



BIMA

BULLETIN OF INDIAN MEDICAL ASSOCIATION

Vol. XL XXVII No. 8 / August 2025

MUMBAI BRANCH



Friends our forthcoming Programmes are :

- 10th August 2025 :- Multi Speciality CME
- 15th August 2025 :- Flag hoisting Ceremony
- 24th August 2025 :- CME on Oncology at ICTC

Dr. Girish Rajadhyaksha
President

Dr. Pragji Vaja
Hon. Secretary

Dr. Rajendra H. Trivedi
Editor - BIMA

Dr. Vijay Karanjkar
Secretary-BIMA

I.M.A. House, I.M.A. Chowk, 16, K. Khadye Marg, Haji Ali, Mumbai - 400 034. • Mob.: 75067 35383 / 89283 48578
Website : www.ima-mumbai.com • E-mail : ima_mumbai@yahoo.com / ima_mumbai1@rediffmail.com / imamumbaibranch@gmail.com

BLOOD DONATION AT DADAR RLY. STN. - 1ST JULY 2025



SAFE MOTHERHOOD AT SURYAKANT WAGAL MATERNITY HOSPITAL, CHARNI ROAD (EAST) - 2ND JULY 2025



EDITOR:

DR. RAJENDRA H. TRIVEDI

® 35980813

(M) 9833783382

drhrtrivedi@gmail.com

HON. SECRETARY – BIMA

DR. VIJAY KARANJIKAR

(M) 8779659382

karanjikarv@gmail.com

ADVISOR:

DR. HOZIE KAPADIA

(M) 9833793005

hozie.kapadia@gmail.com

DR. VIJAY C. PANJABI

(M) 9821061205

vijaypanjabi@yahoo.com

DR. AJAY KUMAR SAHA

(M) 9820151272(M)

drajoysaha@rediffmail.com

MEMBER:-

DR. ARVIND PATEL

(M) 9869209449

drarvindpatel108@gmail.com

BUSINESS MANAGERS:-

DR. ANIL PACHNEKAR

(M) 9869001873

dranilpachnekar@rediffmail.com

DR. SHIVKUMAR UTTURE

(M) 9820089321

uttur@yahoo.com

CIRCULATION MANAGER:-

DR. S. G. SHANBHAG

(M) 9619020962

drsgshanbhag@yahoo.co.in

PRESIDENT

DR. GIRISH RAJADHYAKSHA

(M) 9821695349

HON. SECRETARY

DR. PRAGJI VAJA

(M) 9820482375

vajapragjis@yahoo.in

HON. TREASURER

DR. AHUJA KAJAL

(M) 9833110302

drkajalahuja@gmail.com



Cervical cancer remains one of the most preventable yet prevalent forms of cancer among women worldwide. The burden of this disease particularly in low and middle income countries like India, is deeply concerning. Despite being largely preventable through vaccination and regular screening, cervical cancer still accounts for thousands of deaths annually. A concerted effort involving healthcare providers, public awareness and government backed vaccination programmes is crucial to reversing this trend.

Prevalence of Cervical Cancer

Cervical cancer is the second most common cancer among women in India after breast cancer. According to the Global Cancer Observatory (GLOBOCAN 2020), India accounts for nearly 21% of the global cervical cancer burden, with over 1,20,000 new cases and approximately 77,000 deaths annually. The disease primarily affects women in their reproductive and middle-aged years (30–50 years), making it a significant public health concern.

The primary cause of cervical cancer is persistent infection with high-risk types of the Human Papilloma Virus (HPV), especially HPV types 16 and 18, which are responsible for nearly 70% of all cervical cancers. HPV is transmitted mainly through sexual contact.

Other contributing factors include:

- Early onset of sexual activity
- Multiple sexual partners
- Immunosuppression (e.g., HIV infection)
- Smoking
- Long term use of oral contraceptives
- Poor genital hygiene
- Lack of regular Pap smear screening

Signs and Symptoms

Cervical cancer often remains asymptomatic in its early stages, which is why regular screening is vital. As the disease progresses, common symptoms include:

- Abnormal vaginal bleeding, especially after intercourse or between periods
- Foul smelling vaginal discharge
- Pelvic pain or pain during intercourse
- Post-menopausal bleeding

In advanced cases, symptoms may include leg pain, swelling, weight loss, and urinary or rectal bleeding due to local invasion.

Human Papilloma Virus (HPV)

HPV is a group of over 100 related viruses, with more than 14 identified as high-risk oncogenic types. HPV infection is extremely common, especially among sexually active individuals. In most cases, the body clears the virus naturally, but persistent infection with high-risk strains can lead to precancerous changes in the cervix, eventually progressing to cancer if untreated.

Prevention and Screening

Primary Prevention:

HPV vaccination is the cornerstone of primary prevention. The Quadrivalent (Gardasil) and Bivalent (Cervarix) vaccines protect against the most common cancer-causing strains (HPV 16 and 18).

