



BIMA

BULLETIN OF INDIAN MEDICAL ASSOCIATION

Vol. XL XXVII No. 8 / August 2024

MUMBAI BRANCH



Our forthcoming Programmes are -

- 15th August 2024 :- Flag Hoisting ceremony**
- 18th August 2024 :- Multi Speciality CME**
- 1st September 2024 :- Multi Speciality CME**
- 29th September 2024 :- World Heart Day CME**

Dr. Girish Lad
President

Dr. Pragji Vaja
Hon. Secretary

Dr. Rajendra H. Trivedi
Editor - BIMA

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Editorial



At least 32 people, most of them children and teenagers, have died in the last month in the worst outbreak of Chandipura virus to hit India for over 20 years. The virus which is mainly transmitted to humans by female phlebotomine sandflies is part of the same family of diseases that cause Rabies. The virus can also be transmitted by mosquitoes & ticks. Cases have also been reported in Rajasthan and Madhya Pradesh.

Chandipura virus mostly affects children and teenagers under 15. Symptoms usually appear rapidly after infection and include fever and headache but can develop into encephalitis and cause convulsions, vomiting, seizures, diarrhoea, coma and death. The death rate is currently estimated to be as high as 76% but many infections could be asymptomatic and go unnoticed - meaning the actual fatality rate is likely to be significantly lower.

Health authorities in Gujarat are now racing to contain the outbreak. Over 50,000 people have been screened and all district and rural hospitals have been alerted to send samples of suspected cases to a centrally-run diagnostic laboratory in Pune. Surveillance is also being conducted across nearly 20,000 homes across the state for the presence of sandflies and mosquitoes and around 1500 houses have been sprayed with powder repellent to try and rid the area of the disease carrying insects.

Maharashtra is on alert after Chandipura virus outbreak in Gujarat. The joint director of health services, Dr. Radhakishan Pawar who is heading the vector-borne disease control programme in the state issued an advisory on July 19 to all municipal corporations, zilla parishads, civil surgeons, district health officers and malaria officers in the state. All officials are directed to strengthen comprehensive epidemiological, environmental and entomological surveillance and studies, and conduct house-to-house insecticide spraying.

The advisory recommends that children under 15 years with symptoms such as sudden fever, behavioral changes, convulsions or fainting, should be immediately referred to the nearest primary health centre, rural or district hospital. Blood samples of such patients should be tested for dengue, Japanese Encephalitis and Chandipura virus for

definite diagnosis. Information about these patients with symptoms of vector-borne diseases should be promptly entered into the Integrated Health Information Platform (IHIP) portal, stated the advisory. People should maintain cleanliness in the house and surrounding areas and dispose off dung away from the habitation.

First identified in the mid-1960s in the village of Chandipura near Nagpur in Maharashtra, the virus has caused sporadic outbreaks over the past 80 years. In 2003, 329 children tested positive for the virus in Andhra Pradesh and Maharashtra, with 183 of them dying. An outbreak in Gujarat in 2010 killed 17 people. It is not clear why the virus is now surging again. In India cases of Zika, Malaria, Dengue and Nipah virus all of which are carried by mosquitoes have surged this summer.

Neurological deficits are common in Chandipura infection and can manifest as weakness, loss of coordination or other impairment in motor function. These defects can be long lasting and may require rehabilitation. Signs of meningeal irritation such as a stiff neck, headache, vomiting and sensitivity to light are also frequent.

Treatment:-

There is no specific antiviral agent to treat Chandipura virus and there is no vaccine available as of yet. Early diagnosis and treatment are important. Management of the disease includes managing airways, breathing and circulation through oxygen therapy and ventilation if required. Management of fluid and electrolyte balance, hyperpyrexia, raised intracranial pressure and seizures, prevention of secondary bacterial infection and maintaining nutrition are necessary.

