Dr. Pragji Vaja, Dr. Sujatunnisa Attar and Dr. Anil Avhad. Dr. Shivkumar Utture had given his talk on "Medico Legal" subject which was well appreciated and applauded by the house.

Following are the decisions taken by the above CWC:

1. The efforts for Central Act on violence will be continued by IMA HQs
2. The efforts to exempt medical professionals from Criminal prosecution will be continued.
3. Repeal of PCPNDT Act in its present form and re-enacting the same with mandatory detection of sex of the foetus and tagging as well as safeguarding all unborn children irrespective of sex.
4. Mixopathy is acknowledged as the biggest threat to the profession of modern medicine. No effort will be spared to stop this catastrophic Initiative.
5. IMA reiterates its opposition to NEXT.
6. All efforts to expedite the construction of IMA HQs Building will be taken on war footing basis.
7. IMA will work towards exemption of medical professionals from the ambit of CPA.
8. IMA demands to abolish GST on drugs, medical equipments, hospital beds and Health Insurance.
9. IMA HQs will work with the MoH to exempt hospitals less than 50 beds from Central CEA.
10. IMA ethical branding of Clinical Establishments will be implemented by IMA HBI.

Dr. Hozie Kapadia National Vice-President spoke about HPV Vaccination programme in association with FOGSI. He also requested all the members to send the names of members from the respective state branch to educate 50,000 members under this HPV Vaccination programme. CWC meeting was very meticulously and masterly hosted in the superb ambience with heart touching hospitality by the IMA Uttarakhand.

**15th June 2025:** The **AMSCON 2025 Conference**, organized and hosted by the IMA Mumbai Branch, was successfully held on Sunday 15th June 2025 at the IMA Hall, Mumbai.

Inauguration Ceremony was conducted by Dr. Jitesh Mehta and Dr. Kavan Lakdawala. Lighting of the lamp was done by the hands of Chief Guest Dr. Santosh Kadam, President IMA Maharashtra State, Guest of Honour Dr. Hozie Kapadia, National Vice President IMA HQ, Dr. Anil Avhad, Hon. Secretary IMA Maharashtra State, Dr. Girish Rajadhyaksha, President IMA Mumbai Branch, Dr. Sujatunnisa Attar, Org. Chairman AMSCON & Dr. Jitesh Mehta, Org. Co-Chairperson AMSCON. It was a Hybrid conference, which witnessed an excellent overwhelming full house response and a huge one thousand plus online attendance from members across various branches of IMA MS.

Eminent speakers, who delivered insightful talks on clinically relevant and current medical topics, enriching the knowledge of all attendees. The scientific sessions were thoughtfully curated, and the entire program ran meticulously on schedule, reflecting the team's commitment to professionalism and academic excellence. Participants appreciated the sumptuous meals provided during the event, and the utility delegate gift was especially well received, adding a thoughtful touch to the conference experience.

The conference seamless execution stands testimony to the dedication and meticulous planning of the organizing team. Their efforts ensured that every aspect from registration to hospitality and technical coordination was handled with excellence.

Heartfelt thanks and congratulations to the entire organizing committee for delivering a truly memorable and successful AMSCON 2025 Conference.

**3rd August 2025:** 2nd State Executive Committee meeting of IMA Maharashtra State was held at Guhagar on August, hosted by IMA Chiplun Branch. Various burning issues such as registration of homeopathy candidates completing short course of Pharmacology with MMC was discussed in detail and it was decided to oppose it by all means including political liasoning and awareness amongst general public regarding how it will be dangerous for common peoples healthcare delivery. It was also decided that some kind of disciplinary action should be taken on candidates who contested against official IMA nominated candidates during MMC elections. It was decided to have dialogue with the Maharashtra state government regarding amendments of Nursing Home act so that small Nursing Homes which are the backbone of healthcare delivery will survive. The venue of the meeting was fantastic and the hospitality provided by IMA Chiplun branch was appreciated by one and all. 13 members from our branch attended this meeting.

**14th and 15th November 2025:** - 'MASTACON 2025' was held at IMA Solapur Branch on 14th and 15th November where in Dr. Santosh Kulkarni was installed as IMA State President with his team. From our branch Dr. Girish Lad as Vice President and Dr. Surendra Shingnapurkar as Joint Secretary are in his team. Everybody appreciated the arrangement, venue, food, scientific programme and hospitality of IMA Solapur branch who hosted the MASTACON 2025. State Executive and Council meeting were held on Saturday, 15th November 2025 issues like Court Case regarding Homeopathy CCMP course and registration of Homeopath doctors in Maharashtra Medical Council, Nursing Home Act amendments were discussed in detail and President informed that we are hopeful to get court decisions in our favor. 19 members from our branch attended MASTACON 2025.

Our branch has been awarded with prestigious State Awards as follows:

- 1) Presidents Appreciation Award for Best Large Branch.
- 2) Dr. J. S. Sikchi Award for Local Sub Faculty of IMA CGP.
- 3) IMA MS President Appreciation Award to IMA MS AMSCON 2025.
- 4) IMA MS President Appreciation Award to Dr. Girish Lad.
- 5) IMA MS President Appreciation Special Award to Dr. Shivkumar Utture.
- 6) IMA MS President Appreciation Special Award to Dr. Anil Pachnekar
- 7) IMA MS President Appreciation Award to Dr. Sujatunnisa Attar.
- 8) IMA MS President Appreciation Award to Dr. Pragji Vaja.

**27th & 28th December 2025** - IMA NATCON 2025 was held on 27<sup>th</sup> & 28<sup>th</sup> December 2025 at Ahmedabad and hosted by IMA Ahmedabad Branch. Dr. Anil Kumar Nayak was installed as National President 2025-26. Home Minister of India Shri. Amit Shah presided as the Chief Guest & Shri. Bhupendra Patel, Chief Minister of Gujarat as the Guest of Honour during installation ceremony. Chief Patron of IMA Dr. Ketan Desai, Chairman of BCCI Mr. Jay Shah and many other MLAs of Gujarat State graced the occasion.

Home Minister of India Shri Amit Shah and Chief Minister of Gujarat Shri Bhupendra Patel appreciated the work done by IMA for the citizens of the country and also assured to safeguard the interest of the medical fraternity.

National President Dr. Anil Kumar Nayak thanked all for having faith in him for the prestigious post of National President. He also assured to do the best for IMA & medical community at large during his tenure using his resources & contacts. Dr. Dilip Bhanushali, outgoing President congratulated & welcomed the new team, and assured his full cooperation to them.

Dr. Shivkumar Utture presented National President's Citation on Mixopathy / Crosspathy, in the Central Council meeting which was very well appreciated by all the delegates. This National President's Citation was awarded to him for his Exceptional Services.

From our branch Following members attended the NATCON:

Dr. Girish Rajadhyaksha, Dr. Mrs. Anjali Girish Rajadhyaksha, Dr. Pragji Vaja, Dr. Shivkumar Utture, Dr. Anil Pachnekar, Dr. Hozie Kapadia, Dr. Anil Avhad, Dr. Pankaj Bandarkar, Dr. Sujatunnisa Attar, Dr. Sunil Jain, Dr. Mangala Gomare and Dr. Girish Lad.

