



BIMA

BULLETIN OF INDIAN MEDICAL ASSOCIATION

Vol. XL XXVII No. 9 / October 2024

MUMBAI BRANCH



Forthcoming Events:

13th October 2024 :- Multi Speciality CME

27th October 2024 :- Multi Speciality CME

Dr. Girish Lad
President

Dr. Pragji Vaja
Hon. Secretary

Dr. Rajendra H. Trivedi
Editor - BIMA

Dr. Vijay Karanjkar
Secretary-BIMA

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Editorial



Mental Illness Awareness Week (MIAW) was established in the USA in 1990 in recognition of efforts by the National Alliance on Mental Illness (NAMI) to educate and increase awareness about mental illness. It takes place every year during the first full week of October. During this week, mental health advocates and organisations across the US join to sponsor events to promote community outreach and public education concerning mental illnesses such as major depressive disorder, bipolar disorder and schizophrenia.

As of 2017, over 46 million (almost 1 out of 5) US adults live with a mental illness. 4.5% of US adults (over 11 million) have a serious Mental Illness. The numbers may be larger because stigma reduces reporting. 45% of these adults meet criteria for two or more disorders. These range from fairly common mood disorders to the much more serious anxiety and schizophrenia disorders. Among these 40 million American adults aged 18 and older experience some form of anxiety disorders. Stigma surrounding mental illness is a major barrier that prevents people from seeking the mental health treatment that they need. Programmes during Mental Illness Awareness Week are designed to create community awareness and discussion in an effort to put an end to stigma and advocate for treatment and recovery. Mental Health Awareness month has been observed in U.S.A. since 1949 every year in May.

World Mental Health Day is observed annually on October 10th to bring attention to the importance of mental well-being. This year, the theme "- It is Time to Prioritize Mental Health in the Work place" - highlights the urgent need for businesses to create environments that foster mental health. Mental Health in the workplace has become a growing concern as more individuals experience stress, anxiety and depression due to work related pressures. Addressing this issue not only benefits employees but also enhances organisational productivity and culture.

In today's fast-paced world, where workplace demands continue to rise, prioritizing mental health in professional settings is crucial. Stress, burn out and mental health challenges are at an all-time high, making it essential for employers and employees to foster healthy work environments.

The workplace plays a significant role in an individual's mental health. With long hours, tight deadlines and increasing demands, employees often find themselves overwhelmed. In fact, according to the World Health Organization (WHO), depression and anxiety cost the global economy an estimated dollar 1 trillion per year in lost productivity. These numbers show the direct link between mental health and workplace performance.

Rise of Workspace Stress and burnout-Workplace Stress has risen sharply in recent years. Several factors contribute to this trend, including-

Increased Workloads- Many companies expect more output with fewer resources.

Technological advances- Employees are now reachable 24/7, leading to a blurred work life balance.

Remote Work Challenges - Although remote work offers flexibility, it can also create isolation and a sense of disconnect.

Job Insecurity - Economic uncertainty has led to concern about job stability, which impacts mental well-being.

These stressors not only impact individual employees but also affect organizational success. Employees experiencing stress and burnout are more likely to be less engaged, leading to higher absenteeism and turnover rates.

Impact of ignoring Mental Health at work - Neglecting mental health in the workplace can have severe consequence for both employees and businesses. When mental health is not prioritized, employees may face challenges such as-

Decreased Productivity -

Increased absenteeism -

Higher turnover - workers are more likely to leave jobs that contribute to poor mental health.

Negative work culture - A lack of support for mental health can create a toxic environment where employees feel undervalued and stressed.

How Employers Can Prioritize Mental Health in the Workplace-

Prioritizing mental health requires a proactive approach from employers.

- Create open conversations about mental health. Conduct workshops and awareness sessions to reduce the stigma around mental health and create channels for anonymous feedback or sharing mental health concerns.

- Implement Employee Assistance Programme

- Promote Work - Life Balance

Establish flexible working hours to accommodate personal responsibilities. Encourage employees to take regular breaks and vacations. Discourage after - hours communication.