Prevention:-

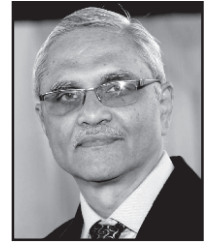
The spread of the disease can be prevented by vector control - identifying sandfly breeding sites, spraying insecticides, sanitation, environmental control, including the proper storage and disposal of waste and refuse, stopping open air defecation and the use of fly paper. Breeding sites include holes and crevices in walls, holes in trees, dark rooms, stables and storerooms. Prevention of bites is also important through the use of protective clothing, repellants and mosquito nets. Public awareness and prevention efforts focus on educating the public about preventive measures such as maintaining cleanliness, using mosquito nets and avoiding stagnant water around homes. Families are advised to keep children away from potential sandfly breeding grounds.

Jai Hind, Jai IMA!

LONG LIVE IMA

DR. RAJENDRA H. TRIVEDI
Editor
IMA Mumbai Branch

From The President's Desk



My dear brothers and sisters,
My humble regards to you all.

In the month of July we honoured distinguished doctors on the occasion of "Doctors' Day"; for their dedicated and valuable service towards community. 1st week of July is observed as "Safe Motherhood Week" by creating awareness amongst expectant mothers, about well being of mother, for well being of child. Healthy mother, healthy child, will make the nation healthy for generations to come. Also providing them high protein supplements for better health has been our motive behind this activity.

27 minus 9 equals zero - sounds nonmathematical. But it is true in a sense, if these 9 nakshatras of rains are removed from total 27 Nakshatras of the whole year, we will be nowhere, means ZERO. God is kind enough to shower his grace through rains so we celebrate his grace by enjoying "Monsoon Marathon" in July. It adds to the feeling of togetherness when we flock together and revel in the beautiful weather.

For we Indians, the month of August is truly an august month as we got independence from Britishers who robbed our wealth and culture and inoculated the poison of 'Divide and Rule'. Unfortunately the politicians continued the effect of the policy even today without realizing the value of "Unity in Diversity".

India with its rich variety of languages, customs and cultures is a live example of the value of 'Unity in Diversity' embracing the diversity of its landscapes, from the Majestic Himalayas to the tropical beaches of Kerala and from the beautiful rose gardens of Kashmir to the serene holy rock of Kanyakumari, a place of penance by Swami Vivekanand.

Indians are proud of their multilingualism and their ability to move between languages with ease, regardless of the linguistics variants. Many celebrations and rituals around India reveal a rich mosaic of faith and customs that shape the spiritual terrain of the nation.

India, with its rich diversity and unity, is a living embodiment of the age old adage "Vasudhaiv Kutumbakam" (The world is one family.)

On 15th August we pay respect to our 'Tiranga' by flag hoisting. Our Tiranga is made of either khadi or handspun cotton or silk; with dimensions as width to length proportion 2:3.

Flag colours are saffron, white, green with blue chakra in the centre.

Saffron colour signifies courage, sacrifice, valour, wisdom and action.

White colour symbolizes purity, peace and tranquility.

Green colour represents growth, prosperity, agricultural theme of India and mother earth blessings.

Ashoka Chakra in the centre with 24 spokes indicates 24 hours awareness of law of Dharma for progressiveness of my country.

I offer my humble salutation to 'Tiranga' representing my India and take an oath that I will be for my India with kaya (body) vacha (slogan and praise) and mann (from bottom of my heart) for its progress and its esteem in the world.

Jai Hind, Jai IMA!

LONG LIVE IMA!

DR. GIRISH LAD
President
IMA Mumbai Branch

WHY BECOME A MEMBER OF INDIAN MEDICAL ASSOCIATION (IMA)?

Dear colleagues,

Indian Medical Association (IMA) is the largest and the fastest growing non-government organization (NGO) of over two and half lakhs health care providers. It spans across the country and has over 1800 branches. It attracts a variety of physicians from MBBS doctors, specialists and super specialists from urban, sub-urban and rural India and a wide age span. The primary mission of IMA is to unite the medical fraternity under one banner and ultimately advance the medical science for the betterment of the masses. Simultaneously, it seeks to safeguard the interest of the medical fraternity in this ever changing milieu of medical profession.

In the light of this ever changing field, Medical Council of India (MCI) has recently recognized the importance of continuous medical education (CME). It has now become mandatory that the medical fraternity comply with the CME credit hours regulation to renew their medical registration. IMA is accredited by the MCI to grant credit hour points to doctors and has taken the onus of advancing this complex field by hosting regular conferences, CME's which are very well received.