Our branch received following IMA National Awards at 100th NATCON:

1. IMA Mumbai Branch received - IMA Publication Award for IMA News Bulletin (Branch).  
Editor BIMA, Dr. Rajendra H. Trivedi
2. Dr. Shivkumar Utture, in recognition of his Exceptional Services was honoured to present National President's Citation.
3. Dr. Girish Lad received - IMA National President's Appreciation Award for Best adjudged Hon. Secretary of a Local Branch.
4. Dr. Anil Avhad received - IMA National President's Appreciation Award for Best adjudged Hon. State Secretary.



## CONFERENCES

**13th April 2025: Installation of Incoming President and his team** our newly elected President Dr. Girish Rajadhyaksha, on Sunday, 13th April 2025, at the beautifully decorated IMA Lawn. The ceremony was graced by esteemed dignitaries, including the Chief Guest Dr. Dilip Bhanushali, National President IMA HQ., Guest of Honor Dr. Hozie Kapadia, National Vice President, IMA HQ., and Special Invitee Dr. Anil Avhad Hon. Secretary IMA Maharashtra State, whose presence elevated the occasion. They addressed the gathering with thoughtful words, appreciating the role of the IMA Mumbai Branch in the medical fraternity and expressing confidence in the capable leadership of Dr. Girish Rajadhyaksha. They also highlighted the importance of unity to tackle the various burning issues in healthcare.

The event witnessed the enthusiastic participation of more than 175 members to offer their best wishes to the new president. In his address, Dr. Girish Rajadhyaksha shared his vision for the year ahead, focusing on professional development, public health initiatives, and strengthening member engagement. Outgoing President Dr. Girish Lad enumerated the work done by him in his tenure and equally congratulated the new President and also assured his full cooperation in the coming days. A heartfelt note of appreciation was also extended to the outgoing President, Dr. Girish Lad (2024-25), for his dedicated service and outstanding contributions to the Association by the President Dr. Girish Rajadhyaksha.

The dignitaries conveyed their best wishes to both the outgoing and incoming Presidents.

**President Appreciation Award** were given to: Dr. Rajendra H. Trivedi, Dr. Sujatunnisa Attar, Dr. Jitesh Mehta, Dr. Sunil Jain and Dr. Yogesh Shah

**Dr. Manghanmal S. Kirpalani Award** to Dr. Prakash Borana

**Dr. A.D. Daftary Award** to Dr. Sujatunnisa Attar

**Dr.H.M.Trivedi Awards** to Dr. S.G. Shanbhag, Dr. Yogesh Shah, Dr. Usha Shah and Dr. Kaushalya T. Mistry.

All awardees were acknowledged and applauded by the audience.

Dr. Arvind Patel & Dr. Kajal Ahuja jointly very meticulously and timely conducted the event in the capacity of Master of Ceremony. The ceremony concluded with a banquet and dinner, where members mingled in an atmosphere of warmth and celebration, marking a memorable evening and a promising start to the new IMA year.

**15th June 2025:** The **AMSCON 2025 Conference**, organized and hosted by the IMA Mumbai Branch, was successfully held on Sunday 15th June 2025 at the IMA Hall, Mumbai.

Inauguration Ceremony was conducted by Dr. Jitesh Mehta and Dr. Kavan Lakdawala. Lighting of the lamp was done by the hands of Chief Guest Dr. Santosh Kadam, President IMA Maharashtra State, Guest of Honour Dr. Hozie Kapadia, National Vice President IMA HQ, Dr. Anil Avhad, Hon. Secretary IMA Maharashtra State, Dr. Girish Rajadhyaksha, President IMA Mumbai Branch, Dr. Sujatunnisa Attar, Org. Chairman AMSCON & Dr. Jitesh Mehta, Org. Co-Chairperson AMSCON. It was a Hybrid conference, which witnessed an excellent overwhelming full house response and a huge one thousand plus online attendance from members across various branches of IMA MS.

Eminent speakers, who delivered insightful talks on clinically relevant and current medical topics, enriching the knowledge of all attendees. The scientific sessions were thoughtfully curated, and the entire program ran meticulously on schedule, reflecting the team's commitment to

professionalism and academic excellence. Participants appreciated the sumptuous meals provided during the event, and the utility delegate gift was especially well received, adding a thoughtful touch to the conference experience.

The conference seamless execution stands testimony to the dedication and meticulous planning of the organizing team. Their efforts ensured that every aspect from registration to hospitality and technical coordination was handled with excellence.

Heartfelt thanks and congratulations to the entire organizing committee for delivering a truly memorable and successful AMSCON 2025 Conference.

### **12th October 2025 – 55th ANNUAL CONFERENCE OF IMA MUMBAI BRANCH, MAHA CGPCON AND NATIONAL WEST ZONE CGPCON HELD AT ITC PAREL.**

More than 300 delegates from Mumbai as well as across Maharashtra participated in this conference. Renowned and distinguished speakers expressed their expert opinion in their respective field of specialty. The speakers were:- Dr. Ajay Phadke, Dr. Sewanti Limaye, Dr. Ameet Pispoti, Dr. Kanav Kumar, Dr. Vijay Haribhakti, Dr. Viraj Nevrekar, Dr. Roshan Chinoy, Dr. Shailesh Raina, Dr. Akash Shukla, Dr. Alok Sharma, Dr. Avya Bansal, Dr. Parzan Mistry, Dr. Jaydeep Palep, Dr. Prashant Nayak, Dr. Abhishek Mangeshkar, Dr. Tasneem Bharmal, Mr. Rohit Kumar Chawda, Dr. Rohit Pai, Dr. Mangesh Patil and Dr. Ashwini Kalshetty.

The event was truly grand in every sense - meticulously planned, wonderfully executed, and immensely enriching. The line-up of 21 eminent esteemed speakers with authority on their topic, each delivering highly informative and valuable presentations on a wide range of General Practice -related topics, made the academic sessions both engaging and educational. The scientific content was practical, insightful, and extremely beneficial for all attending delegates.

Souvenir prepared by Dr. Rajendra H. Trivedi Chairperson Souvenir Committee was released by the Chief Guest.

In addition to the academic excellence, the conference offered a perfect blend of enjoyment and hospitality. The multiple lucky gifts, the mega lucky draw, attractive delegate kits, useful exhibition stalls, and the sumptuous, mouth-watering food arrangements added great delight to the day.

Conference Inaugural Ceremony was blessed by the graceful presence of National President IMA HQ Dr. Dilip Bhanusali, National Vice President IMA HQ Dr. Hozie Kapadia, Hon. Finance Secretary IMA HQ Dr. Piyush Jain, Dean IMA CGP HQ Dr. V. S. Prasad, Hon. Secretary IMA CGP HQ Dr. Amutha Karunanidhi, IMA Maharashtra State President Dr. Santosh Kadam, Hon. Secretary Dr. Anil Avhad & Dr. Jagdish Ramchandani Director of Studies IMA MS Faculty of CGP and dignitaries from various reputed medical organisations.

All the dignitaries congratulated and appreciated the efforts put in by IMA Mumbai Branch team. Every detail from registration to end and welcome to the hospitality reflected the thoughtful planning and teamwork of the organizing committee.

The entire Conference Organising team especially Conference Organising Chairman Dr. Sujatunnisa Attar IMA Mumbai Branch deserves high praise for maintaining meticulously planned successful Conference. The success of this 55th Annual Conference stands as a testament to team dedication, unity, and commitment of the IMA Mumbai branch.