India's own indigenously developed vaccine, Cervavac, launched in 2023 is a cost-effective vaccine priced affordably for mass immunization.

Vaccination is recommended for girls aged 9–14 years before sexual debut.

Secondary Prevention:

Routine screening through Pap smears, HPV DNA testing or Visual Inspection with Acetic Acid (VIA) for early detection of pre-cancerous lesions.

WHO recommends screening at least once between ages 30 and 49, especially in low-resource settings.

Tertiary Prevention:

Early treatment of precancerous lesions via cryotherapy, LEEP (Loop Electrosurgical Excision Procedure), or cold knife conization.

Advanced cervical cancer is treated with surgery, chemotherapy and/or radiotherapy.

Importance of the HPV Vaccine

The HPV vaccine is safe, effective, and a game-changer in reducing the incidence of cervical cancer. Clinical trials have shown over 90% effectiveness in preventing HPV related cervical lesions. A widespread immunization program can lead to a substantial decline in cancer incidence within one generation.

Despite its proven efficacy, vaccine uptake in India remains low due to lack of awareness, social stigma around sexual health, vaccine hesitancy, cost, and accessibility issues (largely addressed with Cervavac).

Role of Indian Medical Association (IMA)

The Indian Medical Association has signed an MDU with FOGSI (Federation of Obstetric and Gynaecological Societies of India) to train 5000 IMA members for HPV vaccination for prevention and to decrease the cases of cervical cancer.

- Raising public awareness through health camps, educational talks, and media outreach
- Training doctors and healthcare workers on cervical cancer screening techniques and HPV vaccination protocols by holding workshops and webinars and physical CMEs
- Promoting inclusion of HPV vaccine in the Universal Immunization Programme (UIP)
- Advocating for school-based vaccination programmes for adolescent girls
- Collaborating with state governments and NGOs to strengthen rural health infrastructure for cervical cancer screening

I appeal to all IMA members to join this initiative of training for HPV vaccination programme.

Government's Role and Policy Initiatives

The Government of India, in alignment with WHO's global strategy to eliminate cervical cancer by 2030, has taken several measures:

- Inclusion of Cervavac in the National Immunization Programme (initiated in phases from 2024 onward)
- Launch Ayushman Bharat Health and Wellness Centres for accessible screening services
- National Cancer Control Programme (NCCP) initiatives to train ASHAs and ANMs workers for VIA-based screening
- Efforts to create gender-sensitive adolescent friendly health services
- Encourage public-private partnerships for improving coverage and awareness

As clinicians, it is imperative that we educate our patients, support vaccination efforts and promote routine screening to detect early disease. Cervical cancer is preventable, treatable and even eradicable with the right interventions.

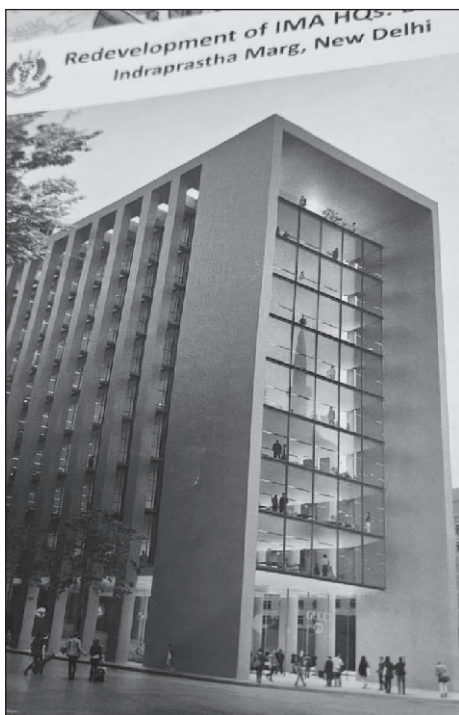
By leveraging the combined efforts of medical professionals, government bodies, and civil society, India can significantly reduce the burden of cervical cancer and move toward elimination. The integration of the HPV vaccine into public health policy marks a historic step in this direction but sustained awareness, accessibility, and commitment are key to achieving our goal. Prevention is not just better than cure, it is the only cure for cervical cancer.

LONG LIVE IMA!

DR. RAJENDRA H. TRIVEDI

Editor

IMA Mumbai Branch



APPEAL TO DONATE GENEROUSLY

There was a discussion in the managing committee regarding Redevelopment of IMA HQ BUILDING .IMA HQ will be celebrating it's CENTENARY YEAR. The grandeur that IMA has to it's credit needs to be befittingly housed in it's new HQ building which will add to it's glory.

Dr. Shivkumar Utture & Dr. Hozie Kapadia humbly appealed to the managing committee members seeking generous contribution for the noble cause of erecting a new building in place of the old beloved aging structure. The members have agreed to donate generously for a worthy cause. It will be a 7 storied structure with State of the Art amenities including residential rooms for out station delegates. Any donation is welcome. You will get Income Tax exemption under 80 G.