ACHIEVEMENTS OF IMA

1. There is an increasing threat to the safety of doctors especially the young ones. Because of constant representation of these concerns by IMA to the state government of Maharashtra, there is now a law in place to protect the doctors and its establishments.
2. Similar efforts are being undertaken by the IMA at the central government also.
3. IMA is successful in motivating the Standing Committee in Delhi to summarily reject the NCHRH Bill (National Council for Human Resource in Health).
4. The draconian CEA (Clinical Establishment Act) was strongly opposed by IMA. IMA was successful in drafting a Maharashtra specific CEA which is both doctor and patient friendly.
5. There are stringent rules set forth for renewing licenses for nursing homes, firefighting provision rule, FDA regulations and PCPNDT Act etc. IMA is engaged with the concerned agencies in streamlining the process and create a hassle free environment for medical profession.

BENEFITS AVAILABLE TO IMA MEMBERS

- 1) IMA is accredited by the MCI to grant credit hour points to doctors.
- 2) Medico-legal cell help round the clock for the members.
- 3) Profession Protection Scheme (PPS) (Indemnity – 10 Lakhs) at nominal fees.
- 4) Airing your views and grievances through BIMA (Bulletin of IMA)

Social Security Schemes popular as "Make your Nominee a Millionaire", gives benefits to the next of kin of the deceased life member.

Guest room facilities available in IMA branches all over India at highly concessional rates (List Available at IMA office).

50% discount on rent of IMA Hall (renovated) and Lawns.

Discounts on purchases of new car and on car insurance renewals.

Membership is transferable all over India.

The MCI recommends that every graduate be a part of a recognized medical association and IMA fulfils this mission perfectly. IMA is a perfect platform for all the practitioners, particularly for young practitioners who are still learning the nuances of medicine and work of this profession. The best part is that the IMA membership is transferable to any part of India. We welcome you all to share your interest with us.

Single Life Membership Fees - Rs. 14,865/- + Rs. 2,676/- (18% GST) = Rs. 17,541/-

Couple Life Membership Fees - Rs. 22,289/- + Rs. 4,012/- (18% GST) = Rs. 26,301/-

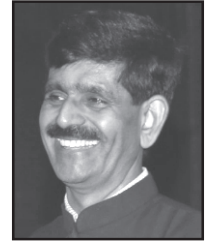
Cheque to be drawn in favour of "Indian Medical Association Mumbai Branch"

DR. Girish Lad
President
(M) 98201 16391

DR. Pragji Vaja
Hon. Secretary
(M) 98204 82375

Secretary Communicates

IMA Mumbai Branch had following activities during the month of July 2024.



1st July 2024:- "Blood Donation Camps" on Monday on The Occasion of '**Doctors Day**' from 9.00 am to 5.00 pm following places at a) Dadar Railway station in association with Rotary Club and Red Cross Blood Bank, we collected 80 bottles, b) Abbott Health Care Pvt. Ltd. office premises Bandra Kurla Complex office in association with KEM Hospital blood bank, we collected 234 bottles and in association with Raheja Hospital Blood Bank, we collected 95 bottles, c) Andheri office in association with Wadia Hospital Blood Bank, we collected 107 bottles and d) Chembur office in association with Sion Hospital Blood Bank, we collected 43 bottles. Total 559 bottles were collected.

3rd July 2024:- "Safe Motherhood Week": Indian Medical Association Mumbai Branch in Collaboration with MCGM conducted a "Safe Motherhood Week" programme at Suryakant Wagal Municipal Maternity Home, Thakurdwar Junction, Mumbai. IMA Mumbai Branch Imm. Past President Dr. Pankaj Bandarkar, Hon. Jt. Secretary Kajal Ahuja, Vice President Dr. Arvind Patel and Dr. Jyotika Kaku addressed the expectant mothers and gave them tips for Safe Pregnancy and Motherhood. Chikki packets were distributed to all expectant mothers present in OPD in order to bring awareness about importance of nutrition in pregnancy.