## IMA CGP Mumbai Sub- Faculty Report

The IMA CGP Mumbai Sub Faculty worked tirelessly throughout the year, which culminated into exhaustive, brain stimulating and informative CME and Webinar for the Medical Practitioners. All the CME's had a very good attendance of delegates. Topics of different medical specialties were discussed by experts. There were 4-6 speakers in each CME. Applicable Credit Hours of MMC were given to the delegates. The IMA CGP Mumbai Sub Faculty worked very enthusiastically and was ably supported by the President - Dr. Girish Rajadhyaksha, Hon. Secretary – Dr. Pragji Vaja & all the office bearers along with the office staff in arranging CME smoothly. Total 17 CME's was conducted during the year 2025-2026.

We have received IMA Maharashtra State Dr. J. S. Sikchi Award for Local Sub Faculty of IMA CGP.

**Date: Sunday, 20th April 2025**

**Sub:- WHO Day CME**

Current status of CABG	Dr. Rithin Rathnakar
Precision (Individualised) Care in Oncology - As One Size does not fit all	Dr. Jyoti Bajpai
Advancing Tailored Treatment in HR+ HER2- Breast Cancer	Dr. Amish Dalal

**Date: Sunday, 11th May 2025**

**Sub:- Multi Speciality CME**

CA New Hope for BPH patients	Dr. Mohammad Ismail Attar
Immunotherapy in Oncology- Harnessing our immune system	Dr. Fahad Afzal Shaikh
Treatment of HCC	Dr. Gaurav Choubal
Common Hematological Disorders	Dr. Seema Jagiasi

**Date: Thursday, 29th June 2025**

**Sub:- Oncology CME**

Future of Oncology	Dr. Viraj Nevrekar
Endoscopy in Oncology	Dr. Vikas Pandey
Breast cancer & advances in Breast cancer surgery	Dr. Rajashri Kelkar
Bronchoscopic diagnostic modalities in lung cancer	Dr. Pravin Taware
PSA: When-How- Why?	Dr. Tarun Jain
Oncology Quiz	Dr. Rohit Pai

**Date : Sunday, 6th July 2025**

**Sub:- Doctors Day CME**

Advances in Hernia surgery	Dr. Nidhi Khandelwal
The Radiation Oncology Enigma- what we do and how we do it?	Dr. Riddhijyoti Talukdar
Structural heart interventions - The most exciting frontier in cardiology	Dr. Rahul Gupta

**Date : Sunday, 20th July 2025**

**Sub:- Monsoon Related Diseases CME**

Representation of Monsoon Related Diseases in Mumbai	Dr. Junaid Shaikh
AIS & HS stroke- Diagnosis & treatment	Dr. Neeraj Singh
Diagnosis and treatment of chronic kidney disorders and End-Stage renal disorders.	Dr. Zaheer Virani
Ace Seasonal Infections with Next Generation Sequencing	Dr. Mahua Kapoor
What's New in Monsoon Related Diseases?	Dr. Kirti Sabnis
Laparoscopy to Robotic Surgery : My Paradigm Shift	Dr. Jignesh Gandhi

**Date : Sunday, 10th August 2025**

**Sub:- Multi Speciality CME**

Managing Malignant Hematological Disorders and role of HSCT.	Dr. Chintan Vyas
Surgical management of Breast cancer	Dr. Vijayashree Murthy
Liver Transplant: case based discussion	Dr. Swapnil Sharma
Multiple Sclerosis	Dr. Sheetal Goyal

**Date : Sunday, 24th August 2025**

**Sub:- Oncology CME**

Renal Tumours: Diagnosis & Management	Dr. Jitendra Sakhrani
Pulmonologist perspective in Lung Oncology	Dr. Rahul Wakankar
Basics of CAR-T, Real World Data & Case based outcomes	Dr. Kunal Goyal
Baret's esophagus – diagnosis & management	Dr. Gajanan Rodge
Overview of Gynaecological Cancers	Dr. Vrunda Karanjgaokar
Immunotherapy – A new paradigm for Cancer Treatment	Dr. Rohit Pai
Dubai Property Investment Exclusive payment plan for Doctors	Mr. Akshay Jain

**Date : Sunday, 14th September 2025**

**Sub:- Multi Speciality CME**

Interesting Cases in Trichology	Dr. Shankar Sawant
Promise of Precision Oncology	Dr. Sachin Trivedi
Semaglutide 2.4 mg: STEPping into the realms of high efficacy obesity management medications	Dr. Shaival Chandalia
Interesting cases in Plastic surgery	Dr. Shraddha Deshpande

**Date : Sunday, 28th September 2025**

**Sub:- World Heart Day CME**

Optimizing Patient Care in Worsening Heart Failure: Exploring evidence with Vericiguat	Dr. Shantesh Kaushik
Advancements in Aortic and Valvular surgeries	Dr. Upendra Bhalerao

CABG & valve Replacement – A super speciality within subspeciality	Dr. Vidyadhar Lad
Device therapy in Heart Failure	Dr. Sameer Pagad
Management Of Instant Restenosis	Dr. Ajit Menon
Arterial Revascularisation-Is it for all?	Dr. Anvay Muley
Connecting the dots with Inclisiran: LDLc variability and adherence in ASCVD	Dr. V. T. Shah
The Indian HF Challenge Managing comorbidities with ARNI	Dr. Sameer Pagad
ACS + T2D Care Whats In Whats Out.?	Dr. Rahul Gupta

**Date : Sunday, 9th November 2025**

**Sub:- Diabetes Day CME**

Triple Therapy, Common Goal- Good Glycemic & Cardiovascular Outcomes in T2DM Management	Dr. Nihar Mehta
Recent Advances in Radiation Oncology	Dr. Unmesh Mukherjee
Clinical Pearls in Diabetic Retinopathy	Dr. Kiran Shah
Diabetes Emergencies	Dr. Girish Rajadhyaksha
Advancing shingles prevention strategy in patient with Diabetes challenge and opportunities	Dr. Jeenam Shah

**Date : Sunday, 14th December 2025**

**Sub:- Multi Speciality CME**

Prioritizing the Need for adult Immunization in Chronic Respiratory Disease Patients	Dr. Lancelot Pinto
Manage HK or Maintain Optimal RAASi - Tackling the Dilemma of HF Treatment	Dr. Kunal Sinkar
Bariatric Nutrition for Long-Term Success: 10 Non-Negotiables	Dietician Kavita Bhatia
' How can I Keep my Brain Healthy	Dr. Pankaj Agarwal
New advances in Treating Brain problems	Dr. Nitin Dange
Managing Non-Malignant Hematological Disorders and role of HSCT	Dr. Priti Mehta

**Date : Thursday, 21st December 2025**

**Sub:- Multi Speciality CME**

Improving Cosmetic Outcomes in Early and Advanced Head Neck Cancer Patients	Dr. Prashant Pawar
Obstructive jaundice	Dr. Nilesh Doctor
Adult Vaccination Guidelines	Dr. Avya Bansal
Ovarian Cancer Update	Dr. Rohit Pai
Economics of Cancer	Dr. Viraj Nevrekar
GI malignancy - Gastroenterologists perspective	Dr. Saiparsad Lad