- Foster a Positive Work Environment

A positive work environment promotes teamwork, collaboration and respect, which can help mitigate stress and improve mental well- being. Creating a supportive culture where employees feel valued is essential. Celebrate team achievements and individual contributions. Promote inclusivity and diversity to ensure all employees feel welcome.

Create opportunities for social interactions such as team building activities or wellness days.

DR. RAJENDRA H. TRIVEDI

Editor

IMA Mumbai Branch

From The President's Desk

My dear Brothers & Sisters

My divine love for you all!

Recently we celebrated World Heart Day. We were showered with knowledge of preventive cardiology to surgical cardiology from eminent speakers.

Let us think about cardiac ailments in a wider perspective. Congenital Heart diseases, Valvular heart disease, Degenerative heart disease & infective heart disease are the types we should be alarmed about.



Congenital Heart disease is caused mainly by genetic background, but we can prevent CHD by precautionary measures like:

- 1) Vaccination against Rubella & flu before conception;
- 2) Consumption of 400 micrograms of folic acid daily in the first trimester of pregnancy.
- 3) Avoid alcohol, tobacco & certain drugs like statins, unknown OTC drugs.
- 4) Control of Hypertension & diabetes.
- 5) Avoid exposure to organic solvents used for dry cleaning, paint thinners & nail paint remover.
- 6) Taking proper antenatal care & regular checkups w.r.t. screening tests.
- 7) Consulting Genetic counselor if family history of CHD is present.

Valvular Heart disease, although less common, nowadays, it can be prevented by Right time Right treatment for sore throat & other infections. If diagnosed presence of valvular defects, they should be treated right away, at very early age, to prevent retardation of growth & poor quality of life.

Cardiac infections like infective endocarditis are preventable & manageable if diagnosed early to prevent deadly complications. Regular medicaments for this prevention is the key to success.

Now we move on to big chunk of Cardiac Ailments called Ischemic Heart disease; which proves again that PREVENTION IS BETTER THAN CURE.

Every coronary artery starts getting into the process of athermatous change very early & it progresses slowly & steadily to occlude the lumen to give ischemic signs & symptoms.

Factors which lead to rapid progression of such changes are smoking, alcohol, red meat, oily food and stress. Also uncontrolled diabetes and hypertension add fuel to fire.

Therefore avoiding these noxious foods, bad habits, correcting improper sleep pattern, regular exercise and walking, control of diabetes and hypertension will help in retarding the progress of coronary artery disease.

Preventive consumption of statins, blood thinners like aspirin & anti uric acid drugs will avoid episode of acute coronary syndrome.

Spiritual sadhana, meditation & yogic exercises will soothe the ailing heart.

Reduce Body Weight, Control Lipid profile, Uric acid, blood sugar, salt intake & manage stress. Then you will live longer.

Always be cheerful, helpful & resourceful without hurry, worry & curry. You will live life kingsize for 100 years, at ease.

Dil se puchha,
Dil e nadan Teri khata kya hai
Dil bola, Tera lipid profile aur HbA1c bata kya hai

Jai Hind ! Jai IMA !

DR. GIRISH LAD
President
IMA Mumbai Branch

WHY BECOME A MEMBER OF INDIAN MEDICAL ASSOCIATION (IMA)?

Dear colleagues,

Indian Medical Association (IMA) is the largest and the fastest growing non-government organization (NGO) of over two and half lakhs health care providers. It spans across the country and has over 1800 branches. It attracts a variety of physicians from MBBS doctors, specialists and super specialists from urban, sub-urban and rural India and a wide age span. The primary mission of IMA is to unite the medical fraternity under one banner and ultimately advance the medical science for the betterment of the masses. Simultaneously, it seeks to safeguard the interest of the medical fraternity in this ever changing milieu of medical profession.

In the light of this ever changing field, Medical Council of India (MCI) has recently recognized the importance of continuous medical education (CME). It has now become mandatory that the medical fraternity comply with the CME credit hours regulation to renew their medical registration. IMA is accredited by the MCI to grant credit hour points to doctors and has taken the onus of advancing this complex field by hosting regular conferences, CME's which are very well received.