7th July 2024:- On the occasion of "**Doctors Day**" CME was organized by IMA Mumbai Branch. Dr. Sudhiranjan Dash spoke on "Kidney Function and Dialysis options" and Dr. Girish Rajadhyaksha spoke on "Oral Rehydration" were the speakers. **Doctors Day Celebration:** This year we felicitated three eminent doctors with 'Distinguished Doctors' Award: Dr. Keki Turel renowned Consultant Neurosurgeon, Dr. Suhas Prabhu renowned Consultant Pediatrician, Dr. Arjun Ahuja renowned Consultant Ophthalmologist. The prestigious "Dr. H.M. Shah Life Time Achievement Award" was conferred on Dr. Kiran Desai renowned Family Physician and Past President of IMA Mumbai Branch.

12th July 2024:- Blood Donation Camp was organized by IMA, Mumbai Branch at Dadar Railway Station collaboration with E ward Medical Association & KEM Blood Bank. NSS Students from Lala Lajpatrai College motivated the donors. Total **167 units** of blood was collected. Hon. Secretary Dr. Pragji Vaja, Chairman of Blood Donation Committee Dr. Pankaj Bandarkar and Past Presidents Dr. Anil Avhad and Dr. Hozie Kapadia attended the camp.

14th July 2024:- "Monsoon Marathon" The members of Indian Medical Association gathered at Mahalaxmi Race Course, at 7.00 am. The weather was simply beautiful. It was a perfect atmosphere for a Monsoon Marathon. There were more than 30 participants. It was followed by delicious breakfast at IMA House. Umbrella was given to each participant. All together it was a wonderful programme.

28th July 2024:- "Multi Specialty CME" was organized by IMA Mumbai Branch, The eminent speakers were Dr. Sanjay Pandey spoke on "A Revolution in BPH Treatment.", Dr. Pushkar Shikarkhane spoke on "Management of Sore throat", Mr. Vinit Hariya spoke on "Growth Story of India and investment Opportunities in it", Dr. Balkrishna Padate spoke on "Iron deficiency treatment", Dr. Salil Patkar spoke on "Economics of cancer treatment", Dr. Viraj Nevrekar spoke on "Breast cancer treatment beyond chemotherapy", Dr. P. G. Talwalkar spoke on "T2D & Its Complications Lets take a CaReMe approach to tackle" and Dr. Srinivas Kudva spoke on "Short term and long term strategies to Navigate HTR".

Friends our forthcoming Programmes are

15th August 2024	:- Flag Hoisting ceremony
18th August 2024	:- Multi Speciality CME
1st September 2024	:- Multi Speciality CME
29th September 2024	:- World Heart Day CME

Please register in large number for the above programmes.

LONG LIVE IMA!

DR. PRAGJI VAJA
Hon. Secretary
IMA Mumbai Branch



**IMA MUMBAI BRANCH, IMA CGP MUMBAI SUB FACULTY
ANNOUNCES CME ON “Multi Speciality”**

DATE : Sunday, 18th August 2024

TIME : 8.30 am onwards

VENUE : IMA House, IMA Chowk, 16 K. Khadye Marg, Haji Ali, Mumbai - 400034.

TOPIC	SPEAKER
Registration & Breakfast	
Welcome Address	DR. SARITA DEVI Asst. Director IMA CGP Mumbai Sub Faculty
Presidential Address	DR. GIRISH LAD President
Advances in Spine Endoscopy	DR. SUMEET PAWAR
Minimal Invasive Cardiac Surgery	DR. SACHIN SANAGAR
Management of GI bleeding	DR. SAIPRASAD LAD
Building an Electric Future with Tata Motors Electric Vehicles	MR. MANISH MULYE
Kidney Transplantation: An Optimal Approach to ESRD. It may change also.	DR. ZAHEER VIRANI
Prevention and treatment of Nicotine dependence and use of Tobacco	DR. ALKESH PATIL
Pathophysiology and Management of (ARDS) : Role of mechanical ventilation and ECMO	DR. CHARUDATT VAITY
Vote of Thanks	DR. SUNIL JAIN Asst. Secretary IMA CGP Mumbai Sub Faculty

