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MUMBAI BRANCH



Forthcoming Events :

8th February 2026 : Multi Speciality CME
8th March 2026 : Outstation CME

Dr. Girish Rajadhyaksha
President

Dr. Pragji Vaja
Hon. Secretary

Dr. Rajendra H. Trivedi
Editor - BIMA

Dr. Vijay Karanjkar
Secretary-BIMA

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77th Republic Day Celebration – 26th January 2026



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Every year on 4th February, the global community observes World Cancer Day, a day dedicated not merely to raising awareness about cancer, but to inspiring action – action to prevent, detect, treat and ultimately reduce the burden of one of the leading causes of death worldwide. For clinicians, World Cancer Day is both a reminder of scientific progress and a call to address persistent gaps in cancer care, especially in low and middle income countries like India.

World Cancer Day was initiated by the Union for International Cancer Control (UICC) in the year 2000, following the World Summit Against Cancer held in Paris. The signing of the Charter of Paris Against Cancer laid the foundation for a global movement aimed at improving prevention, enhancing patient services, increasing survival rates and reducing cancer related mortality. The day serves to unite governments, health care professionals, civil society and individuals under a shared mission – to reduce the global impact of cancer through education, advocacy and equitable care.

The current theme “Close the Gap”underscores stark disparities in cancer outcomes –based on geography, socio-economic status, gender and access to healthcare services.

Cancer is no longer a disease of the elderly or affluent societies – it affects people across all ages and regions. World Cancer Day emphasises

- Prevention through lifestyle modification and vaccination
- Early detection through screening & awareness
- Timely, evidence based treatment
- Holistic care including psychological support and palliation.

Global and Indian Cancer Burden –

Globally cancer accounts for nearly 10 million deaths annually, making it a leading cause of mortality. The most common cancers worldwide include lung, breast, colorectal, prostate and cervical cancers. In India the cancer burden is steadily rising due to population growth, aging, urbanization, tobacco use, changing dietary habits and environmental factors. India recorded over 15.3 lakh new cancer cases in 2024 with major urban and rural states contributing significantly to this burden. Indians now face a lifetime risk of approximately one in nine of developing cancer during their lifetime. Though cancer is increasingly common, due to the delay in diagnosis, nearly 3 out of 5 patients in India

succumb to the disease post-diagnosis often because it was detected at an advanced stage.

Early diagnosis transforms the trajectory of cancer care. When cancers are identified in initial stages, the treatment outcomes improve markedly, survival increases and costs to patients and health systems decrease.

National Screening Guidelines in India –

India has adopted population based screening strategies under the National Programme for Prevention and Control of Non-Communicable Diseases, focusing on high-yield cancers that impose the greatest burden – breast, cervical, oral and colorectal cancers.

- **Oral Cancer** – Adults aged ≥ 30 yrs (especially tobacco and betel nut users) should undergo visual inspection of the oral cavity, which is simple & cost effective.
- **Cervical Cancer** – Women 21 to 29 years – Pap smear every 3 years. Women 30 to 65 yrs – Either Pap + HPV testing every five years or Pap alone every 3 years.
- **Breast Cancer** – Women aged ≥ 30 years should receive clinical breast examination regularly with mammography (and ultrasound / MRI for high risk individuals) beginning especially after 40 yrs at defined intervals.
- **Colorectal Cancer** – Adults ≥ 45 yrs should be offered colonoscopy, sigmoidoscopy or stool-based tests with follow-ups based on findings.

Despite these guidelines, screening participation remains low, with only a small percentage of eligible women having even been screened for breast cancer in India. This gap highlights ongoing barriers in awareness, access and engagement.

The Clinician's Call to Action –

As healthcare professionals on the frontlines of prevention and care, we have a collective responsibility to lead change in our communities.

1. Educate patients about cancer risk factors – tobacco cessation, healthy diets, physical activity, HPV vaccination and reduction of environmental carcinogens.
2. Advocate the routine screening as part of standard preventive health check-ups, particularly in primary care and community health settings.
3. Identify early warning signs – persistent lumps, unexplained bleeding, new ulcers and unintentional weight loss – and act promptly on suspicious symptoms.
4. Bridge access gaps by liaising with local health authorities or NGOs to organise screening camps, mobile units and referral pathways.
5. Support patients holistically, recognising the psychological, social and financial stress that often accompanies a cancer diagnosis.

World Cancer Day is more than symbolic – it is a critical reminder that progress in cancer control hinges on early detection, equitable access and sustained action. In India, closing the care gap demands not only policy and infrastructure but also the ongoing commitment of clinicians who educate, screen, diagnose and advocate every day. With this we can transform cancer from a life threatening disease into a manageable condition for millions across the world. Together informed action today can save countless lives tomorrow.

DR. RAJENDRA H. TRIVEDI
Editor
IMA Mumbai Branch

From the President's Desk

Dear Esteemed Members,
Warm greetings to you all.



January ushered in the New Year with reflection, resolve, and renewed commitment. It is a month that reminds us to look back with gratitude and look ahead with purpose. For the medical fraternity, January is not just the beginning of a calendar year but a reaffirmation of our sacred duty—to serve humanity with compassion, competence, and conscience. As we welcome 2026, January sets the momentum for the entire year. The spirit of unity and service within IMA Mumbai stood strong, setting the tone for a year of meaningful professional and social engagement.

We must accept and appreciate the Enterprising Managing Committee and esteemed members for imparting an impactful welcome to 2026.

One of the most inspiring event this season was the Tata Mumbai Marathon, which witnessed participation from citizens across all age groups and socioeconomic backgrounds. The collective enthusiasm for physical fitness was truly heartening. In a country facing a tsunami of non-communicable diseases—diabetes, hypertension, obesity, and cardiovascular disorders—such public engagement is not merely symbolic; it is essential. As doctors, we must continue to champion preventive healthcare and lifestyle modification and support every initiative that brings health into the streets and homes of our people.