Kindly submit your cheque in the name of 'IMANEW BUILDING' to the IMA Mumbai office as soon as possible.

WHY BECOME A MEMBER OF INDIAN MEDICAL ASSOCIATION (IMA)?

Dear colleagues,

Indian Medical Association (IMA) is the largest and the fastest growing non-government organization (NGO) of over two and half lakhs health care providers. It spans across the country and has over 1800 branches. It attracts a variety of physicians from MBBS doctors, specialists and super specialists from urban, sub-urban and rural India and a wide age span. The primary mission of IMA is to unite the medical fraternity under one banner and ultimately advance the medical science for the betterment of the masses. Simultaneously, it seeks to safeguard the interest of the medical fraternity in this ever changing milieu of medical profession.

In the light of this ever changing field, Medical Council of India (MCI) has recently recognized the importance of continuous medical education (CME). It has now become mandatory that the medical fraternity comply with the CME credit hours regulation to renew their medical registration. IMA is accredited by the MCI to grant credit hour points to doctors and has taken the onus of advancing this complex field by hosting regular conferences, CME's which are very well received.

ACHIEVEMENTS OF IMA

1. There is an increasing threat to the safety of doctors especially the young ones. Because of constant representation of these concerns by IMA to the state government of Maharashtra, there is now a law in place to protect the doctors and its establishments.
2. Similar efforts are being undertaken by the IMA at the central government also.
3. IMA is successful in motivating the Standing Committee in Delhi to summarily reject the NCHRH Bill (National Council for Human Resource in Health).
4. The draconian CEA (Clinical Establishment Act) was strongly opposed by IMA. IMA was successful in drafting a Maharashtra specific CEA which is both doctor and patient friendly.
5. There are stringent rules set forth for renewing licenses for nursing homes, firefighting provision rule, FDA regulations and PCPNDT Act etc. IMA is engaged with the concerned agencies in streamlining the process and create a hassle free environment for medical profession.

BENEFITS AVAILABLE TO IMA MEMBERS

- 1) IMA is accredited by the MCI to grant credit hour points to doctors.
- 2) Medico-legal cell help round the clock for the members.
- 3) Profession Protection Scheme (PPS) (Indemnity – 10 Lakhs) at nominal fees.
- 4) **Airing your views and grievances** through BIMA (Bulletin of IMA)

Social Security Schemes popular as “**Make your Nominee a Millionaire**”, gives benefits to the next of kin of the deceased life member.

Guest room facilities available in IMA branches all over India at highly concessional rates (List Available at IMA office).

50% discount on rent of IMA Hall (renovated) and Lawns.

Discounts on purchases of new car and on car insurance renewals.

Membership is transferable all over India.

The MCI recommends that every graduate be a part of a recognized medical association and IMA fulfils this mission perfectly. IMA is a perfect platform for all the practitioners, particularly for young practitioners who are still learning the nuances of medicine and work of this profession. The best part is that the IMA membership is transferable to any part of India. We welcome you all to share your interest with us.

Increase Membership fees from 6th April 2025

For Single Life Membership Fees - Rs. 19,259/-

For Couple Life Membership Fees – Rs. 28,875/-

For to be Clubbed Membership Fees - Rs. 10,559/-

“Cheque to be drawn in favour of “Indian Medical Association Mumbai Branch”

Dr. Girish Rajadhyaksha
President - (M) 9821695349

DR. Pragji Vaja
Hon. Secretary - (M) 9820482375

From the President's Desk



My dear friends,

Warm greetings to all of you.

This month of July is so important to all of us because it brings maximum rains and as we all know “water is life”.

The first week of July is observed as “**Safe Motherhood Week**” by creating awareness amongst expecting mothers about the importance of nutrition, yoga and regular antenatal check-ups which is crucial for the well-being of a mother and a child. This becomes the foundation of a healthy nation. High protein nutritional supplements are distributed for better health of the mother and the child during this activity.

We also have “**Monsoon Marathon**” in July. Large number of our members participated along with young members of IMA JDN and MSN this year. This event creates a feeling of togetherness and underlines the importance of exercise. We conducted a public awareness programme about **fatty liver disease** which is a silent killer. It is affecting a large number of young and middle aged individuals. Myself and our senior member Dr. Rathie spoke about the importance of lifestyle modifications in prevention & treatment of fatty liver disease.

1st July is celebrated as **Doctors' Day** in the fond memory of Dr. Bidhan Chandra Roy who was an eminent physician and first Chief Minister of West Bengal. On this occasion we honoured distinguished doctors for their selfless dedicated service in the field of quality medical care and medical education.