- 2 MMC Credit Points applied
- Registration free but compulsory

DR. GIRISH LAD
President

DR. PRAGJI VAJA
Hon. Secretary

IMA Mumbai Branch

Blood Donation Camps - 1st July 2024



Andheri



Bandra



Chembur



Dadar

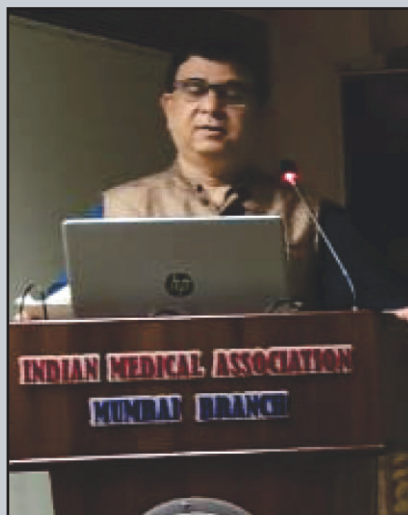
Safe Motherhood Week - 3rd July 2024



Multi-Speciality CME - 7th July 2024



President Dr. Girish Lad



Speaker Dr. Sudhiranjan Dash



Speaker Dr. Girish Rajadhyaksha

Doctors Day - 7th July 2024



Hon. Secretary Dr. Pragji Vaja



Chairman Doctors' Day Celebration Dr. Hozie Kapadia



Lighting of lamp



Dr. H.M. Shah Life Time Achievement Award to Dr. Kiran Desai



Distinguished Doctors' Awardee Dr. Keki Turel



Distinguished Doctors' Awardee Dr. Suhas Prabhu



Distinguished Doctors' Awardee Dr. Arjun Ahuja



Group Photo

Blood Donation Camp at Dadar Rly. Stn. - 12th July 2023



Monsoon Marathon at Race Course - 14th July 2024



Independence Day Programme

Theme : Nation First, Always First

9.00 am : Flag Hoisting by President, Dr. Girish Lad.

9.30 am : Felicitation of 4 Past Presidents

Followed by breakfast.

10.00 am : Patriotic Musical Songs Programme

Come one, Come all & Show your JOSH.

DR. GIRISH LAD
President

DR. AKSHAY SEVAK
Chairperson
Independence Day Sub-Committee

DR. PRAGJI VAJA
Hon. Secretary

State Executive Committee Meeting on 11th August 2024 at IMA Mumbai West Branch

All State Executive Members are requested to register for the **2nd State Executive Committee Meeting** to be held on **11th August 2024** at **IMA Mumbai West Branch**.

DR. GIRISH LAD
President

DR. PRAGJI VAJA
Hon. Secretary

IMA Mumbai Branch

BENGALURU DECLARATION
Bridging the Gaps -
Enhancing Collaboration between Doctors and Patients in India
To
Ensure Unshakeable Trust in the Doctor-Patient Relationship
Jointly by
INDIAN MEDICAL ASSOCIATION
&
PATIENT SAFETY & ACCESS INITIATIVE INDIA FOUNDATION

In continuation of the Trivandrum Declaration dated 12th September 2004 jointly signed by the Indian Medical Association and Consumer Coordination Council, the President of Indian Medical Association (IMA) and the Founder of Patient Safety & Access Initiative India Foundation (PSAIIF) hereby make the following declaration at Bengaluru on Sunday, the 30th June 2024:

1. A core group shall be formed with nominees from IMA and PSAIIF to build an institutionalized mechanism to ensure implementation of the recommendations emerging from the declaration
2. This collaboration shall
 - I. Develop an actionable vision document for Universal Health Care (UHC) for India in ensuing 12 months.
 - II. Work towards increasing the allocation for health in the upcoming Union budget to 2.5% of the GDP, steadily increasing to at least 5% of the GDP by 2030, with allocation for health and social determinants of health being separated.
 - III. Set up a 'Patient Information Platform' to empower the patients to make an informed choice.
 - IV. Ensure zero tolerance to violence inflicted on doctors and clinical establishments by developing suitable mechanisms.
 - V. Encourage elimination of cumbersome, long-drawn processes which affects the efficiency of medical professionals and clinical establishments leading to detrimental impact on healthcare quality and costs.
 - VI. Conduct credible research/surveys on healthcare delivery system
 - VII. Institute 'ethical branding' for clinical establishments.
 - VIII. Work towards making health insurance in the country affordable, transparent, patient friendly and sustainable for all stakeholders.
 - IX. Ensure that the services rendered by service providers on behalf of the government shall be paid as per specified timelines.
 - X. Conduct joint awareness programs on the roles and responsibilities of various stakeholders within the healthcare delivery system.