ACHIEVEMENTS OF IMA

1. There is an increasing threat to the safety of doctors especially the young ones. Because of constant representation of these concerns by IMA to the state government of Maharashtra, there is now a law in place to protect the doctors and its establishments.
2. Similar efforts are being undertaken by the IMA at the central government also.
3. IMA is successful in motivating the Standing Committee in Delhi to summarily reject the NCHRH Bill (National Council for Human Resource in Health).
4. The draconian CEA (Clinical Establishment Act) was strongly opposed by IMA. IMA was successful in drafting a Maharashtra specific CEA which is both doctor and patient friendly.
5. There are stringent rules set forth for renewing licenses for nursing homes, firefighting provision rule, FDA regulations and PCPNDT Act etc. IMA is engaged with the concerned agencies in streamlining the process and create a hassle free environment for medical profession.

BENEFITS AVAILABLE TO IMA MEMBERS

- 1) IMA is accredited by the MCI to grant credit hour points to doctors.
- 2) Medico-legal cell help round the clock for the members.
- 3) Profession Protection Scheme (PPS) (Indemnity – 10 Lakhs) at nominal fees.
- 4) Airing your views and grievances through BIMA (Bulletin of IMA)

Social Security Schemes popular as "Make your Nominee a Millionaire", gives benefits to the next of kin of the deceased life member.

Guest room facilities available in IMA branches all over India at highly concessional rates (List Available at IMA office).

50% discount on rent of IMA Hall (renovated) and Lawns.

Discounts on purchases of new car and on car insurance renewals.

Membership is transferable all over India.

The MCI recommends that every graduate be a part of a recognized medical association and IMA fulfils this mission perfectly. IMA is a perfect platform for all the practitioners, particularly for young practitioners who are still learning the nuances of medicine and work of this profession. The best part is that the IMA membership is transferable to any part of India. We welcome you all to share your interest with us.

Single Life Membership Fees - Rs. 14,865/- + Rs. 2,676/- (18% GST) = Rs. 17,541/-

Couple Life Membership Fees - Rs. 22,289/- + Rs. 4,012/- (18% GST) = Rs. 26,301/-

Cheque to be drawn in favour of "Indian Medical Association Mumbai Branch"

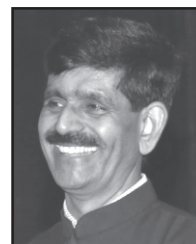
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President
(M) 98201 16391

DR. Pragji Vaja
Hon. Secretary
(M) 98204 82375

Secretary Communicates

Dear Friends,

IMA Mumbai Branch had following activities during the month of October 2024



1st September 2024:- "Multi Specialty CME" was organized by IMA Mumbai Branch, The eminent speakers were Dr. Mangesh Patil spoke on "Role of PSA and Management of cancer prostate", Dr. Honey Savla spoke on "Post Infections Convalescence", Dr. Aparna Bhanushali and Dr. Anirav Chatterjee spoke on "Pharmacogenics can enhance patient care", Dr. Nishit J. Shah spoke on "Introduction to endoscopic skull base surgery" and Dr. Shrinivas Chilukuri spoke on "Optimising outcomes of solid cancer with proton therapy."

15th September 2024:- Indian Medical Association organized an **"Eye Checkup Camp"** from **10.00 am to 2.00 pm at Navjivan Society Ganesh Mandal, Mumbai Central**. President Dr. Girish Lad inaugurated the camp. Hon. Secretary Dr. Pragji Vaja, Imm. Past President Dr. Pankaj Bandarkar, Vice President Dr. Arvind Patel, Past Presidents Dr. Sujatunnisa Attar, Dr. Jitesh Mehta, Dr. Anil Avhad, Jt. Secretary Dr. Kajal Ahuja, Dr. Sachin Patharkar and Dr. Sharad Deorukhkar attended the camp. Total 131 Individuals were benefited who were given free eye drops, multivitamin tablets and free glasses. 9 patients had cataract and who were advised cataract surgery from Sadhukamal Eye Hospital at concession at rate, 3 patients had glaucoma, 1 patient lazy eye and 6 patients had diabetic retinopathy. 8 patients were willing for voluntary eye donation. Congratulations to Dr. Arjun Ahuja, consulting ophthalmologist, Dr. Ashish Ahuja Vitrea- Retinal Surgeon and Dr. Kajal Ahuja for arranging the camp and making it a grand success.