The Indian Medical Association, Mumbai Branch had a strong representation at the event, spearheaded by our Past President, Dr. Rajendra H. Trivedi. The participation of our branch was meticulously planned with minute details. The placards appealing for Organ Donation, Blood Donation, and Eye Donation were displayed.

January also reminded us of our roots and responsibilities through the Republic Day celebrations. It is a time to reaffirm our commitment to the ideals of democracy and to the basic human rights of every citizen—especially the right to health and education. This year, the Republic Day function at IMA Mumbai was made truly unforgettable by the presence of Dr. Ramesh C. Shah, 96 years young, who personally visited and greeted our members. Watching a senior stalwart of our profession walk in with dignity and warmth to wish fellow doctors was a deeply emotional and humbling moment. It reminded us that the spirit of service does not retire and that dedication to medicine is truly lifelong. All the doctors from our branch wished him to reach the century of life.

Besides the above-mentioned activities, we had very well-curated CMEs which were well appreciated and attended by the delegates.

February holds special significance as we commemorate the 396th birth anniversary of Chhatrapati Shivaji Maharaj—a visionary Maratha leader, fearless warrior, and exemplary administrator. His life stands as a beacon of courage, integrity, and commitment to the welfare of the people. May his legacy inspire us to lead with honesty, strength, and compassion in our own spheres of influence.

As we move ahead, let us continue to work together as IMA Mumbai Branch—strong in unity, rich in values, and unwavering in our dedication to the health of the nation.

With warm regards and best wishes,

Jai Hind ! Jai IMA !

Prof. DR. GIRISH RAJADHYAKSHA
President
IMA Mumbai Branch

Report of Family Welfare and Vasectomy Centre Sub Committee for the month of January 2026.

It gives me great pleasure to submit the report of our above Centre for the period 01/01/2026 to 31/01/2026.

With the help of all dedicated IMA staff, the Centre is running smoothly and to our satisfaction.

We have performed 28 (Twenty Eight only) vasectomies in the month of January 2026. Total no. of cases done by us till end of January 2026 are 1497.

Regular updates are given to our philanthropic sponsor, President, Secretary and Managing committee of our IMA, Mumbai branch. I, as a Chairman and my sub-committee members thank all for their co-operation.

Dr. Girish Rajadhyaksha
President

Dr. Aspi Raimalwala
Chairman
Family Welfare and Vasectomy Centre

DR. Pragji Vaja
Hon. Secretary

ATTENTION SUB-COMMITTEE CHAIRPERSONS / CONVENERS

The Chairpersons / Conveners of the Sub- Committees are requested to submit their **Annual Reports** to IMA Office before 10th March 2026 for publication in **March / April 2026** issue of **BIMA**.

STATE EXECUTIVE COMMITTEE MEETING TO BE HOSTED BY IMA MIRAJ BRANCH ON 1ST MARCH 2026

All State Executive Members are requested to register for the **1st State Executive Committee Meeting hosted by IMA Miraj Branch** to be held on **1st March 2026**.

Dr. Girish Rajadhyaksha
President

DR. Pragji Vaja
Hon. Secretary

IMA Mumbai Branch

Secretary Communicates



Dear Friends,

IMA Mumbai branch had following activities during the month of January 2026:

4th January 2026: “Super Sixes Cricket Tournament” Under the golden glow of camaraderie, the IMA Mumbai Branch successfully hosted its Annual '6-A-Side' Cricket Tournament for their ever enthusiastic members and their families, a symphony of skill and sportsmanship, on its verdant turf. Along with IMA members, local 'D Ward' Medical Association converged, united in their passion for the game. The esteemed presence of Cabinet Minister Shri Mangalprabhat Lodhaji added lustre to the occasion, as the air was filled with the thrill of competition and the joy of togetherness.

Winner Team– D Ward A team - Captain Dr. Bhavesh Shah, Dr. Manish Mehta, Dr. Sunil, Dr. Mili Shah, Dr. Dhairya Doshi and Dr. Shreyal Panchal.

Runner up Team - IMA, Mumbai Branch - Captain Dr. Shingnapurkar Surendra, Dr. Ajoy Saha, Dr. Anil Pachnekar, Dr. Zujer, Dr. Shehnaz and Dr. Somshekhar.

Best Batsman - Dr. Bhavesh Shah, Dr. Devansh.

Best Bowler - Dr. Usha Shah.

Best Fielder - Dr. Surendra Shingnapurkar.

18th January 2026: Hybrid “Multi Speciality CME” was organised by IMA Mumbai Branch. President Dr. Girish Rajadhyaksha gave the opening talk on Anticoagulation in very simple and conducive language with lots of take-home messages. The speakers, moderators and their topics: Dr. Shaikh Altamash Mohammed Yusuf - T2D + ≥ 3 RF: Extra Care for High Risk T2D, Dr. Saurabh Kamat, Moderator - Dr. Anil Sharma, Dr. Snehal Kothari - Indications for Anticoagulation, Dr. Abhijit Borse, Moderator - Dr. Anil Sharma, Dr. Snehal Kothari - Controversies regarding oral anticoagulation for stroke prevention in atrial fibrillation, Moderator - Dr. Laxmi Patil, Panelist - Dr. Girish Rajadhyaksha, Dr. Snehal Kothari, Dr. Anil Sharma - Panel Discussion: Anticoagulation in High-Risk Patients: A Case Based Approach and Dr. Sameer Rane, Moderator - Dr. Girish Rajadhyaksha, Dr. Snehal Kothari - Case Presentations on anticoagulation & discussions (quizzes ECG & 2D Echo).