- XI. Strongly oppose and put on notice any attempt to dilute patient data protection.
- XII. Ensure patient confidentiality is implemented with an Indian cultural context so as to optimize patient clinical outcomes and strengthening the doctor patient relationship.

The signatories resolve that the widest possible publicity should be given to this declaration and that a copy of this Bengaluru "Bridging the Doctor-Patient Gap" Declaration shall be sent to the Government of India and all State Governments as also to all branches of the Indian Medical Association and all Consumer Organizations in the country.

DR. R. V. ASOKAN
National President, IMA

DR. ANILKUMAR NAYAK
National Vice President, IMA

DR. SHIVKUMAR UTTURE
Hony. Secretary General, IMA

**BIMA TARIFF
FOR ADVERTISEMENT IN BIMA
THE BULLETIN OF INDIAN MEDICAL ASSOCIATION, MUMBAI BRANCH**

BIMA, the mouth piece of IMA Mumbai branch reaches 5000 members per month, which includes leading Family Physicians, Consultants, Super Specialists and Hospitals of Mumbai and pan India.

Articles by specialists on current issues and trends in medicine make an interesting reading. BIMA has won the "Best Bulletin Award" for its educative, informative and presentable value from both IMA national and state offices.

The rates of advertisement in BIMA are very attractive. Pharmaceutical Companies, Hospitals, Nursing Homes, Diagnostic Centers, Poly Clinics, Pathology labs, Banks, Manufacturer of Hospital equipment, etc. can use this media for their wide spread publicity amongst the elite.

New reduced advertising rates effective from 1st December 2022

SPACE AND POSITION	SINGLE INSERTION	6 CONSECUTIVE INSERTIONS	12 ONSECUTIVE INSERTIONS
Ordinary Half Page (B/W)	1,260/-	6,300/-	12,600/-
Ordinary Full Page (B/W)	2,205/-	11,025/-	22,050/-
Special Full Pg. (4 colours)	4,095/-	20,475/-	40,950/-
Inside Cover (4 colours)	4,725/-	23,625/-	47,250/-
Back Cover (4 colours)	5,670/-	28,350/-	56,700/-
Centre Double page (4 colours)	9,450/-	47,250/-	94,500/-
Special Insertion	1,890/-	9,450/-	18,900/-

For Announcement: Birthdays, Marriage Anniversaries / Change of Address etc.

Rs. 630/- up to 35 words and there after Rs. 36/- for every additional word

Subscription: Rs. 630/- Yearly, For Non Members of IMA (Mumbai Branch).

Cheques drawn in favour of **BIMA** should accompany the advertisement matter/ request.

Advertisement material other than typed material, tracings and positives will be charged extra Rs. 630/- as processing charges.

PRINTING DETAILS OFFSET PRINTING: PRINT AREA 150 MM (W) X 200 MM (H).

'Eye' Most Precious Organ

Eyes are more precious than Diamonds because, diamonds are forever till you survive, whereas eye can persist even after death if you donate them.