22nd of September 2024:"Aao Gaon Chalen Camp" was held in village Sonale. A team comprising of Dr. Kiran Desai, Dr. Sunita Shanbhag, Dr. Jotika Kaku, Dr. Hemant Haldavnekar, Dr. Neela Haldavnekar and Dr. Sharad Devrukhar. This camp was a special camp for women in reproductive group to identify anemia and other ailments. We examined 110 women 20 other patients Morbidity pattern was as follows Vaginitis 3, lump in right breast 1, fibroid with severe anemia 1, fungal infection 1, primary infertility 1, menopausal syndrome. 3, dysmenorrhea 2, Pap smears taken 4, Hemoglobin estimation done in 30 patient's anemia found in 11 patients, Blood sugar detected 5 diabetics, Tenia 9 patients, scabies 3 patients, URTI 22 Patients, Toothache 3. Health education followed by question answer session was given to about 70 women about diet and anemia and tobacco cessation

29th September 2024:- "World Heart Day CME" was organized by IMA Mumbai Branch, The eminent speakers were Dr. Ajit Desai spoke on "Risk Stratification and Management of ACS", Dr. Sunil Wani spoke on "Heart Failure protection from Re-admission & mortality": Emerging role of SGLT2i, Dr. Sanjeevkumar R. Kalkekar spoke on "Innovation in cardiology": Leadless Pacemaker and non-surgical mitral valve repair, Dr. Tanay Padgaonkar spoke on "Optimizing challenges to drug therapy in HFrEF", Dr. Amit Karad spoke on Are we delaying in management of Structural heart disease and Advance Heart Failure?, Dr. Anvay Muley spoke on "Surgical management of heart failure", Dr. Ajit Menon spoke on "Management of advanced heart failure" and Dr. Shivaprakash Krishnanaik.

Forthcoming Events:

13th October 2024 :- Multi Speciality CME

27th October 2024 :- Multi Speciality CME

DR. PRAGJI VAJA
Hon. Secretary
IMA Mumbai Branch

REPORT OF PUBLIC AWARENESS PROGRAMME ON EYE DONATION ON SUNDAY 24TH SEPTEMBER 2023

Indian Medical Association organized an **Eye Checkup Camp** from **10.00 am to 2.00 pm** at **Navjivan Society Ganesh Mandal, Mumbai Central**. President Dr. Girish Lad, inaugurated the camp. Hon. Secretary Dr. Pragji Vaja, Imm. Past President Dr. Pankaj Bandarkar, Vice President Dr. Arvind Patel, Past Presidents Dr. Sujatunnisa Attar, Dr. Jitesh Mehta, Anil Avhad, Jt. Secretary Dr. Kajal Ahuja, Dr. Sachin Patharkar and Dr. Sharad Deorukhkar attended the camp.

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DR. GIRISH LAD
President

DR. ARJUN AHUJA
Chairperson,
Eye Donation Week Committee
IMA Mumbai Branch

DR. PRAGJI VAJA
Hon. Secretary

REPORT OF FAMILY WELFARE AND VASECTOMY CENTRE SUB COMMITTEE FOR THE MONTH OF SEPTEMBER 2024.

It gives me great pleasure to submit the report of our above Centre for the period 01/09/2024 to 30/09/2024.

With the help of all dedicated IMA staff, the Centre is running smoothly and to our satisfaction.

We have performed 30 (Thirty only) vasectomies in the month of September 2024. Total no. of cases done by us till end of September 2024 are 1026.

Regular updates are given to our philanthropic sponsor, President, Secretary and Managing committee of our IMA, Mumbai branch. I, as a Chairman and my sub-committee members thank all for their co-operation.