**Date : Sunday, 18th January 2026**

**Sub:- Multi Speciality CME**

Indications for Anticoagulation	<b>DR. SAURABH KAMAT</b> <b>Moderator:</b> Dr. Anil Sharma, Dr. Snehal Kothari
Controversies regarding oral anticoagulation for stroke prevention in atrial fibrillation	<b>DR. ABHIJIT BORSE</b> <b>Moderator:</b> Dr. Anil Sharma, Dr. Snehal Kothari
Panel Discussion: Anticoagulation in High-Risk Patients: A Case Based Approach	<b>Moderator:</b> Dr. Laxmi Patil <b>Panelist:</b> Dr. Girish Rajadhyaksha Dr. Snehal Kothari, Dr. Anil Sharma
Case Presentations on anticoagulation & discussions (quizzes ECG & 2D Echo)	<b>DR. SAMEER RANE</b> <b>Moderator :</b> Dr. Girish Rajadhyaksha, Dr. Snehal Kothari

**Date : Sunday, 7th February 2026**

**Sub:- “The Scientific Symposium on Onco-Genomics”**

Context & Perspective: Why Genomics Matters in Today's Oncology Practice	DR. SURESH ADVANI
Inherited Movement Disorders: Red Flags and Diagnostic	DR. CHARULATA SANKHLA
SMA Gene Therapy talk	DR. NEELU DESAI
Integrating Reproductive Genomics into Routine Obstetric Practice	DR. SUNITA TANDULWADKAR
Utility of Exome-Based Prenatal Diagnosis	DR. CHANDER LULLA
Genetic Counseling for RPL (Recurrent Pregnancy Loss)	DR. SHAILESH PANDE

**Date : Sunday, 8th February 2026**

**Sub:- Multi Speciality CME**

Gaps in Current Management for Cardiorenal Patients Focus on hyperkalaemia	Dr. Chandan Chaudhary
Shingles in AIRD Approach to prevent pain and enhance care.	Dr. Shailaja Sabnis
From Base to Peak: Tackling the obesity mountain with Tirzepatide	Dr. Rahul Chhabria

**Date : Sunday, 8th March 2026**

**Sub:- Outstation CME**

Gaps in Current Management for Cardiorenal Patients Focus on hyperkalaemia	Dr. Chandan Chaudhary
Shingles in AIRD Approach to prevent pain and enhance care.	Dr. Shailaja Sabnis
From Base to Peak: Tackling the obesity mountain with Tirzepatide	Dr. Rahul Chhabria with

**Date : Sunday, 15th March 2026**

**Sub:- World Kidney Day CME**

From base to Peak: Approaching the Obesity Mountain with Tirzepatide	Dr. Nikesh Jain
Kidney health for all	Dr. Bharat Shah
PMS - Path to Healthy Financial Life	Dr. Koustubh P Shaha
Building Parallel Income: 7 Key Financial Vitals Every Doctor Should Know	Dr. Dinesh Ajwani CFPcm
Potassium, RAASI, and the Heart: Keeping Life - Saving Therapies on Track	Dr. Srinivas Kudva
Unmasking Hyperkalaemia Across the CKD Continuum	Dr. Sidharth Lakhani
Navigating Breast Cancer: From Diagnosis and Treatment to Recent Advances with Enhertu	Dr. Jeyhan Dhabhar

**DR. GIRISH RAJADHYAKSHA**

President

**DR. PRAGJI VAJA**

Hon. Secretary

**IMA Mumbai Branch**

**DR. SUNIL JAIN**

Asst. Director

**DR. SACHIN PATHARKAR**

Asst. Secretary

**IMA CGP Mumbai Sub-Faculty**



### **ESIS Sub-Committee - 2025-26**

IMP's following demands are pending -

1. Court Decision is awaited for removal of IMP's above 70 years of age.
2. Capitation fees rise is delayed, so not received
3. Live List (LL) preparation is not done for every quarter and work is pending for more than 2 years.
4. Demand for chemist shops in Mumbai city is pending for more than 5 years.

We hope new government to fulfill our genuine demands

**DR. GIRISH RAJADHYAKSHA**

President

**DR. PRAGJI VAJA**

Hon. Secretary

**DR. S. G. SHANBHAG**

Chairperson

**DR. RAJENDRA H. TRIVEDI**

Co-Chairman

**ESIS & LIC Sub Committee  
IMA Mumbai Branch**

## REPORT OF BIMA SUB - COMMITTEE

BIMA reaches the members regularly in the first week of every month and eBIMA is placed on our official website. We are very thankful and grateful to Dr. Shivkumar Utture, Dr. Jitesh Mehta, Dr. Anil Avhad, Dr. Arvind Patel and Dr. Vijay Karanjkar for their help, encouragement and support in making e-BIMA popular.

IMA Mumbai Branch had received for IMA Publication Award for IMA News Bulletin from IMA Head Quarters.

“**BIMA Elocution Competition**” and “**Multi Speciality**” CME was organised by IMA Mumbai Branch was held on 8th February 2026 at IMA House for IMA members, JDN members and MSN students in the Honour of the prestigious Dr. V. H. Salaskar Trophy.

A panel of experienced and eminent judges Dr. Vijay Punjabi, Dr. Mangala Gomare & Dr. Akshay Sevak carefully evaluated the participants and the results declared were widely accepted as fair and unbiased.

1<sup>st</sup> Prize and Dr. V. H. Salaskar Rotating trophy was bagged by Dr. Ansari Farzana Asif,  
2<sup>nd</sup> prize winner - Dr. Sachin Patharkar  
3<sup>rd</sup> prize winner - Dr. Rambhia Neeta Sameer.

A separate Extempore Elocution Competition was held for IMA JDN/ MSN members.  
1<sup>st</sup> prize winner - Dr. Nishtha,  
2<sup>nd</sup> prize winner - Dr. Natanshi Kumar  
3<sup>rd</sup> prize winner - Dr. Riya Bhise.

I am sure with the cooperation of all the members we will be able to achieve our goal of making eBIMA the best news bulletin in India.

**DR. GIRISH RAJADHYAKSHA**  
President

**DR. PRAGJI VAJA**  
Hon. Secretary

**DR. RAJENDRA H. TRIVEDI**  
Editor

**DR. VIJAY KARANJKAR**  
Hon. Secretary – BIMA

**BIMA Sub- Committee**  
**IMA Mumbai Branch**

## BLOOD DONATION SUB-COMMITTEE REPORT

- **1st July 2025:- “Blood Donation Camps”** On occasion of Doctors Day IMA Mumbai Branch organised Blood Donation Camp in association with Rotary club District no 3141, NSS unit Lala Lajpat Rai College and Nair Hospital Blood Bank on 1st July 2025 at Dadar Railway Station from 9 am to 5 pm. Total **81 units of the blood** was collected. Hon Secretary Dr. Pragji Vaja, Chairperson Blood Donation Committee Dr. Pankaj Bandarkar attended the Camp.
- **17th September 2025: “Blood Donation Camp”** IMA Mumbai Branch had organised in collobration with Abott Pharma (as per directives from IMA HQ), in association with KEM, Raheja, Sion, Jagjivan Ram Hospital Blood Bank at following Abott Pharma’s Offices:
  - 1) BKC Office
  - 2) Andheri Office &
  - 3) Chembur Office Premises from 9.00 am to 5.00 pm.

IMA Team visited blood donation camp site under the leadership of Dr. Shivkumar Utture sir, organised at Abbott Healthcare, BKC office facility. Dr. Girish Lad, Dr. Hitesh Mehta & Dr. Surendra Shingnapurkar & Dr. Pragji Vaja along with top management of Abbott were present to greet and thank the donors along with KEM Hospital and Raheja-Fortis Hospital Blood Bank staff.