We are thankful to Pfizer Pharma for an educational grant. They were happy and they thanked IMA Mumbai & also assured to do another similar CME in near future. They specifically thanked Dr. Sujatunnisa Attar for her better coordination.

18th January 2026: IMA Mumbai Branch actively participated in the prestigious **TATA Mumbai Marathon** under the Senior Citizen category with a group of 14 senior members representing the association. The participation was undertaken with the dual social awareness theme of “Save the Girl Child” and “Organ Donation”, aiming to promote gender equality, protect the rights of the girl child, and create public awareness regarding the life-saving importance of organ donation. All participating members demonstrated commendable enthusiasm and commitment reflecting our concern and

emphasizing the importance of healthy aging, physical fitness, and social responsibility. The event was exceptionally well executed by the TATA Mumbai Marathon organizing committee. We congratulate following members for their active participation, Dr. Pragji Vaja, Dr. Hozie Kapadia, Dr. Rajendra H. Trivedi, Dr. Vijay Panjabi, Dr. Prakashchandra Borana, Mrs. Meena Prakashchandra Borana, Dr. Indrachand P. Jain, Mrs. Uma Indrachand Jain, Dr. Nirmal C. Jain, Mrs. Bhairavi N. Jain, Dr. Pandhurang M. Bhujang, Dr. Amritlal Nanji Viseria and Mrs. Nalini Amritlal Viseria.

18th January 2026: “Aao Gaon Chalen Camp” team visited tribal Village of Banubaiche Wadi near Tara Khale. They examined 110 patients. The morbidity pattern was as follows: URTI 25, hypertension and diabetes 2, scabies 5, Tenia 3, cancer oral cavity undiagnosed and untreated 1, otitis media 2 Threatened abortion 1, infertility 1, menstrual irregularities 3, PID 1, ANC. Checkup 1, generalised disabilities 1. They dispensed 53 boxes of high Protein powder to children, old aged people and failure to thrive children. Blood sugar was estimated in 10 patients and hemoglobin was estimated in 5 patients.

26th January 2026: The Republic Day was celebrated with great pride and patriotic feeling by the Indian Medical Association Mumbai Branch. The programme commenced with the unfurling of the National Flag by the President Dr. Girish Rajadhyaksha followed by National Anthem.

The President delivered a very thoughtful and inspiring speech highlighting the significance of Republic Day and the values enshrined in the Constitution of India. He also emphasized the important role of the Indian Medical Association in safeguarding the welfare, dignity, and professional interests of the medical community.

This was followed by an address by the President Elect Dr. Mangala Gomare, who further reinforced the responsibilities of members towards the nation and IMA. Hon. Secretary Dr. Pragji Vaja thanked the contribution of Dr. Akshay Sevak, Dr. Rajendra Trivedi & office staff for making this event a grand success. He also thanked the presence of all senior members, office bearers and members.

A special highlight of the programme was the karaoke musical session of patriotic songs performed by IMA members. The soulful performance by Dr. Anil Avhad, Dr. Jitesh Mehta, Dr. Yogesh Shah, President Dr. Girish Rajadhyaksha, President Elect Dr. Mangala Gomare & Dr. Anil Pachnekar created a deeply emotional and patriotic atmosphere and were warmly appreciated by all present.

The programme was well attended by a large number of IMA members, including the presence of an ever young senior member and Past President Dr. Ramesh Shah. Poem written by him was cited by Hon. Secretary Dr. Pragji Vaja which added great inspiration and pride to the occasion.

The celebration concluded with a vote of thanks, followed by refreshments. Overall, the Republic Day celebration was meaningful and memorable.

Forthcoming Events :

8th February 2026 : Multi Speciality CME

8th March 2026 : Outstation CME

DR. PRAGJI VAJA
Hon. Secretary
IMA Mumbai Branch



**INDIAN MEDICAL ASSOCIATION MUMBAI BRANCH
ANNOUNCES MULTI SPECIALITY CME
&
BIMA ELOCUTION COMPETITION**

DATE: Sunday, 8th February 2026

TIME: 8.45 am onwards

VENUE : IMA House, IMA Chowk, 16 K. Khadye Marg, Haji Ali, Mumbai - 400034.

TIME	TOPIC	SPEAKER
08.45 am to 09.50 am	Registration & Breakfast	
09.50 am to 09.55 am	Welcome Address	DR. PRAGJI VAJA Hon. Secretary
09.55 am to 10.00 am	Presidential Address	DR. GIRISH RAJADHYAKSHA President
10.00 am to 10.30 am	Identifying the biggest barrier to optimal CKD care and outcome.	DR. CHANDAN CHAUDHARY
10.30 am to 11.00 am	Shingles in AIRD Approach to prevent pain and enhance care	DR. SHAILAJA SABNIS
11.00 am to 11.30 am	From Base to Peak: Tackling the obesity mountain with Tirzepatide	DR. NAGESH WAGHMARE
11.30 am onwards	BIMA Elocution Competition	YOU ALL - IMA MEMBERS
	Vote of Thanks	DR. USHA SHAH Hon. Jt. Secretary
	Lunch	

- 1 MMC Credit Point Applied
- Registration free but compulsory

Dr. Girish Rajadhyaksha
President

Dr. Pragji Vaja
Hon. Secretary

IMA Mumbai Branch

INDIAN MEDICAL ASSOCIATION, MUMBAI BRANCH

NOTICE

The Annual General Body Meeting of Indian Medical Association, Mumbai Branch for the year 2026-2027 will be held on **Sunday, 22nd March 2026** at 9.00 am in I.M.A. Hall at the Registered Office to consider the following agenda