As a part of our social commitment, IMA Mumbai branch organised two **Blood Donation camps** at Dadar Railway Station on 1st and 12th July. I thank our secretary Dr. Pragji Vaja for these camps and also congratulate him because on 12th July he donated blood for the **108th time**.

We are planning many academic activities in the coming month. In addition I invite all of you to join us on **15th August** to salute our national flag and celebrate our **78th Independence Day** at the IMA House.

Jai Hind, Jai IMA!

LONG LIVE IMA!

DR. GIRISH RAJADHYAKSHA
President
IMA Mumbai Branch

Report of Family Welfare and Vasectomy Centre Sub Committee for the month of July 2025.

It gives me great pleasure to submit the report of our above Centre for the period 01/07/2025 to 31/07/2025.

With the help of all dedicated IMA staff, the Centre is running smoothly and to our satisfaction.

We have performed 30 (Thirty only) vasectomies in the month of July 2025. Total no. of cases done by us till end of July 2025 are 1326.

Regular updates are given to our philanthropic sponsor, President, Secretary and Managing committee of our IMA, Mumbai branch. I, as a Chairman and my sub-committee members thank all for their co-operation.

Dr. Girish Rajadhyaksha
President

Dr. Aspi Raimalwala
Chairman
Family Welfare and Vasectomy Centre

Dr. Pragji Vaja
Hon. Secretary

Independence Day Programme

Date : **Friday, 15th August 2025**

Theme : 'NEW INDIA, EMPOWERED INDIA'

9.00 am : Flag Hoisting by President, Dr. Girish Rajadhyaksha.

9.30 am : Felicitation of 4 Past Presidents

Followed by breakfast.

10.00 am : Orchestra : Patriotic songs

Come one, Come all & Show your JOSH.

Dr. Girish Rajadhyaksha
President

Dr. Akshay Sevak
Chairperson
Independence Day Sub-Committee

Dr. Pragji Vaja
Hon. Secretary

State Executive Committee Meeting on 3rd August 2025 at Chiplun

All State Executive Members are requested to register for the
2nd State Executive Committee Meeting to be held
on 3rd August 2025 at Chiplun

Dr. Girish Rajadhyaksha
President

Dr. Pragji Vaja
Hon. Secretary

IMA Mumbai Branch

MONSOON MARATHON - 13TH JULY 2025



**IMA MUMBAI BRANCH OFFICE BEARER ALONGWITH MSN MEMBERS
HANDED OVER MEMORANDUM TO COLLECTOR MRS. ANCHAL GOYAL**



DOCTORS' DAY - 6TH JULY 2025



President Speech
Dr. Girish Rajadhyaksha



Welcome by Chairman Doctors' Day
Committee Dr. Hozie Kapadia



Hon. Secretary Speech
Dr. Pragji Vaja



Lighting of Lamp



Awardees



Audience



Dr. Taral Nagda - Awardee Dr. Hemant Pathak - Awardee



Dr. Dinesh Prabhu - Awardee Speech by Awardee Dr. Prabha Shinde Felicitation of Speaker Dr. Rahul Gupta

DOCTORS' DAY - 6TH JULY 2025



Felicitation of Speaker Dr. Nidhi Khandelwal



Felicitation of Speaker Dr. Riddhijyoti Talukdar

BLOOD DONATION AT DADAR RLY. STN. - 12TH JULY 2025



MONSOON RELATED DISEASE CME - 20TH JULY 2025



Felicitation of Speaker Dr. Jignesh Gandhi



Felicitation of Speaker Dr. Junaid Shaikh



Felicitation of Speaker Dr. Kirti Sabnis



Felicitation of Speaker Dr. Mahua Kapoor



Felicitation of Speaker Dr. Neeraj Singh



Felicitation of Speaker Dr. Zaheer Virani

Secretary Communicates



IMA Mumbai Branch had following activities during the month of July 2025

1st July 2025:- "Blood Donation Camps" On occasion of Doctors' Day IMA Mumbai Branch organised Blood Donation Camp in association with Rotary club District no 3141, NSS unit Lala Lajpat Rai College and Nair Hospital Blood Bank on 1st July 2025 at Dadar Railway Station from 9 am to 5 pm. Total **81 units** of the blood was collected. Hon Secretary Dr. Pragji Vaja, Chairperson Blood Donation Committee Dr. Pankaj Bandarkar attended the Camp.

2nd July 2025:- "Safe Motherhood Week": We celebrated 'Safe Motherhood Week' at Suryakant Waghal Maternity Hospital, Near Ram Mandir, Zoabawadi, Charni Road (East), Thakurdwar junction Mumbai on Tuesday, 2nd July 2025. President Dr. Girish Rajadhyaksha, Chairman Safe Motherhood Week Committee Dr. Jyotika Kaku, Asst. Sec. IMA CGP Dr. Sachin Patharkar & Hon. Secretary Dr. Pragji Vaja attended and delivered talk on importance of nutritive diet, regular ANC checkup, rest and light exercise during pregnancy to many pregnant ladies. Hon. Secretary Dr. Pragji Vaja thanked Hospital Incharge Gynecologist Dr. Abhijeet Varpe & Dr. Jyotika Kaku for all arrangements, hospitality and cooperation. At the end free distribution of Chikkis to all pregnant women to raise the importance of nutritive diet during pregnancy on behalf of IMA Mumbai Branch which was well appreciated by all.