At BKC center 476, at Andheri center 76 bottles & at Chembur center 29 units were collected. Total collection **581 units of blood**. Thanks to the donors.

- **16th February 2025: “Blood Donation Camp”** IMA Mumbai Branch had organised in collobration with Mahavir International and in association with KEM Hospital Blood Bank on Dadar Railway Station Overhead Bridge, Opp. Swaminarayan Temple, Dadar from 9.00 am to 5.00 pm. Total **82 units of blood** was collected. Dr. Pankaj Bandarkar - Chairperson IMA Blood Donation Committee had inaugurated the blood camp.

**DR. GIRISH RAJADHYAKSHA**

President

**DR. PRAGJI VAJA**

Hon. Secretary

**DR. PANKAJ BANDARKAR**

Chairperson

**Blood Donation Sub Committee**

**IMA Mumbai Branch**

## **ANNUAL REPORT OF AAO GAON CHALEN SUB-COMMITTEE 2025 - 2026**

The team of Aao Gaon Chalen comprises of Chairman Dr. Kiran Desai, Co-Chairperson Dr. Sunita Shanbhag, Dr. Jyotika Kaku, Dr Dinesh Prabhu, Dr. Shridhar Shanbhag, Dr. Hemant Haldavnekar, Dr. Neela Haldavnekar, and Dr Sharada Devrukhkar “PHEL an NGO Headed by Dr. Anjana and Dr. Amit Thadani based in Chembur and working in the field of rural health has collaborated with Aao Gaon Chalen program of IMA. “Team visited Bhoirwadi near Karjat, sonale at Palgarh, “Khale Ransay, Sarsai, Banubaiche wadi, Akhada wadi Village near Tara “All these villages are situated with a radius of 100 KM from Mumbai.

Total 10 Health and special camps were held in the year “Total patients with various ailments examined were 844. “. Hemoglobin was estimated in 48 patients out of these 23 were found to be anaemic “. Blood sugar was estimated in 72 patients out of the ‘em 32 were having diabetes “. Hypertension was found in 64 patients “. Skin infections in 72 patients “. Joint pain in 38 patients “. Menstrual problems were present in 50 women “. URTI was found in 127 patients “Rest of them had bodyache, diarrhea, weakness etc. “All patients were given health education and treatment

### **Special Drives**

1. Health Education to young girls and young mothers about menstrual hygiene and care to be taken during periods and reusable sanitary napkins were distributed to 97 girls and young mothers.
2. Health education was given to young school children girls and boys of ashram shala about personal hygiene and health. And 284 towels were distributed to them. “These towels were donations received from Miss Ariana Rohan Desai a young girl studying in USA who was moved by the plight of hygiene standards of school going children “And donation of towels was also received from Dr Mangala Gomare President Elect as a part of social responsibility.
3. Health education was imparted on Nutrition and anaemia and Dr Singan Donated 100 boxes of protein powder which was distributed to malnourished children and old people.

### **Special Camps**

1. Ashram Shala Check up and education was done in tribal school where 184 children were examined.
2. Brick Kiln workers will be examined in 28th of March at the site of there work
4. Home visit was done in Banubaiche wadi where a small child was sick. Medicines were given and a follow up by Medical social worker was advises

**DR. GIRISH RAJADHYAKSHA**

President

**DR. PRAGJI VAJA**

Hon. Secretary

**DR. KIRAN DESAI**

Chairperson

**DR. SUNITA SHANBHAG/DR. DINESH PRABHU**

Co-Chairpersons

**Aao Gaon Chalen & Rural & Community Health Sub-Committee**

## **CULTURAL SUB COMMITTEE REPORT**

### **Independence Day : 15 August 2025**

Independence Day Celebration was celebrated at IMA Ground, IMA Mumbai Branch. Flag Hoisting Ceremony was done by the hands of President Dr. Girish Rajadhyaksha which was followed by National Anthem & Vande Mataram song. President Dr. Girish Rajadhyaksha & State Hon. Secretary Dr. Anil Avhad in their speech they emphasized the value of freedom & democracy & remembered the sacrifice given by our freedom fighter for getting Independence. They also touched upon the burning issues of our fraternity like MMC election, Mixopathy and others. They appealed all members to support in fight against the Mixopathy.

As a part of IMA tradition felicitation of our three past Presidents Dr. Rajendra Trivedi, Dr. Yogesh Shah & Dr. Salim Sachani was done as a part of gratitude towards their contributions to the IMA during their tenure and thereafter. They thanked the IMA for their honour and assured to continue their cooperation.

Dr. Shivkumar Utture gave details about the progress of our fight against Mixopathy. He praised the work done by Dr. Anil Avhad Hon. State Secretary. Hon. Secretary Dr. Pragji Vaja thanked Dr. Akshay Sevak Chairperson IMA Independence Day Committee for his efforts in making the flag hoisting ceremony successful and also thanked all present members.

### **Republic Day : 26 January 2026**

The Republic Day was celebrated with great pride and patriotic feeling by the Indian Medical Association Mumbai Branch. The programme commenced with the unfurling of the National Flag by the President Dr. Girish Rajadhyaksha followed by National Anthem.

The President delivered a very thoughtful and inspiring speech highlighting the significance of Republic Day and the values enshrined in the Constitution of India. He also emphasized the important role of the Indian Medical Association in safeguarding the welfare, dignity, and professional interests of the medical community.

This was followed by an address by the President-Elect Dr. Mangala Gomare, who further reinforced the responsibilities of members towards the nation and IMA. Hon. Secretary Dr. Pragji Vaja thanked the contribution of Dr. Akshay Sevak, Dr. Rajendra Trivedi & office staff for making this event a grand success. He also thanked the presence of all senior members, office bearers and members.

A special highlight of the programme was the karaoke musical session of patriotic songs performed by IMA members. The soulful performance by Dr. Anil Avhad, Dr. Jitesh Mehta, Dr. Yogesh Shah, President Dr. Girish Rajadhyaksha, President Elect Dr. Mangala Gomare & Dr. Anil Pachnekar created a deeply emotional and patriotic atmosphere and were warmly appreciated by all present.

The programme was well attended by a large number of IMA members, including the presence of an ever young senior member and Past President Dr. Ramesh Shah. Poem written by him was cited by Hon. Secretary Dr. Pragji Vaja which added great inspiration and pride to the occasion.

The celebration concluded with a vote of thanks, followed by refreshments. Overall, the Republic Day celebration was meaningful and memorable.

### **Outstation CME**

“**Out Station Picnic** “IMA Mumbai Branch conducted its annual Outstation CME at luxurious Paramount Riverfront Resort at Karjat on 8th March 2026. Well known cardiologist Dr. Ravi Gupta spoke on beyond coronary stenting and Dr. Sunil Jain gave valuable practical tips on CRP.

In the evening there was a get together with fellowship and projection of live India versus New Zealand T20 final match telecast on the big screen. All the delegates enjoyed the academic session and celebrated T20 world cup win of India. This Out station CME was a huge success. Congratulations to the organisers Dr. Pankaj Bandarkar, Dr Anil Avhad & Managing Committee Members for arranging a memorable and unique outing of IMA Mumbai Branch Members.