AGENDA

- 1) To confirm the minutes of:
 - a. The Annual General Body meeting held on Sunday, 23rd March 2025.
 - b. General Body meeting held on Sunday, 24th August 2025 at 10.00 am. (IMA-MS Election).
 - c. Urgent General Body meeting held on Sunday, 24th August 2025 at 3.00 pm (Amendments to the Constitution/Bye-Laws/Rules)
 - d. An Ordinary General Body meeting held on Tuesday, 25th November 2025. (Annual Accounts).
- 2) To adopt the 87th Annual Report of the Managing Committee for the period from 1st April 2025 to 31st March 2026.
- 3) To adopt the Audited Report of Statement of Accounts & the Balance Sheet for the year 2025-2026.
- 4) To appoint Scrutinizer for election.
- 5) To elect Office Bearers and other members of the Managing Committee for the year 2026-2027.
- 6) To elect Representative to the Central Council of IMA HQ for the year 2026- 2028 Regular and Alternate members of Central Council of IMA HQ.
- 7) To elect Representatives to the State Executive Committee I.M.A. Maharashtra State 2026-2027.
- 8) To appoint Auditors for the ensuing year to audit accounts of 2025-2026.
- 9) To consider the Amendments of the constitution if any.
- 10) To consider Resolutions other than Amendments of the Rules and Bye-Laws referred by the Managing Committee and sent by the members.
- 11) To consider any other business with the permission of the chair.
- 12) Vote of thanks.

DR. PRAGJI VAJA

Hon. Secretary
I.M.A. Mumbai Branch

N. B.: If there is no quorum at the appointed time, the meeting shall stand adjourned for half an hour and same shall be held immediately after that time when the notified business shall be transacted and the decision there of shall be binding on all the members of the association.

Hybrid Multi Speciality CME – 18th January 2026



Felicitation of Speaker & President Dr. Girish Rajadhyaksha



Felicitation of Speaker Dr. Ketan Asawale



Felicitation of Speaker Dr. Abhijit Borse



Felicitation of Speaker Dr. Altamash Shaikh



Felicitation of Speaker Dr. Anil Sharma



Felicitation of Speaker Dr. Laxmi Patil



Felicitation of Speaker Dr. Sameer Rane



Felicitation of Speaker Dr. Snehal Kothari



Speaker Dr. Saurabh Kamat

Indian Medical Association Mumbai Branch organises "Super Sixes Cricket Tournament" alongwith 'D' Ward Medical Association – 4th January 2026



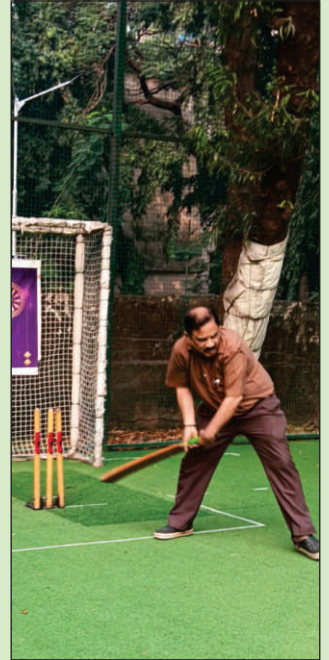
**Past President
Dr. Pankaj Bandarkar**



**Past President
Dr. Vijay Panjabi**



**Sr. Vice President
Dr. Surendra Shingnapurkar**



**President
Dr. Girish Rajadhyaksha**



President Elect – Dr. Mangala Gomare



Past President– Dr. Anil Pachnekar



**BIMA Editor – Dr. Rajendra H. Trivedi
& Past President – Dr. Akshay Sevak**

Indian Medical Association Mumbai Branch organises "Super Sixes Cricket Tournament" alongwith 'D' Ward Medical Association – 4th January 2026



Winning Team



Commentator – Dr. Yogesh Shah - Past President



Runner Up Team



Toss time



Cabinet Minister Shri Mangalprabhat Lodhaji

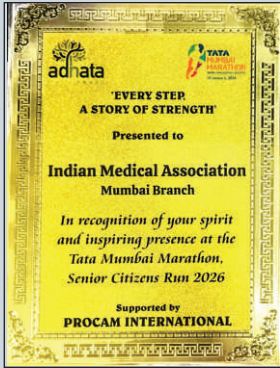


Trophy with the Super Sixes Cricket Teams



Prize Distribution

TATA Mumbai Marathon under the Senior Citizen category - 18th January 2026



Aao Gaon Chalen Camp at village Banubaiche Wadi near Tara khale – 18th January 2026



IMPORTANT

- 1 Any member desiring to have clarification regarding items in the Annual Report, in the Audited Statement of Accounts or move any Resolution at the Annual General Body meeting should give them in writing to the Hon. Secretary, so as to reach him before **2.00 p.m. on Saturday 7th March 2026.**
- 2 **Nominations** are invited from the members of the association for the post of Central Council of IMA HQ (Regular Members and Alternate members) for the year 2026-2028, Members of State Executive Committee of the Maharashtra State and Office Bearers & members of Managing Committee for the IMA Mumbai Branch. Nomination papers will be available at the office from **Monday, 9th February 2026.** A separate nomination is needed for each post.
- 3 Nomination papers completed in all respects should reach this office not later than **5.00 p.m. on Saturday, 7th March 2026. Withdrawal** if any should be intimated in writing before **5.00 p.m. on Saturday, 14th March 2026.**
- 4 The elections for all the posts mentioned above are governed under Bye-Laws (a) in part of Rules and Bye - Laws of IMA Mumbai Branch and the decision of the presiding officer on the days of Annual General Body Meeting is final and is binding in all matters bound for all purpose.
- 5 Candidates are hereby informed that it is obligatory for members of the Managing Committee of the Branch to attend all meetings and official functions of the Branch.
- 6 It is mandatory for all State Executive Committee Members to attend the State Executive Meetings.
- 7 The Ballot will be open from 10.00 a.m. to 2.30 p.m. on 22nd March 2026.