6th July 2025:- On the occasion of **"Doctors' Day"** CME was organized by IMA Mumbai Branch. Dr. Nidhi Khandelwal spoke on "Advances in Hernia surgery", Dr. Riddhijyoti Talukdar spoke on "The Radiation Oncology Enigma - what we do and how we do it?" and Dr. Rahul Gupta spoke on "Structural heart interventions - The most exciting frontier in cardiology" were the Speakers.

Doctors' Day Celebration: On the occasion of World Doctor's Day Sunday, 6th July 2025, we organized a heartfelt Felicitation of Distinguished Doctor to honor and celebrate the invaluable contributions of them for their outstanding academic, social and philanthropic contributions in the field of medicine and the broader society. The event was held at the IMA Hall, Haji Ali, and witnessed the gracious presence of senior doctors, medical professionals, IMA office-bearers, and members of the healthcare community. The program commenced with a warm welcome by Hon. Secretary Dr. Pragji Vaja who emphasized the importance of Doctors' Day Celebration. The traditional lighting of the ceremonial lamp was performed in the presence of the dignitaries, symbolizing knowledge, healing and hope. It was followed by the Presidential speech by the President Dr. Girish Rajadhyaksha & Dr. Hozie Kapadia, Chairperson Doctor' Day Celebration Committee welcomed and congratulated the Awardee Doctors. They also narrated the activities of IMA and importance of World Doctor's Day Celebration. He also felicitated the Awardee Doctors Dr. Hemant Pathak - Urologist and Renal Transplant Surgeon, Dr. Taral Nagda - Paediatric Orthopedic Surgeon, Dr. Dinesh Prabhu - Family Physician and Dr. Prabha Shinde - Recipient of Dr. H. M. Shah Life Time Achievement Award.

Each awardee was honored with a shawl, citation, and memento in recognition of their achievements and contributions to the medical fraternity and philanthropic work for the society.

Awarded doctors shared their inspiring journeys and reinforced their commitment to service, mentoring, and ethical practice. The event concluded with a vote of thanks delivered by Dr. Kavan Lakdawala who appreciated all participants, organizers, volunteers, and the support staff for making the celebration a grand success.

8th July 2025: IMA Mumbai Branch Office bearers, alongwith, MSN members, handed over memorandum to Collector Mrs. Anchal Goyal, against registration of homeopathy graduates with CCMP bridge course in MMC register.

10th July 2025: We had a very urgent and fruitful meeting with Hon. Chief Minister at Varsha Bungalow tonight with the good offices of Shri. Sudhir Bhau Mungantiwar facilitated by Dr. Mangesh Gulwade. A delegation of Dr. Santosh Kadam, President IMA MS, Dr. Anil Avhad, Secretary IMA MS Dr. Shivkumar Utture, Dr. Mangesh Gulwade with CM Shri. Devendra Fadnavis who gave a very positive response to our memorandum.

He immediately contacted Principal Secretary Mr. Dheeraj Kumar and MMC Administrator Dr. Vinky Rughwani regarding this issue and instructed them to call an urgent meeting tomorrow morning. In view of the above an urgent OB meeting of IMA MS was called and unanimous decision of differing the call for withdrawal of Health services (token strike) dated 11th July 2025 till further communication was taken. We thank all the members for their unstinted support and unity.

12th July 2025: Blood Donation Camp was organized by IMA, Mumbai Branch at Dadar Railway Station in collaboration with E ward Medical Association & KEM Blood Bank. NSS Students from Lala Lajpatrai College motivated the donors. Total 167 units of blood was collected. President Dr. Girish Rajadhyaksha, Hon. Secretary Dr. Pragji Vaja, Chairman of Blood Donation Committee Dr. Pankaj Bandarkar and Past Presidents Dr. Anil Avhad and Dr. Hozie Kapadia attended the camp.

13th July 2025:- "Monsoon Marathon" IMA Mumbai Branch Monsoon Marathon 2025 was held on Sunday, 13th July 2025 at Mahalaxmi Race Course at 7.30 am. Dr. Prakash Borana welcomed the gathering and President, Dr. Girish Rajadhyaksha flagged off the participants. Following which a Public Awareness program on "Liver ki Suno" was conducted by Dr. Girish Rajadhyaksha and Dr. Rathi, Gastro-enterologist from Nair Hospital. They informed the audience about consequences of Fatty liver disease and preventive measures. Around 60 members alongwith JDN & MSN participated in this marathon. Thanks to Zydus Pharma for providing T-shirts, caps and snacks and FDC Pharma for providing Enerzal tetrapacks.