DR. GIRISH LAD
President

DR. ASPI RAIMALWALA
Chairman
Family Welfare and Vasectomy Centre

DR. PRAGJI VAJA
Hon. Secretary

ANNOUNCEMENT

TATA Mumbai Marathon 2025.

The above Marathon will be organised on 19th January 2025.

IMA Mumbai Branch will take part as a group entry in Senior Citizens Run (4.2kms).

Those members who are willing to take part in the Marathon are requested to contact IMA Mumbai Branch office - 7506735383

1st September 2024:- “Multi Specialty CME”



FELICITATION TO DR. APARNA BHANUSHALI AND SPEAKERS DR. ANIRVAN CHATTERJEE



SPEAKER DR. HONEY SAVLA



FELICITATION TO DR. MANGESH PATIL



SPEAKER DR. NISHIT SHAH



SPEAKER DR. SRINIVAS CHILUKURI

15th September 2024:- "Eye Checkup Camp" at Navjivan Society Ganesh Mandal, Mumbai Central.



22nd of September 2024: "Aao Gaon Chalen Camp" at village Sonale



29th September 2024:- "World Heart Day CME"



SPEAKER DR. SHIVAPRAKASH KRISHNANAİK



SPEAKER DR. TANAY PADGAONKAR



SPEAKER DR. AJIT DESAI



SPEAKER DR. SUNIL WANI



SPEAKER DR. SANJEEVKUMAR KALKEKAR



SPEAKER DR. ANVAY MULEY



SPEAKER DR. AMIT KARAD



SPEAKER DR. AJIT MENON



IMA MUMBAI BRANCH, IMA CGP MUMBAI SUB FACULTY ANNOUNCES CME ON “Multi Speciality”

DATE : Sunday, 13th October 2024

TIME : 9.30 am onwards

VENUE : IMA House, IMA Chowk, 16 K. Khadye Marg, Haji Ali, Mumbai - 400034.

TIME	TOPIC	SPEAKER
09.30 am to 09.45 am	Registration & Breakfast	
09.45 am to 09.50 am	Welcome Address	DR. SARITA DEVI Asst. Director IMA CGP Mumbai Sub Faculty
09.50 am to 10.00 am	Presidential Address	DR. GIRISH LAD President
10.00 am to 10.30 am	Top 10 Nephrology and Transplant Basic for Primary care physician	DR. TUKARAM JAMALE
10.30 am to 11.00 am	Evaluation of Shoulder Pain & It's Management	DR. MOHIT KUKREJA
11.00 am to 11.30 am	Oncology Quiz	DR. ROHIT PAI
11.30 am to 12.00noon	Evolution of systemic therapy in the management of lung cancer over the years	DR. MUBARKUNNISATONSE
12.00 noon to 12.30 pm	Changing Face of Lung Cancer Treatment	DR. RAMAKANT DESHPANDE
12.30 pm to 1.00 pm	Innovations in cardiac surgery - Heart Valves	DR. MANISH GARG
1.00 pm to 1.05 pm	Vote of Thanks	DR. SUNIL JAIN Asst. Secretary IMA CGP Mumbai Sub Faculty
1.05 pm	Lunch	

- 1 MMC Credit Point Applied
- Registration free but compulsory

DR. GIRISH LAD
President

DR. PRAGJI VAJA
Hon. Secretary

IMA Mumbai Branch

Alcohol and gastrointestinal cancers

Alcohol consumption is deeply ingrained in social and cultural practices worldwide, yet its impact on health, specifically its association with gastrointestinal (GI) cancers, is a subject of significant concern and study. GI cancers encompass a spectrum of malignancies affecting organs such as the esophagus, stomach, liver, pancreas, and colorectum, each influenced differently by alcohol consumption. This essay explores the biological mechanisms and health implications of alcohol in relation to GI cancers.