87th Annual Report and other Agenda papers are printed elsewhere in March-April 2026 BIMA issue. Please bring March-April 2026 BIMA for the AGM Meeting on 22nd March 2026.



IMA MUMBAI BRANCH AWARDS

Nominations are invited for the following IMA (Mumbai Branch) awards for the **2025-2026**

1) DR. MANGHANMAL S. KRIPALANI AWARD

IMA Mumbai Branch announces the above mentioned award that was instituted by Dr. Nari Kripalani in the memory of his late father Dr. Manghanmal S. Kripalani. **Eligibility criteria for the award 2025-2026:**

A family physician who has been a Life Member of IMA Mumbai Branch for a minimum period of five years and has excelled in one or more of the following categories.

- a) Special area of interest in his practice.
- b) Works along with one or more family physician on a regular basis.
- c) Great achievement in sports or cultural activities.
- d) Politician - elected members.
- e) Remarkable social services for a minimal period of 10 years.
- f) Has worked for the upliftment of the medical profession.

2) DR. A. D. DAFTARY AWARD

IMA Mumbai Branch invites applications for the Dr. A. D. Daftary Award which was instituted by Dr. J. C. Patel. **Eligibility criteria for the award are:**

- a) Life member of IMA Mumbai Branch for a minimal period of five years with.
 - b) Achievement in the area of Occupational Medicine.
 - c) And / or proficiency in organization and management of IMA.
- The awardee is given the award once in life time only.

3) DR. H. M. TRIVEDI AWARD

DR. H. M. Trivedi Award is given to a member of our branch who is above 75 years of age and professionally active.

Applications for the above award should reach IMA Office in person during working hours on or before **15th March 2026**.

The applications should include personal details and relevant testimonials along with 1 passport size photograph.

The award will be given during the **Installation Ceremony**.

SHARED RESPONSIBILITY, SHARED IMPACT

Strengthening India's HIV Response : The Critical Role of Private Medical Practitioners in ART Reporting

India has made remarkable progress in its response to HIV under the National AIDS Control Programme (NACP). Expansion of testing services, universal access to free antiretroviral therapy (ART), decentralised care models, and robust monitoring systems have significantly reduced AIDS-related mortality and improved quality of life for people living with HIV (PLHIV). As the country moves towards achieving the global 95-95-95 targets by 2030, the role of the private healthcare sector has become increasingly central to sustaining these gains.

Shared Responsibility, Shared Impact

HIV is no longer only a clinical condition managed within individual consulting rooms. It is a public health challenge that demands coordinated action, shared accountability, and collective ownership. The success of national HIV programmes depends not only on government health facilities, but equally on the commitment and engagement of the wider medical fraternity.

In urban settings such as Mumbai, a substantial proportion of PLHIV are diagnosed, initiated on ART, and followed up entirely within the private sector. This reality makes private medical practitioners indispensable partners in ensuring continuity of care, completeness of data, and accuracy of program outcomes.

Private Sector: An Invisible but Indispensable Pillar

Private clinics, nursing homes, and hospitals provide trusted, long-term HIV care to thousands of patients. Yet, in the absence of structured reporting, many of these individuals remain invisible within routine public health information systems. This invisibility is not a reflection of clinical practice gaps, but of the lack of systematic integration between private healthcare delivery and public health monitoring.

The consequence is an underestimation of treatment coverage and viral suppression, which in turn affects planning, forecasting of ART and diagnostics, and prioritisation of services. Bridging this gap is essential for an accurate understanding of the epidemic and for reaching those who remain underserved.

How Reporting Helps Everyone

Inclusion of anonymised data from private medical practice strengthens the HIV response at multiple levels. When private-sector information is incorporated into program monitoring:

- HIV programmes become more realistic, responsive, and evidence-driven
- Resources are allocated to locations where patients actually seek care
- Referral and linkage networks between public and private sectors improve
- Patients benefit from better access to free diagnostics, viral load testing, ART, and support services

Importantly, reporting under the National AIDS Control Programme requires no patient identifiers, ensures strict confidentiality, and does not interfere with clinical autonomy. The purpose is collaborative public health action, not regulation of private practice.

AN APPEAL TO THE IMA FRATERNITY

The Indian Medical Association has historically played a vital role in advancing ethical practice, public health leadership, and professional solidarity. In the context of HIV, the collective voice and participation of IMA members can significantly accelerate progress towards national and global targets. On behalf of the Mumbai District AIDS Control Society (MDACS), a sincere appeal is made to all members of the IMA to actively support the National AIDS Control Programme by:

- Sharing anonymised numerical data of PLHIV receiving care in private practice
- Referring patients who wish to access public-sector diagnostics, ART, or support services
- Collaborating in HIV awareness, testing initiatives, and stigma-reduction efforts within Communities.

Such engagement ensures that private clinical care translates into measurable public health impact and that no patient is left outside the continuum of care.

For ease of coordination, private medical practitioners may share the prescribed anonymised quarterly reporting by writing to cstmdacs@gmail.com.

The Way Forward

Ending AIDS as a public health threat is a shared national aspiration. Achieving this goal will depend on sustained collaboration between public systems and private practitioners, built on trust, transparency, and mutual respect.

Routine reporting from private medical practice is a modest administrative effort with profound public health dividends. By working together, the medical fraternity can ensure that every person living with HIV is counted, cared for, and supported, bringing India closer to achieving the 95-95-95 targets and a future free from AIDS.

DR. VIJAYKUMAR KARANJKAR
Additional Project Director
Mumbai District AIDS Control Society

WHY BECOME A MEMBER OF INDIAN MEDICAL ASSOCIATION (IMA)?