20th July 2025:- "Monsoon Related Diseases CME" was organized by IMA Mumbai Branch, The eminent speakers were Dr. Junaid Shaikh spoke on "Representation of Monsoon Related Diseases in Mumbai ", Dr. Neeraj Singh spoke on "AIS & HS stroke- Diagnosis & treatment ", Dr. Zaheer Virani spoke on "Diagnosis and treatment of chronic kidney disorders and End-Stage renal disorders.", Dr. Mahua Kapoor spoke on "Ace Seasonal Infections with Next Generation Sequencing", Dr. Kirti Sabnis spoke on "What's New in Monsoon Related Diseases?", Dr. Jignesh Gandhi spoke on "Laparoscopy to Robotic Surgery : My Paradigm Shift ".

Friends our forthcoming Programmes are :

10th August 2025 :- Multi Speciality CME

15th August 2025 :- Flag hoisting Ceremony

24th August 2025 :- CME on Oncology at ICTC

Please register in large number for the above programmes.

LONG LIVE IMA!

DR. PRAGJI VAJA
Hon. Secretary
IMA Mumbai Branch



IMA MUMBAI BRANCH, IMA CGP MUMBAI SUB-FACULTY ANNOUNCES CME ON “MULTI SPECIALITY”

DATE: Sunday, 10th August 2025

TIME: 9.00 am Onwards

VENUE: IMA House, IMA Chowk, 16 K. Khadye Marg, Haji Ali, Mumbai - 400034.

TIME	TOPIC	SPEAKER
9.00 am to 10.05 am	Registration & Breakfast	
10.05 am to 10.10 am	Welcome Address	DR. SUNIL JAIN Asst. Director, IMA CGP Mumbai Sub-Faculty
10.10 am to 10.15 am	Presidential Address	DR. GIRISH RAJADHYAKSHA President
10.15 am to 10.45 am	Managing Malignant Hematological Disorders and role of HSCT.	DR. CHINTAN VYAS
10.45 am to 11.15 am	Surgical management of Breast cancer	DR. VIJAYASHREE MURTHY
11.15 am to 11.45 am	Liver Transplant: case based discussion	DR. SWAPNIL SHARMA
11.45 am to 12.15 pm	Emergency neurosurgery and general practitioner	DR. TEJAS VAJA
12.15 pm to 12.20 pm	Vote of Thanks	DR. SACHIN PATHARKAR Asst. Secretary, IMA CGP Mumbai Sub-Faculty
12.20 pm onward	Lunch	

- 1 Credit Point applicable ● Registration is free but compulsory

Dr. Girish Rajadhyaksha
President

Dr. Pragji Vaja
Hon. Secretary

IMA Mumbai Branch

INTERNATIONAL YOUTH DAY PROGRAMME

(First of its kind in IMA Mumbai Branch!)

IMA Mumbai Branch is organizing an **International Youth Day** programme on **Sunday, 10th August 2025** at the R. K. Menda Hall (2nd Floor) between 9 am to 1 pm. followed by LUNCH.

PROGRAMME IN BRIEF:

1. Inauguration.
2. Speeches by JDN members on various issues facing the youths.
3. Panel discussion by MSN members on issues facing the youths.
4. Activity focusing on issues facing the youths and finding solutions.
5. Vote of Thanks

All members of IMA Mumbai Branch are invited.

Please register in advance with IMA Mumbai Branch office. Seats limited.

Dr. Ajoy Saha, Chairman,
International Youth Day Programme.



**INDIAN MEDICAL ASSOCIATION MUMBAI BRANCH
IN ASSOCIATION WITH INDIAN CANCER TREATMENT CENTRE
ANNOUNCES CME ON “ONCOLOGY”**

DATE: Sunday, 24th August 2025

TIME: 8.45 am onwards

VENUE: IMA House, IMA Chowk, 16 K. Khadye Marg, Haji Ali, Mumbai - 400034.

TIME	TOPIC	SPEAKER
8.45 am to 9.20 am	Registration & Breakfast	
9.20 am to 9.25 am	Welcome Address	DR. PRAGJI VAJA Hon. Secretary
9.25 am to 9.30 am	Presidential Address	DR. GIRISH RAJADHYAKSHA President
9.30 am to 10.10 am	Renal Tumours: Diagnosis & Management	DR. JITENDRA SAKHRANI
10.10 am to 10.50 am	Pulmonologist perspective in Lung Oncology	DR. RAHUL WAKANKAR
10.50 am to 11.30 am	Basics of CAR-T, Real World Data & Case based outcomes	DR. KUNAL GOYAL
11.30 am to 12.10 pm	Barett's esophagus – diagnosis & management	DR. GAJANAN RODGE
12.10 pm to 12.50 pm	Overview of Gynaecological Cancers	DR. VRUNDA KARANJGAOKAR
12.50 pm to 1.30 pm	Immunotherapy – A new paradigm for Cancer Treatment	DR. ROHIT PAI
1.30 pm to 1.35 pm	Vote of Thanks	DR. USHA SHAH Hon. Jt. Secretary
1.35 pm onwards	Lunch	