**DR. GIRISH RAJADHYAKSHA**  
President

**DR. YOGESH SHAH**  
Chairperson

**DR. PRAGJI VAJA**  
Hon. Secretary

**Cultural Sub Committee**  
**IMA Mumbai Branch**



## **MEMBERSHIP PROMOTION SUB-COMMITTEE**

### **New Members up to February 2026**

#### **SINGLE LIFE MEMBERS**

Sr. No.	MEMBER NAME	PROPOSED	SPECIALITY
1	DR. ASHISH GOEL	DR. VIJAY PANJABI	FAMILY PHYSICIAN

#### **SINGLE LIFE MEMBERS**

Sr. No.	MEMBER NAME	PROPOSED	SPECIALITY
1	DR. MUNDHADA SAROJ BALLABHDAS	DR. PRAGJI VAJA	FAMILY PHYSICIAN

**DR. GIRISH RAJADHYAKSHA**  
President

**DR. PRAGJI VAJA**  
Hon. Secretary

**DR. S. G. SHANBHAG**  
Chairman

**DR. RAJENDRA H. TRIVEDI / DR. MANGALA GOMARE**  
Co- Chairpersons  
Membership Promotion Committee

## WHY BECOME A MEMBER OF INDIAN MEDICAL ASSOCIATION (IMA)?

Dear colleagues,

**Indian Medical Association (IMA)** is the largest and the fastest growing non-government organization (NGO) of **over two and half lakhs health care providers**. It spans across the country and has over **1800** branches. It attracts a variety of physicians from MBBS doctors, specialists and super specialists from urban, sub-urban and rural India and a wide age span. The primary mission of IMA is to unite the medical fraternity under one banner and ultimately advance the medical science for the betterment of the masses. Simultaneously, it seeks to safeguard the interest of the medical fraternity in this ever changing milieu of medical profession. In the light of this ever-changing field, Medical Council of India (MCI) has recently recognized the importance of continuous medical education (CME). It has now become mandatory that the medical fraternity comply with the CME credit hours regulation to renew their medical registration. **IMA is accredited by the MCI to grant credit hour points to doctors** and has taken the onus of advancing this complex field by hosting regular conferences, CME's which are very well received.

### ACHIEVEMENTS OF IMA

1. There is an increasing threat to the safety of doctors especially the young ones. Because of constant representation of these concerns by IMA to the state government of Maharashtra, there is now a **law in place to protect the doctors and its establishments**.
2. Similar efforts are being undertaken by the IMA at the central government also.
3. IMA is successful in motivating the Standing Committee in Delhi to summarily **reject the NCHRH Bill (National Council for Human Resource in Health)**.
4. The draconian CEA (**Clinical Establishment Act**) was strongly opposed by IMA. IMA was successful in drafting a **Maharashtra specific CEA** which is both doctor and patient friendly.
5. There are stringent rules set forth for renewing licenses for nursing homes, firefighting provision rule, FDA regulations and PCPNDT Act etc. IMA is engaged with the concerned agencies in streamlining the process and create a hassle free environment for medical profession.

### BENEFITS AVAILABLE TO IMA MEMBERS

- 1) IMA is accredited by the MCI to **grant credit hour points** to doctors.
- 2) **Medico-legal cell** help round the clock for the members.
- 3) **Profession Protection Scheme (PPS)** (Indemnity – 10 Lakhs) at nominal fees.
- 4) **Airing your views and grievances** through BIMA (Bulletin of IMA)

**Social Security Schemes** popular as “**Make your Nominee a Millionaire**”, gives benefits to the next of kin of the deceased life member.

**Guest room facilities** available in IMA branches all over India at highly concessional rates (List Available at IMA office).

**50% discount on rent** of IMA Hall (renovated) and Lawns.

**Discounts on purchases** of new car and on car insurance renewals.

**Membership is transferable** all over India.

The MCI recommends that every graduate be a part of a recognized medical association and IMA fulfils this mission perfectly. IMA is a perfect platform for all the practitioners, particularly for young practitioners who are still learning the nuances of medicine and work of this profession. The best part is that the IMA membership is transferable to any part of India. We welcome you all to share your interest with us.

### Increase Membership fees from 6th April 2025

**For Single Life Membership Fees - Rs. 19,259/-**

**For Couple Life Membership Fees - Rs. 28,875/-**

**For to be Clubbed Membership Fees - Rs. 10,559/-**

“Two Cheques to be drawn as shown in the next page.”

**DR. GIRISH RAJADHYAKSHA**

President

(M) 9821695349

**DR. PRAGJI VAJA**

Hon. Secretary

(M) 9820482375

## IMA LIFE MEMBERSHIP CHARGES

Two Cheques to be given separately for IMA Life Membership fees as shown below from 6th April 2025

### FOR SINGLE LIFE MEMBERSHIP FEES

1. Rs. 12,159/- + 2,188/- (18% GST) = **Rs. 14,344/-**  
Cheque should be drawn in favour of "IMA Maharashtra State"
2. Rs. 4,165/- + 750/- (18% GST) = **Rs. 4,915/-**  
Cheque should be drawn in favour of "Indian Medical Association Mumbai Branch"  
**Total Rs. 19,259/-**

### FOR COUPLE LIFE MEMBERSHIP FEES

1. Rs. 18,222/- + 3,280/- (18% GST) = **Rs. 21,502/-**  
Cheque should be drawn in favour of "IMA Maharashtra State"
2. Rs. 6,248/- + 1,125/- (18% GST) = **Rs. 7,373/-**  
Cheque should be drawn in favour of "Indian Medical Association Mumbai Branch"  
**Total Rs. 28,875/-**

### INCLUSION OF SPOUSE OF EXISTING IMA MEMBER

#### (CLUBBED MEMBERSHIP FEES)

1. Rs. 6,858/- + Rs. 1,235/- (18% GST) = **Rs. 8,093/-**  
Cheque should be drawn in favour of "IMA Maharashtra State"
2. Rs. 2,090/- + Rs. 376/- (18% GST) = **Rs. 2,466/-**  
Cheque should be drawn in favour of "Indian Medical Association Mumbai Branch"  
**Total Rs. 10,559/-**

#### **ATTACHMENTS :**

- 2 passport size photos, 2 Xerox copies of MMC Registration Certificate, 2 Xerox copies of degree certificate, Pan Card, Aadhar Card
- 2 Xerox copies for Couple Members marriage certificate.

**DR. GIRISH RAJADHYAKSHA**

President  
(M) 9821695349

**DR. PRAGJI VAJA**

Hon. Secretary  
(M) 9820482375

**DR. S. G. SHANBHAG**

Chairperson  
(M) 9619020962  
(M) 9833783382

**DR. RAJENDRA H. TRIVEDI / DR. MANGALA GOMARE**

Co- Chairpersons  
Membership Promotion Committee  
(M) 9833898688

## “Eliminating Vertical Transmission of HIV & Syphilis : Test, Treat and Protect”

Shri Sharad Ughade, Dy. Municipal Commissioner, (Public Health), BMC & Project Director,  
Mumbai Districts AIDS Control Society (MDACS)

Dr. Vijaykumar Karanjkar, Addl. Project Director,  
Mumbai Districts AIDS Control Society (MDACS)

The elimination of mother-to-child transmission of HIV and syphilis represents one of the most significant public health commitments under India’s National AIDS Control Programme (NACP). Over the past two decades, India has made remarkable progress in reducing new HIV infections and improving access to treatment. Among these achievements, the Prevention of Parent-to-Child Transmission (PPTCT) programme has been particularly impactful in safeguarding infants from acquiring HIV.