Dear colleagues,

Indian Medical Association (IMA) is the largest and the fastest growing non-government organization (NGO) of over two and half lakhs health care providers. It spans across the country and has over 1800 branches. It attracts a variety of physicians from MBBS doctors, specialists and super specialists from urban, sub-urban and rural India and a wide age span. The primary mission of IMA is to unite the medical fraternity under one banner and ultimately advance the medical science for the betterment of the masses. Simultaneously, it seeks to safeguard the interest of the medical fraternity in this ever changing milieu of medical profession.

In the light of this ever changing field, Medical Council of India (MCI) has recently recognized the importance of continuous medical education (CME). It has now become mandatory that the medical fraternity comply with the CME credit hours regulation to renew their medical registration. IMA is accredited by the MCI to grant credit hour points to doctors and has taken the onus of advancing this complex field by hosting regular conferences, CME's which are very well received.

ACHIEVEMENTS OF IMA

1. There is an increasing threat to the safety of doctors especially the young ones. Because of constant representation of these concerns by IMA to the state government of Maharashtra, there is now a law in place to protect the doctors and its establishments.
2. Similar efforts are being undertaken by the IMA at the central government also.
3. IMA is successful in motivating the Standing Committee in Delhi to summarily reject the NCHRH Bill (National Council for Human Resource in Health).
4. The draconian CEA (Clinical Establishment Act) was strongly opposed by IMA. IMA was successful in drafting a Maharashtra specific CEA which is both doctor and patient friendly.
5. There are stringent rules set forth for renewing licenses for nursing homes, firefighting provision rule, FDA regulations and PCPNDT Act etc. IMA is engaged with the concerned agencies in streamlining the process and create a hassle free environment for medical profession.

BENEFITS AVAILABLE TO IMA MEMBERS

- 1) IMA is accredited by the MCI to grant credit hour points to doctors.
- 2) Medico-legal cell help round the clock for the members.
- 3) Profession Protection Scheme (PPS) (Indemnity – 10 Lakhs) at nominal fees.
- 4) **Airing your views and grievances** through BIMA (Bulletin of IMA)

Social Security Schemes popular as “**Make your Nominee a Millionaire**”, gives benefits to the next of kin of the deceased life member.

Guest room facilities available in IMA branches all over India at highly concessional rates (List Available at IMA office).

50% discount on rent of IMA Hall (renovated) and Lawns.

Discounts on purchases of new car and on car insurance renewals.

Membership is transferable all over India.

The MCI recommends that every graduate be a part of a recognized medical association and IMA fulfils this mission perfectly. IMA is a perfect platform for all the practitioners, particularly for young practitioners who are still learning the nuances of medicine and work of this profession. The best part is that the IMA membership is transferable to any part of India. We welcome you all to share your interest with us.

Increase Membership fees from 6th April 2025

For Single Life Membership Fees - Rs. 19,259/-

For Couple Life Membership Fees – Rs. 28,875/-

For to be Clubbed Membership Fees - Rs. 10,559/-

"Two Cheques to be drawn as shown in the next page."

Dr. Girish Rajadhyaksha
President - (M) 9821695349

DR. Pragji Vaja
Hon. Secretary - (M) 9820482375

IMA LIFE MEMBERSHIP CHARGES

Two Cheques to be given separately for IMA Life Membership fees as shown below from 6TH April 2025

FOR SINGLE LIFE MEMBERSHIP FEES

1. Rs. 12,159/- + 2,188/- (18% GST) = **Rs. 14,344/-**
Cheque should be drawn in favour of “**IMA Maharashtra State**”

2. Rs. 4,165/- + 750/- (18% GST) = **Rs. 4,915/-**
Cheque should be drawn in favour of “**Indian Medical Association Mumbai Branch**”

FOR COUPLE LIFE MEMBERSHIP FEES

1. Rs. 18,222/- + 3,280/- (18% GST) = **Rs. 21,502/-**
Cheque should be drawn in favour of “**IMA Maharashtra State**”

2. Rs. 6,248/- + 1,125/- (18% GST) = **Rs. 7,373/-**
Cheque should be drawn in favour of “**Indian Medical Association Mumbai Branch**”

INCLUSION OF SPOUSE OF EXISTING IMA MEMBER (CLUBBED MEMBERSHIP FEES)

1. Rs. 6,858/- + Rs. 1,235/- (18% GST) = **Rs. 8,093/-**
Cheque should be drawn in favour of “**IMA Maharashtra State**”

2. Rs. 2,090/- + Rs. 376/- (18% GST) = **Rs. 2,466/-**
Cheque should be drawn in favour of “**Indian Medical Association Mumbai Branch**”

ATTACHMENT :

2 passport size photos, 2 Xerox copies of MMC Registration Certificate, 2 Xerox copies of degree certificate, Pan Card, Aadhar Card
2 Xerox copies for Couple Members marriage certificate.

DR. GIRISH RAJADHYAKSHA

President
(M) 9821695349

DR. PRAGJI VAJA

Hon. Secretary
(M) 9820482375

DR. S. G. SHANBHAG

Chairman
(M) 9619020962

DR. RAJENDRA H. TRIVEDI / DR. MANGALA GOMARE

Co- Chairpersons
Membership Promotion Committee
(M) 9833783382 (M) 9833898688

MEMBERSHIP PROMOTION SUB-COMMITTEE
New members up to January 2026
SINGLE LIFE MEMBERS