- 1 MMC Credit Point Applied • Registration free but compulsory

Dr. Girish Rajadhyaksha
President

Dr. Pragji Vaja
Hon. Secretary

IMA Mumbai Branch

CATCH SOCIAL SECURITY SCHEME WHEN YOU ARE YOUNG !

Dear members

Our old social security scheme after completing successful more than 30 years now has undergone metamorphosis to give more impressive new Sanjeevani scheme after prolonged deliberations and discussions with actuaries and our members. This is quite apt modification to adapt the new changing world of Investments - and to attract our young members.

This new Sanjeevani scheme is not just attractive but also even profitable for young IMA members. The scheme has not reached down to the individuals in its details and if at all it has reached, there are many gaps in the understanding of the actual character of the scheme.

Royal moral value of the scheme is to help the bereaved family of members still remains intact.

Quite convenient and economical changes have been made in joining this scheme as per the age of the member. For the age below 30 just Rs 6000 per year, and for age between 30 to 34 yrs, Rs 7000

Refer to the table below. You will appreciate that it is quite affordable for any doctor of any age.

Even the admission fees are also adjusted according to the age.

Pay only for 25 years of your life and your cover goes till the end of your life. It is not like the term insurance that after the term is over your premium paid is lost and you are out of the scheme. By any chance if some installment is missed you get one more year to rejoin.

Earlier the fraternity contribution (that is premium being asked) was depending on the number of deaths but now it is not so, it's fixed as per age, and fraternity benefit is also fixed at Rs 10 lacs. If you want cover of more than 10 lacs you can take multiple units. You can pay Fraternity contribution in advance and get good concession also.

Ill health Benefit

If by any misfortune you have to stop your medical practice due to ill health you get 50% of the amount immediately and rest after your death.

Most important change in the scheme is you can get your total money back after a certain period of completion of your membership in the scheme.

This scheme doesn't charge any extra premium for your morbidity. Premium charge changes heavily in all other insurance schemes with morbidity. We don't even ask any medical examination up to age 55.

And after 55 up to 60 we require the regular medical checkup report with fitness certificate from any of our IMA member.

Joining the scheme is also very easy you can have online forms get them downloaded fill up and send us. You have got payment gateway option also and get immediate receipt.

Dear members, we are offering a very financially attractive, nonprofit making scheme with no extra overheads. We work for ourselves.

The scheme is for our members, by our members and managed by our members.

Don't think, join immediately.

For any information or query please contact IMA Mumbai Branch or IMAMS SSS Office.

DR. GIRISH RAJADHYAKSHA
President Mumbai Branch

DR. PRAGJI VAJA
Hon. Secretary Mumbai Branch

DR. RAJGOPAL KALANI
Chairman IMA MS SSS

DR. ANIL PANSE
Hon. Secretary IMA MS SSS

DR. MANGALA GOMARE
Member MC IMA MS SSS

DR. SANTOSH KADAM
President IMA MS

DR. ANIL AVHAD
Hon. Secretary IMA MS

Admission Payment Structure As Per Age						
Sr. No.	Amount for Payment As per the Age Groups	Fraternity Contribution Deposit	Admission Fees Column 1	2 X Annual Subscription Column 2	GST on* Columns 1 & 2	Grand Total Rs.
1	For the age less than 30	12,000/-	1000/-	500/-	270/-	13,770/-
2	For the age less than 30+ to 40	12,000/-	2000/-	500/-	450/-	14,950/-
3	For the age less than 40+ to 45	12,000/-	3000/-	500/-	630/-	16,130/-
4	For the age less than 45+ to 50	12,000/-	3000/-	500/-	630/-	16,130/-
5	For the age less than 50+ to 55	12,000/-	10000/-	500/-	1890/-	24,390/-
6	For the age less than 55+ to 60	12,000/-	20000/-	500/-	3690/-	36,190/-

New FFC Structure – Fixed for 25 installments			
Sr. No.	Amount for Payment As per the Age Groups	Fraternity Fund Contribution	Annual Fees 250/- Applicable GST to all
1	For the age less than 30	4800/-	
2	For the age 30+ to 34	5600/-	
3	For the age 34+ to 37	6700/-	
4	For the age 37+ to 40	8,300/-	
5	For the age 40+ to 45	10,300/-	
6	For the age 45+ to 50	12,500/-	
7	For the age 50+ to 55 & to 60	16,600/-	

The member may opt for advance Installments with proportionate Discount as follows:	
Advance FFC in addition to current year's FFC	Discount in % of payable extra FFC
Extra 1 Installment	5 %
Extra 2 Installment	8 %
Extra 3 Installment	10 %





MUMBAI DISTRICT AIDS CONTROL SOCIETY



Marching towards an AIDSfree city....