The risk varies depending on the amount and duration of alcohol intake. For instance, chronic heavy alcohol consumption is a well-established risk factor for esophageal cancer, particularly squamous cell carcinoma. Alcohol irritates the esophageal mucosa, causing chronic inflammation and damaging DNA, which can lead to the development of cancerous cells. Symptoms of esophageal cancers are dysphagia (difficulty in swallowing food or in extreme case liquids), hematemesis (blood in vomitus) and weight loss. Similarly, alcohol has been associated with an elevated risk of gastric cancer (carcinoma of stomach), likely due to its ability to impair the stomach's protective mucosal barrier and increase the production of gastric acid, potentially promoting carcinogenesis. Common presentations include early satiety, loss of appetite, weight loss and sometimes blood in vomitus.

Liver cancer - hepatocellular carcinoma (HCC), is strongly linked to alcohol consumption, particularly in individuals with underlying chronic liver disease (CLD) such as cirrhosis. Alcohol metabolism produces acetaldehyde, a carcinogen that damages liver cells and interferes with their normal function, increasing the risk of malignant transformation. Moreover, chronic alcohol use contributes to fatty liver disease and fibrosis which leads to cirrhosis, both of which predispose individuals to HCC development. Patients usually present with right upper abdominal pain, weight loss, ascites (development of excess fluid in abdominal cavity)

Pancreatic cancer, shows some association, especially in heavy drinkers. Alcohol may contribute to pancreatic inflammation (acute and chronic pancreatitis) and impair insulin regulation, which are potential pathways for carcinogenesis in the pancreas, commonly presenting as abdominal pain, weight loss and in extreme cases jaundice. Apart from above mentioned cancers, there is a risk of colon cancer with certain types of alcohol i.e. beer is implicated in causing rectal cancers.

As always said- prevention is better than cure! One must avoid alcohol or if habituated, should seek help of gastroenterologist for deaddiction and screening for such cancers.

Dr Saiprasad Girish Lad

MD (Medicine) DM (Gastroenterology) ESEGH (London, UK)

Consultant gastroenterologist hepatologist and therapeutic GI endoscopist .



INDIAN MEDICAL ASSOCIATION, MUMBAI BRANCH

NOTICE

An Ordinary General Body Meeting of Indian Medical Association Mumbai Branch will be held on **Thursday, 17th October 2024 at 4.30 p.m. at IMA House, 16 K. Khadye Marg, Haji Ali, Mumbai – 400034** to consider the following agenda:

AGENDA

- 1) To pass the Annual Accounts for the year 2023-2024.
(Accounts shall be printed in E-BIMA)
- 2) Any other business with the permission of the chair.

DR. PRAGJI VAJA
Hon. Secretary
IMA Mumbai Branch

N. B.

1. The meeting if adjourned due to lack of quorum will be held in the same place after 30 minutes.
2. The statement of accounts will be circulated at the earliest.



ANNOUNCEMENT

INDIAN MEDICAL ASSOCIATION MUMBAI BRANCH "MULTI SPECIALITY" CME

Sunday 27th July 2024 at 9.00 am onwards

**Venue: IMA House, IMA Chowk, 16 K. Khadye Marg,
Haji Ali, Mumbai - 400034.**

DR. GIRISH LAD
President

DR. PRAGJI VAJA
Hon. Secretary

**54th Annual Conference (MIMACON 2024) IMA Mumbai Branch, Haji Ali
on 24th November 2024
At ITC Grand Central
287, Dr. Babasaheb Ambedkar Road, Parel, Mumbai 400012.**

To,
The Organizing Secretary,
54th Annual Conference (MIMACON 2024) IMA Mumbai Branch, Haji Ali

Name: _____
Age: _____ Sex: _____ Qualification: _____ MMC No. _____
Address (Correspondence): _____

Contact Nos., with STD code: _____

Clinic: _____ Resi.: _____

Mobile: _____ E Mail: _____

IMA Membership No.: _____

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A/c Name: Indian Medical Association Mumbai Branch
A/c No. 002810100017110

Venue: ITC Grand Central

287, Dr. Babasaheb Ambedkar Road, Parel, Mumbai 400012.

Note: Please send DD or cheque drawn in favour of **"Indian Medical Association Mumbai Branch"**.