SR NO	MEMBER NAME	PROPOSED	SPECIALITY
1	DR. RAJESH NAVNITLAL DOSHI	DR. JITESH MEHTA	FAMILY PHYSICIAN
2	DR. LALKAKA NAVROZE ADI	DR. PANKAJ BANDARKAR	FAMILY PHYSICIAN
3	DR. SHAH SNEHAL BHAVESH	DR. ASPI RAIMALWALA	ENT SURGEON
4	DR. MIHIR DHARMESH BALSARKAR	DR. GEETA BALSARKAR	FAMILY PHYSICIAN
5	DR. KAUSHAL SURESH SHAH	DR. PANKAJ BANDARKAR	FAMILY PHYSICIAN
6	DR. NANDANWAR AMEYA YOGESHWAR	DR. YOGESHWAR NANDANWAR	ORTHOPEDIC SURGEON
7	DR. GAIKWAD SANTOSH BABAN	DR. MANGALA GOMARE	PREVENTIVE & SOCIAL MEDICINE
8	DR. RAUT DEEPAK	DR. MANGALA GOMARE	PREVENTIVE & SOCIAL MEDICINE
9	DR. PREETI SANGYA	DR. MANGALA GOMARE	FAMILY PHYSICIAN
10	DR. DESHMUKH VIBHAV VINAY	DR. SHANBHAG S. G.	FAMILY PHYSICIAN
11	DR. SANJITA S. MOHANTY	DR. GIRISH LAD	PATHOLOGY & BACTERIOLOGY
12	DR. DYANESHWAR ASOLE	DR. GIRISH LADGENERAL	MEDICINE
13	DR. SANTOSH MHATRE S.	DR. ANIL AVHAD	FAMILY PHYSICIAN
14	DR. AMRUT RANKHAMBE	DR. ARCHANA VINARKAR	FAMILY PHYSICIAN
15	DR. USHA CHENNURU	DR. SUJATUNNISA ATTAR	PHARMACOLOGIST
16	DR. JUVAIRIYA JAMEEL AHMED SHAIKH	DR. JYOTIKA KAKU	OBST AND GYNAE
17	DR. PRATIKSHA SUNIL BALIGA	DR. S. G. SHANBHAG	FAMILY PHYSICIAN
18	DR. ANAND RAMSINGH BHABHOR	DR. SUNIL JAIN	ANAESTHESIOLOGY
19	DR. SIDDIQUI MOHAMMED ARIF	DR. GIRISH LAD	FAMILY PHYSICIAN
20	DR. WADIA SHEREZADE PERCY	DR. GIRISH LAD	FAMILY PHYSICIAN
21	DR. MOHMMAD ASLAAN M.A. WAHEED	DR. RAJENDRA H. TRIVEDI	CARDIOLOGIST
22	DR. NIKHILESH VIJAY PAWASKAR	DR. GIRISH LAD	INTENSIVIST/CRITICAL CARE
23	DR. DOCTOR AZMEEN SAROSH	DR. GIRISH LAD	MEDICINE
24	DR. REINA ILUMINA DEMELLO	DR. PANKAJ BANDARKAR	ENDOCRINOLOGIST
25	DR. TEJAS VIKAS DANDEKAR	DR. GIRISH LAD	CARDIO VASCULAR & THORACIC SURG
26	DR. SUNITI PRAMOD KRISHNA KEDIA	DR. NEHA SAMPAT	FAMILY PHYSICIAN
27	DR. SOUMYA MANISH JHAWAR	DR. GIRISH LAD	OBSTETRICS & GYNECOLOGY
28	DR. AVINASH PARSHURAM JADHAV	DR. SHIVNANDA LAWAND	COMMUNITY MEDICINE
29	DR. SUSHMA SANJAY NIRMAL	DR. MANGALA GOMARE	FAMILY PHYSICIAN
30	DR. BORSE ABHIJIT GIRISH	DR. S. G. SHANBHAG	CARDIOLOGIST
31	DR. SURBHI SHEKAR VAIDYA	DR. GIRISH LAD	FAMILY PHYSICIAN
32	DR. RUCHIKA SUNIL MANGAL	DR. JEEYANI PAREEK	GENERAL PHYSICIAN
33	DR. MASCARENHAS JOANNE MICHELE	DR. TEJASWITA SATHE	GENERAL PHYSICIAN
34	DR. RIA SURENDRA SHAH	DR. GIRISH LAD	CONSULTANT
35	DR. SANKET RAMESH NEWALE	DR. GIRISH LAD	FAMILY PHISICIAN
36	DR. ADKE SHRISHAIL BASAVARAJ	DR. ARVIND PATEL	RADIOLOGIST
37	DR. NITU SHRIAMAN KUMAR SINHA	DR. MAYA WANKHEDE	OBSTETRIC & GYNAECOLOGIST
38	DR. ANSARI MUDASSIR NASIF AHMED	DR. SUJATUNNISA ATTAR	CONSULTING PHYSICIAN
39	DR. PACHPUTE HRISHIKESH MARUTI	DR. GIRISH RAJADHYAKSHA	CARDIO VASCULAR & THORACIC SURG.
40	DR. KAMAL ANUPKUMAR JAYAKRISHNA	DR. GIRISH RAJADHYAKSHA	ORTHOPEDIC
41	DR. SHRIPAD MURLIDHAR TAKLIKAR	DR. GIRISH LAD DR. GIRISH RAJADHYAKSHA	MICROBIOLOGIST
42	DR. PRADEEP VENKATRAO MAHAJAN	DR. RAJENDRA H. TRIVEDI	UROLOGIST
43	DR. AVDHUT GANDHI	DR. HRISHIKESH PACHPUTE	CARDIO VASC. & THORA. SURG
44	DR. AJITA ARUN BHOSALE	DR. RAJENDRA H. TRIVEDI	FAMILY PHYSICIAN