Building upon the success of PPTCT, the Government of India has now adopted a more comprehensive approach through the **Elimination of Vertical Transmission of HIV and Syphilis (EVTHS)** initiative. The goal of EVTHS is clear and ambitious: **to ensure that no child is born with HIV or congenital syphilis.**

The science is already in our favour. With timely diagnosis and appropriate medical interventions, the risk of transmission from mother to child can be reduced to **less than 2 percent**, compared to **15–45 percent in the absence of intervention**. This remarkable reduction demonstrates that elimination is not merely aspirational but entirely achievable.

However, the success of EVTHS depends heavily on the **active engagement of the entire medical fraternity**, including obstetricians, gynaecologists, paediatricians, physicians, and private healthcare providers. Every pregnant woman who enters the healthcare system represents an opportunity to prevent a lifetime of HIV infection in a child.

Mumbai, as one of India’s largest metropolitan cities with a high patient load across both public and private sectors, plays a crucial role in achieving this national goal. The participation of clinicians across all healthcare settings is therefore essential in ensuring universal screening, early treatment, and proper follow-up.

### **Evolution from PPTCT to EVTHS**

India’s PPTCT programme has been instrumental in reducing paediatric HIV infections by integrating HIV screening and treatment within maternal healthcare services. Over the years, the programme has expanded significantly, with thousands of Integrated Counselling and Testing Centres (ICTCs) and ART centres established across the country.

Recognizing the need to further strengthen maternal and child health outcomes, the programme has evolved into **EVTHS**, integrating the elimination of both HIV and syphilis transmission from mother to child.

The EVTHS framework aligns with global health strategies endorsed by international agencies aiming to eliminate vertical transmission. It focuses on a continuum of care that includes:

- Universal antenatal screening
- Early initiation of treatment
- Monitoring of maternal viral load
- Safe delivery practices
- Infant prophylaxis
- Early infant diagnosis
- Long-term follow-up of mother and child

This integrated approach ensures that prevention begins before conception and continues through pregnancy, delivery, infancy, and childhood.

### **Importance of Universal Reporting of Pregnant Women**

Universal HIV screening during pregnancy is a cornerstone of EVTHS. Every pregnant woman should be offered HIV testing as a routine part of antenatal care, irrespective of perceived risk factors.

Early identification allows clinicians to initiate treatment promptly, thereby reducing the risk of transmission to the baby. However, this intervention can only succeed when **all antenatal cases are appropriately recorded and reported**.

A significant proportion of antenatal care and deliveries in Mumbai occur in the private sector. While many clinicians already follow good clinical practices, cases that remain outside the public health reporting framework may miss access to the comprehensive services available through MDACS.

Reporting HIV-positive pregnancies to MDACS ensures that the mother and child benefit from:

- Free antiretroviral therapy
- Viral load monitoring
- Infant prophylaxis
- Early infant diagnosis
- Paediatric treatment if required

Therefore, collaboration between private practitioners and MDACS is vital to strengthen surveillance and ensure continuity of care.

### **The Four Prongs of the PPTCT Strategy**

The EVTHS initiative continues to rely on the **four-pronged strategy of PPTCT**, which addresses prevention comprehensively.

#### **1. Primary Prevention of HIV among Women of Reproductive Age**

Preventing HIV infection among women before pregnancy is the most effective strategy to reduce vertical transmission. This involves promoting awareness, safe sexual practices, voluntary HIV testing, and access to preventive services.

Healthcare providers play a critical role in counselling patients, addressing stigma, and encouraging preventive behaviours.

#### **2. Preventing Unintended Pregnancies among Women Living with HIV**

Women living with HIV must have access to reproductive health services and family planning options. Counselling enables women to make informed decisions regarding pregnancy planning while maintaining their health.

### 3. Preventing Transmission from HIV-Positive Mothers to Infants

This prong forms the core of the programme and includes the following interventions:

- Early HIV testing during pregnancy
- Immediate initiation of lifelong ART
- Viral load monitoring
- Institutional delivery
- Infant prophylaxis

These interventions significantly reduce the likelihood of HIV transmission.

### 4. Treatment, Care and Support

The fourth prong focuses on comprehensive care for mothers, children, and families affected by HIV. Lifelong ART adherence support, nutritional counselling, psychosocial support, and paediatric follow-up are essential components.

#### Early HIV Testing During Pregnancy

Early HIV testing during the **first trimester** is strongly recommended. Early diagnosis allows sufficient time to initiate ART and achieve viral suppression before delivery.

Even when women present later in pregnancy, HIV testing should be performed immediately so that preventive measures can still be implemented.

Government ICTCs across Mumbai provide **free HIV testing and counselling services**, ensuring accessibility for all pregnant women.

#### Early Initiation of Antiretroviral Therapy

Under national guidelines, **all pregnant women diagnosed with HIV are initiated on lifelong ART immediately**, regardless of CD4 count.

Early treatment reduces maternal viral load and dramatically lowers the risk of transmission to the baby. Continuous adherence to ART throughout pregnancy and breastfeeding is essential for maintaining viral suppression.

All ART medicines are provided **free of cost through government ART centres**, ensuring uninterrupted treatment.

#### Viral Load Monitoring at 32–36 Weeks of Pregnancy

Viral load testing between **32 and 36 weeks of gestation** is a critical step in assessing treatment effectiveness.

A suppressed viral load significantly reduces the risk of HIV transmission during delivery. The results of this test help clinicians determine the best management strategy for delivery and postpartum care.

MDACS ensures free viral load testing through designated laboratories across the city.

#### Importance of Institutional Delivery

Institutional delivery ensures access to skilled healthcare providers who can implement infection control measures and neonatal care protocols.

It also allows immediate administration of infant prophylaxis and counselling for the mother regarding feeding practices and follow-up care.

Government hospitals and maternity homes in Mumbai are well equipped to provide safe delivery services for HIV-positive mothers.

### **Infant Prophylaxis under NACO Guidelines**

One of the most critical interventions for preventing paediatric HIV infection is **antiretroviral prophylaxis for HIV-exposed infants**. The type and duration of prophylaxis depend on the **risk category of the infant**, as defined by national guidelines.

Infants are classified into **low-risk** and **high-risk** categories based on maternal treatment status and viral suppression.

#### **Low-Risk Infants**

An infant is considered **low risk** when the mother has been on ART for a sufficient duration during pregnancy and has achieved viral suppression.

For such infants, the recommended prophylaxis is:

**Nevirapine (NVP) syrup once daily for 6 weeks.**

This regimen provides adequate protection when maternal viral suppression is achieved.

#### **High-Risk Infants**

Infants are categorized as **high risk** when:

- The mother was diagnosed late during pregnancy
- The mother received ART for less than 4 weeks before delivery
- Maternal viral load is high or unknown
- The mother was not on ART during pregnancy

For high-risk infants, enhanced prophylaxis is recommended.

The regimen includes, **Dual Prophylaxis**

#### **Nevirapine with Zidovudine syrup once daily for 12 weeks**

High-risk infants require close monitoring and follow-up to ensure adherence and early detection of infection.

Government healthcare facilities provide these prophylactic medicines **free of cost**, ensuring that no infant is deprived of this life-saving intervention.

#### **Early Infant Diagnosis (EID)**

Infants exposed to HIV require specialized testing because maternal antibodies may remain in the infant's bloodstream for several months.

Early Infant Diagnosis involves molecular testing at defined intervals.

The recommended testing schedule includes:

- 6 weeks
- 6 months
- 12 months
- 18 months (final antibody test)

Early detection enables immediate treatment and improves survival outcomes.