To,
IMA MUMBAI BRANCH
Add. : IMA House, IMA Chowk, 16 K. Khadye Marg, Haji Ali, Mumbai – 34.
Phone: 75067 35383 / 89283 48578 Email id: ima_mumbai1@rediffmail.com/ima_mumbai@yahoo.com

54th Annual Conference (MIMACON 2024) IMA Mumbai Branch
on 24th November 2024

At

ITC Grand Central

287, Dr. Babasaheb Ambedkar Road, Parel, Mumbai 400012.

AREAWISE LIST OF DOCTORS FOR REGISTRATION

AREA	NAME	MOBILE NO.
Agripada	Dr. Kaizer Barot	9869746446
Andheri	Dr. Sudhir Patil	9820303533
Antop Hill	Dr. KishorChandorkar	9987266495
Bhulabhai Desai Rd.,	Dr. Akshay Sevak	9821121244
Byculla	Dr. Hozie Kapadia	9833793005
	Dr. Salim Sachani	9892631484
Cumbala Hill	Dr. Vijay Panjabi	9821061205
Dadar/ Prabhadevi	Dr. Ramesh C. Shah	9820097203
	Dr. Girish Lad	9820116390 / 9820116391
	Dr. Archana Wankhade	9987445158
	Dr. Hemant Haldavnekar	9869849030
Dharavi / Sion	Dr. Ajoy Kumar Saha	9820151272
Gamdevi Road / Kalbadevi	Dr. Jitesh Mehta	8879436443 / 9869006443
	Dr. Dinesh Prabhu	9821238757 / 07
	Dr. Kishor Gandecha	7021583842
Grant Road	Dr. Hemant Kansaria	9322232051
	Dr. SharadDeorukhkar	9820222720
Ghatkopar	Dr. H. S. Shingan	9821287440
Girgaum	Dr. Yogesh Shah	9892160476
	Dr. Usha Shah	9322004145
Khetwadi	Dr. JyotikaKaku	9969281689
Kurla	Dr. Anil Pachnekar	9869001873/8369224953
Lalbaug / Cotton Green	Dr. Anil Avhad	9867038430
	Dr. Pragji Vaja	9820482375
	Dr. Sunil Jain	9867466044
	Dr. Hareesh Mehta	9320258898
Lamington Rd,	Dr. Arjun Ahuja	9820118832
	Dr. Arvind Patel	9869209449
	Dr. Kajal Ahuja	9833110302
	Dr. KomalJatania	9892112827
Lower Parel	Dr. Prakash Borana	9892120638
	Dr. Dipak Desai	9867799023
Mahim	Dr. S. G. Shanbhag	9619020962
	Dr. Kiran M. Desai	9821221819
	Dr. S.M. Singnapurkar	9820033565/ 9221286250
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Mumbai Central	Dr. Sujatunnisa Attar	7506033993/9322995993
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	Dr. Girish Rajadhyaksha	9821695349
Shivaji Park	Dr. Shivkumar Utture	9820089321
Sewri	Dr. Vijay Karanjkar	8779659382
	Dr. Jitesh Mehta	8879436443 / 9869006443
Sion	Dr. Jagdish Keny	9619585111
Tardeo	Dr. Pankaj Bandarkar	9820797320 / 7738297320
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2

6

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: 022 2410 0246/47 , 022 2410 0088 / 89



National AIDS Control Organisation
Ministry of Health and Family Welfare, Government of India



Mumbai District
AIDS Control Society

ANNOUNCEMENT

54TH ANNUAL CONFERENCE MIMACON 2024 OF IMA MUMBAI BRANCH

**THEME – “HEALTHCARE IN 21ST CENTURY:
CHALLENGES AND OPPORTUNITIES”**

Venue: The ITC Grand Central, Parel, Mumbai.

Date - Sunday, 24th November 2024

Upto 31st October 2024

**Rs. 1,000 /-
(Inclusive of GST)**

After 31st October 2024

**Rs. 1,500 /-
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**IMA Mumbai Branch
54th Annual Conference**