1

HIV PREVENTION

- Advocacy And Awareness Among Youth And General Population
- Targeted Intervention High Risk Groups & Migrants

HIV DIAGNOSTIC SERVICES

Through 234 Counseling and Testing Centers for

- Pregnant Women
- High Risk Groups
- General Population

2

6

U=U

• Undetectable = Untransmittable

3

HIV TREATMENT SERVICES

Free lifelong treatment to registered patients through 20 ART centres in Mumbai

- Treat all
- Free drugs and viral load testing
- Counseling and follow - up

4

INNOVATION

- MITWAA platform for A / CLHIV
- Virtual Intervention For Hiv Screening
- Evening Clinic
- Tele SACEP
- E - Counsultation

5

DIGITAL TECHNOLOGY

Jindagi App
Treatment Literacy Films
Samvaad App-
Enhanced Adherence Counseling

by
2030
95:95:95

95%

of people living with HIV know their HIV status

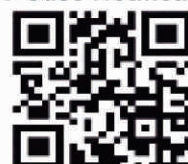
95%

of people diagnosed with HIV receive Antiretroviral Therapy

95%

of people receiving Antiretroviral Therapy achieve Viral Suppression

Scan QR CODE For HIV Case Notification



For any other information/ collaboration, reach us at - cstmdacs@gmail.com

www.mdacs.org.in



: 022 2410 0246/47 , 022 2410 0088 / 89



National AIDS Control Organization
India's vision against AIDS



Mumbai Districts
AIDS Control Society



Cyberknife: Surgery with No Cut, No Bleed & No Pain

**Mumbai's only Robotic Linear Accelerator
Delivering Precision Radiotherapy**

**Awarded Best Cancer Institute, Mumbai
at Navabharat Healthcare Summit 2025.**

HCG Tumour Specialist Cancer Clinic

Offers highest level of comprehensive quality care to patients with tumours of Brain, Liver, Lung, Pancreas, Prostate, Kidney and recurrent or residual tumour.

With a team of very well trained and highly qualified Radiation Oncologists (Cyberknife Experts), we offer a wide spectrum of services covering diagnosis, non-invasive radio surgery and rehabilitation.

Tumour Specialists

Dr. Trinanjan Basu, Sr. Consultant – Radiation Oncologist: **Liver, Pancreas, Lung & Prostate Tumour**

Dr. Bhavin Visariya, Sr. Consultant - Radiation Oncologist: **Brain, Lung and Prostate Tumour**

Dr. Vaibhav Sonwani, Sr. Consultant- Radiation Oncologist: **Brain, Lung and Prostate Tumour**

Dr. Durva Kurkure, Consultant – Radiation Oncologist: **Breast**

Dr. Wasim Phoplunkar, Consultant – Radiation Oncologist: **Brain, Liver, Prostate Tumour**

Dr. Riddhijyoti Talukdar, Consultant – Radiation Oncologist: **Brain Tumour, Gynaecological Malignancies**

Dr. Namrata Bhagat, Consultant – Radiation Oncologist: **Brain Tumour**

Benefits of Cyberknife

- ✦ No Incisions/ Surgery
- ✦ No Anaesthesia
- ✦ Outpatient Procedure
- ✦ Few visits to hospital (upto five)
- ✦ For Delicate/ Inoperable/ Complicated Tumours

Following Organ specific tumours with clinical symptoms can be treated with Cyberknife:

Brain

- Meningioma
- Pituitary adenoma
- Acoustic Neuroma
- Trigeminal Neuralgia
- AVM
- Parkinson's disease

cancer (NSCLC) [Inoperable small tumours]

Liver

- Liver metastases
- Primary Liver Cancer (Hepatocellular Carcinoma) [Inoperable]

Lung

- Metastatic Lung Tumours
- Early-stage non-small cell lung

Pancreas

- Especially in patients who are not surgical candidates

Prostate

- Localized prostate cancer with curative intent

Kidney

- Renal cell carcinoma, particularly in inoperable patients

Recurrent or Residual

- Especially in previously irradiated areas where conventional radiotherapy is too risky.

OPD Timing: Monday to Saturday - 10:00 AM to 6:00 PM

FOR APPOINTMENT, CONTACT: 63 58 888 821 | 93 55 222 346

HCG ICS Khubchandani Cancer Centre

Maharishi Karve Road, Opp. Cooperage Football Ground,
(Near Churchgate Station) Colaba - Mumbai 400021

info@hcgel.com | www.hcgoncology.com

Scan for
Patient
Testimonial