- 1) Eye is a rich organ and weighs 7gms.
- 2) Eyes are of the same size from Birth till Death.
- 3) Eye never gets tired as much as you use because it has got rich nerve supply.
- 4) Eye's have Rods 130 Million cells and cone 7 million in each eye.
- 5) Each eye is supplied by six cranial nerves IInd, IIIrd, IVth, Vth, VIth and VIIth nerve.
- 6) All the knowledge in life which we gain is through eyes.
- 7) We spend 50% of our energy through eyes, 15% through tongue, 35% by physical labour. If we have to conserve energy we should close our eyes and do meditation.
- 8) Eyes are the window's of our body through which we can see in and find out what is going within our body by doing fundus examination. We can diagnose, Hypertension, Diabetes, Brain tumour, Renal disease and Anaemia.
- 9) All the colour and beauty of the world are seen through eyes like blue sky, green grass and blue – green oceans.
- 10) Because of two eyes we are able to appreciate depth of object like mountain is elevated and well is deep because of process of stereopsis, One eye person cannot see 3D movies.
- 11) No where else in body, you can see live blood vessels except retina which indicates the health of blood vasculature & can predict early coronary blocks or stroke.
- 12) Eyes can express the emotions without speaking.
- 13) By observing the movement's of eyes, one can detect whether person is telling lies.
- 14) Eyes can see near tiny objects through microscope & far objects in sky through telescope by process of accommodation.
- 15) Eyes gives us the directions in life on vast land where to go as navigation in ship gives direction in wild sea to reach destination.
- 16) Do you know the relationship between your two eyes? They blink together, move together, cry together, see things together & sleep together, even though they never see each other.

When eye should be examined?

- | | |
|-----------------------|--|
| 1) At Birth | 5) At 18 Years of age |
| 2) At 1 Year of age | 6) At 40 Years of age |
| 3) At 5 Years of age | 7) If Diseased Eye every 1 Year |
| 4) At 12 Years of age | 8) If normal Eyes - after 40 yrs. every 2 yrs. |

Warning Signals

Symptoms	Disease
1) If you see coloured haloes	1 Early Cataract 2 Glaucoma
2) If you get flashes of light	1 Can get Retinal Detachment
3) Increased Black spots f in front of eyes	1 Occurrence of Retinal detachment 2 Inflammation within the eye 3 Posterior Vitreous detachment
4) Transient Blackouts	1 Migraine 2 Vascular Disorder 3 Brain Tumour
5) Field of Vision affected	1 Glaucoma 2 Brain Tumour 3 Chronic Smoking, Drinking
6) Night blindness	1 Vitamin A deficiency 2 Retinal Disease 3 Liver disorder

Humour

- A middle aged villager came to the specialist for reading glasses.
- Doctor tried all the lenses & various languages but the villager could not read.
- Villager replied Sir, I am not educated, but I thought there are some glasses by putting them you can read clearly as many people require after 40 yrs.

DR. ARJUN AHUJA
Ophthalmologist
M.S., D.O.M.S.

Report of Family Welfare and Vasectomy Centre Sub-Committee for the month of July 2024.

It gives me great pleasure to submit the report of our above Centre for the period 01/07/2024 to 31/07/2024.

With the help of all dedicated IMA staff, the Centre is running smoothly and to our satisfaction.

We have performed 30 (Thirty only) vasectomies in the month of July 2024. Total no. of cases done by us till end of July 2024 are 965.

Regular updates are given to our philanthropic sponsor, President, Hon. Secretary and Managing committee of our IMA, Mumbai branch. I, as a Chairman and my sub-committee members thank all for their co-operation.

DR. GIRISH LAD
President

DR. ASPI RAIMALWALA
Chairman
Family Welfare and Vasectomy Centre

DR. PRAGJI VAJA
Hon. Secretary

Report of Blood Donation Camps

1st July 2024:- "Blood Donation Camps" on Monday on the occasion of '**Doctors Day**' from 9.00 am to 5.00 pm following places at

- a) Dadar Railway station in association with Rotary Club and Red Cross Blood Bank, we collected **80 bottles**,
- b) Abbott Health Care pvt. ltd office premises Bandra Kurla complex office in association with KEM Hospital blood bank, we collected 234 bottles and in association with Raheja Hospital Blood Bank, we collected **95 bottles**,
- c) Andheri office in association with Wadia Hospital Blood Bank, we collected **107 bottles** and
- d) Chembur office in association with Sion Hospital Blood Bank, we collected **43 bottles**

12th July 2024:- Blood Donation Camp was organized by IMA, Mumbai Branch at Dadar Railway Station collaboration with E Ward Medical Association & KEM Blood Bank. NSS Students from Lala Lajpatrai College motivated the donors. Total **167 units** of blood was collected. Hon. Secretary Dr. Pragji Vaja, Chairman of Blood Donation Committee Dr. Pankaj Bandarkar and Past Presidents Dr. Anil Avhad and Dr. Hozie Kapadia attended the camp.