COUPLE LIFE MEMBERS

SR NO	MEMBER NAME	PROPOSED	SPECIALITY
1	DR. KANDALGANOKAR PASHMINA AND DR. JOBANPUTRA KUNDAL	DR. PANKAJ BANDARKAR	HEMATOLOGIST ONCOLOGIST
2	DR. MAHENDRA KHANDEKAR AND DR. MRS. SWATI BADGIRE	DR. PANKAJ BANDARKAR	FAMILY PHYSICIAN & OBST AND GYNAEC
3	DR. GEORGE JOHN AND DR. MRS. PREETHI MARY EAPEN	DR. GIRISH LAD	ONCOLOGIST MD PATHOLOGY
4	DR. SHASHANK PAREKHJI AND DR. NEHA SHASHANK PAREKHJI	DR. YASH SHAH	PAEDIATRIC ANAESTHETIST
5	DR. CHANDRASHEKAR YADAV AND DR. ADITI DINESH YADAV	DR. PRAGJI VAJA	CARDIOLOGIST OBSTETRICS & GYNECOLOGY
6	DR. RAHUL YOGENDRA SHARMA AND DR. KUMUDINI PANDURANG PATHAK	DR. GIRISH LAD	PHYSIOLOGIST FAMILY PHYSICIAN
7	DR. SUSHRUT SANJAY FULADI AND DR. HERSHADA SANJAY MITHARI	DR. GIRISH LAD	NEPHROLOGIST DERMATOLOGIST
8	DR. PRAVIN HANUMANT TAWARE AND DR. MRS ADITI SUNIL SHAH	DR. ANIL AVHAD	CON. CHEST & ALLERGY PULMONOLOGIST
9	DR. SAURABH VIJAY DOIFODE AND DR. SWARALI SHASHIKANT JOSHI	DR. S. G. SHANBHAG	NEURO PHYSICIAN NEUROLOGIST & PEDIATRIC

TO BE CLUBBED

SR NO	MEMBER NAME	PROPOSED	SPECIALITY
1	DR. AMOL MORE (with his wife DR. SATHE TEJASWITA)	DR. SHIVKUMAR UTTURE	ANAESTHETIST
2	DR. POOJA SUDHIR DAMLE (with her husband DR. AKSHAY YADAV)	DR. AKSHAY YADAV	ANAESTHESIOLOGIST
3	DR. AKSHAY TRYAMBAK MORE (with his wife DR. ASHWINI SAPKAL MORE)	DR. ASHWINI SAPKAL MORE	INTERVENTIONAL RADIOLOGY

DR. GIRISH RAJADHYAKSHA
President

DR. PRAGJI VAJA
Hon. Secretary

DR. S. G. SHANBHAG
Chairman

DR. RAJENDRA H. TRIVEDI / DR. MANGALA GOMARE
Co- Chairpersons

Membership Promotion Sub- committee



Marching towards an AIDS free city....

1 HIV PREVENTION

- Advocacy And Awareness Among Youth And General Population
- Targeted Intervention High Risk Groups & Migrants

HIV DIAGNOSTIC SERVICES

Through 234 Counseling and Testing Centers for

- Pregnant Women
- High Risk Groups
- General Population

2

6

U=U

- Undetectable = Untransmittable

3

HIV TREATMENT SERVICES

Free lifelong treatment to registered patients through 20 ART centres in Mumbai

- Treat all
- Free drugs and viral load testing
- Counseling and follow - up

4

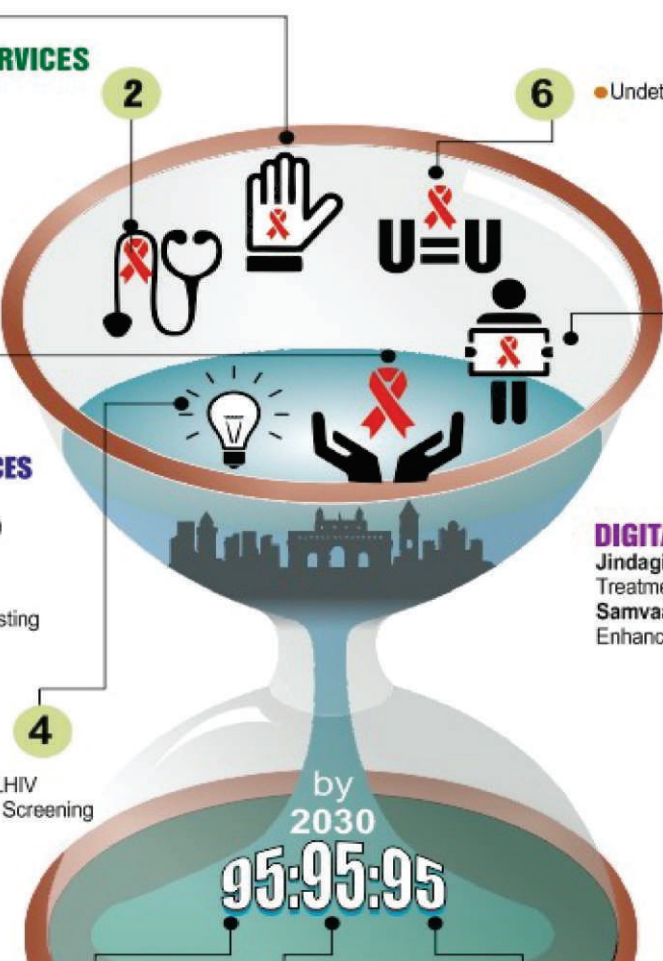
5

DIGITAL TECHNOLOGY

- Jindagi App
- Treatment Literacy Films
- Samvaad App- Enhanced Adherence Counseling

INNOVATION

- MITWAA platform for A / CLHIV
- Virtual Intervention For Hiv Screening
- Evening Clinic
- Tele SACEP
- E - Counsultation



by 2030
95:95:95

95% of people living with HIV know their HIV status	95% of people diagnosed with HIV receive Antiretroviral Therapy	95% of people receiving Antiretroviral Therapy achieve Viral Suppression
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Scan QR CODE For HIV Case Notification



For any other information/ collaboration, reach us at - cstmdacs@gmail.com

www.mdacs.org.in



: 022 2410 0246/47 , 022 2410 0088 / 89



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India's vision against AIDS



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