#### **Treatment for HIV-Positive Infants**

If an infant is diagnosed with HIV, **paediatric antiretroviral therapy must be initiated immediately**.

Early treatment has been shown to significantly improve survival and reduce disease progression. Children receiving timely treatment can grow and develop normally.

Government ART centres provide paediatric ART medicines free of cost along with counselling and follow-up support.

### **Role of the Private Medical Sector**

Private healthcare providers play an indispensable role in the EVTHS programme. Many pregnant women receive antenatal care and delivery services in private facilities.

The participation of private practitioners ensures that no case remains undetected or unmanaged.

Clinicians are encouraged to:

- Offer HIV testing to every pregnant woman
- Report HIV-positive pregnancies to MDACS
- Link patients to ART services
- Ensure infant prophylaxis and follow-up

Such collaboration significantly strengthens the public health response.

### **Free Services Available through Government Facilities**

Under the National AIDS Control Programme, a wide range of services are available **free of cost** through government healthcare facilities.

These include:

- HIV testing and counselling
- Antiretroviral therapy for pregnant women
- Viral load testing
- Institutional delivery services
- Infant prophylaxis medicines
- Early infant diagnosis tests
- Pediatric HIV treatment

Ensuring that patients are linked to these services greatly improves maternal and child health outcomes.

### **A Call to Action for the Medical Fraternity**

The elimination of vertical transmission of HIV and syphilis is within reach. Achieving this goal requires strong collaboration between public health systems and the medical community.

The Mumbai District AIDS Control Society appeals to all clinicians to actively support the EVTHS initiative by ensuring universal testing, timely treatment, and prompt reporting of cases.

By working together, we can ensure that **every pregnancy is protected and every child is born free from HIV.**

Let us reaffirm our commitment to safeguarding the health of mothers and the future of the next generation

For free medicines and testing services, please contact: [adpvtct.mdacs@gmail.com](mailto:adpvtct.mdacs@gmail.com)





**INSTALLATION OF NEW PRESIDENT AND HER TEAM  
and  
B A N Q U E T**

**12th April 2026, 6.30 p.m. onwards**

At IMA House, Haji Ali, Mumbai – 400 034

All IMA members are requested to confirm their participation in Banquet  
before 31st March 2026

Registration is free but compulsory.

**Please register at IMA Office : 7506735383 / 8928348578**

**SPORTS SUB COMMITTEE REPORT**

“**Super Sixes Cricket Tournament**” Under the golden glow of camaraderie, the IMA Mumbai Branch successfully hosted its Annual ‘6-A-Side’ Cricket Tournament for their ever enthusiastic members and their families, a symphony of skill and sportsmanship, on its verdant turf. Along with IMA members, local ‘D Ward’ Medical Association converged, united in their passion for the game. The esteemed presence of Cabinet Minister Shri Mangalprabhat Lodhaji added lustre to the occasion, as the air was filled with the thrill of competition and the joy of togetherness.

**Winning Team** : D Ward A team – Captain Dr. Bhavesh Shah  
**Runners up Team** : IMA, Mumbai Branch – Captain Dr. Shingnapurkar Surendra  
**Best Batsman** : Dr. Bhavesh Shah, Dr. Devansh.  
**Best Bowler** : Dr. Usha Shah.  
**Best Fielder** : Dr. Surendra Shingnapurkar.

The running commentary was given by Dr. Arvind Patel.

**DR. GIRISH RAJADHYAKSHA**  
President

**DR. PRAGJI VAJA**  
Hon. Secretary

**DR. PRAKASH BORONA**  
Chairperson

**DR. KIRAN DESAI / DR. AJAY SAHA**  
Co- Chairpersons

**DR. KISHOR GANDECHA**  
Convenor  
**Sports Sub- Committee**

**BIMA TARIFF  
FOR ADVERTISEMENT IN BIMA  
THE BULLETIN OF INDIAN MEDICAL ASSOCIATION, MUMBAI BRANCH**

BIMA, the mouth piece of IMA Mumbai branch reaches 5000 members per month, which includes leading Family Physicians, Consultants, Super Specialists and Hospitals of Mumbai and pan India.

Articles by specialists on current issues and trends in medicine make an interesting reading. BIMA has won the “Best Bulletin Award” for its educative, informative and presentable value from both IMA national and state offices.

The rates of advertisement in BIMA are very attractive. Pharmaceutical Companies, Hospitals, Nursing Homes, Diagnostic Centers, Poly Clinics, Pathology labs, Banks, Manufacturer of Hospital equipment, etc. can use this media for their wide spread publicity amongst the elite.

**New reduce advertising rates effective from 1st December 2022**

SPACE AND POSITION	SINGLE INSERTION Rs.	6 CONSECUTIVE INSERTIONS Rs.	12 INSERTIONS Rs.
Ordinary Half Page (B/W)	1,260	6,300	12,600
Ordinary Full Page (B/W)	2,205	11,025	22,050
Special Full Pg. (4 colours)	4,095	20,475	40,950
Inside Cover (4 colours)	4,725	23,625	47,250
Back Cover (4 colours)	5,670	28,350	56,700
Centre Double page (4 colours)	9,450	47,250	94,500
Special Insertion	1,890	9,450	18,900

**For Announcement: Birthdays, Marriage Anniversaries / Change of Address etc. Rs. 630/- up to 35 words and there after Rs. 36/- for every additional word  
Subscription: Rs. 630/- Yearly, For Non Members of IMA (Mumbai Branch).**

Cheques drawn in favour of **BIMA** should accompany the advertisement matter/ request.

**Advertisement material other than typed material, tracings and positives will be charged extra Rs. 630/- as processing charges.**

**PRINTING DETAILS OFFSET PRINTING: PRINT AREA 150 MM (W) X 200 MM (H).**

**1st March 2026 - 1st State Executive Committee Meeting  
at IMA Miraj Branch**





# MUMBAI DISTRICT AIDS CONTROL SOCIETY



## Marching towards an AIDS-free city....

### 1 HIV PREVENTION

- Advocacy And Awareness Among Youth And General Population
- Targeted Intervention High Risk Groups & Migrants

### HIV DIAGNOSTIC SERVICES

Through 234 Counseling and Testing Centers for

- Pregnant Women
- High Risk Groups
- General Population

2

6

U=U

• Undetectable = Untransmittable

3

### HIV TREATMENT SERVICES

Free lifelong treatment to registered patients through 20 ART centres in mumbai

- Treat all
- Free drugs and viral load testing
- Counseling and follow - up

5

### DIGITAL TECHNOLOGY

Jindagi App  
Treatment Literacy Films  
Samvaad App-  
Enhanced Adherence Counseling

4

### INNOVATION

- MITWAA platform for A / CLHIV
- Virtual Intervention For Hiv Screening
- Evening Clinic
- Tele SACEP
- E - Consultation

by 2030  
95:95:95

95%

of people living with HIV know their HIV status

95%

of people diagnosed with HIV receive Antiretroviral Therapy

95%

of people receiving Antiretroviral Therapy achieve Viral Suppression

Scan QR CODE For HIV Case Notification



For any other information/ collaboration, reach us at - [cstmdacs@gmail.com](mailto:cstmdacs@gmail.com)

[www.mdacs.org.in](http://www.mdacs.org.in)



: 022 2410 0246/47 , 022 2410 0088 / 89



Mumbai Districts AIDS Control Society