DR. GIRISH LAD
President

DR. PANKAJ BANDARKAR
Chairperson
Blood Donation Committee
IMA Mumbai Branch

DR. PRAGJI VAJA
Hon. Secretary



Marching towards an AIDS-free city....

1 HIV PREVENTION

- Advocacy And Awareness Among Youth And General Population
- Targeted Intervention High Risk Groups & Migrants

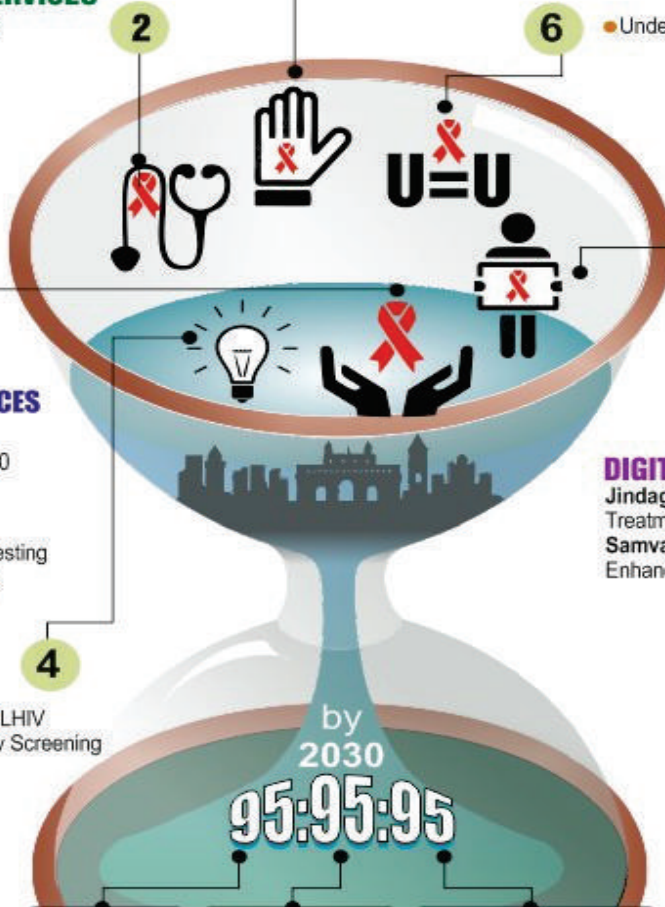
HIV DIAGNOSTIC SERVICES

Through 234 Counseling and Testing Centers for

- Pregnant Women
- High Risk Groups
- General Population

U=U

- Undetectable = Untransmittable



3

HIV TREATMENT SERVICES

Free lifelong treatment to registered patients through 20 ART centres in mumbai

- Treat all
- Free drugs and viral load testing
- Counseling and follow - up

5

DIGITAL TECHNOLOGY

- Jindagi App
- Treatment Literacy Films
- Samvaad App-
- Enhanced Adherence Counseling

4

INNOVATION

- MITWAA platform for A / CLHIV
- Virtual Intervention For Hiv Screening
- Evening Clinic
- Tele SACEP
- E - Consultation

Scan QR CODE For HIV Case Notification



95% of people living with HIV know their HIV status

95% of people diagnosed with HIV receive Antiretroviral Therapy

95% of people receiving Antiretroviral Therapy achieve Viral Suppression

For any other information/ collaboration, reach us at - cstmdacs@gmail.com

www.mdacs.org.in



: 022 2410 0246/47 , 022 2410 0088 / 89



National AIDS Control Organisation
India's voice against AIDS



Mumbai Districts
AIDS Control Society

Multi Specialty CME - 28th July 2024



President Dr. Girish Lad



Speaker Dr. P. G. Talwalkar



Speaker Dr. Pushkar Shikarkhane



Speaker Dr. Salil Patkar



Speaker Dr. Sanjay Pandey



Speaker Dr. Viraj Nevrekar



Felicitation of Dr. Balkrishna Padate



Speaker Srinivas Kudva